

# SURGERY OF OLIGOMETASTATIC NON- SMALL-CELL LUNG CANCER



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W, 51 years

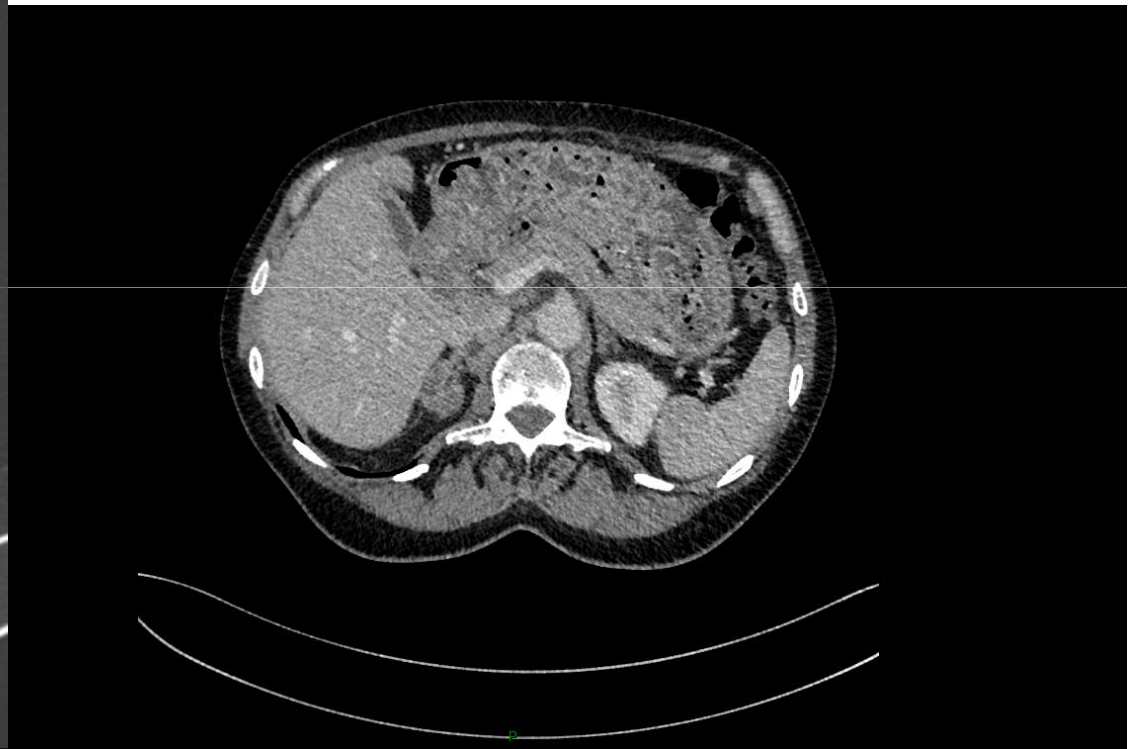
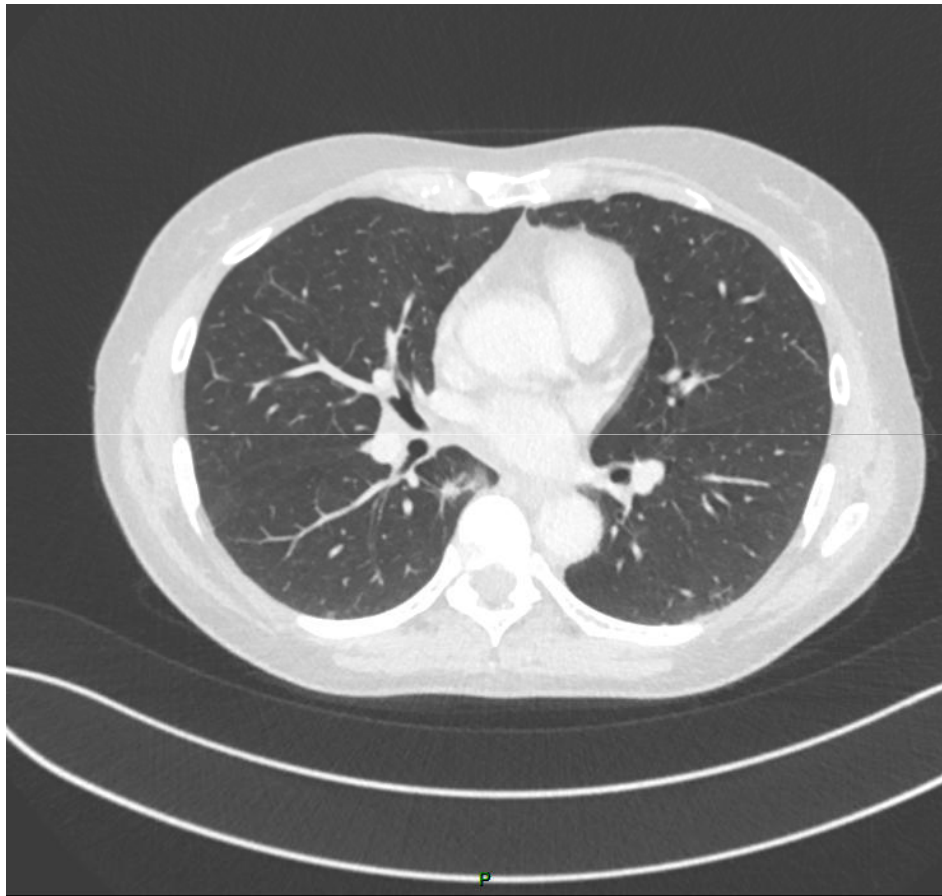
ADK cT1N1M+ RLL

Chemotherapy (Cys-Platin Pemetrexed), 4 cycles

Right lower lobectomy and right adrenalectomy through phrenotomy

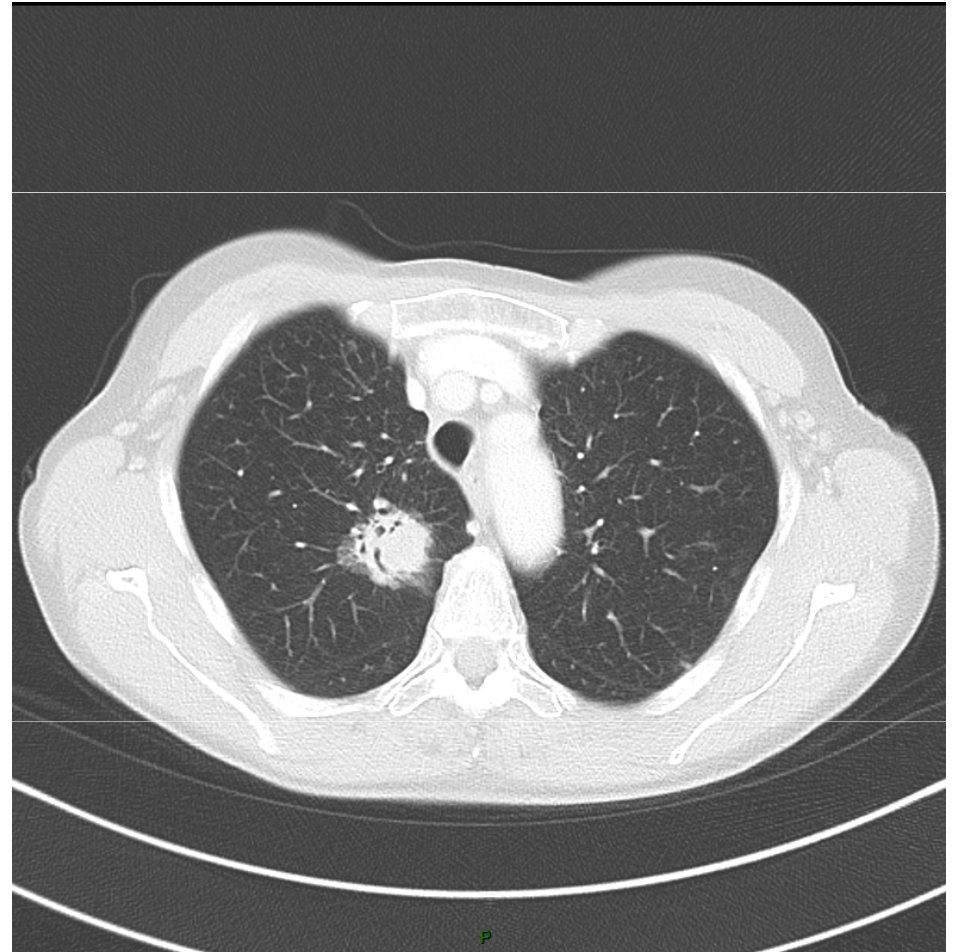
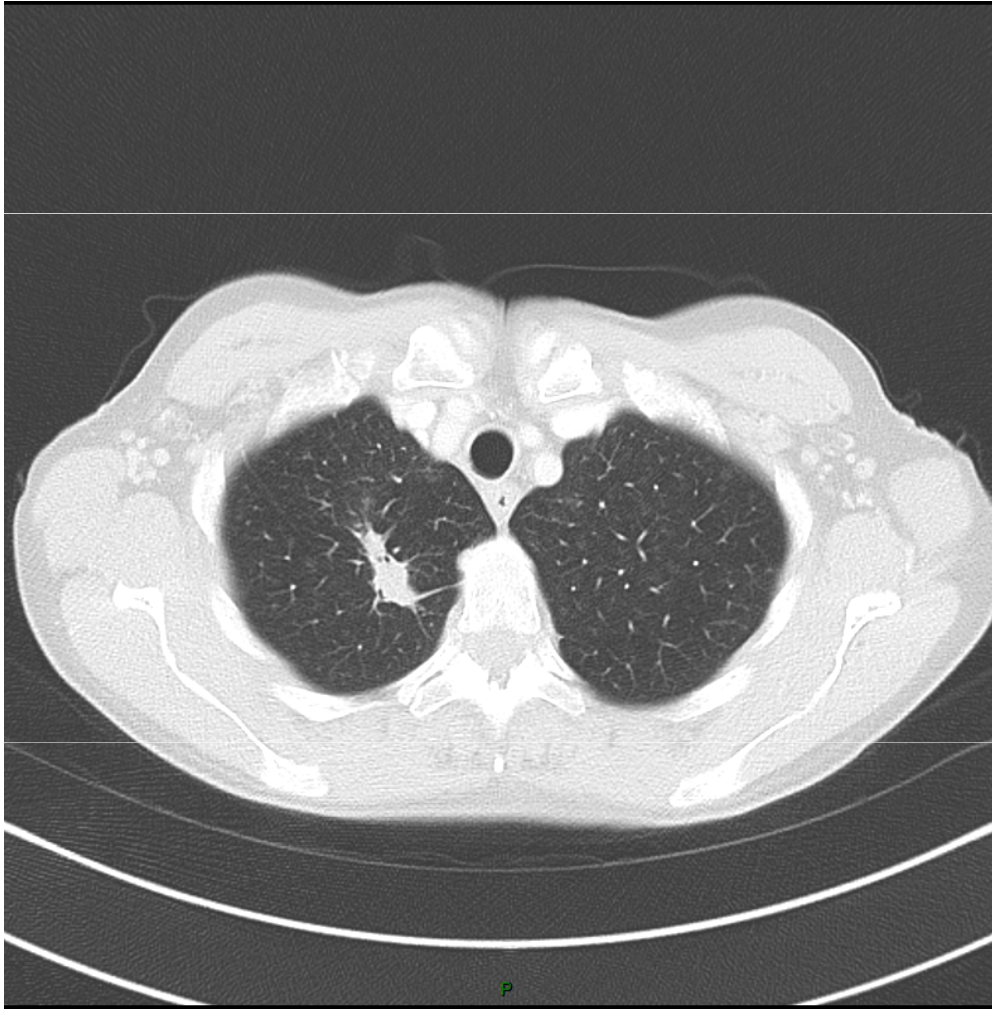
Uneventful postoperative course

No disease relapse at 23 months





Avril 2014



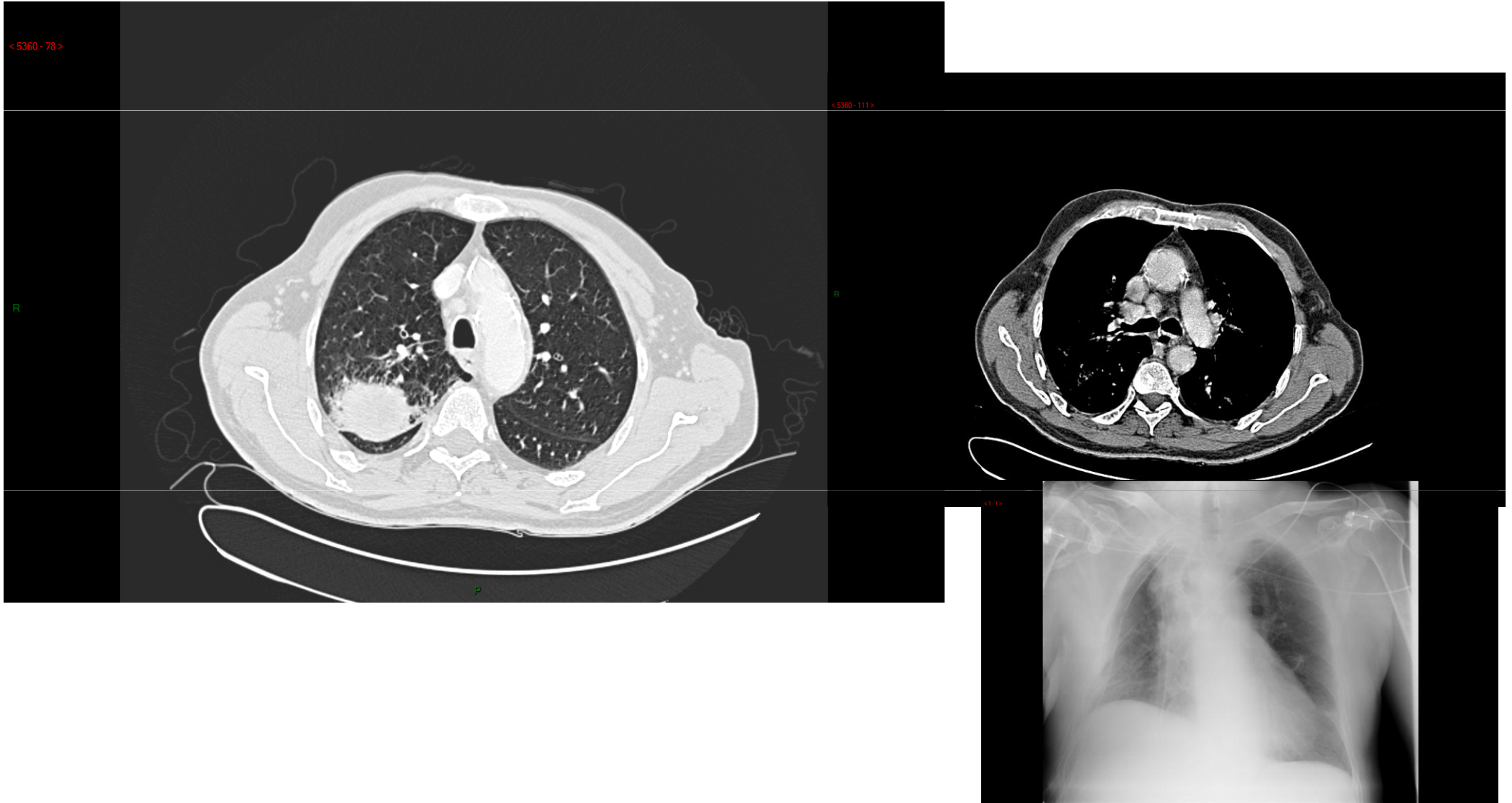
RU lobectomy, nodal dissection  
pT2N0;  
Alive and disease-free at 3 years

M, 68 years

ADK (tubular) cT2N2M0 RUL

Chemotherapy (Cys-Platin Pemetrexed), 3 cycles: PR,

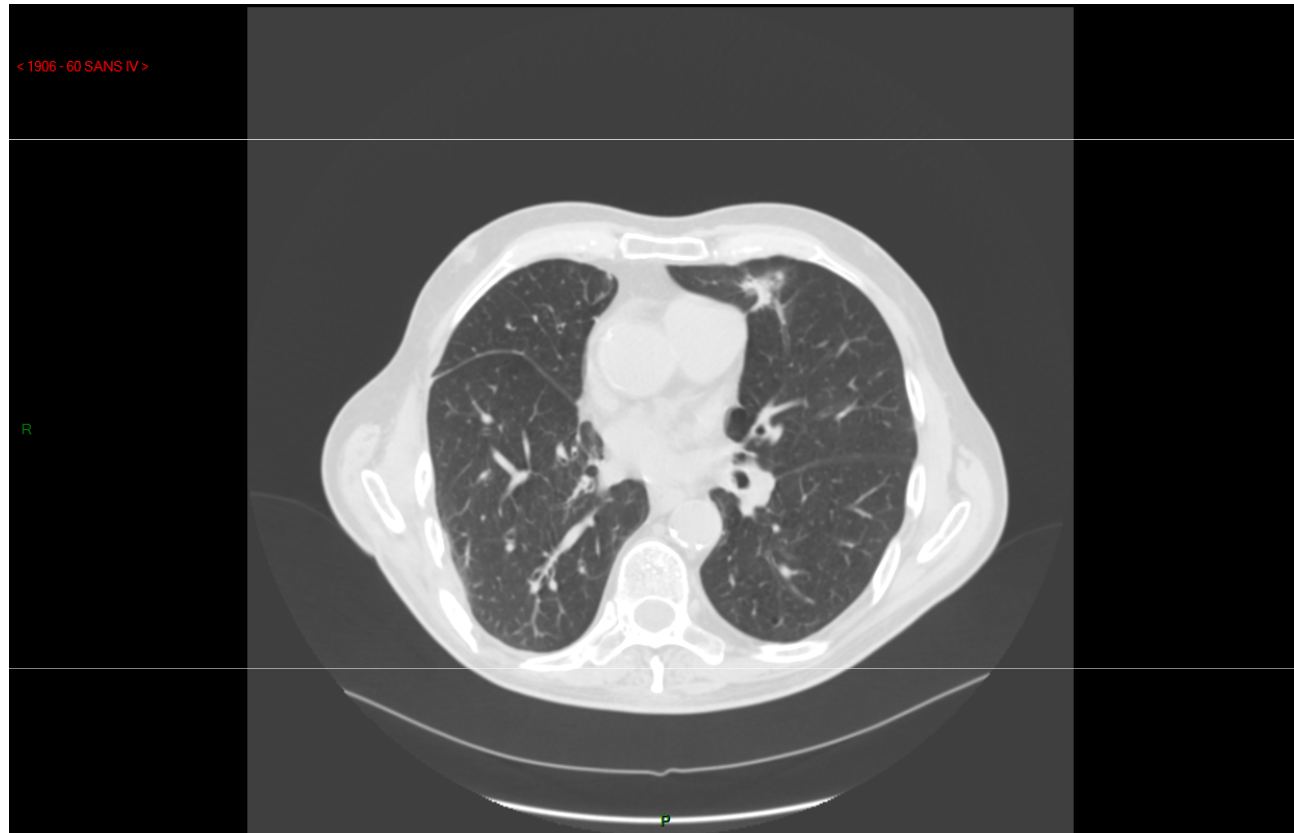
August 2009: sleeve RUL: ypT2N1M0



2011 lingular relapse: resection of lingula + Thyroidectomy (nodule)

ADK (tubular) pT1N0; thyroid metastasis

Postoperative chemotherapy: Carboplatin Pemetrexed (6 cycles)



2013 left adrenal metastasis: adrenalectomy

ADK (tubular) R0

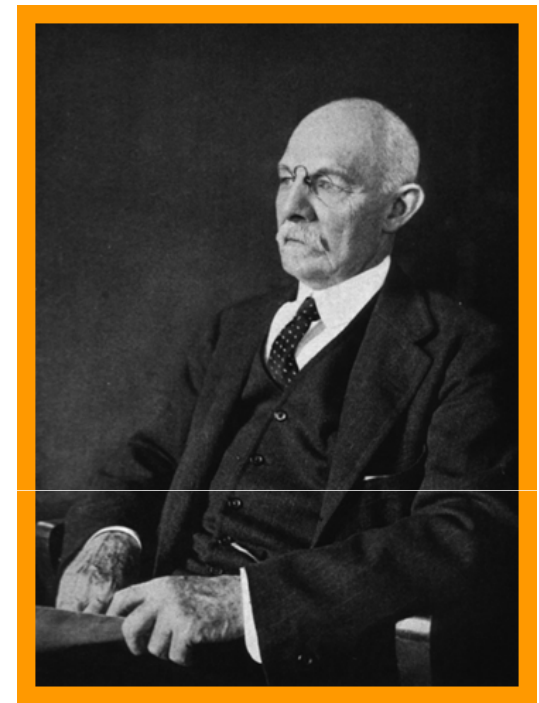
Postoperative chemotherapy: Pemetrexed Bevacizumab (6 cycles)



2015: PD: no local relapse; brain and bone metastasis; fatal outcome

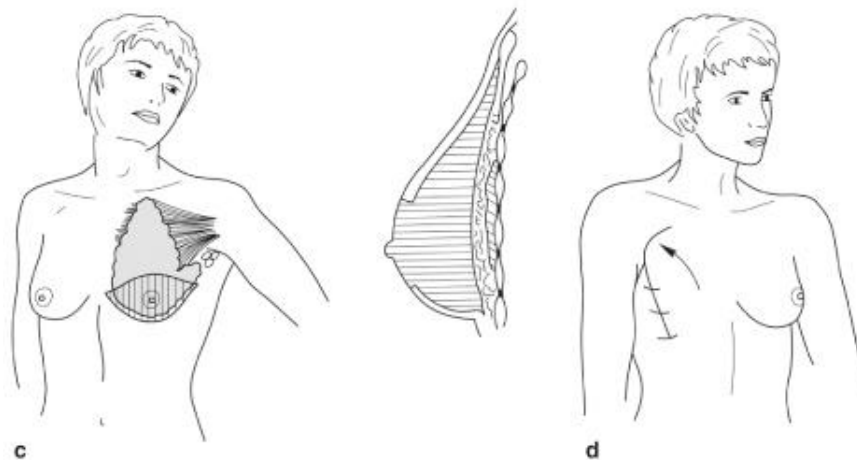
The principles of modern surgical therapy of cancer have been established by Sir

**William Stewart Halsted** (1852 – 1922)



**CANCER IS A DISEASE WHICH SPREAD “ORDERLY”  
FIRST LOCALLY,  
THAN REGIONALLY  
AND LATELY SYSTEMIC.**

**A RADICAL LOCAL CONTROL LEADS TO A DEFINITIVE CURE OF THE  
DISEASE.**



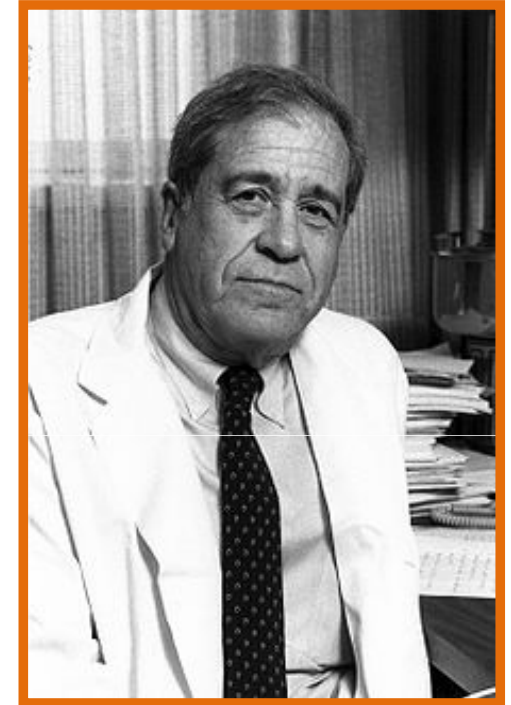
**Radical Mastectomy**



The theory of the “orderly” spread of cancer was contradicted by the work of surgeon

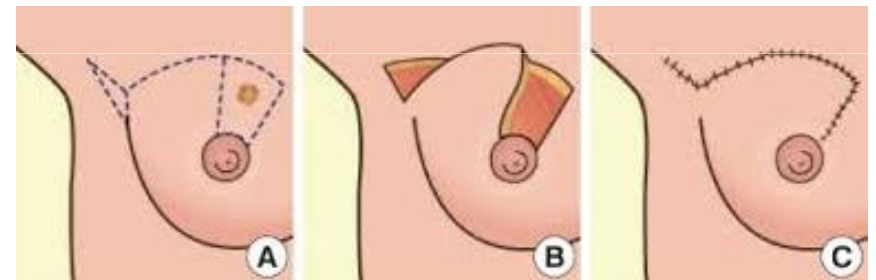
**Bernard Fischer** (1918-)

demonstration of the presence of “Tumoral circulant cells” in the early stage of the disease.



**CANCER IS A SYSTEMIC DISEASE SINCE ITS EARLY PHASE**

A less extensive surgery leads to the same control of the disease.



**lumpectomy**

In 1995 a new state of cancer termed “**OLIGOMETASTASES**” has been theorized by *S. Hellman and RR Weichselbaum* to describe an **intermediate state** between localized and systemic disease.



**OLIGOMETASTASES** is a state of cancer defined as the presence of **limited systemic disease**.

Where “**Limited**” could be defined as to one or a fixed number of metastases, for whom the use of a local treatment modality could achieve a disease free status.

- None of these theories is comprehensive of the whole panel of phenomenon of cancer development and diffusion.
- The theories of **XX<sup>th</sup> century** has been dominated by an «**ANATOMO-CLINICAL**» vision of cancer.
- The **XXI<sup>th</sup> century** is characterized by «**BIOLOGICAL**» demonstration of cancer rules of development and diffusion.

**Biology before Anatomy in Early Breast Cancer — Precisely the Point**

Clifford A. Hudis, M.D.

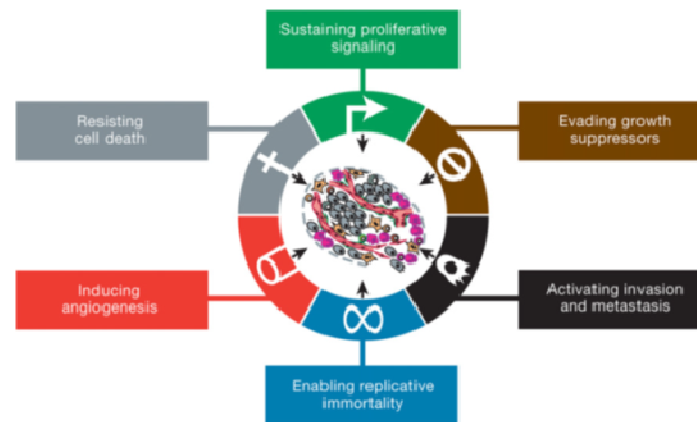
N Engl J Med 2015; 373:2079-2080

# The “Hallmarks of Cancer”

*Hanahan D and Weinberg RA in 2000*

*“Tumors are more than insular masses of proliferating cancer cells”*

*“They are complex tissues composed of multiple distinct cell types that participate in heterotypic interactions with one another”*



*In 2000 from a biological point of view the determinants of cancer were almost exclusive intrinsic to cancer cells.*

# Hallmarks of Cancer: The Next Generation

Hanahan D and Weinberg RA in 2011

- Two emerging hallmarks of cancer:
  - Reprogramming of energy metabolism
  - **EVADING IMMUNE DESTRUCTION**
- Two enabling characteristics:
  - **INFLAMMATION**
  - **Genome instability**
- Recognition **Tumoral Microenvironment**

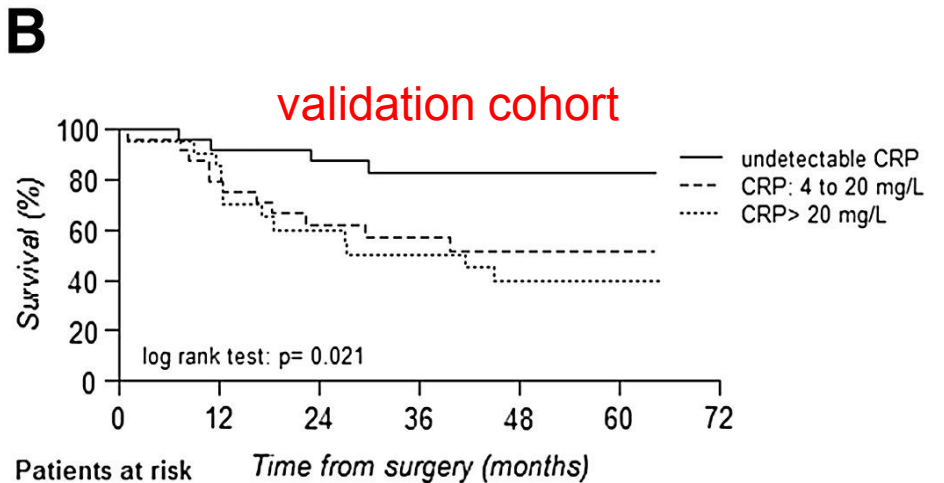
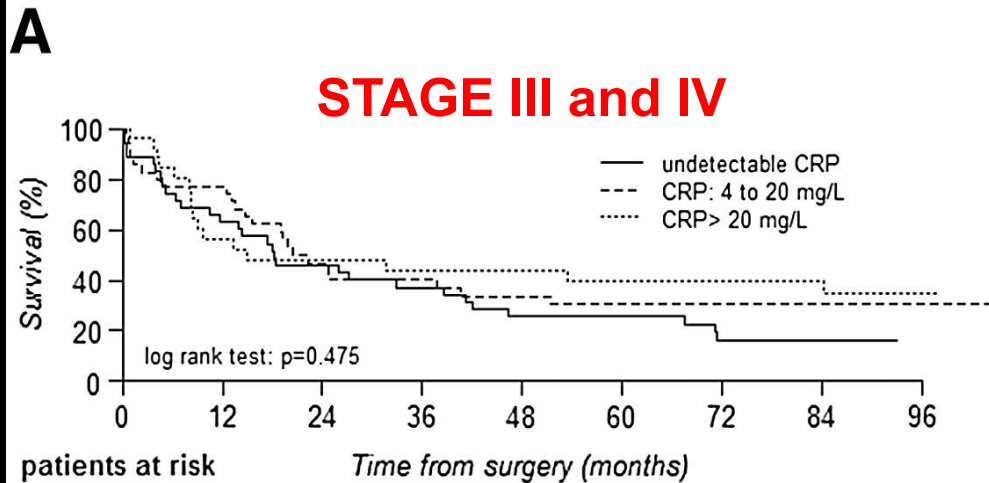
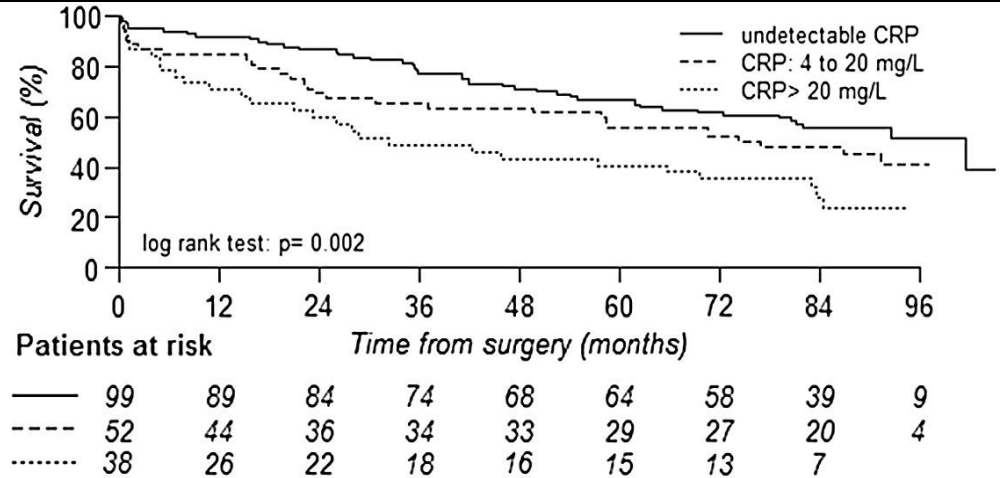
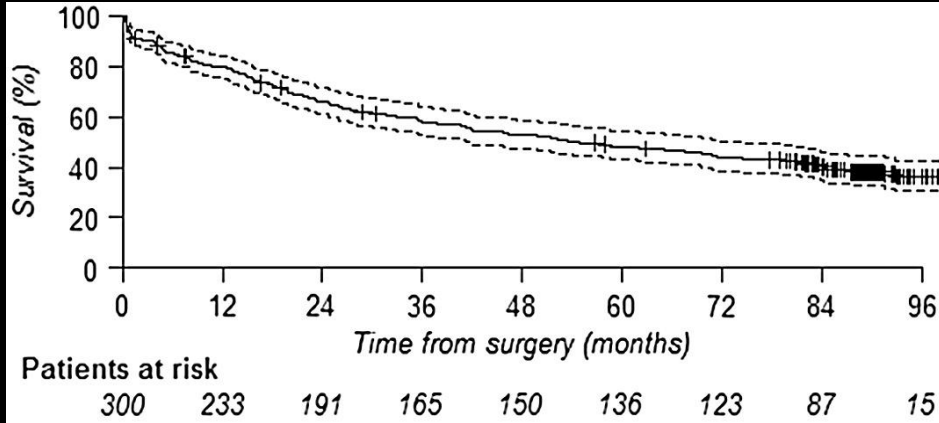
# Pre-resection serum C-reactive protein measurement and survival among patients with resectable non-small cell lung cancer.

Alifano et al, JTCVS 2011

- 300 patients operated on for non-small cell lung cancer
- **CRP** level was significantly associated with chronic bronchitis, **hypoalbuminemia**, pathologic stage, and peritumoral vascular emboli.
- Overall, 5-year survivals in whole population:
  - preoperative CRP 3 mg/L or lower > 55.6%
  - between 4 and 20 mg/L > 45.6%
  - greater than 20 mg/L were > 40.0%

Figure 1

**STAGE I and II**



## Systemic Inflammation, Nutritional Status and Tumor Immune Microenvironment Determine Outcome of Resected NSCLC

*Alifano M, Bobbio A. et al. PLoS ONE 9(9): 106914. 2014*

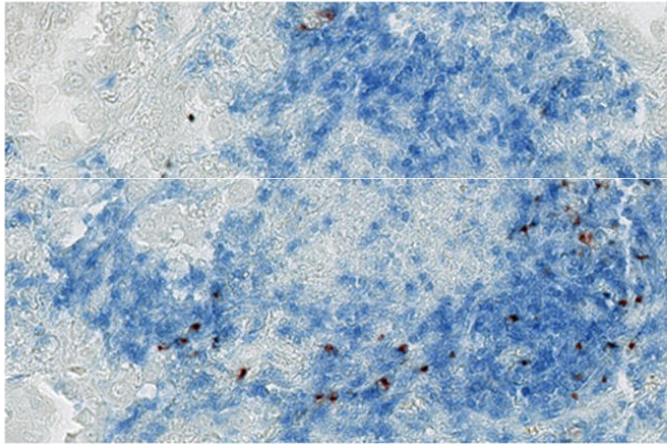
303 patients surgically treated for NSCLC

- **CRP** = SYSTEMIC INFLAMMATION
  - **Pre-albumine** = NUTRITIONAL STATUS
  - **Tumoral infiltration by**
    - **CD8+ Lymphocytes**
    - **Mature Dendritic Cells**
- = PRESENCE OF IMMUNITARY REPOSE IN MICROENVIRONMENT

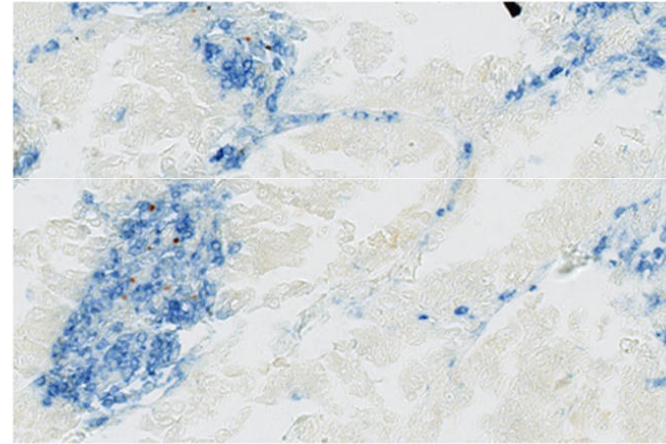


## CORRELATIONS WERE FOUND BETWEEN:

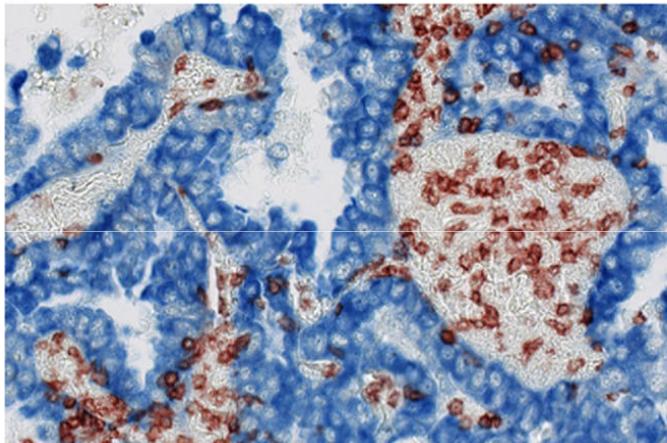
CRP, pre-albumine, and presence of dendritic cells in microenvironment



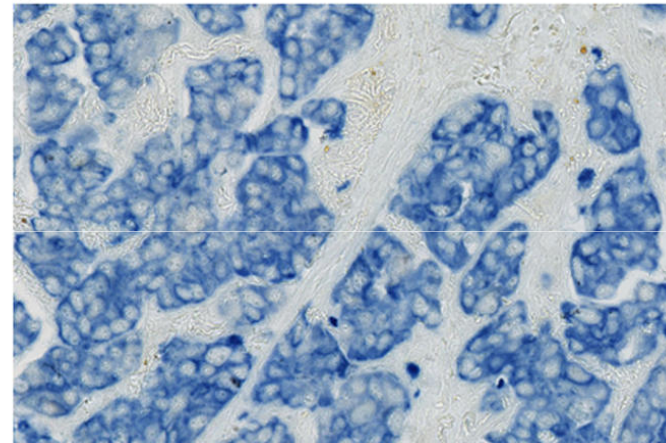
A



C



B



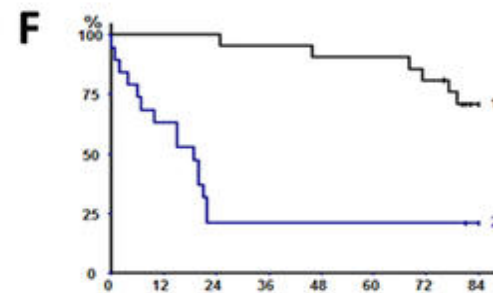
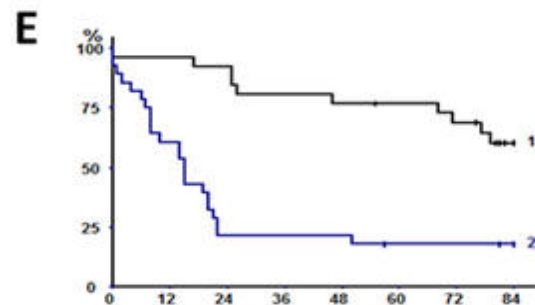
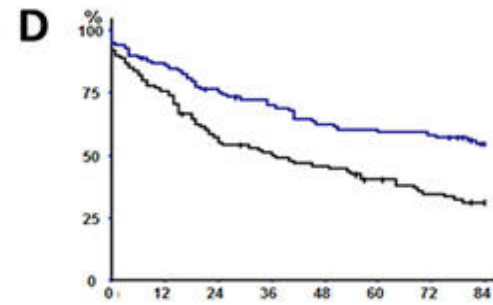
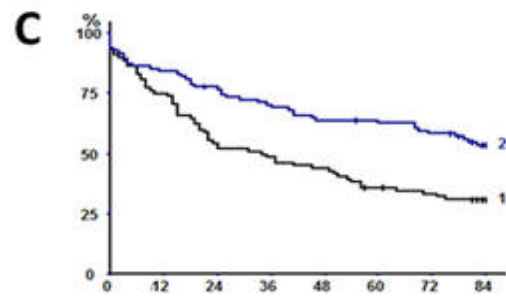
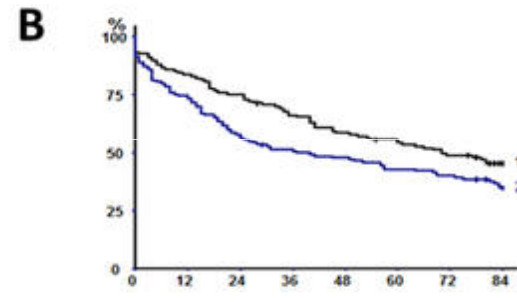
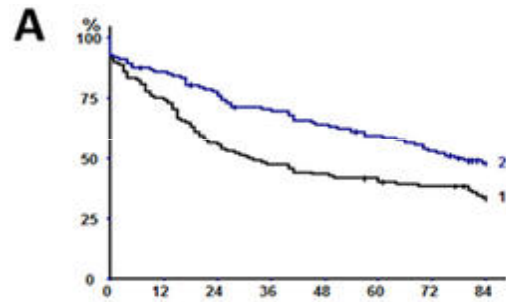
D

CD8+ and DC-Lamp+ cell densities. Magnification x 100

A) High density of DC-Lamp+ cells (red), these cells are located in CD3+ T-cell rich area (blue).

B) High density of CD8+ T cells (red) among pan-cytokeratins+ tumor nests (blue)

- A) according to the prealbumin levels
- B) according to CRP levels
- C) according to CD8+ T cells density
- D) according to mDC density
- E) according to combination of CRP, prealbumin, and CD8 levels ( $\leq 3, > 285$  and  $> 96$  vs  $> 3, < 285$  et  $< 96$ ) whole pop
- F) according to combination of CRP, prealbumin, and CD8 levels ( $\leq 3, > 285$  and  $> 96$  vs  $> 3, < 285$  et  $< 96$ ) Stage I et II



## **INTRA-TUMORAL IMMUNE CELL DENSITIES ARE ASSOCIATED WITH LUNG ADENOCARCINOMA GENE ALTERATIONS**

Mansuet-Lupo A & Alifano M. 2016 Jun 14. [Epub ahead of print]

### **MEASUREMENTS AND MAIN RESULTS:**

In 282 tumors, we found 460 mutations, mainly in TP53 (59%), KRAS (40%), STK11 (24%), and EGFR (14%).

Intra-tumoral CD8+ T-cell density was high in smokers ( $P=0.02$ ) and TP53-mutated tumors ( $P=0.02$ ) and low in BRAF-mutated tumors ( $P=0.005$ ).

Intra-tumoral mDC density was high with low pathological tumor stage ( $P=0.01$ ) and low with STK11 mutation ( $P=0.004$ ).

Finally, intra-tumoral CD8+ T-cell and mDC densities remained strong independent markers of overall survival ( $P= 0.001$ ,  $P= 0.02$ , respectively).

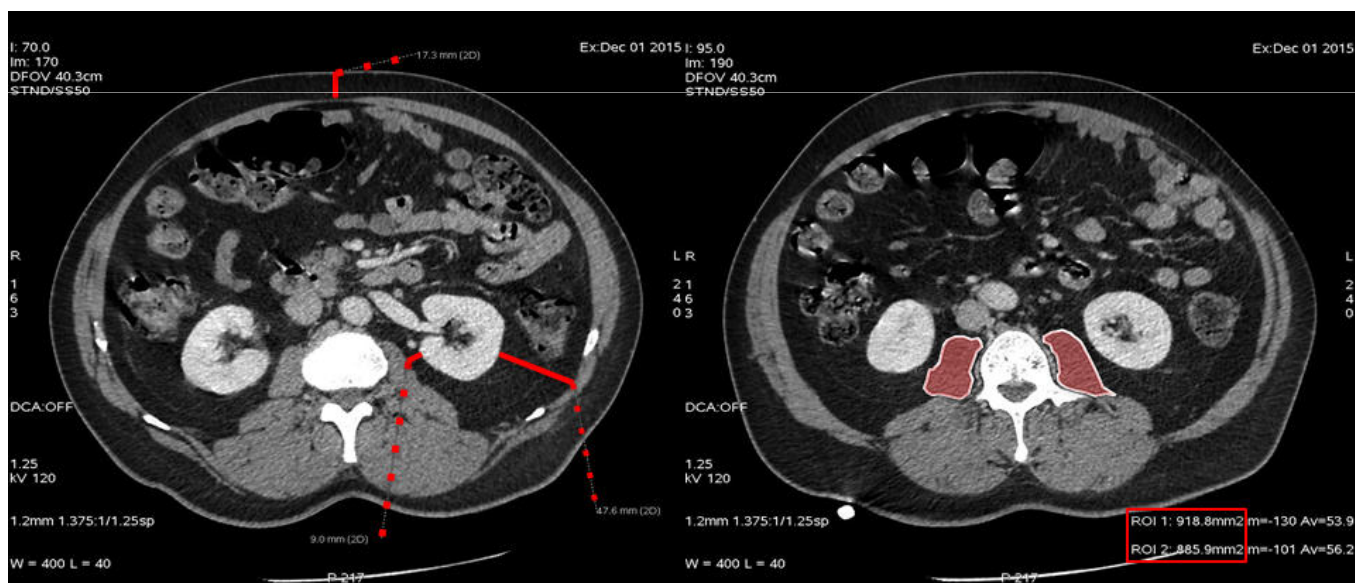
### **CONCLUSIONS:**

Intra-tumoral immune-cell densities (mDCs, CD8+ T cells, neutrophils, macrophages) were significantly associated with molecular alterations in adenocarcinoma underlying the interactions between cancer cells and their microenvironment

## Sarcopenia and Body Mass Index affect long term outcome in patients undergoing pneumonectomy for lung cancer

*Hervechon M, Bobbio A et al. 2016* [Epub ahead of print]

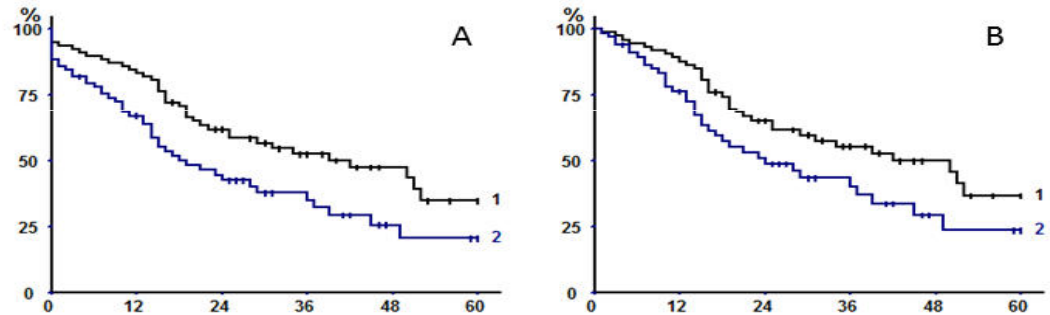
- 161 PNEUMONECTOMIES
  - Body Mass Index
  - Total psoas area
    - **SARCOPENIE** = 33% of Total Psoas Area (CT en L3).
  - Perirenal fat
  - Subcutaneous abdominal fat



- BMI and SARCOPENIE are correlated
- BMI is correlated with CRP
- SARCOPENIE is correlated with high CRP

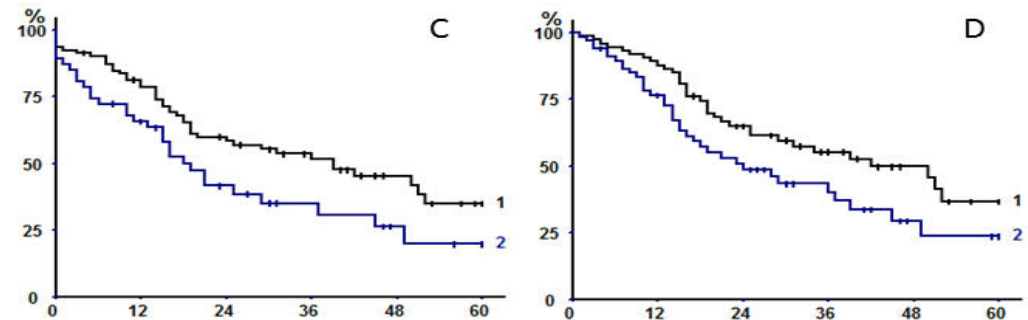
BMI <25 kg/m<sup>2</sup> (2) vs >25kg/m<sup>2</sup> (1)

in the whole population (Panel A) and in operative survivors (Panel B), p= 0.015 and 0.037,



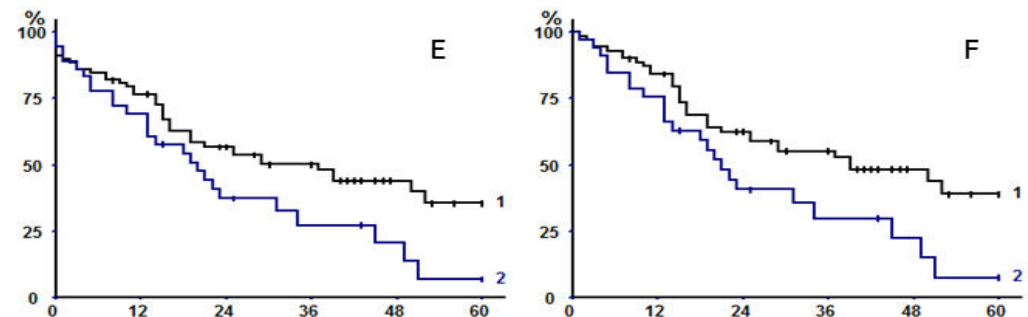
Total psoas area ≤33<sup>rd</sup> % vs >33<sup>rd</sup> %

in the whole population (Panel A) and in operative survivors (Panel B), p=0.029 and 0.048, respectively.



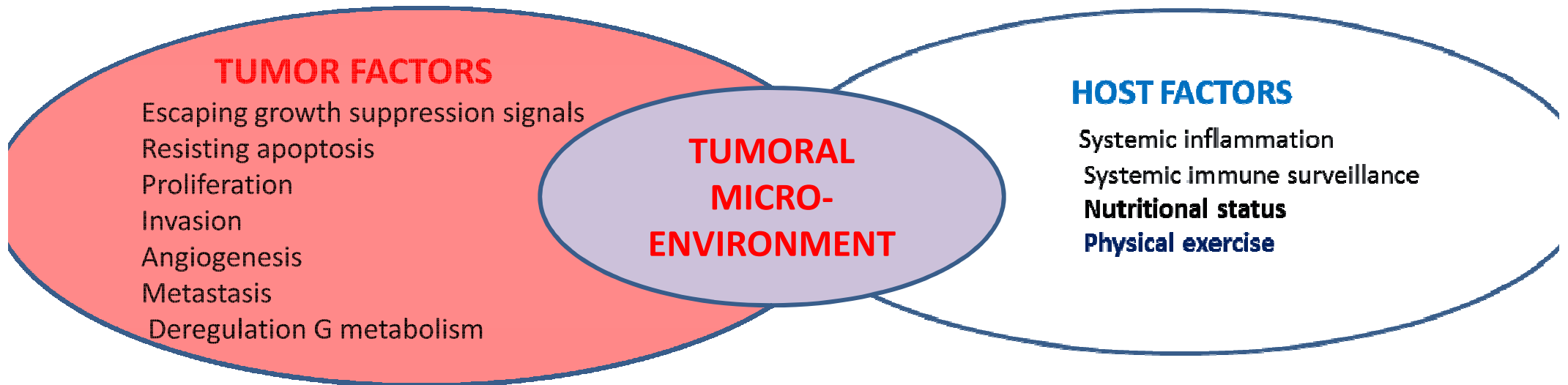
C-reactive protein ≤20mg/L (1) vs >20 mg/L

in the whole population (Panel A) and in operative survivors (Panel B), p=0.017 and 0.015, respectively.



- Tumor must be seen as a biological based disease.
- Origin and development of cancer is related to cancer characteristic but also to host factors as well as to the their interaction.
- PROGNOSIS is scantily established only on anatomical presentation: the dogma of stage

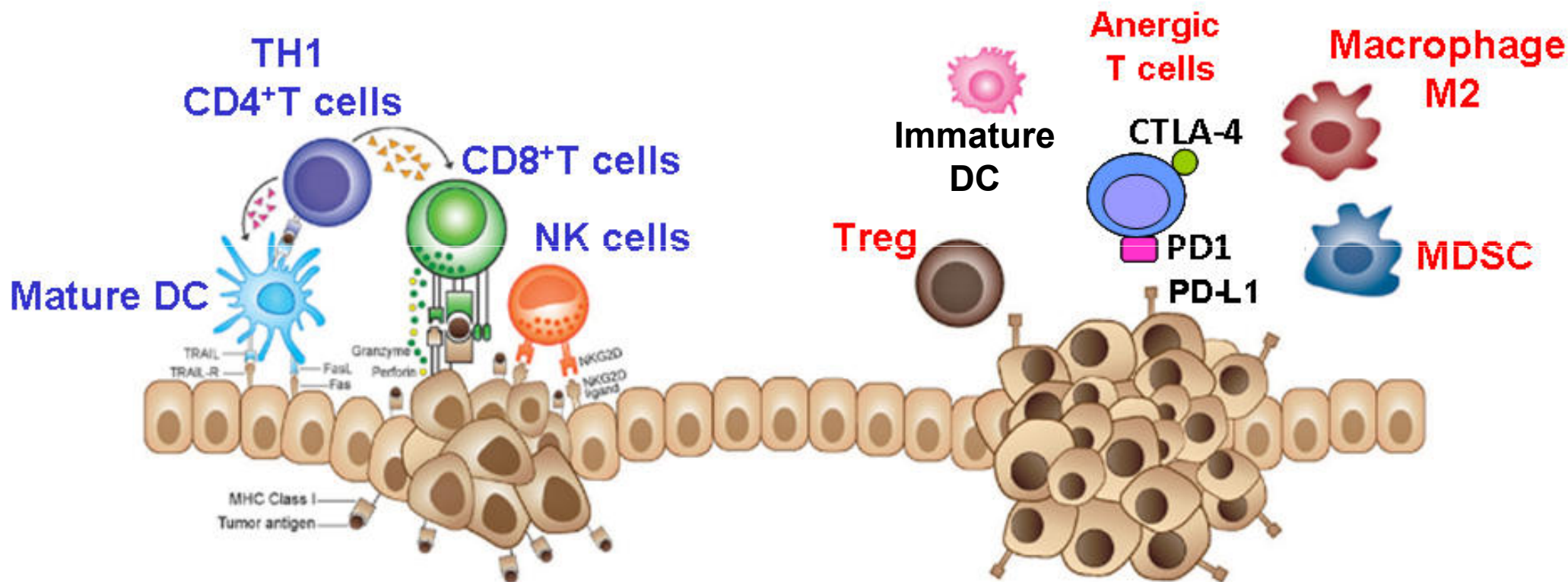
# SURGERY OF OLIGOMETASTATIC NON-SMALL-CELL LUNG CANCER



IN **2011** BIOLOGICAL VISION OF CANCER DEVELOPMENT ET PROGRESSION INCLUDES FACTORS RELATED TO TUMOR CELLS, BUT ALSO FACTORS RELATED TO THE HOST AS WELL AS THEIR INTERACTION IN **MICROENVIRONNEMENT**



# In the tumors pro- and anti-tumoral cells are mixed and their relative number and function induce elimination, equilibrium or progression

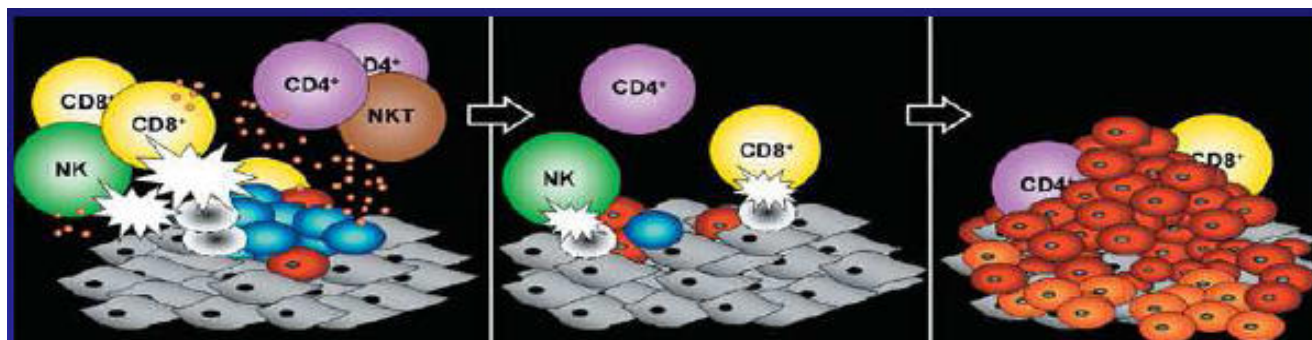


Anti-tumoral activity

equilibrium  
*dynamic*

Pro-tumoral activity

Elimination  
*Immuno-surveillance*



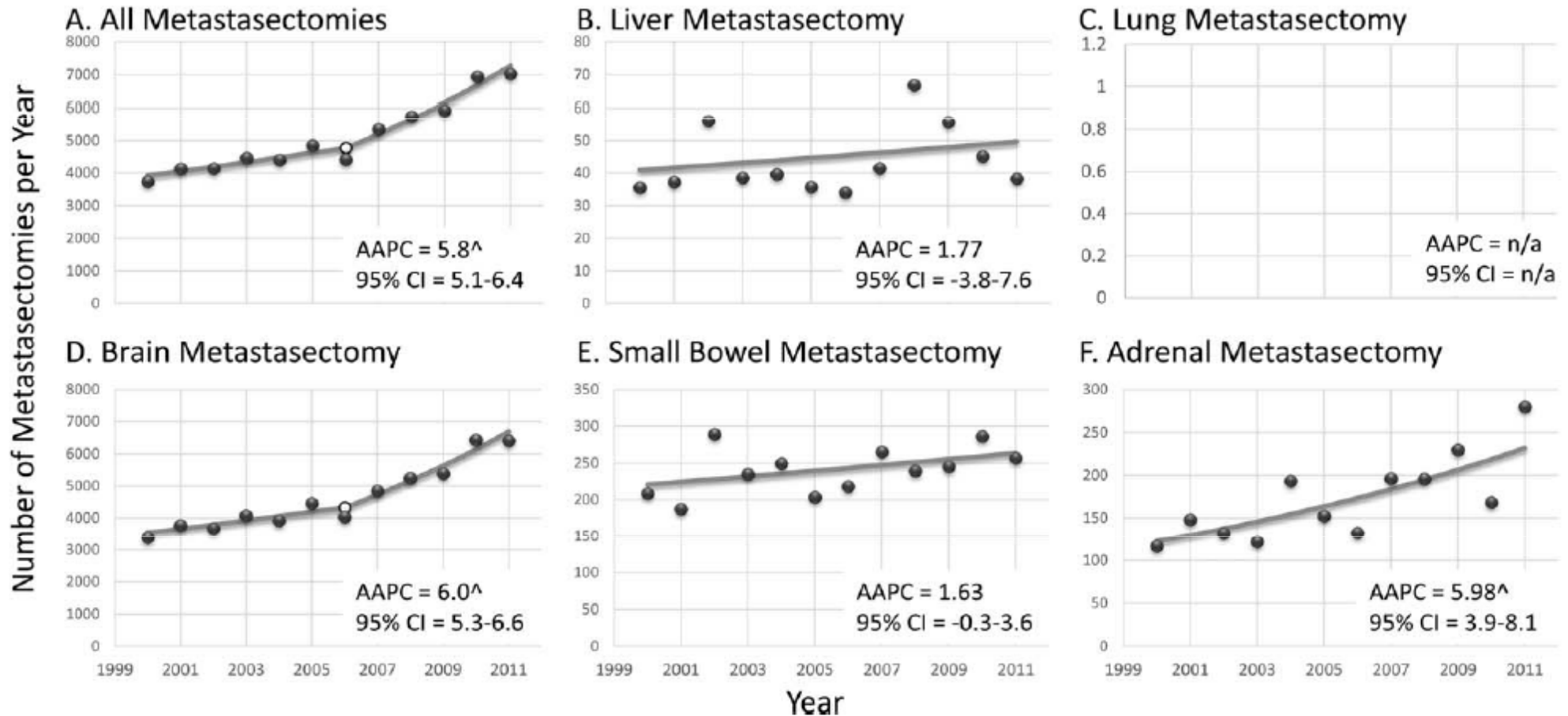
Escape



# SURGERY OF OLIGOMETASTATIC NON-SMALL-CELL LUNG CANCER

- Historically, surgery for systemic disease was limited to palliation.
- Since 1980s several series reported prolonged survival following complete resection of primary tumors and oligometastatic disease in selected patients.
- The majority of patients considered for resection for CURE of metastatic NSCLC fall into three categories:
  1. those with homolateral or contralateral **lung disease**.
  2. those with localized metastasis to **the brain**.
  3. those with isolated **adrenal glands** metastasis.

# The Rise in Metastasectomy Across Cancer Types Over the Past Decade (2001-2011). *Cancer* March 1, 2015



Based on **National Inpatient Sample (NIS)** **20% of all admission in US.**

Metastasectomy rates for lung cancer are shown for (A) all metastasectomies and (B) liver metastasectomy. (C) Lung metastasectomy was omitted. Rates are also shown for (D) brain metastasectomy, (E) small bowel metastasectomy, and (F) adrenal metastasectomy. AAPC indicates average annual percent change; , an AAPC that is significantly different from 0 (P<.05); 95% CI, 95% confidence interval; n/a, not applicable.

# THE CASE OF LUNG METASTASECTOMY

LUNG METASTASECTOMY REGISTRY could not be fulfilled because no clear rules exist:

- for differentiating **synchronous** from **metastatic** tumor.
- for differentiating **synchronous** from **metachronous** tumors.
- for differentiating **metachronous** from **metastatic** tumors.

***Classical criteria to define the same or different origin of lung nodules have been defined by [Martini N in 1975](#)***

- *Based on 4 HISTOLOGIC TYPES on HES*
- *Low quality imaging*

**Synchronous tumors**

A. Physically separated tumors

B. Histology *different*

*identical* but in different segments, lobes or lungs, if  
no spread in lymphatic nodes common to either lesions  
no extra pulmonary metastasis

**Metachronous tumors**

A. Histology *different*

*identical but free interval between tumors > 2 years* and  
second cancer in a different lobe or lung and  
no spread in lymphatics common to either lesions  
no extrapulmonary metastasis

# New insights

- **Pathological**

- *Systematic Immuno-histochemistry*
- *HISTO-PROGNOSTIC GRADES*
- *Next Generation Sequencing Technology*

- **Imaging**

- *Multi-row CT scan*
  - *Ground glass, mixed, solid lesions.*
- *PET*

• In case of **nodules of identical origin** ambiguity in clinical and pathologic staging (TNM 2009):

- **T3**: same lobe
- **T4**: different homolateral lobe
- **M1a**: contralateral lobe



Stage IIB to IV

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• **Controversies in the choice of treatment:**

- Surgical vs Radiotherapy vs Chemiotherapy;

• **Surgical controversies:**

- **Extension of resection**

- Dogma of lobectomy vs Segmentectomy

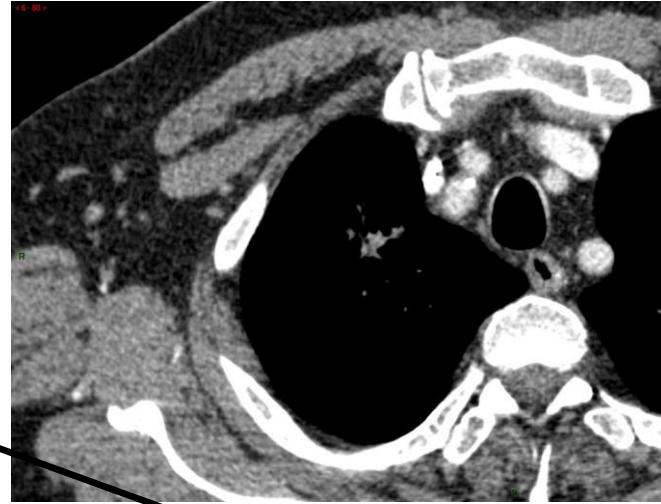
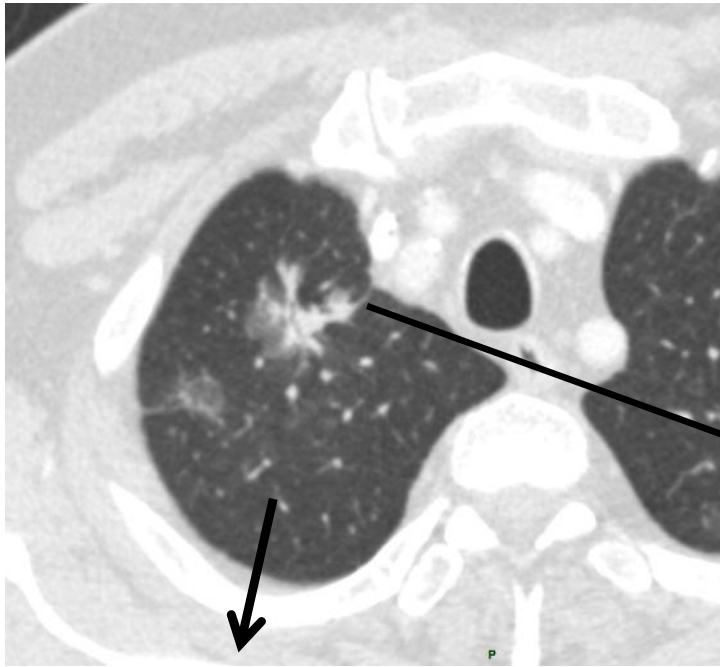
- **Surgical incision:**

- Diatribes upon Conventional vs VATS vs ROBOTIC vs MONOPORTAL

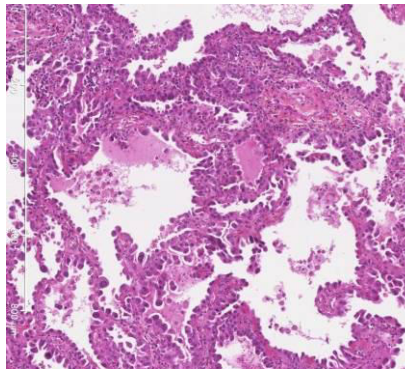
- **Perioperative management**

- Preoperative Rehabilitation Program
- Enhanced Postoperative Recovery

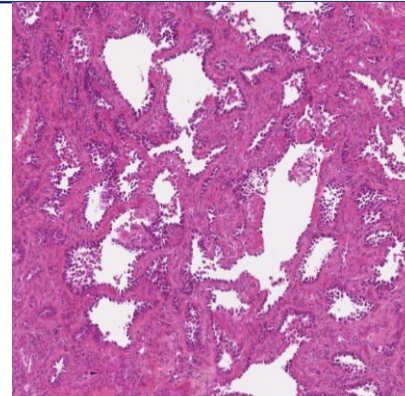
# CT semiology is a useful and poorly evaluated tool: Ground glass opacities and synchronous solid opacities



ADK papillary architecture



ADK tubular architecture



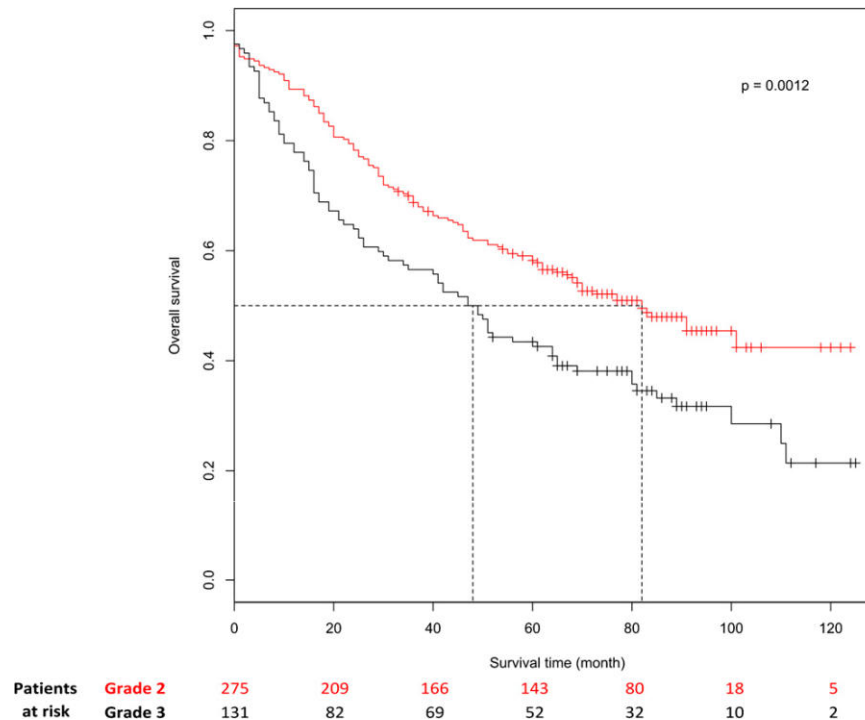
In the **Martini classification** same tumors

By means the **IASLC classification** two primary



The new histologic classification of lung primary adenocarcinoma subtypes is a reliable prognostic marker and identifies tumors with different mutation status

*Mansuet-Lupo A, Bobbio A, Blons H, et al. Chest . 2014;146(3):633-643.*



Evaluation of **Histological subtype** and **Grade** is a reliable method to differentiate synchronous primary Vs metastatic

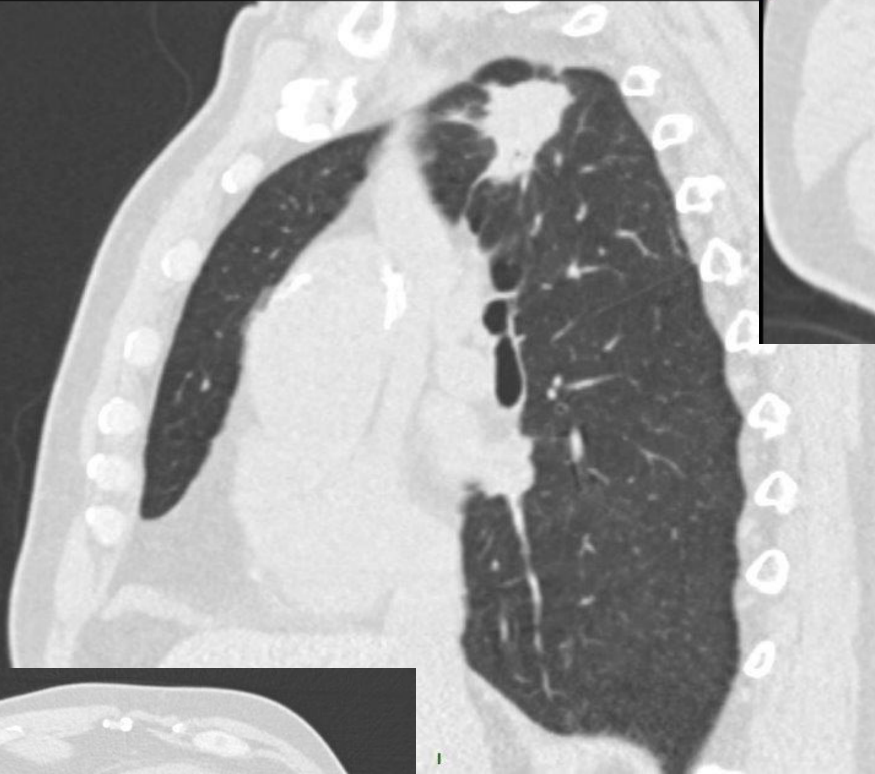
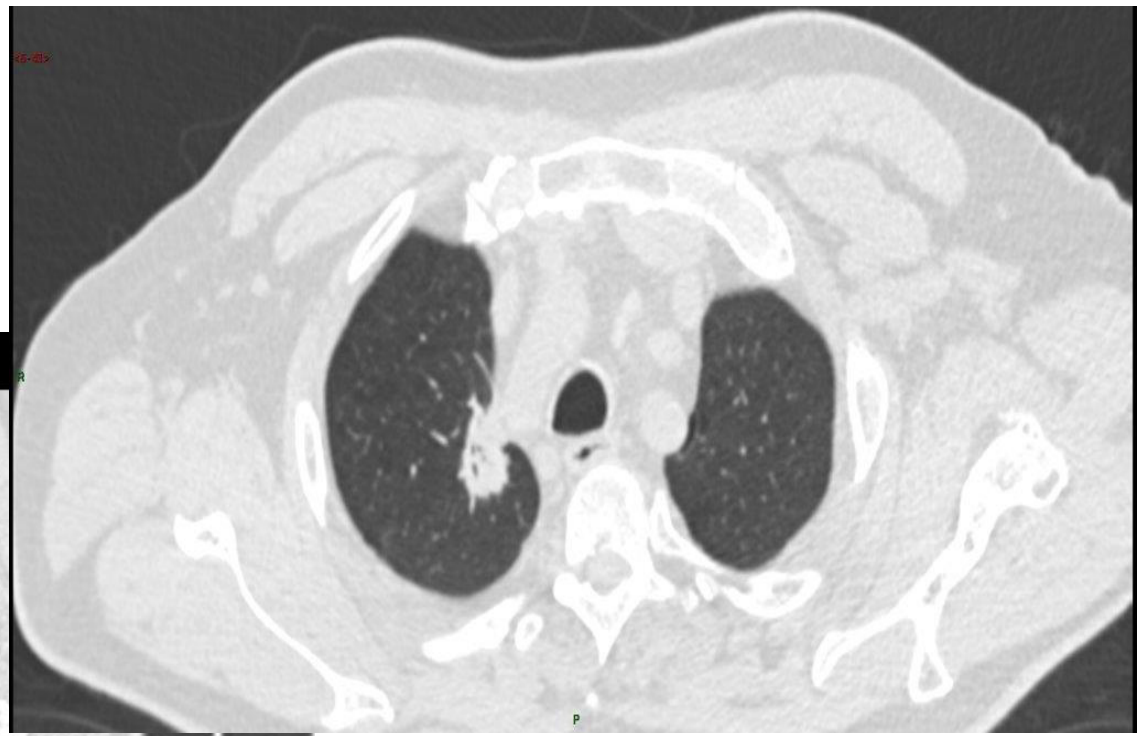


# Synchronous homolateral tumors

M, 58 years 22 PA

3 right-sided lesions

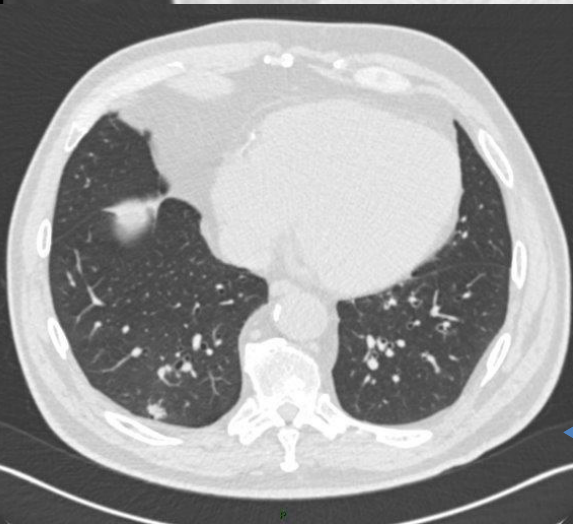
PET: SUV  
Max 7.8



PET: SUV  
Max 3.6



PET: SUV  
Max 1.2



# Role of PET in differentiating multiple tumors

*Dijkman BG et al, Eur J Nucl Med Mol Imaging. 2010 Nov;37(11):2037-47*

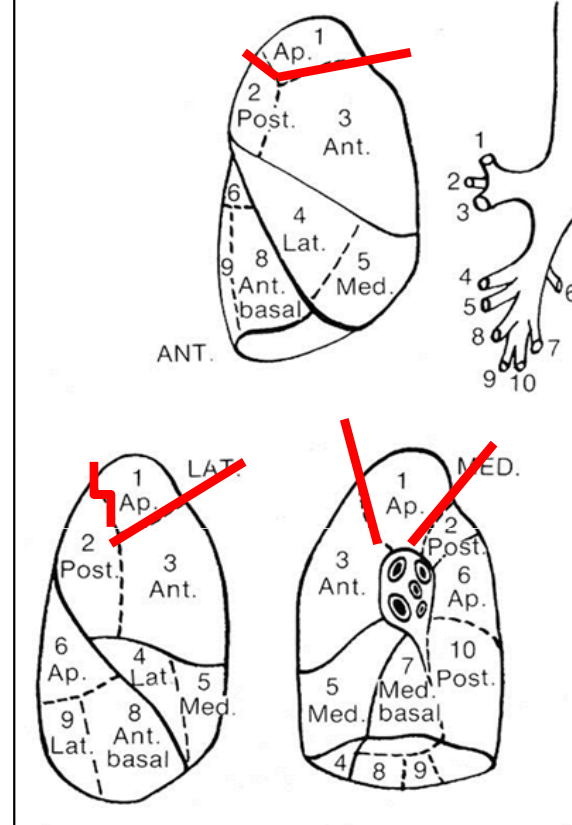
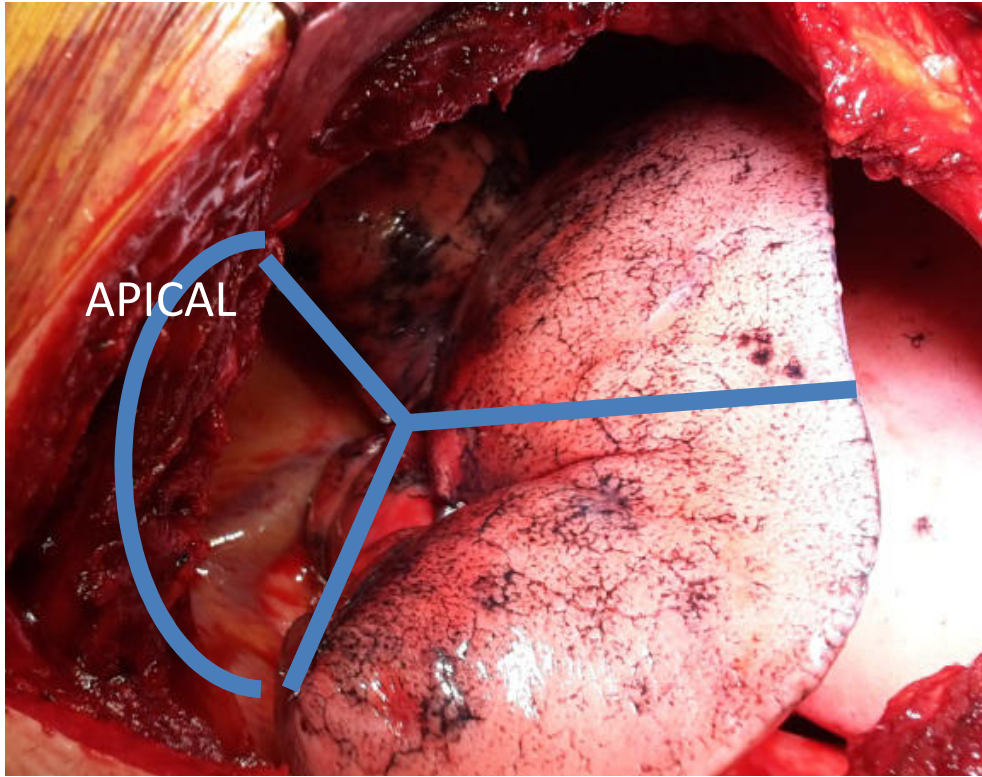
37 patients (21 metastatic disease, 16 second primary cancer) included for analysis.

**ΔSUV significantly higher** in patients with second primary cancer than in those with metastatic disease (58 vs 28%, respectively,  $p < 0.001$ ).

The area under the ROC curve was 0.81.

**EX: 2 Lesions with SUV max of 12.1 and 3.5:  $(12.1-3.5)/12.1*100%=71\%$**

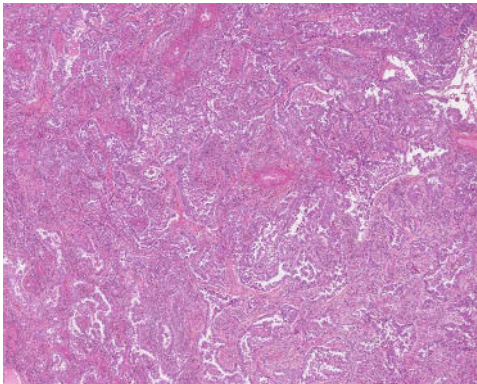
# APICAL ANATOMICAL SEGMENTECTOMY (S1)



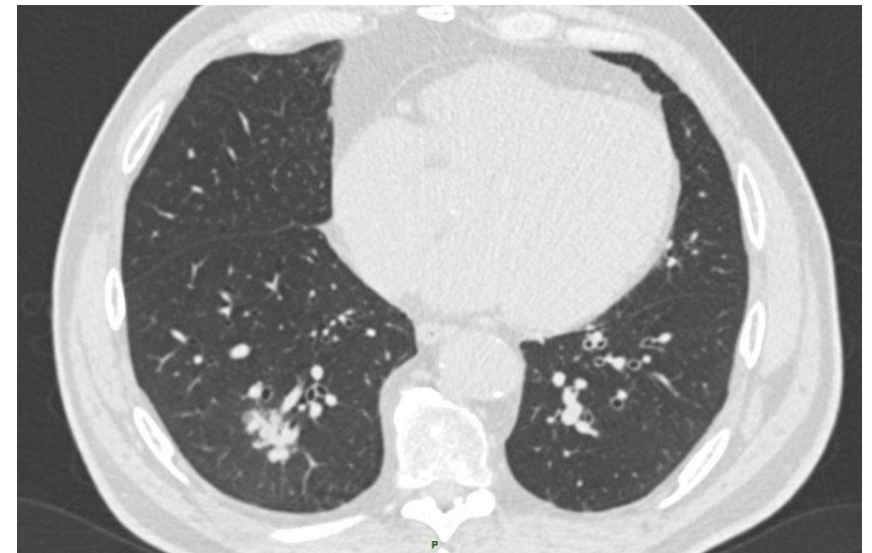
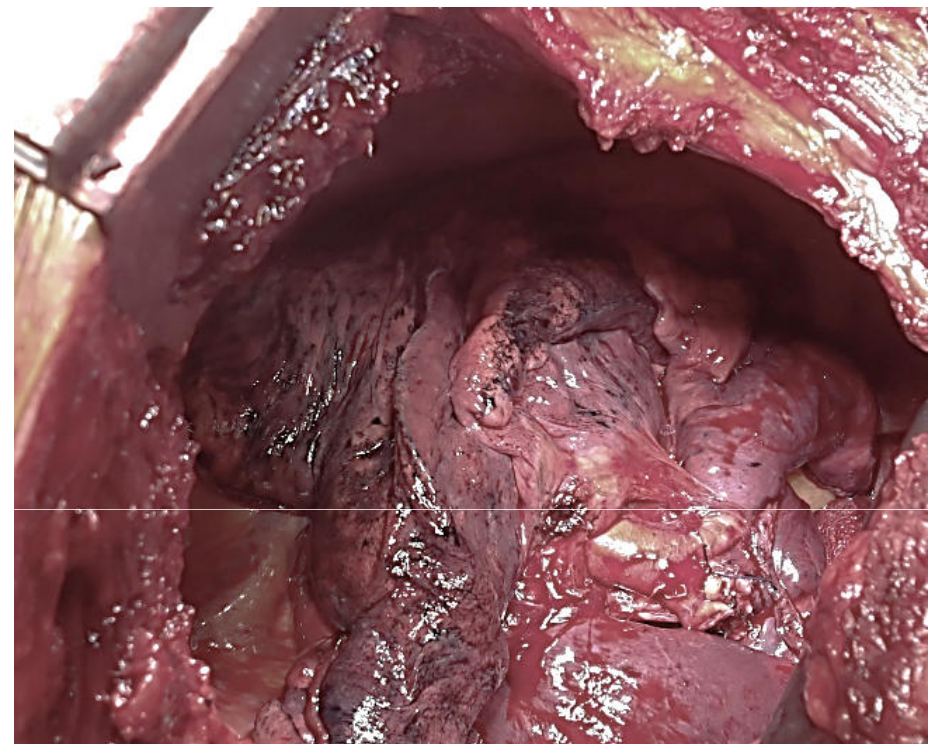
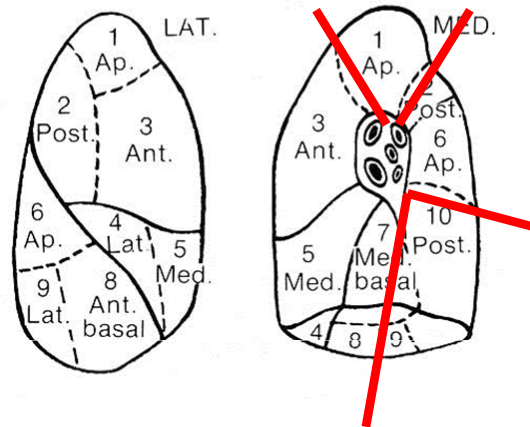
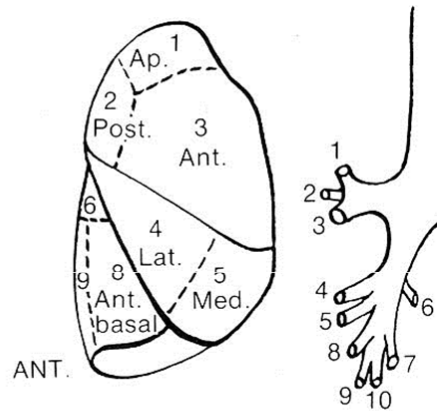
## Tumor A

RUL **ADK tubular architecture**

MOL BIOL: **KRAS +** (Mut c.35G>T, p.Gly12Val)



# POSTERO MEDIO-LATERAL ANATOMICAL BISEGMENTECTOMY (S9-S10)



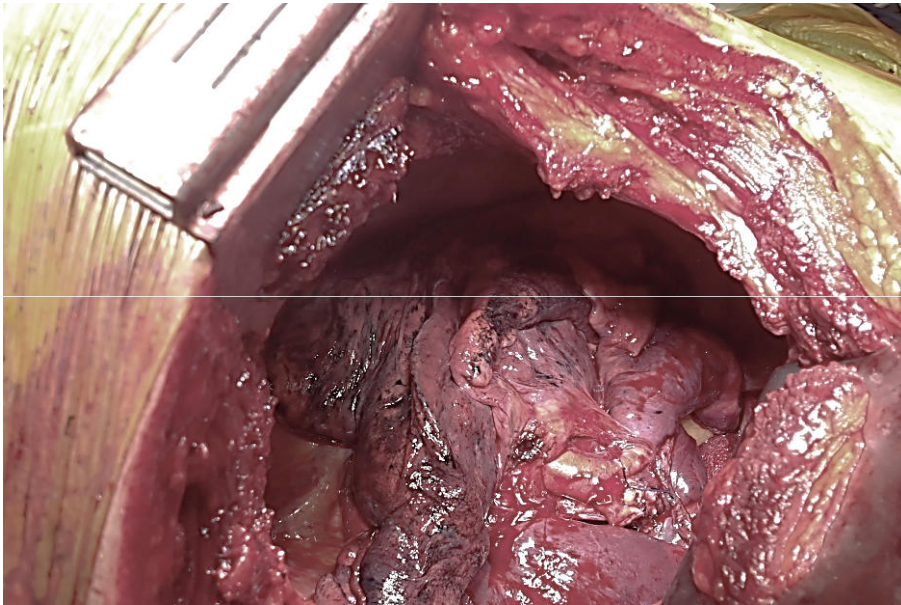
## Tumor B

RLL **ADK papillary architecture**

MOL BIOL : **KRAS+ (Mut c.34 G>T, p.GlyCys)**

The two tumors have different histology and KRAS mutations : different tumors

## POSTERO MEDIO-LATERAL ANATOMICAL BISEGMENTECTOMY *S9-S10*



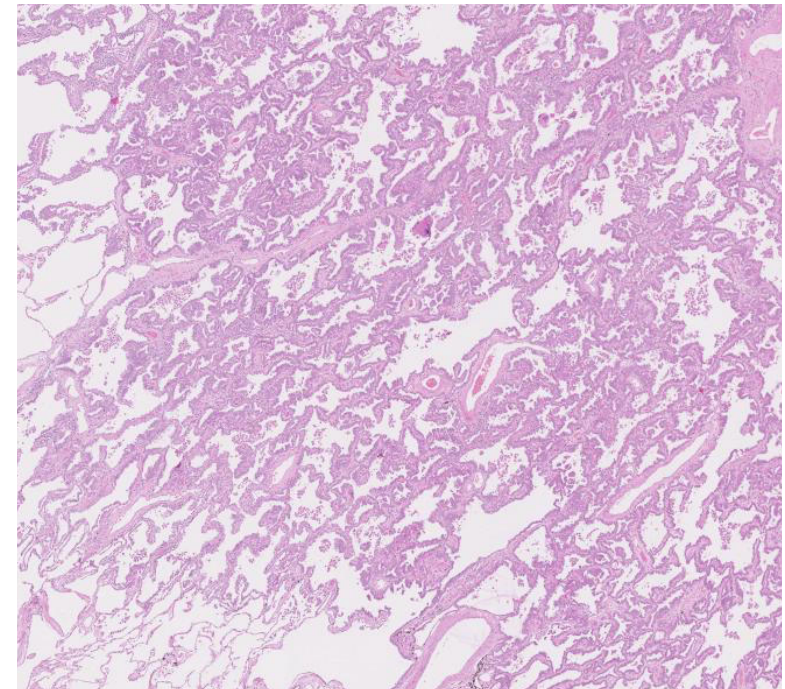
### Tumor C

RLL **ADK papillary architecture**

MOL BIOL : **KRAS + (Mut c.34 G>T, p.GlyCys)**

Apical tumor has a different KRAS mutation  
Than the two RLL tumors, which are identical

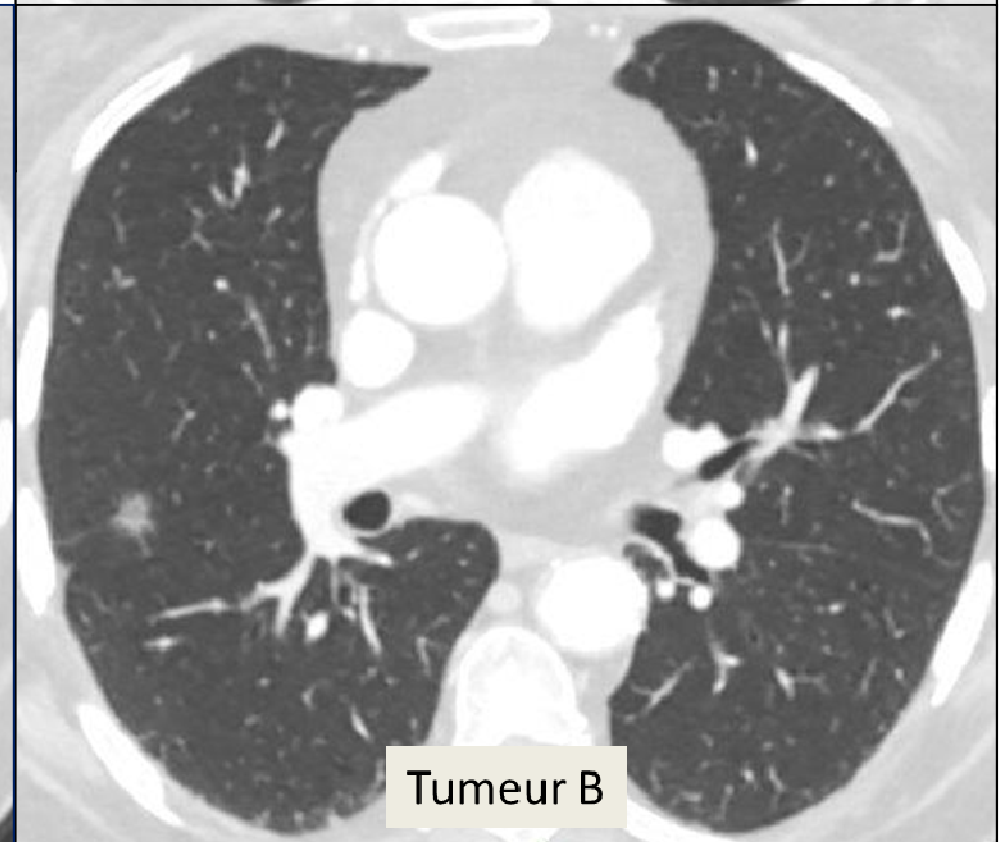
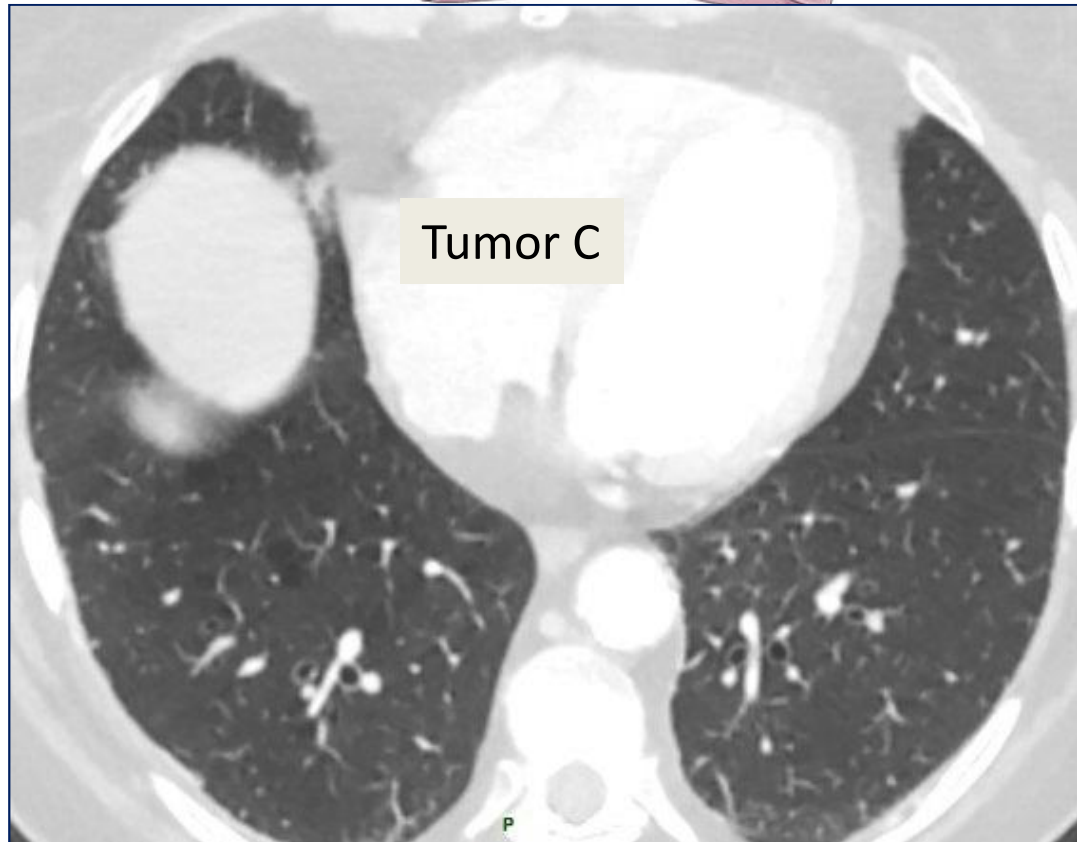
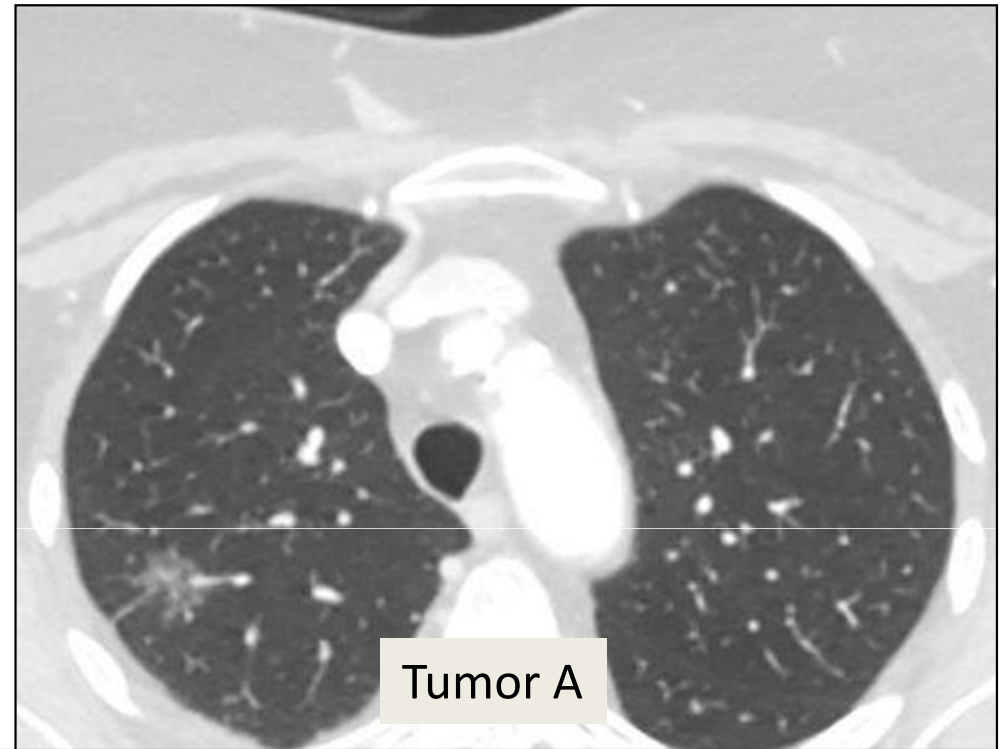
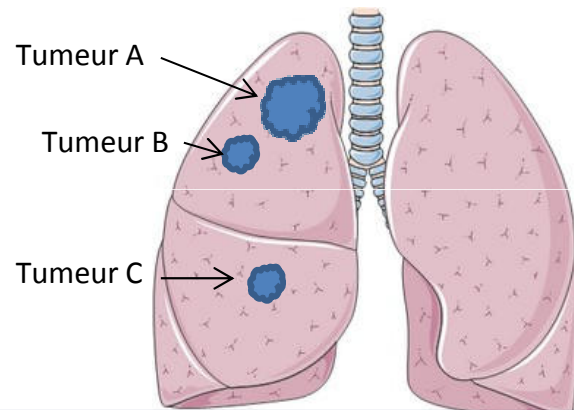
So : **T2aN0 for apical tumor**  
**T3N0 for RLL tumor**



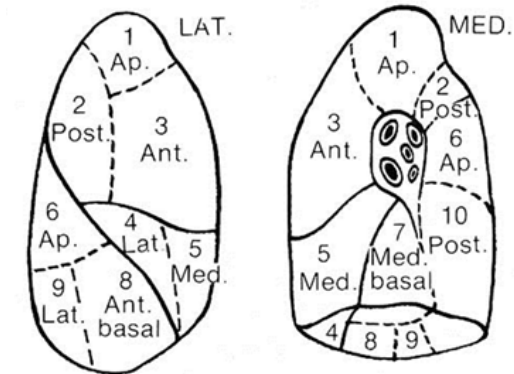
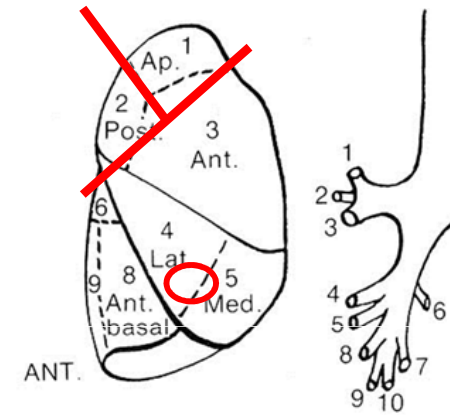
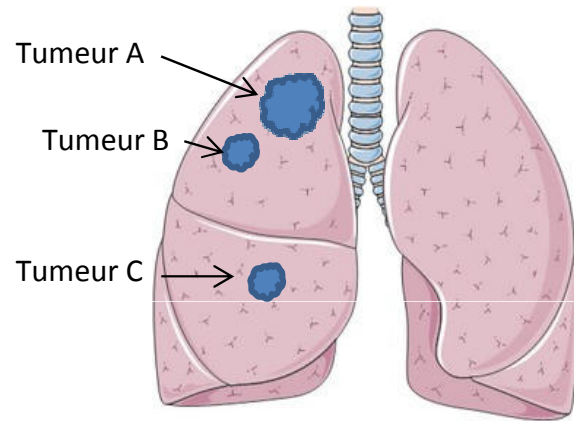
## Synchronous homolateral tumors

W, 46 years, tobacco=0

« Casual » discovery of three nodules



# Treatment: anatomical bi-segmentectomy (S1-S2) and wedge ML



## HISTOLOGY

### Tubular adk, same morphology, in the 3 tumors:

- Apical segment :                      A: 1,8 cm (**ground glass**)
- Dorsal segment :                      B: 0,8 cm
- Middle lobe:                              C: 0,6 cm

pTNM (2009): pT4N0

# Oncogenetic



## CONCLUSION :

Interprétation des résultats en l'état actuel des connaissances :

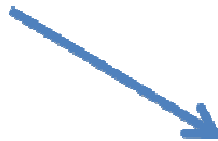
Ces résultats indiquent qu'il s'agit de deux ou trois tumeurs indépendantes :

1- Présence de la mutation activatrice p.Gly12Cys de KRAS dans l'ADN extrait du bloc 11 (lésion **A** 1,8 cm segment apicodorsal LSD)

2 - Présence de la mutation activatrice insertion exon 19 (p.Val738 Ile744dup) de l'EGFR, dans l'ADN extrait du bloc 6 (lésion **C**). Ce type de mutation est rare (<1% des mutations), mais il a été montré qu'elle est activatrice et sensible aux TKI –EGFR (sensibilité afatinib supérieure au gefitinib) (He et al, Clin Cancer Res 2012). Il faut cependant noter que cette mutation est **très faiblement représentée** dans l'ADN étudié (3%), ce qui peut être en rapport avec une faible infiltration tumorale de la zone tissulaire macro-disséquée ou la présence de cette mutation dans un contingent sous-clonal minoritaire. Une réextraction de l'ADN de ce bloc a été demandée afin de préciser – si possible – l'interprétation de ce résultat.

3 - Dans la limite des techniques utilisées, aucune mutation activatrice n'a été détectée au niveau des gènes BRAF, KRAS, PIK3CA et HER2 dans l'ADN extrait du bloc 16 (lésion **B** 8 cm LSD).

Aucun autre variant potentiellement oncogène n'a été détecté par l'analyse NGS du panel Oncomine solid tumor DNA kit.



**pTNM (2009): pT4N0 or 3 pT1N0**



W, 58 years, tobacco, 60 PA

CT: multiple bilateral tumors, cNO (PET: SUV MAX 1.6-8.0)

PET no mediastinal or hilar uptake FEV1: 77%th;

Exeresis of cervical lesion: schwannoma

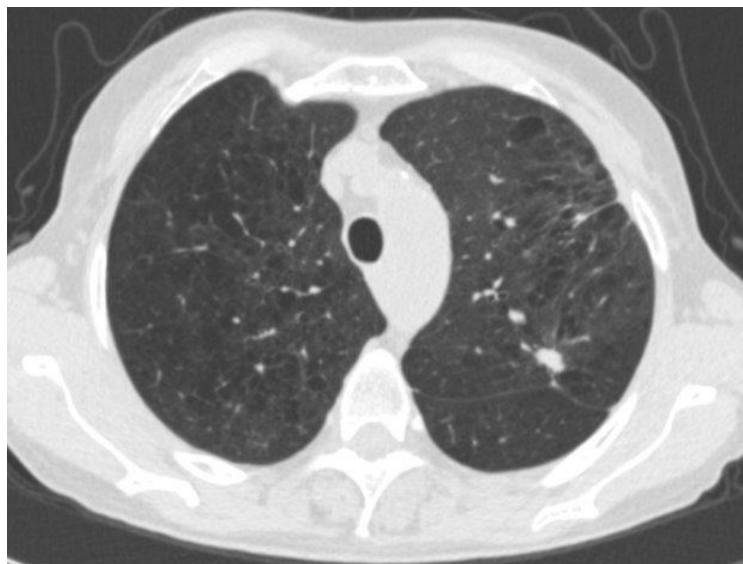
**LEFT UPPER LOBECTOMY**



Tumor A: ADK

Papillary=Intermediate Grade.

**TP53+** pGlu 221 c,661G>T

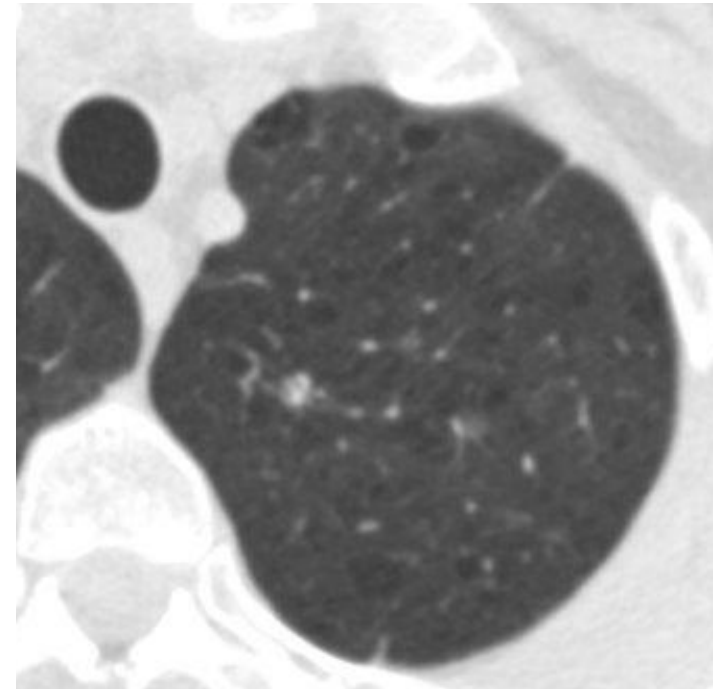


Tumor B: ADK

Solid = High-Grade

**TP53 +** pPro278,Leuc.833C>T

## Bilateral synchronous tumors



Tumor C: ADK

Lepidic, minimally invasive  
(MIA) = Low Grade

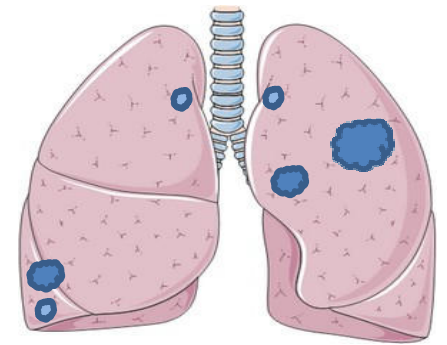
*No MOL BIOL*

**Different Histoology**

**Different Grade**

**Different Mutation**

# Bilateral synchronous tumors

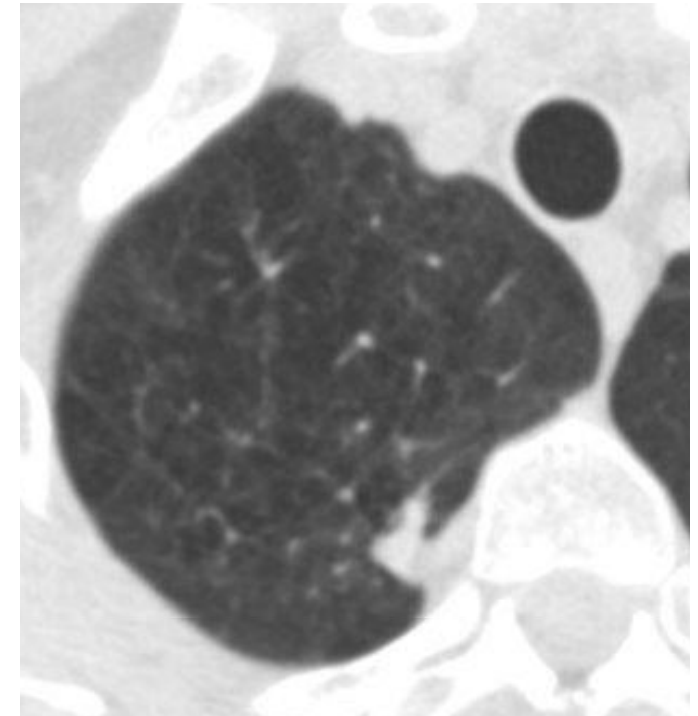
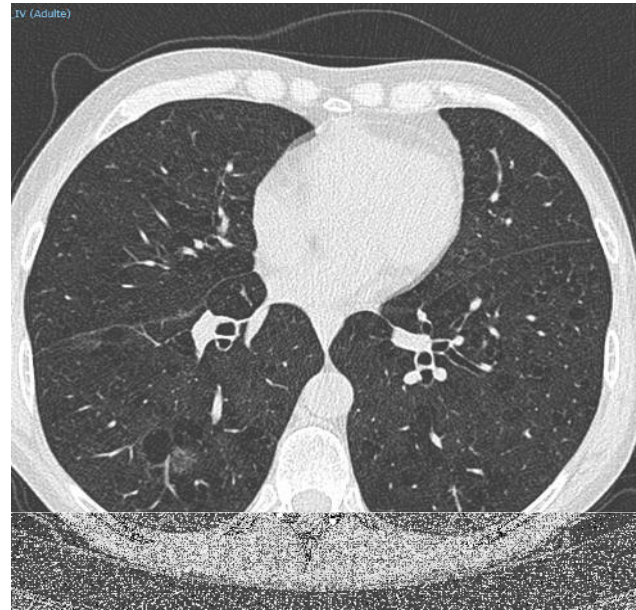


Spirometry after LUL: FEV1=78% predicted

2<sup>nd</sup> time of surgical management :

Right lower lobectomy

Wedge right upper lobe



Tumor D:

ADK Solid = High Grade

**KRAS +** (c.34 G>T, p.Gly12Cys)

**N+**: 10, 11, 7, 8

Tumor E : MIA (low grade)

Tumor F :

ADK Tubular = Intermediate grade

**KRAS +** (c.34 G>T, p.Gly12Cys)

Same mutation KRAS TP53

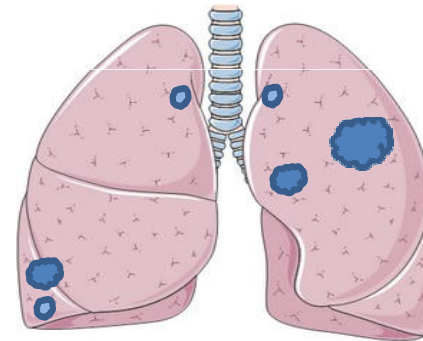
# Oligometastasis or multiple lung tumors

Interesting research field, as new tools allow answering old questions

Clinical relevance (patients management), economic implications

From a practical point of view:

15-20 % of patients  
Discovery at imaging



Surgery or Not

**YES**

EFFORTS TO DETERMINE:

- Primary
- Metastatic
- Clonal evolution



**T1aN0 to M1aNx stage**



**Major therapeutic impact**



**NON**

No histological proof,  
No molecular or stromal evaluation,,,,,



**Follow-up**

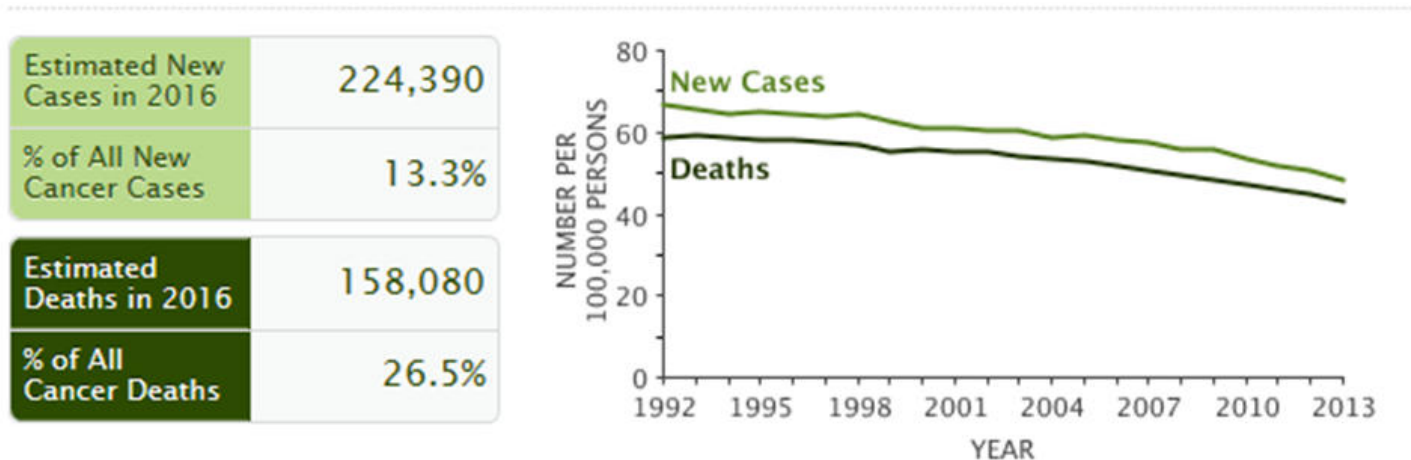
## The case of metastasis to the adrenal gland and to the brain.

- The **adrenal gland** is a common site of metastatic disease in NSCLC, with involvement ranging from 18% to 42% in autopsy series.
- In the same setting **brain metastases** are found between 18% through 64% of patients with NSCLC.
- The rate of **oligometastasis state** however is thought to be between 1.62% and 3.5% !

*Oligometastasis is a rare presentation of a common event*

# The case of metastasis to the adrenal gland and to the brain

- Incidence of NSCLC in U.S.



- “**Relative**” rare in face of the incidence of the disease  
– 1-3% = 2000 to 6000 new cases par year

# *Patterns of Distant Metastases After Surgical Management of Non–Small-cell Lung Cancer*

*Jordan A. Torok, Lin Gu, Daniel J. Tandberg, Xiaofei Wang, David H. Harpole, Chris R. Kelsey, Joseph K. Salama*

*Clinical Lung Cancer*

Volume 18, Issue 1, Pages e57-e70 (January 2017)

DOI: 10.1016/j.clc.2016.06.011

1719 patients reviewed

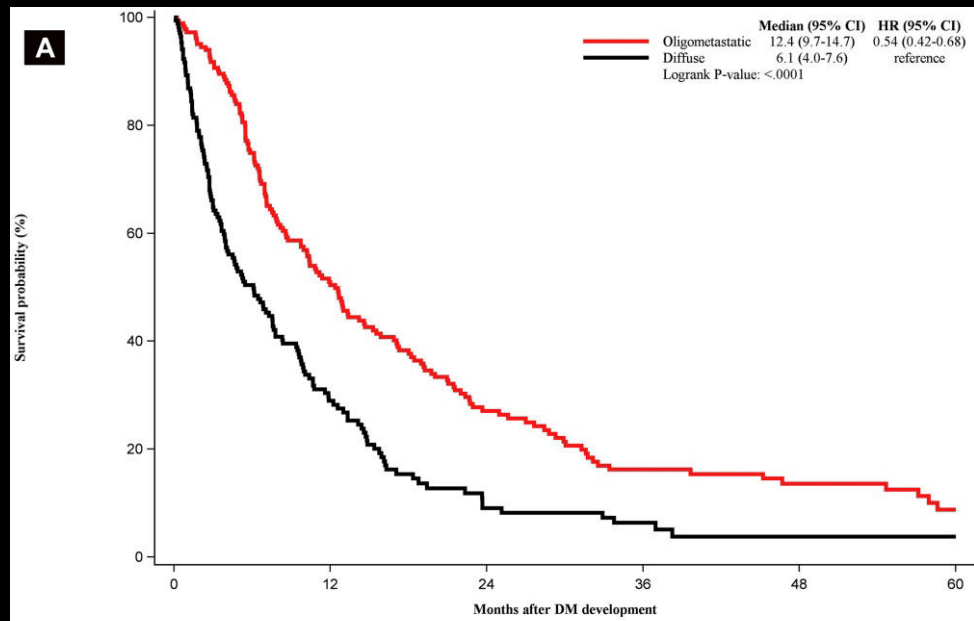
368 (21%) developed DMs with a median follow-up period of 39 months.

A single lesion was diagnosed in 115 patients (31%)

69 (19%) had 2 to 3 lesions (50% oligometastatic, 50% diffuse).

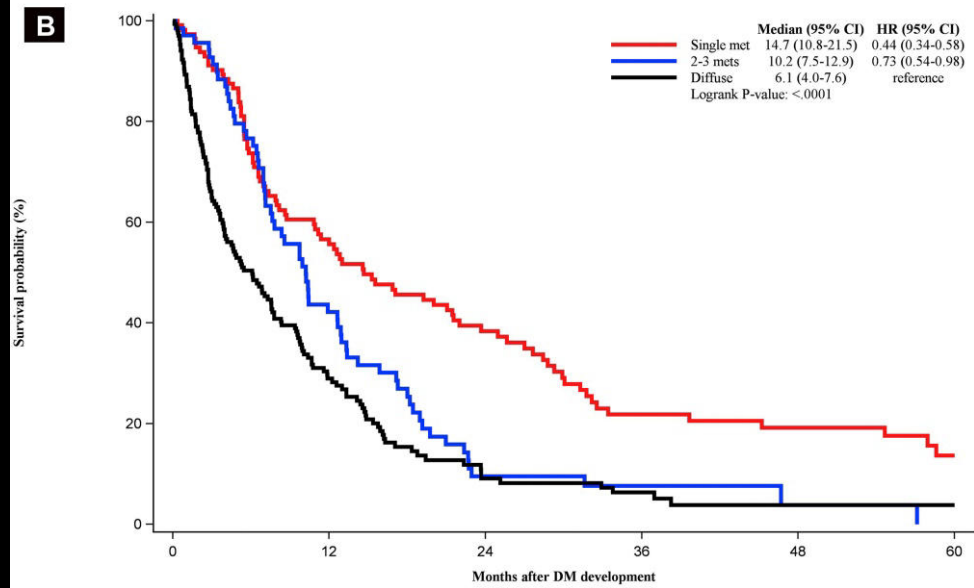
The median survival from the DM diagnosis for oligometastatic and diffuse DM was 12.4 and 6.1 months,





# patients at risk

	0	12	24	36	48	60
Oligometastatic	184	86	40	21	14	7
Diffuse	175	41	10	5	3	3

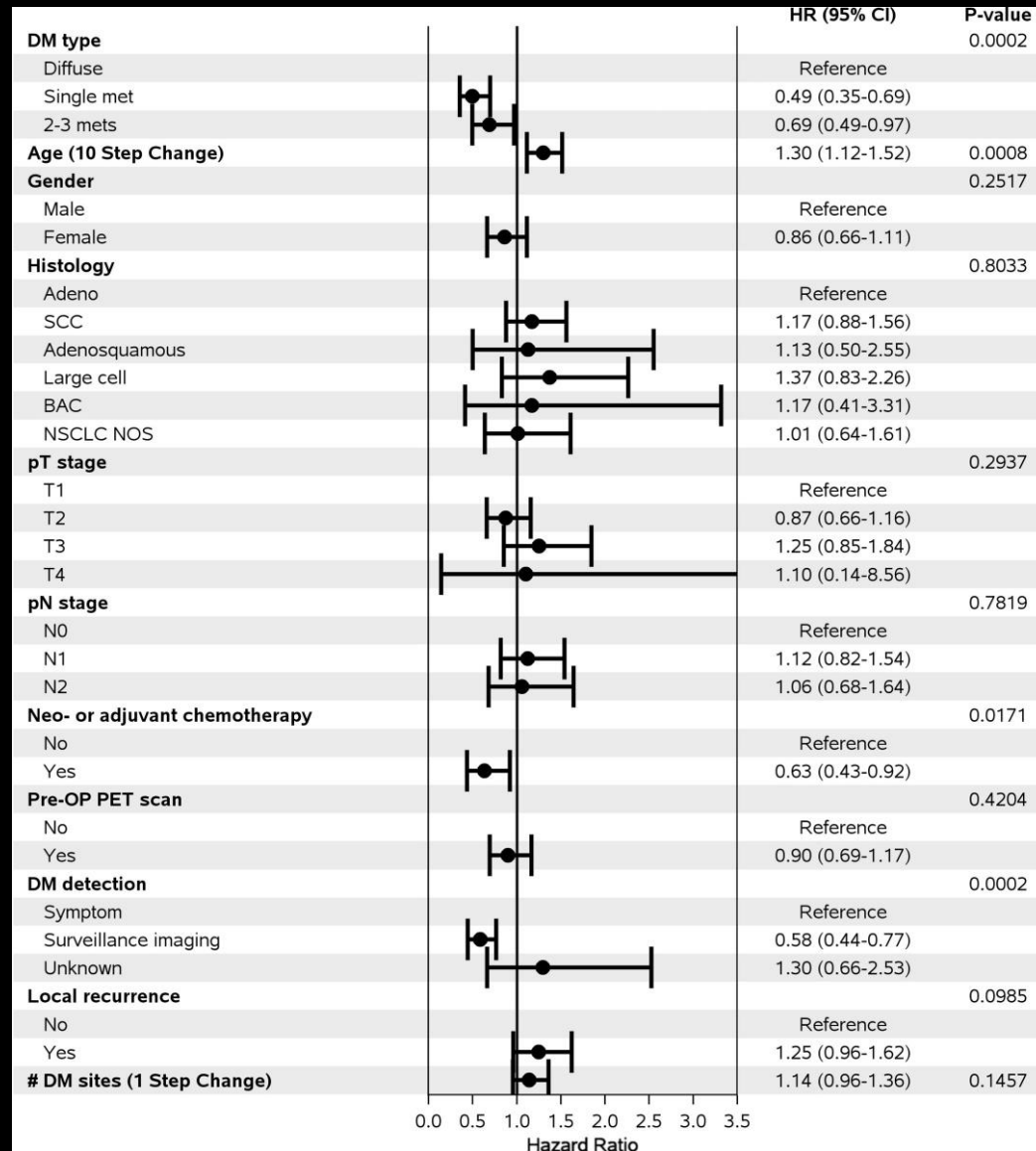


# patients at risk

	0	12	24	36	48	60
Single met	115	58	34	17	13	7
2-3 mets	69	28	6	4	1	0
Diffuse	175	41	10	5	3	3



Figure 3





# Solitary disease involving the **adrenal gland**

Study	No. Patients by Presentation			Survival influenced by presentation (S versus M)	Median Survival (months)	5-Year Survival (%)
	All	S	M			
Raz, et al. (2011)	20	12	8	No	19	34
Holy, et al. (2011)*	13				23	
Tanvetyanon, et al. (2008)*	114	48	66	Yes	S: 12M: 31	<b>S: 26 M: 25</b>
Mercier, et al. (2005)	23	6	17	No	13	23
Pfannschmidt, et al. (2005)	11	5	6	No	13	
Porte, et al. (2001)	43	32	11	No	11	7
Ambrogi, et al. (2001)	5	5	0			60
Beitler, et al. (1998)*	32	19	13	No	24	33

# Solitary disease involving the **brain metastasis**

Study	No. Patients	by Nodal Stage			Survival influenced by N stage	Median Survival (months)	5-Year Survival (%)
		N0	N1	N2/N3			
Furak, et al. (2005)	19	9	2	8	No	19	24
Getman, et al. (2004)	16	8	3	5	No	9	19
Billing, et al. (2001)	28*	17	5	6	Yes	24	21
Bonnette, et al. (2001)	103*	40	23	36	No	12	11
Saitoh, et al. (1999)	24	11	3	10	No	7	8
Mussi, et al. (1996)	15	8	7*		Yes	18	7
Burt, et al. (1992)	65	27		30	No	21	16
Rossi, et al. (1987)	40	15	15	10	Yes	24	13
Magilligan, et al. (1986)	41				No		21

Retrospective case series of patients with surgically resected synchronous solitary brain metastasis from NSCLC

# In the era of PET and MRI

## 1. Aggressive therapy for patients with non-small cell lung carcinoma and synchronous brain-only oligometastatic disease is associated with long-term survival.

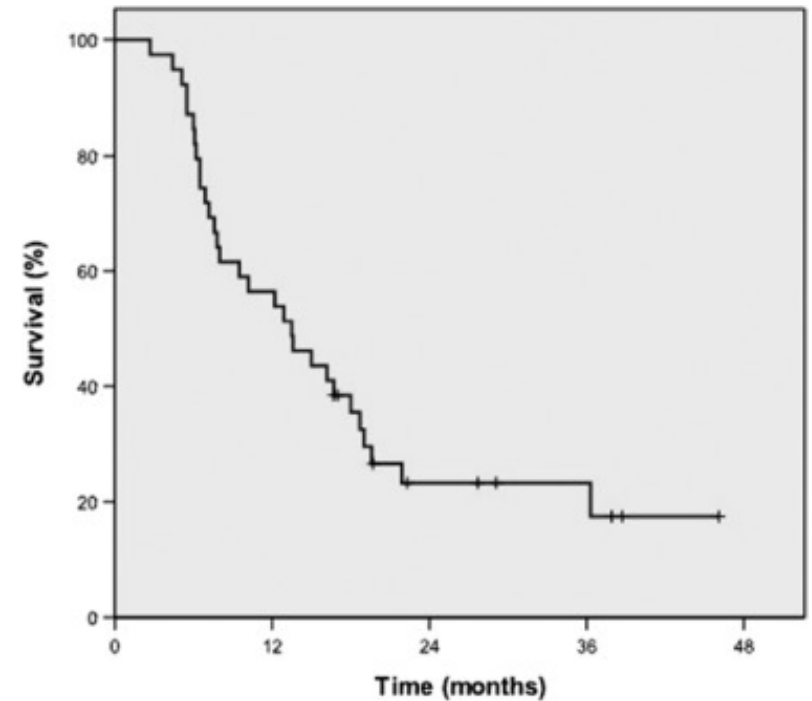
Gray PJ et al. Harvard Medical School, Boston, USA *Lung Cancer*. 2014 Aug;85(2):239-44

- Retrospective analysis of NSCLC patients between **1/2000 and 1/2011**
- 66 patients met all eligibility criteria, **38 of whom received AT** and 28 did not
- Actuarial 1-, 2- and 5-year survival for those
  - receiving ATT was 71%, 54% and **29%** respectively

## 2. Radical Treatment of Non–Small-Cell Lung Cancer Patients with Synchronous Oligometastases: Long-Term Results of a Prospective Phase II Trial (Nct01282450)

Dirk De Ruyscher, *Journal of Thoracic Oncology*, Volume 7, 2012, 1547–1555

In this phase II study, **39 Pts** long-term PFS was found in a subgroup of NSCLC patients with synchronous oligometastases when treated radically. Identification of this favorable subgroup before therapy is needed.



# Radical Treatment of Non–Small-Cell Lung Cancer Patients with Synchronous Oligometastases: Long-Term Results of a Prospective Phase II Trial (Nct01282450)

Dirk De Ruyscher, MD, PhD, Rinus Wanders, MD, Angela van Baardwijk, MD, PhD, Anne-Marie C. Dingemans, MD, PhD, Bart Reymen, MD, Ruud Houben, MSc, Gerben Bootsma, MD, PhD, Cordula Pitz, MD, PhD, Linda van Eijnsden, MD, Wiel Geraedts, MD, Brigitta G. Baumert, MD, PhD, Philippe Lambin, MD, PhD

*Journal of Thoracic Oncology*  
Volume 7, Issue 10, Pages 1547-1555 (October 2012)  
DOI: 10.1097/JTO.0b013e318262caf6

40 patients enrolled

39 evaluable (18 men, 21 women); mean age  $62.1 \pm 9.2$  years (range, 44–81).

29 (74%) had *local* stage III;

17 (44%) brain, 7 (18%) bone, 4 (10%) adrenal gland metastases

35 (87%) had a single metastatic lesion.

Median overall survival (OS) was 13.5 months

1-, 2-, and 3-year OS was 56.4%, 23.3%, and 17.5%, respectively.

Median progression-free survival (PFS) was 12.1 months

1-year PFS was 51.3%, and both 2- and 3-year PFS was 13.6%.

Only two patients (5%) had a local recurrence.

No patient or tumor parameter, including volume and  $^{18}\text{F}$ -deoxyglucose uptake was significantly correlated with OS or PFS.



FIGURE 1

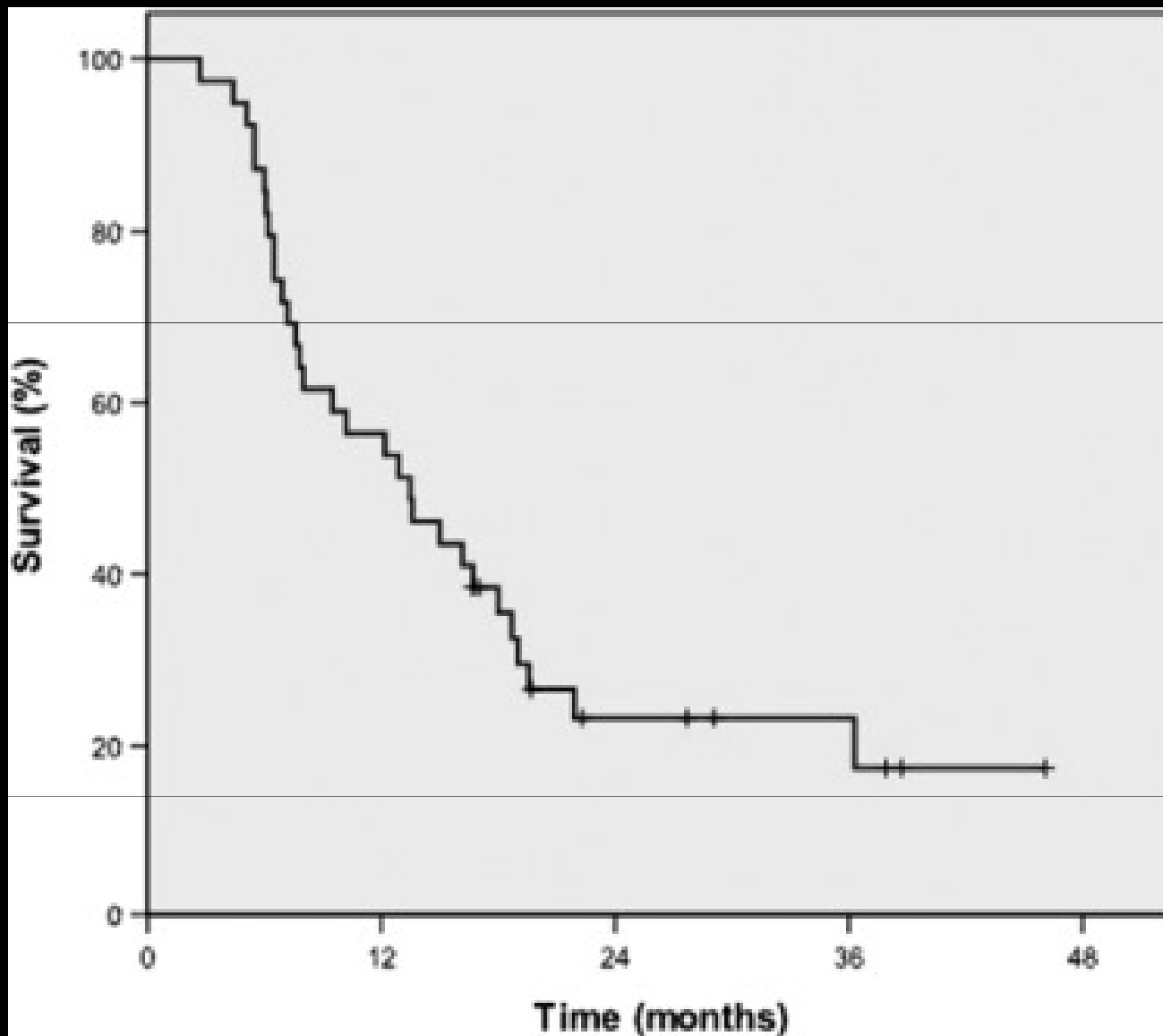
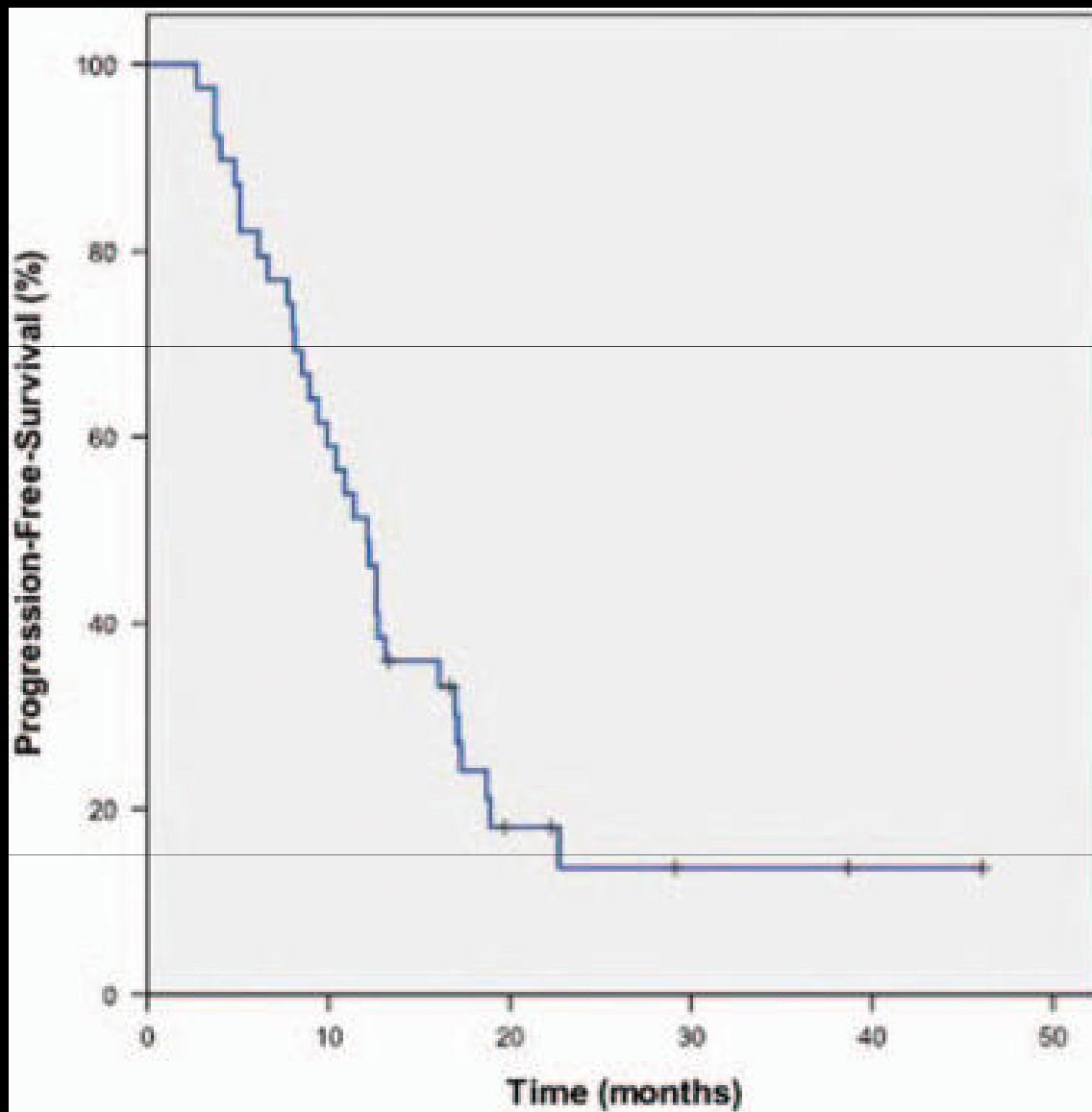


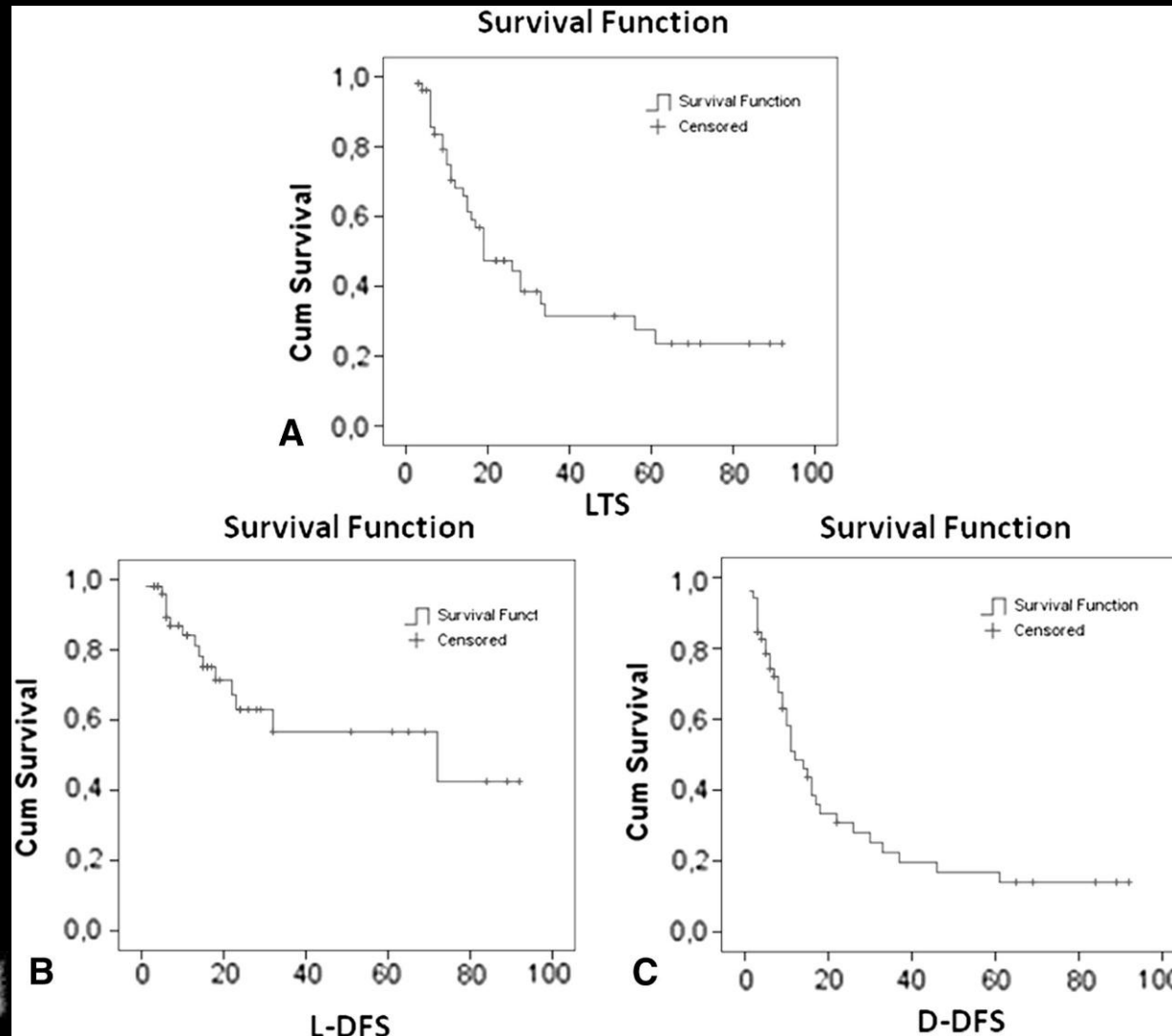
FIGURE 2



# Surgery for oligometastatic non-small cell lung cancer: Long-term results from a single center experience

Maria Teresa Congedo, MD, Alfredo Cesario, MD, Filippo Lococo, MD, Chiara De Waure, MD, Giovanni Apolone, PhD, Elisa Meacci, MD, Sergio Cavuto, MD, Pierluigi Granone, PhD

*The Journal of Thoracic and Cardiovascular Surgery* 2012;144:444.



57 Patients  
1997-2010

45 single  
metastasis

12 double  
metastasis

39 Brain

7 adrenal  
glands

Surgery: n=42

Figure 2

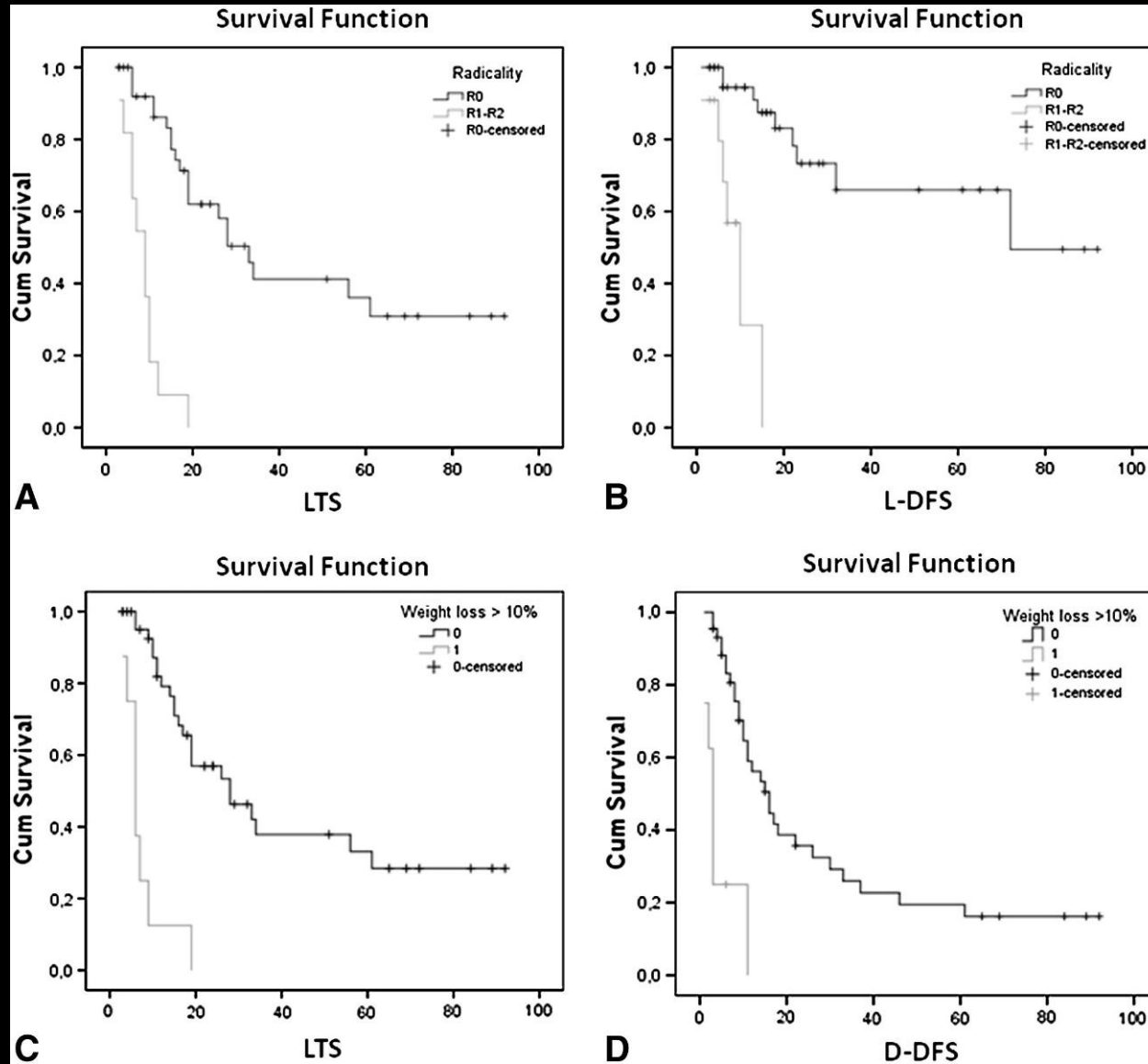
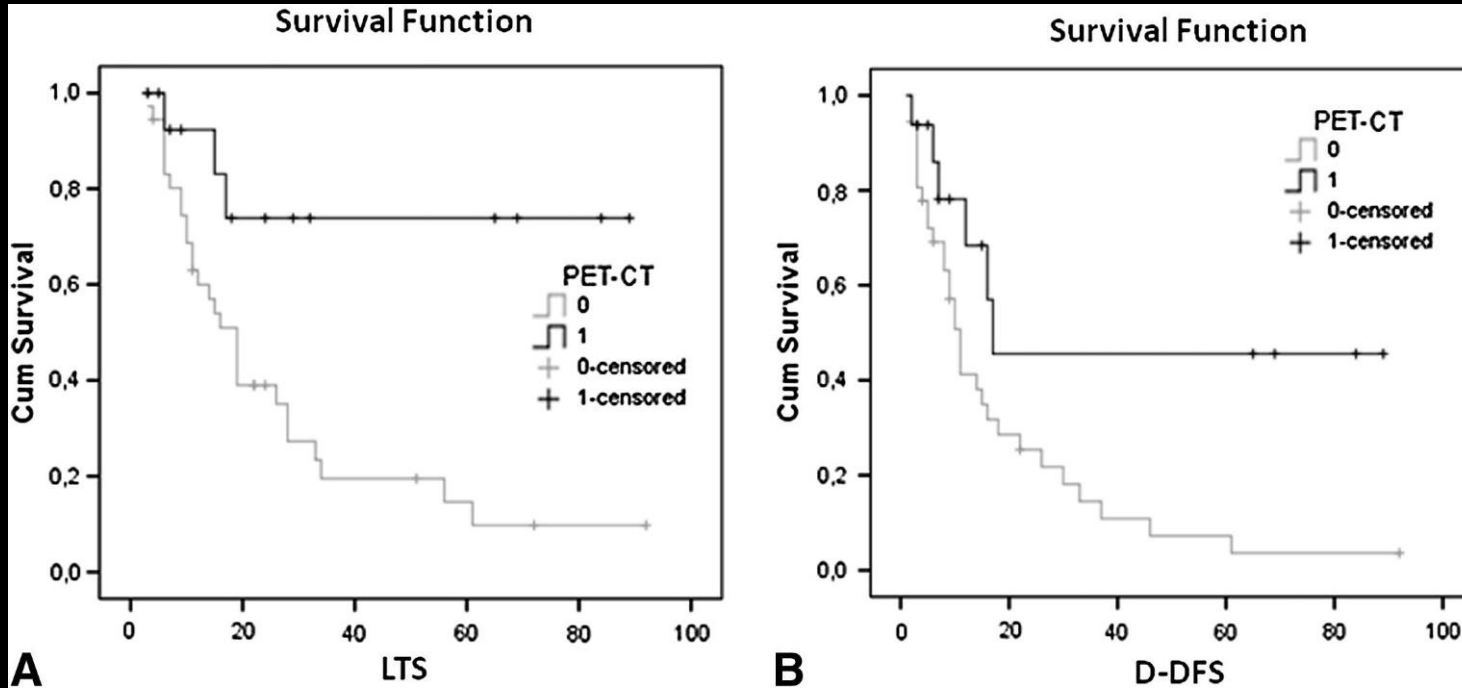




Figure 4



## Adrenalectomy

HUPC experience

2001-2015

19 pts (0.2% of patients treated by lung resection)

- 14 Men
- Median age 67 years;  $66.7 \pm 10.0$
- 17 previous lung resections; 1 exclusive Cht; 1 RT (brain)
  - 14 lobectomies
  - 1 bilobectomy
  - 2 pneumonectomies
- 18 pre-operative Cht; 1 postoperative Cht
- 15 ADK, 3 LARGE CELL, 1 NEUROENDOCRINE
- 5 T1, 9 T2, 5 T3
- 9 N0, 5 N1, 5 N2
  - 10 Synchronous
  - 9 Metachronous
    - DFI:  $27.0 \pm 15.4$  months ; Median 24 months



# Adrenalectomy

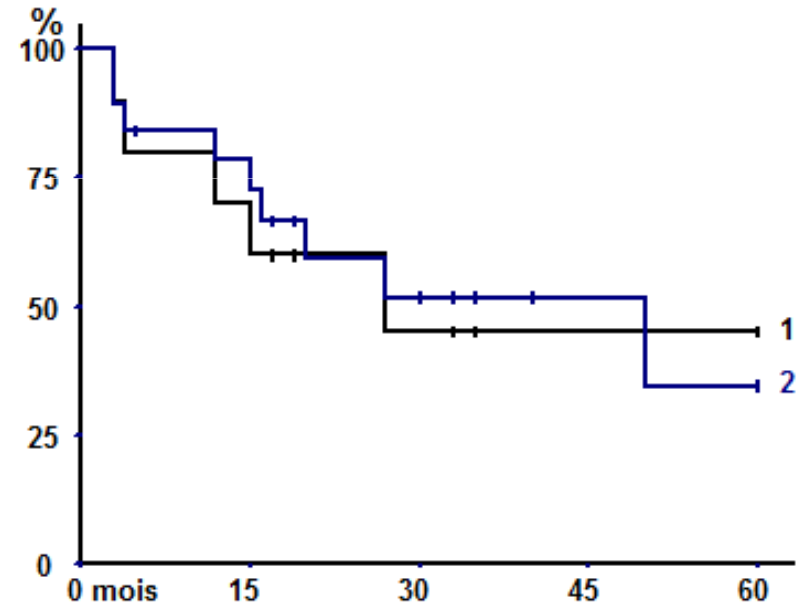
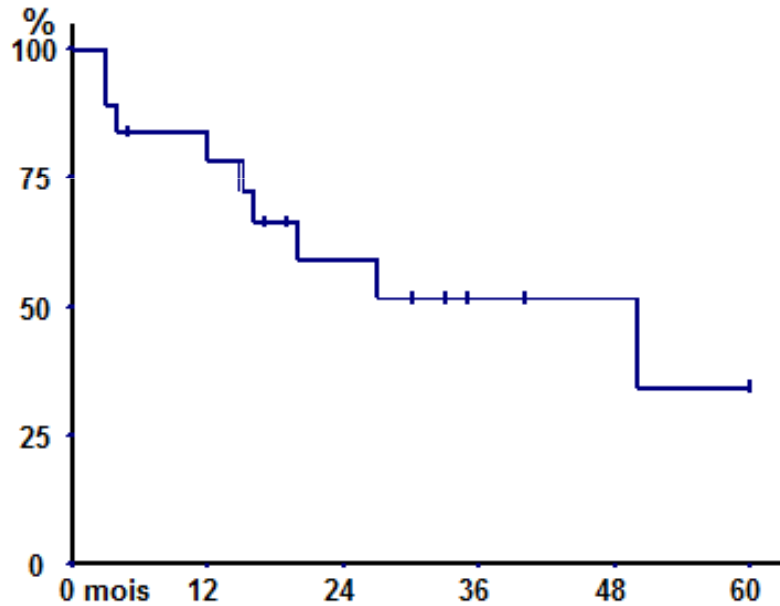
HUPC experience

2001-2015

19 pts (0.2% of patients treated by lung resection)

- 9 Alive
- 8 dead

Synchronous (2) ves metachronous (1)



# Conclusion

- Treatment of oligometastatic NSCLC have several **weeks points**:
  - A lack of clarity **as to the objectives**:
    - Definitive cure VS Prolonging survival
    - Local disease control VS Prevention of complication
    - Treatment of symptoms Vs palliation
  - **The rationale** for removal of metastases is insecure:
    - Radical local resection in a systemic disease is **“Oxymoron”**
    - Surgical Resection and Radiation Therapy could promote immune recovery of the disease
      - **Abscopal Effects of radiotherapy**
      - **Restoring immunosurveillance after surgery**
  - The evidence available does not address the question of whether **benefit exceeds harm**.

# Conclusion

- The studies published are:
  - Observational almost always retrospective
  - Small cohorts
  - Collected over a long period of time
  - Absence of the control group
- Two randomized phase II trials recently initiated has been closed for slow accrual

**There is a lacks of several crucial factors  
necessary for the tenets of  
Evidence Based Medicine**

# TUMOR DEVELOPMENT

## TUMOR FACTORS

Escaping growth suppression signals  
Resisting apoptosis  
Proliferation  
Invasion  
Angiogenesis  
Metastasis

## HOST FACTORS

Systemic inflammation  
Nutritional status  
Physical exercise  
Systemic immune surveillance

**TUMORAL  
MICRO-ENVIRONMENT**

- *Identify patients likely to benefit from immune therapies*
- *Increase proportion of patients likely to benefit from immune therapies*
- *Improve response to immunotherapies*

### Tumor-related interventions

- Surgery
- Chemotherapy
- Radiation Therapy
- Antiangiogenic Therapy
- Tumor-related targeted therapies

### Host-related interventions

- Reduce systemic inflammation
- Improve nutritional status
- Increase exercise performance
- Administer immune-check point receptor blockade

## INTERVENTIONS

# Heracles and Antée



Oligometastatic state is a clinical-radiological condition with a biological substrate not completely elucidated.

The better understand of prognostic factors ahead of stage (clinical anatomical disease) will help to define the possible role of local treatment for the cure of a systemic disease.