

# Disclosures

Nothing to disclose

# Oligometastatic disease: a recent history

The term **«oligometastases»** was firts intraduced in 1995 by Hellman and Weichselbaum to describe a particular subgroup of patients that suffered from a single metastasis

or the systemic hypotheses. The systemic hypothesis is binary: metastases either do or do not exist. If present, even if microscopic, they are extensive and widespread. The contiguous hypothesis considers systemic metastases to occur only after nodal disease; but when they occur, they are also blood borne, extensive, and widespread.

From considerations of these theories of cancer dissemination, in the light of the emerging information on the multistep nature of cancer progression, we propose the existence of a clinical significant state of *oligometastases*. For certain tumors, the anatomy and physiology may limit or concentrate these metastases to a single or a limited number of organs. The likelihood of the oligometastatic state should correlate with the biology of tumor progression, rough clinical surrogates of which, for many tumors, might be primary tumor size and grade. Metastasizing

An attractive consequence of the presence of a clinically significant oligometastatic state is that some patients so affected should be amenable to a curative therapeutic strategy. The occasional success of surgical excision or radiation ablation of one or a small number of pulmonary, hepatic, or even brain metastases is evidence of a limited form of the oligometastatic state. The complete resection

Acceptance of this new paradigm for neoplastic pathogenesis and the resulting clinical relevance of the oligometastastic state requires the use of the most sophisticated diagnostic and therapeutic techniques. This paradigm em-

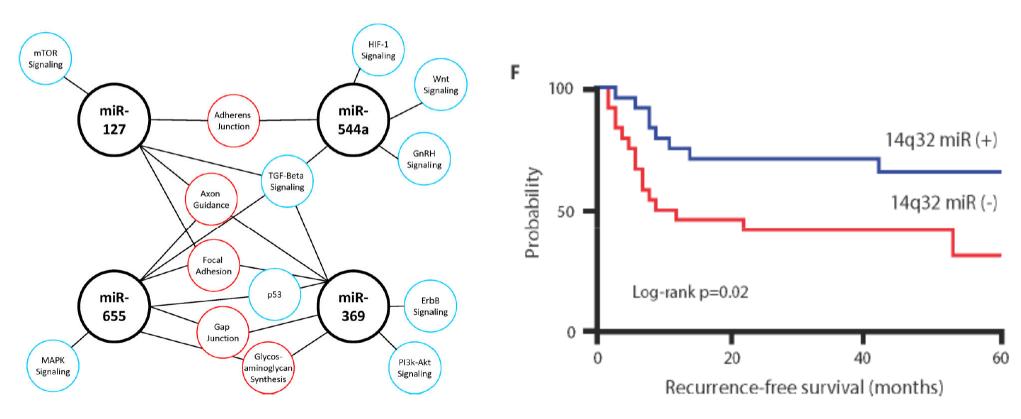
### Oligometastatic Breast Cancer: biological & clinical definition

### new biological and clinical concept

Rationale for "curative intent" of OligoMetastatic Cancer:

to prevent further clonal evolution that could lead to the acquisition of full potential of widespread metastases

# Molecular basis of Oligometastatic Disease to Lung



miR-127-5p, miR-544a, and miR-655-3p encoded in the 14q32 microRNA cluster.

These miR co-regulate pathways related to adhesion, invasion, motility and intracellular signaling

### Oligometastatic disease: an open issue

#### Lack of univocal definition

- ESMO: «...mostly defined as at maximum 5 metastatic lesions in the body»
- NCCN: «...isolated or limited metastatic disease»

#### Heterogeneous group of NSCLCs

- Synchronous vs metachronous oligometastases
- Different sites: brain, adrenal, contralateral lung
- Different treatment options: surgery, stereotactic body radiotherapy (SBRT)

#### Lack of clinical trials:

few data mainly from retrospective analyses of small series

#### Clinical practice:

oligometastatic NSCLC is often defined as a limited disease in the chest with secondary lesions amenable to radical intent treatment (i.e. 1 to 3 metastases in no more than 2 sites) -> single center expertise

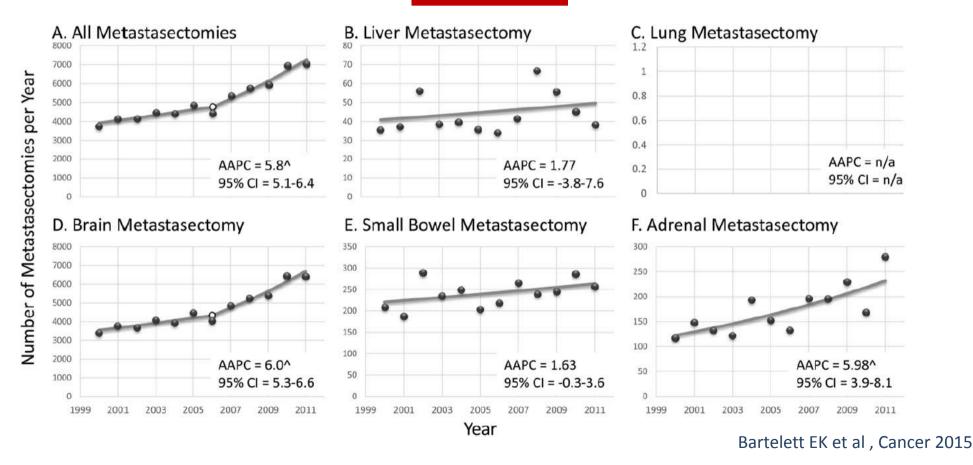
### Oligometastatic disease...an increasingly frequent issue

- Improved imaging (role of PET-CT/FDG)
- Increased availability of locoregional treatments (radiofrequency, stereotactic radiotherapy, vertebroplasty, minimally invasive surgery)
- Availability of more efficacious systemic treatments (targeted therapies for oncogene addicted NSCLC, immunotherapy)
- Multidisciplinary approach

# Metastasectomy rate for lung cancer over time

Metastasectomy for cancer types: colorectal 87,407; lung 58,245; breast 26,271; melanoma 20,298

#### **Lung cancer**



# Prevalence of oligometastatic NSCLC

- Few data
- Limited restrospective series
- Different definition
- Dynamic concept

### Prevalence of oligometastatic NSCLC

 ~ 7% of stage IV NSCLCs have single site metastasis (either synchronous or metachronous)

 ~ 50% of patients who develop metastasis after radical lung cancer treatment (1-3 metastatic sites)

- 1 Timing
- 2 Number
- 3 Sites
- 4 Molecular dysregulation
- 5 Available evidence

#### Local and systemic treatment: a complex relationship

#### SYSTEMIC TREATMENT

- Reduced tumor burden and local invasivity
- Potential complications
   limiting feasibility of local treatment

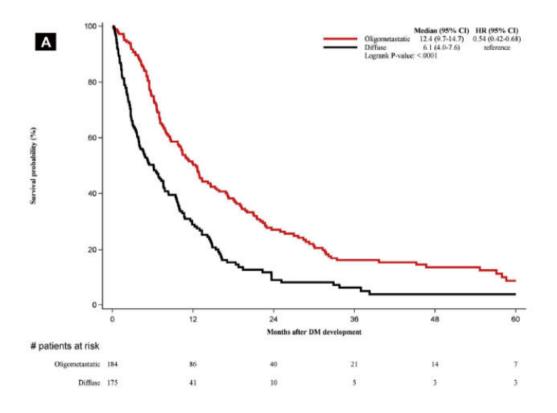
#### **LOCAL TREATMENTS**

- Reduction of tumor burden
- Alteration of immune response
- Potential complications
   affecting systemic treatment

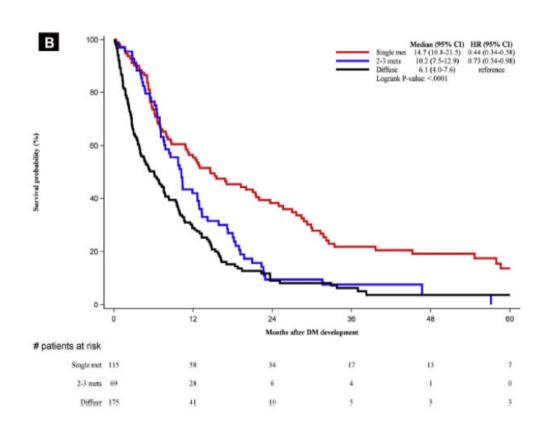
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### Diffuse vs Oligo-metastasis: a different disease

#### **Diffuse vs Oligometastatic**



#### 1 vs 2-3 vs diffuse



- 1 Timing
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### Prognosis classification: number & sites count!!

Favourable	Relatively favourable	Relatively unfavourable	Unfavourable
Oligo-recurrence 1-2 lesions & 1 site (brain or adrenal gland)	Oligo-recurrence 3-5 lesions & 1 site (brain or adrenal gland)		> 5 sites (polymetastases)
	Synchronous oligometastasis 1-2 lesions & 1 site (brain or adrenal gland)	Synchronous oligometastasis 3-5 lesions& 1 site (brain or adrenal gland)	> 5 sites (polymetastases)

### Diffuse vs Oligo-metastasis: a different disease?

		1-3 sites					
		DM Pattern					
Site	Unknown (n = 9)	Diffuse (n = 175)	Oligometastatic (n = 184)	Total (n = 368)	P Value <sup>a</sup>		
Brain	6 (66.7)	46 (26.3)	56 (30.4)	108 (29.3)	.4136		
Lung	2 (22.2)	73 (41.7)	41 (22.3)	116 (31.5)	< .0001		
Pleural	0 (0.0)	28 (16.0)	0 (0.0)	28 (7.6)	< .0001		
Adrenal	0 (0.0)	27 (15.4)	26 (14.1)	53 (14.4)	.7673		
Liver	2 (22.2)	48 (27.4)	17 (9.2)	67 (18.2)	< .0001		
Lymph	0 (0.0)	26 (14.9)	19 (10.3)	45 (12.2)	.2060		
Bone	1 (11.1)	79 (45.1)	39 (21.2)	119 (32.3)	< .0001		
Other	1 (11.1)	18 (10.3)	18 (9.8)	37 (10.1)	.9999		

Retrospective data collection (n=368)

#### Brain

- Most frequent oligometastatic site
- Local brain treatment is an accepted first therapeutic approach
- No differences between synchronous and metachronous metastases
- Median OS ranges from 7-24 mos. (significantly better in case of NO disease)
- Multiple available approaches:
  - √Surgery plus WBRT
  - ✓ WBRT plus SRS
  - ✓ SRS alone (≤ 4 lesions, ≤ 3 cm in diameter)

Getman V et al, Eur J Cardiothorac Surg 2004; Mintz AH et al, Cancer 1996; Andrews DW et al, Lancet 2004; Aoyama H et al, JAMA 2006; Endo C et al, Ann Thorc Surg 2014

### Adrenal

- 1.6 4% of metastatic NSCLC: single adrenal metastasis
- Up to 50% benign adenoma at histologic examination
- Ipsilateral vs contralateral :
  - 5-year survival rate 83% vs 0% in small series

### Lung

- Synchronous vs metachronous
- Ipsilateral vs contralateral
- Differential diagnosis of multiple primary tumors
   (in this case a curative-intent treatment is recommended)

Endo C et al, Ann Thorc Surg 2014 Loukeri A, Clin Lung Cancer 2015

#### Synchronous lung metastasis or multiple lung tumors?

✓ **Imaging**: timing of evolution

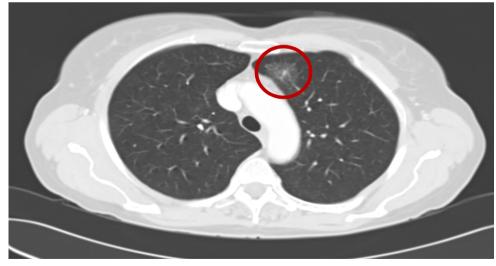
✓ Pathology: subtypes distribution

✓ Molecular profiling: driver mutations

### Synchronous lung metastasis or multiple lung tumors? IMAGING

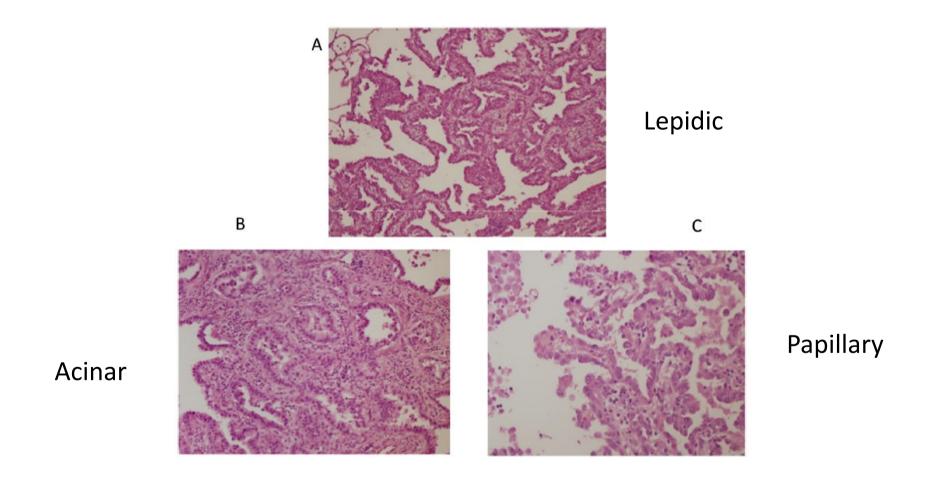






Bonanno L et al, Lung Cancer 2016

#### Synchronous lung metastasis or independent multiple tumors? PATHOLOGY



#### Synchronous lung metastasis or independent multiple tumors? MOLECULAR PROFILING

**Table 1**Pattern of EGFR mutations in multiple adenocarcinoma lesions. from the same patient by pyrosequencing

Site	Prevalent morphology	EGFR-Pyrosequencing	Tumor cells percentage	Mutated allele frequency
Middle lobe	Lepidic	Exon 19 DelE746A750	70%	NA
Left upper lobe #1	Acinar	Exon 21 L858R	70%	8%
Left upper lobe #2	Papillary	Wild-type	70%	NA
Liver metastasis	Acinar	Exon 21 L858R	30%	18%
Liver progression	Acinar	Exon 21 L858R	45%	15%

NA: not available. The percentage of mutated allele may not be evaluated for exon 19 deletions with pyrosequencing.

Table 2 Results of NGS analysis.

Right Middle Lobe	Nodule	Left Upper Lobe N	Nodule #1	Left Upper Lobe No	odule #2	Liver Metastasis	
Variant	Mutant allele Fraction	Variant	Mutant allele Fraction	Variant	Mutant allele Fraction	Variant	Mutant allele Fraction
EPHA3 (p.P422S)	0.11	PIK3CA (p.E542 K	0.10			PIK3CA (p.E542 K	0.32
EGFR (p. delE745-A750)	0.84						
The state of the s		EGFR (p.L858R)	0.33			EGFR (p.L858R)	0.40
MET (p.G198D)	0.14	TP53 (p.R280T)	0.17			TP53 (p.R280T)	0.38
				PTEN (p.L182 V)	0.12		

NGS libraries were run on MiSeq (Illumina). Only variants found in > 10% of the reads (mutant allele fraction) and coverage > 600 reads are reported. The colors highlight identical mutations found in different tumor samples.

#### Bone

- 27% of patients with single site metastasis
- Median survival: 12.1 m
- 57 patients undergoing surgery on primary lesions and
  - Bone surgery/fixation plus radiotherapy (median OS 13.9 mos.)

VS

- Radiotherapy alone (median OS 11.6 mos.)

"SINGLE-SITE BONE INVOLVEMENT IS LIKELY TO BE EXCLUDED FROM OLIGOMETASTATIC CONCEPT"

### Nodal involvement

#### **Prospective observational study-1**

- cT1-2 cN0-1
- 1-3 synchronous or metachronous resectable metastatic lesions (single organ)
- 34 patients (17 pts synchronous brain, 12 pts syn/meta lung, 5 pta sync/meta others)
- 20 patients with complete resection of primary & metastatic site
- 5 y OS: 44.7% (similar to stage IIA/IIB disease)

Selected patients without nodal involvement undergoing radical-intent local treatment on primary tumor and 1-3 metastasis could have similar outcome to locally advanced disease

### Nodal involvement

#### **Prospective observational study-2**

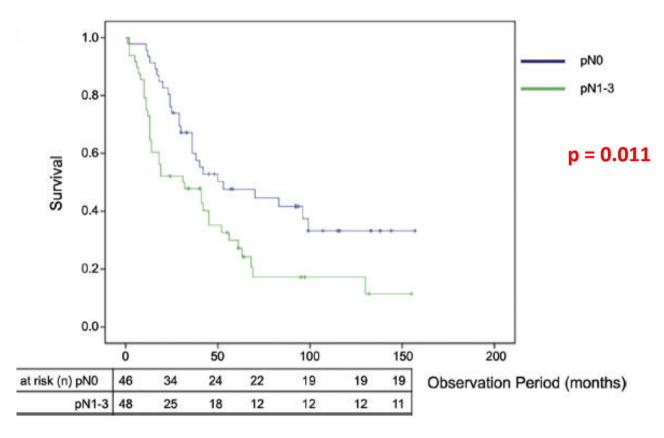
- cT1-3 c N0-2
- 23 patients
- Solitary synchronous and resectable metastasis
- Platinum-based induction CT → resection of all remaining sites of disease
- Median OS: 11 mos.

Selected patients with nodal involvement undergoing radical-intent local treatment on primary tumor and single metastasis had similar outcome to metastastic patients

# Nodal involvement

#### **Retrospective study**

- n = 99
- NO 46.5%
- N+ 48.5%
- Nx 5%



- 1 Timing
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# **Prognosis**

- Indolent biological phenotype
  - molecular dysregulations
  - targeted agents
  - immunotherapy
- Efficacy of local treatments
  - surgical & radiotherapy expertise
  - technologies
- Number and sites of metastasis
  - single vs multiple
  - N2 involvement
  - brain & adrenal vs others
  - lung

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#### Limited evidence of efficacy (does not mean lack of efficacy...)

- Data from retrospective case series & prospective observational studies
- Heterogeneity of treatments
- One meta-analysis
- Few data from a small prospective trial

# Retrospective studies (> 20 pts, from 2000)

Author	No of patients	Oligometastatic site	5-year survival (%)
Getman et al, 2004	65	Brain	19
Billing et al, 2001	28	Brain	21
Bonnette et al, 2001	103	Brain	11
Furak et al, 2005	65	Brain	19
Strong et al, 2007	94	Adrenal	29
Mercier et al, 2005	23	Adrenal	23
Porte et al, 2001	43	Adrenal	12
Pham et al, 2001	78	Adrenal	40
Raz et al, 2011	20	Adrenal	34
Tanvetyanon et al, 2008	114	Adrenal	25
Yano et al, 2010	138	Brain, adrenal, lung	38.7
Congedo et al, 2012	53	Various sites	23.5
Tonnies et al, 2014	99	Various sites	38

# Prospective studies (> 20 pts, from 2000)

Author	No of patients	Oligometastatic site	5-year survival (%)
Xu et al, 2013	213	Various sites	4.5
Endo et al, 2014	34	Brain, adrenal, lung	44.7
Downey et al, 2002	23	Various sites	20
De Ruysscher et al, 2012	39	Various sites	3-y 17.5

### Metanalysis

- 49 articles, 84% retrospective series, 2176 NSCLC patients
- 60.3% brain mets only, 24% mixed mets, 10.6 % adrenal mets only, 5% lung mets only
- 53.6% solitary mets, 31.2% 1-3 mets, 15.2% 1-5 mets
- 39.1% synchronous only, 13% metachronous only, 47.8% sync or metachronous
- Surgical metastasectomy (55%), SRS, SABR (45%), Conventional RT (1 study)

Location of oligometastases		No. patients (n)	MS range (months)	Overall MS (months)
Brain	Status of primary lung tumor			
All patients	Controlled or uncontrolled	1436	5,9-52	13.6
All patients	Controlled	1082	6.8-52	19.7
Solitary Metastasis	Controlled or uncontrolled	294	5,9-52	9.3
Solitary Metastasis	Controlled	215	6,2-52	19.7
Mixed	Controlled (all)	431	13-30.9	20
Adrenal	Controlled (all)	190	11-21	17
Lung (one study only)	Controlled (all)	76	40	n/a

- great heterogeneity of outcome: median OS 15 mos (range 6-52 mos)
- main prognostic factors: control of primary site, N0 and DFS> 6-12 mos.



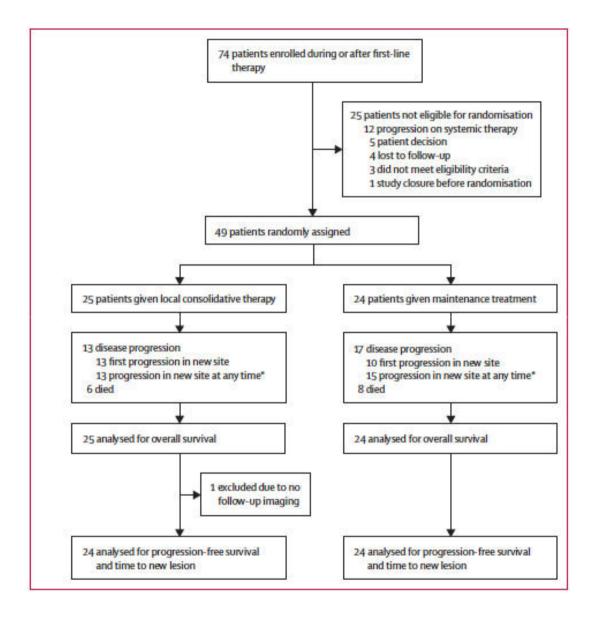
> \( \bar{\colon} \) Local consolidative therapy versus maintenance therapy or observation for patients with oligometastatic non-small-cell lung cancer without progression after first-line systemic therapy: a multicentre, randomised, controlled, phase 2 study

> Daniel R Gomez, George R Blumenschein Jr, J Jack Lee, Mike Hernandez, Rong Ye, D Ross Camidge, Robert C Doebele, Ferdinandos Skoulidis, Laurie E Gaspar, Don L Gibbons, Jose A Karam, Brian D Kavanagh, Chad Tang, Ritsuko Kornaki, Alexander V Louie, David A Palma, Anne S Tsao, Boris Sepesi, William N William, Jianjun Zhang, Qiuling Shi, Xin Shelley Wang, Stephen G Swisher\*, John V Heymach\*

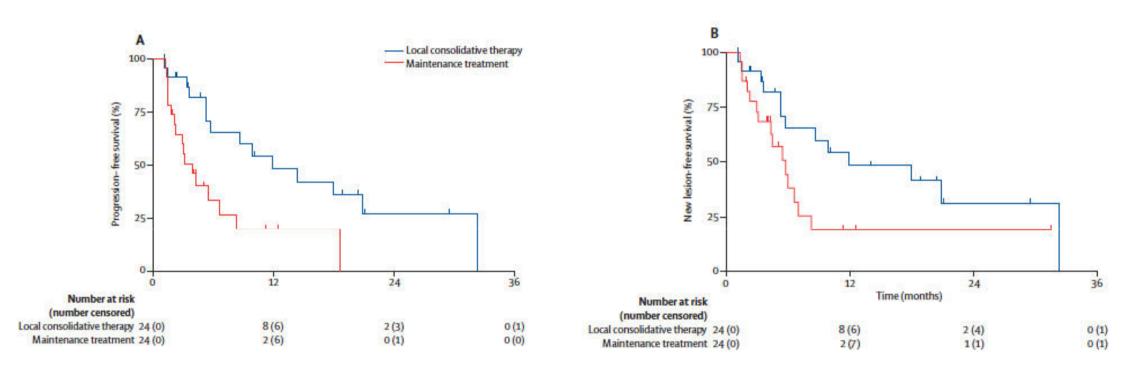
> > Lancet Oncol 2016; 17: 1672-82

#### **CONSOLIDATIVE LOCAL TREATMENTS**

Primary lung lesion: RT, SABR, Surgery Metastatic sites: RT, SABR, ChemoRx+RT



### Randomized phase II trial of consolidation therapy in NSCLC



Median PFS: 11.9 (6-21) vs 3.9 (2-7) m; HR: 0.35

- ✓ Progression was mainly systemic
- ✓ Only type of treatment and EGFR/ALK status affected PFS with statistical significance

### Evidence to guide our decisions

- Mainly limited retrospective data
- Heterogeneity of treatments
- One meta-analysis
- Very little prospective trial

#### **MULTIDISCIPLINARY EVALUATION**

PERSONALIZED APPROACH PROSPECTIVE OBSERVATION

# Thoracic Oncology Padova proposal

# Prospective observational trial of oligometastatic NSCLC with molecular characterization before and after systemic treatment

maximum of 3 metastasis in two sites N0-1 or single station (non-bulky) N2

SYSTEMIC TREATMENT
(Upfront Surgery or RadioSurgery in case of Brain Mets)



RADICAL-INTENT LOCO-REGIONAL THERAPY (Lung & Metastases)