

# Il paziente candidabile a trattamento con Radium 223 e la salute dell'osso

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**Oncologia Medica**  
**Università degli Studi di Brescia**  
**ASST-Spedali Civili**  
**Brescia**



Indicazioni cliniche  
all'utilizzo della  
**Targeted Alpha Therapy**  
nel carcinoma prostatico

**26 GIUGNO 2019**

DALLE 15.30 ALLE 20.00

**MILANO**

HOTEL GLAM  
Piazza Duca D'Aosta, 4/6

Sistema Socio Sanitario



Regione  
Lombardia

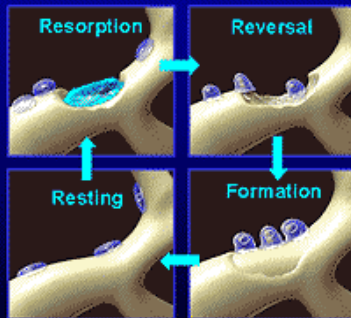
ASST Spedali Civili



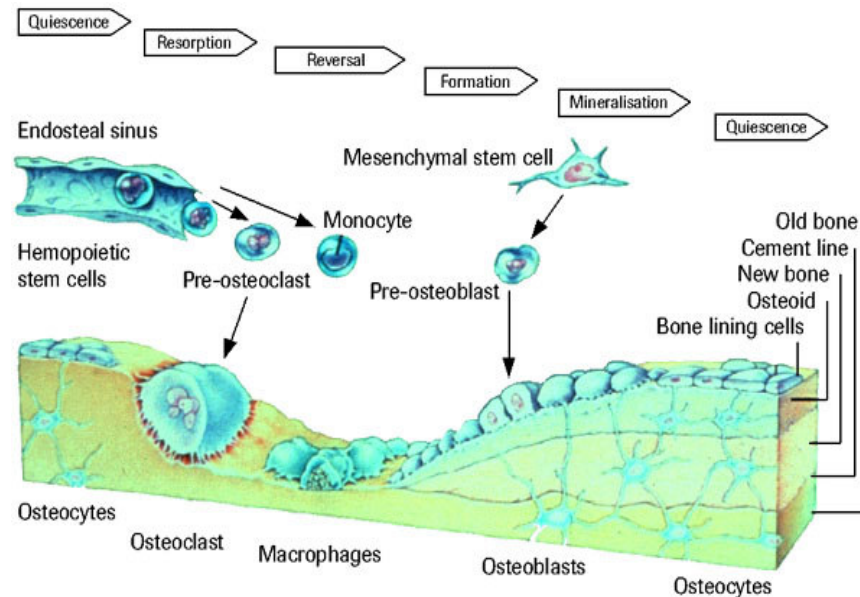
# Bone remodeling

REMODELING involves the removal of discrete packets of old bone ,replacement of these packets with newly synthesised protenaceous matrix and subsequent mineralization of the matrixto form new bone . ( fernandez –tresguerres –hernandez et.al 2006 )

## Normal Bone Remodeling



- Resorption**  
Osteoclasts remove bone mineral and matrix, creating an erosion cavity (3-4 weeks)
- Reversal**  
Mononuclear cells prepare bone surface for new osteoblasts to begin building bone
- Formation**  
Osteoblasts synthesize a matrix to replace resorbed bone with new bone (3-4 months)
- Resting**  
A prolonged resting period follows until a new remodeling cycle begins



# Funzione del remodeling

Il rimodellamento osseo consente un continuo riassetto della struttura e della massa ossea sostituendo tessuto vecchio con tessuto nuovo che viene successivamente mineralizzato

Il rimodellamento osseo comincia con il riassorbimento, operato dagli osteoclasti seguito dalla neoformazione operata dagli osteoblasti

**Il rimodellamento  
è finalizzato a mantenere la resistenza dell'osso  
rimuovendo i microdanni**

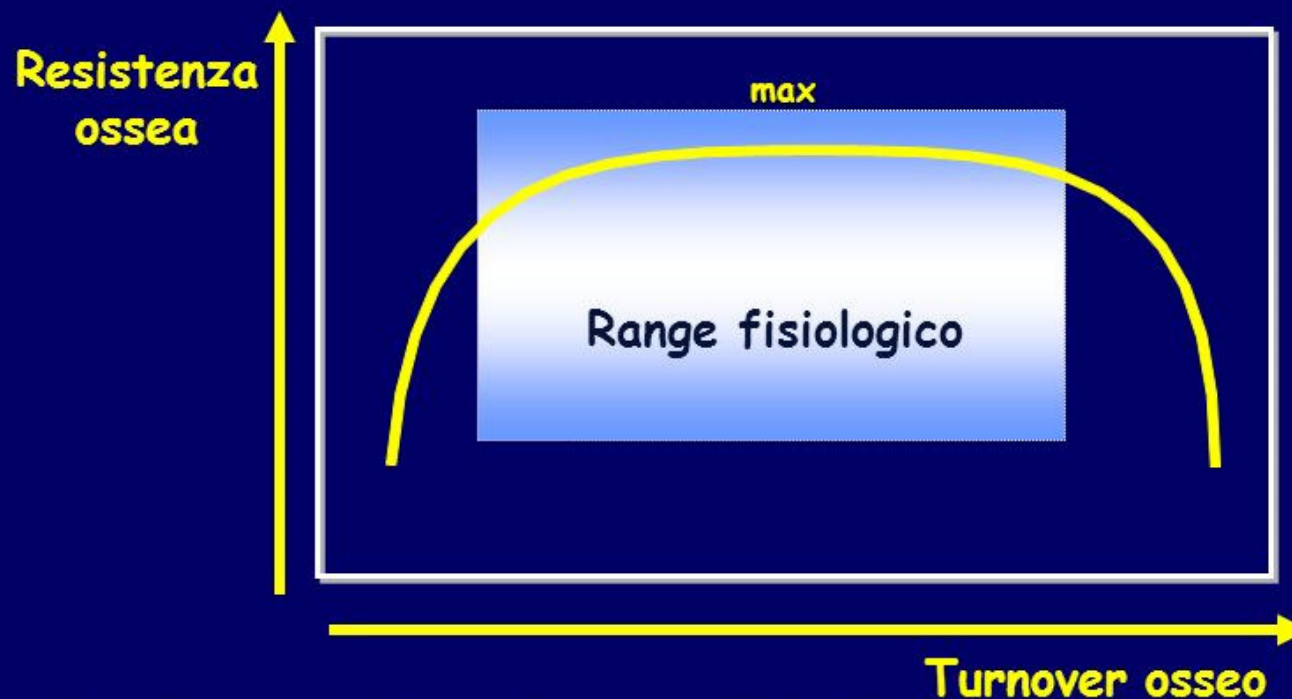
# Remodeling ottimale = massima resistenza

## Turnover insufficiente

- Accumulo microdanni
- aumentata fragilità da eccessiva mineralizzazione

## Turnover eccessivo

- aumento degli stress risers (zone deboli)
- aumento delle perforazioni
- perdita di connettività trabecolare



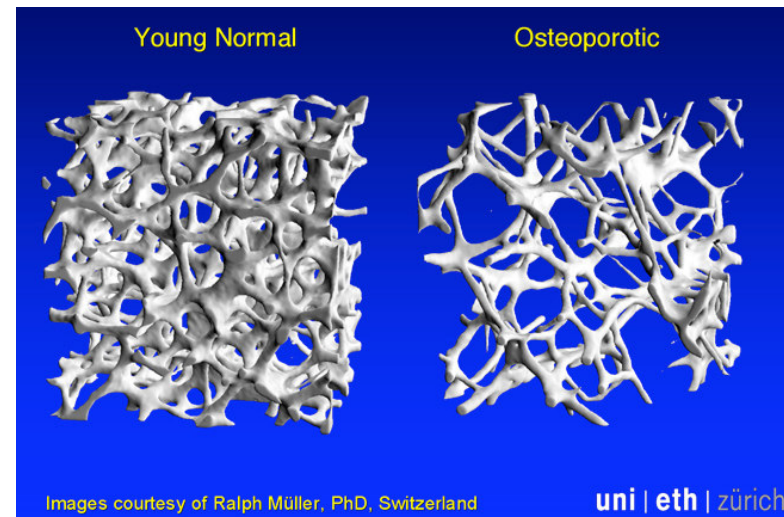
Adapted from Weinstein RS. *J Bone Miner Res* 15: 621, 2000



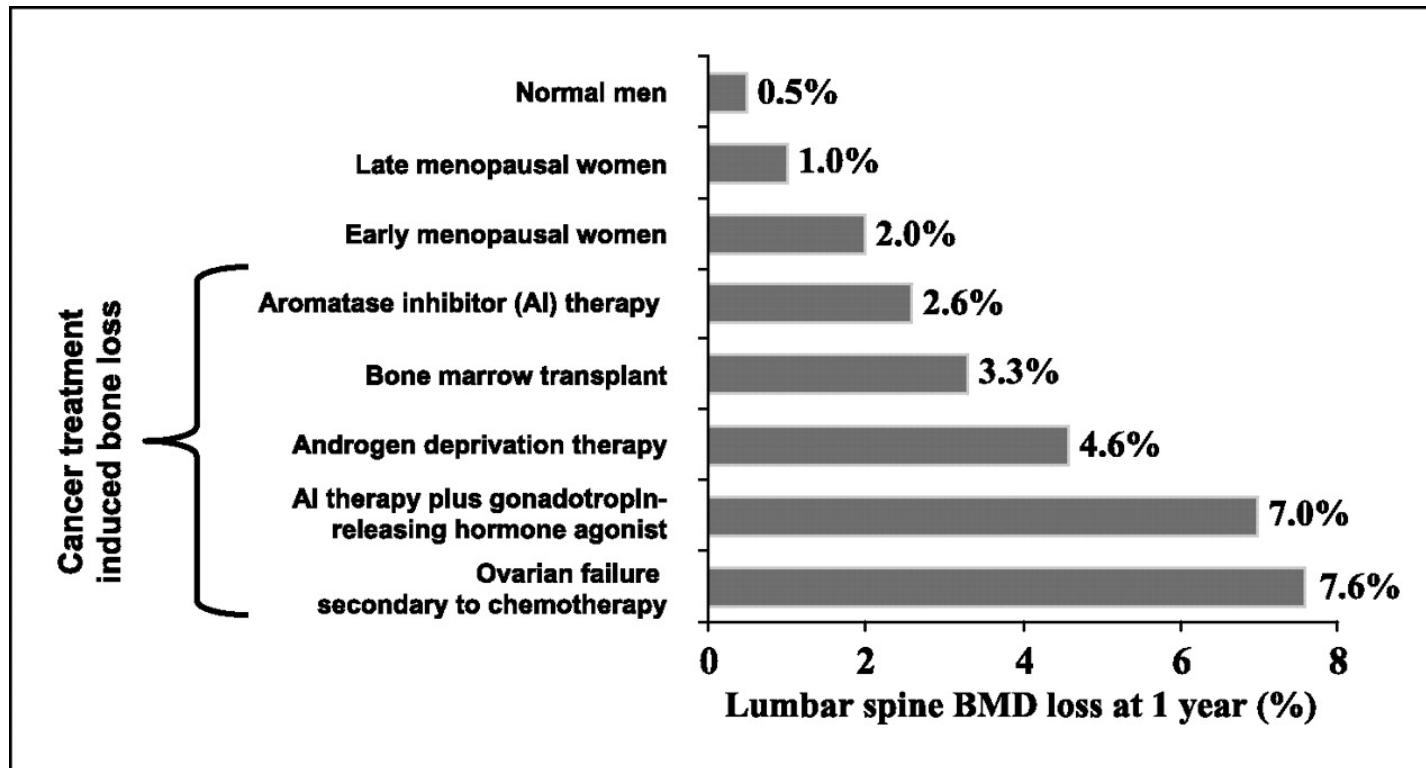
# Cancer Treatment Induced Bone Loss (CTIBL)

**Rapid and severe bone loss resulting from cancer therapies that lead to estrogen (androgen) deprivation:**

- Estrogen deprivation therapy
- Androgen deprivation therapy
- Chemotherapy
- Surgery (Castration)

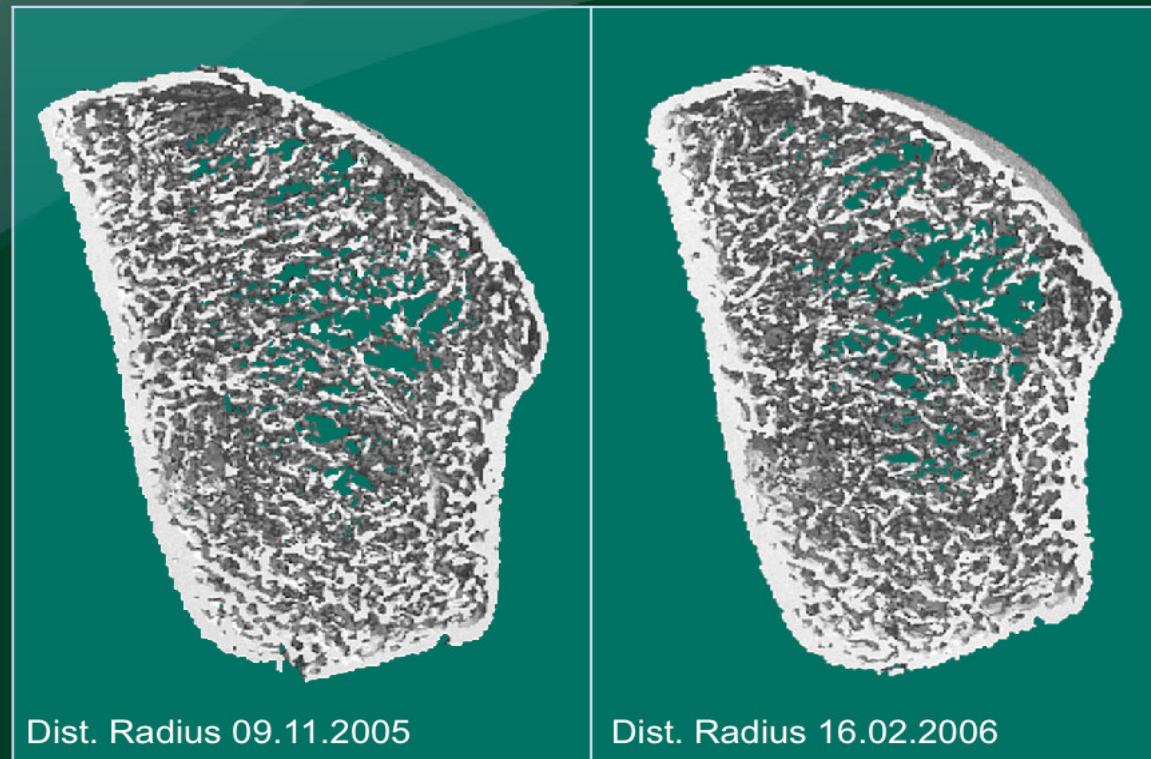


# BONE LOSS AND CANCER THERAPY



## The CTIBL fracture risk is independent from BMD

Influence of anastrozole on trabecular microstructure after 3 months (Xtreme-CT)



*H. Radspieler, Center for Osteoporosis. Munich, Germany*

## Alterata “qualità” dell’osso

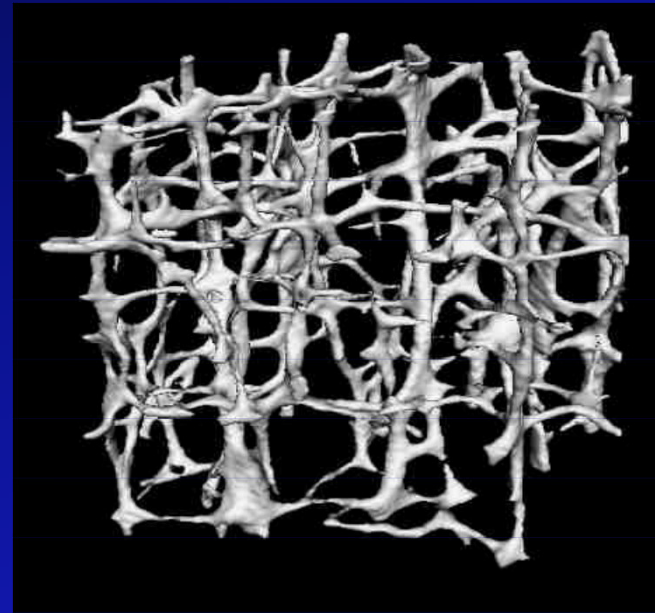
Geometria

Microarchitettura

Turnover

Proprietà del materiale

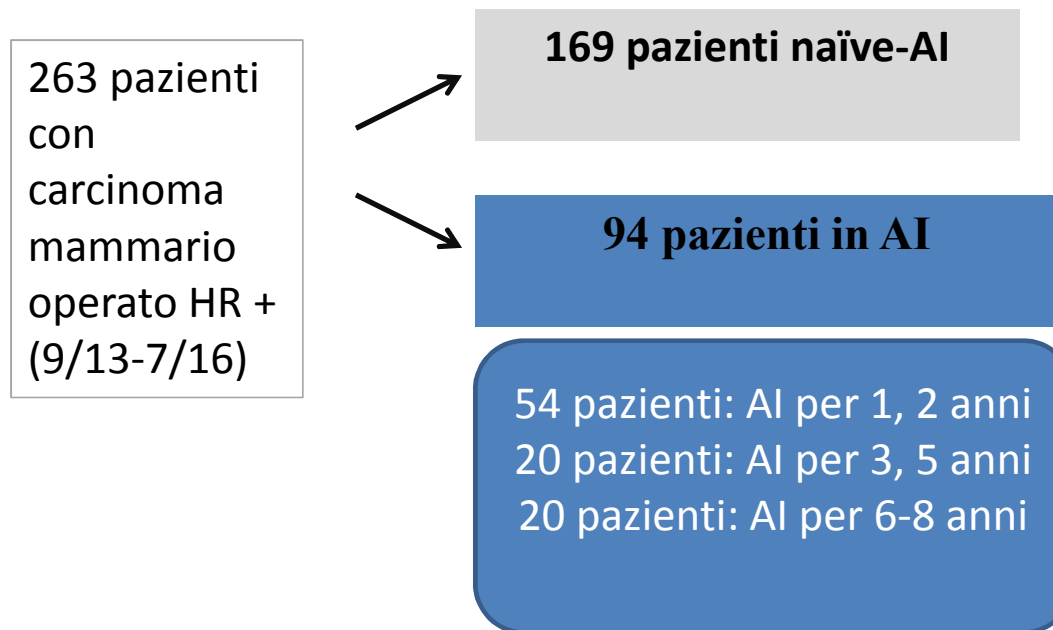
Accumulo di microdanni



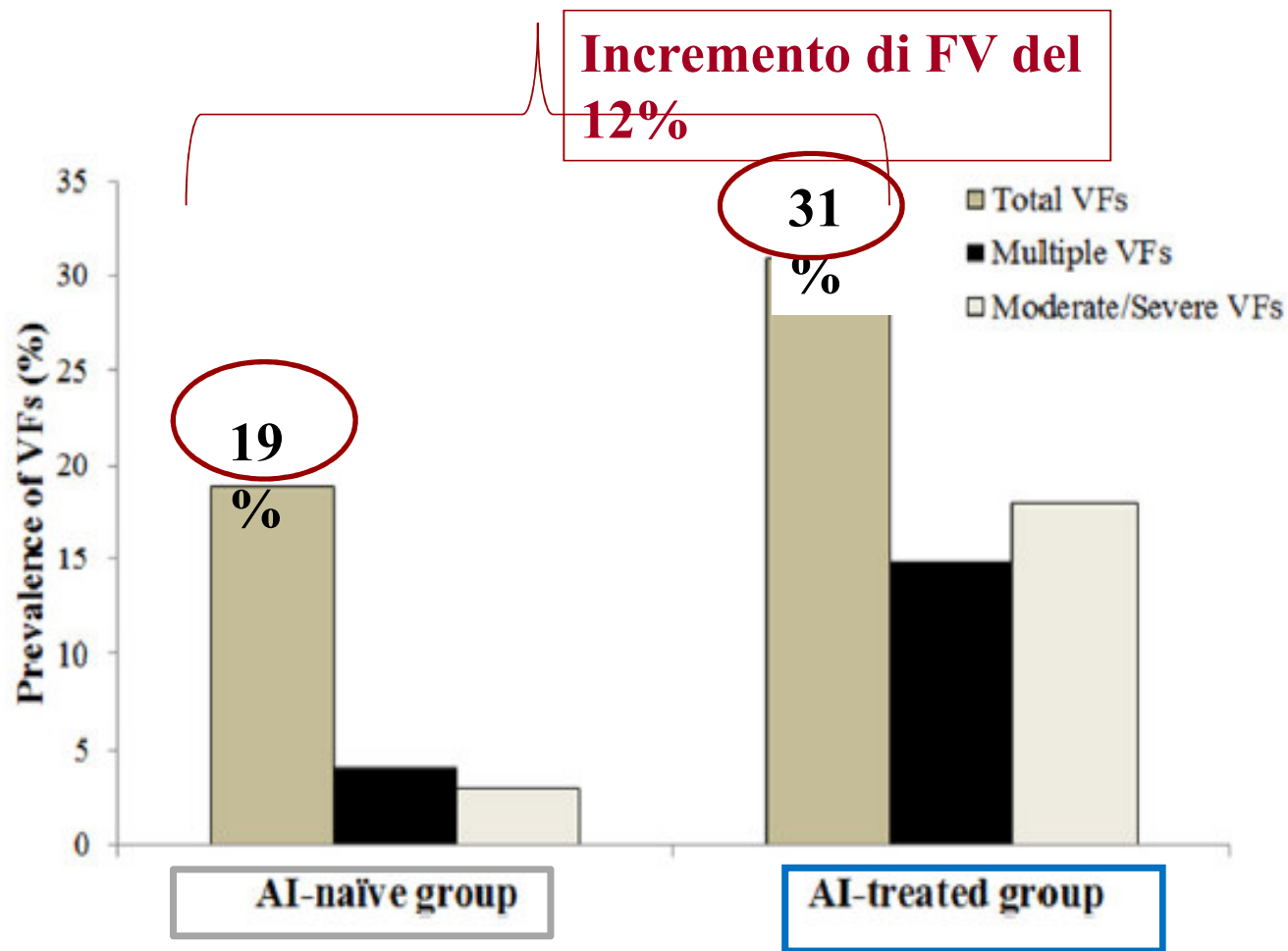


# Morphometric vertebral fractures in breast cancer patients treated with adjuvant aromatase inhibitor therapy: A cross-sectional study

Rebecca Pedersini <sup>a,b</sup>, Sara Monteverdi <sup>a,b</sup>, Gherardo Mazziotti <sup>c</sup>, Vito Amoroso <sup>a,\*</sup>, Elisa Roca <sup>a</sup>, Filippo Maffezzoni <sup>d,e</sup>, Lucia Vassalli <sup>a,b</sup>, Filippo Rodella <sup>a,b</sup>, Anna Maria Formenti <sup>d,e</sup>, Stefano Frara <sup>f</sup>, Roberto Maroldi <sup>e</sup>, Alfredo Berruti <sup>a</sup>, Edda Simoncini <sup>b</sup>, Andrea Giustina <sup>f</sup>



# PREVALENZA E SEVERITA' DELLE FRATTURE VERTEBRALI

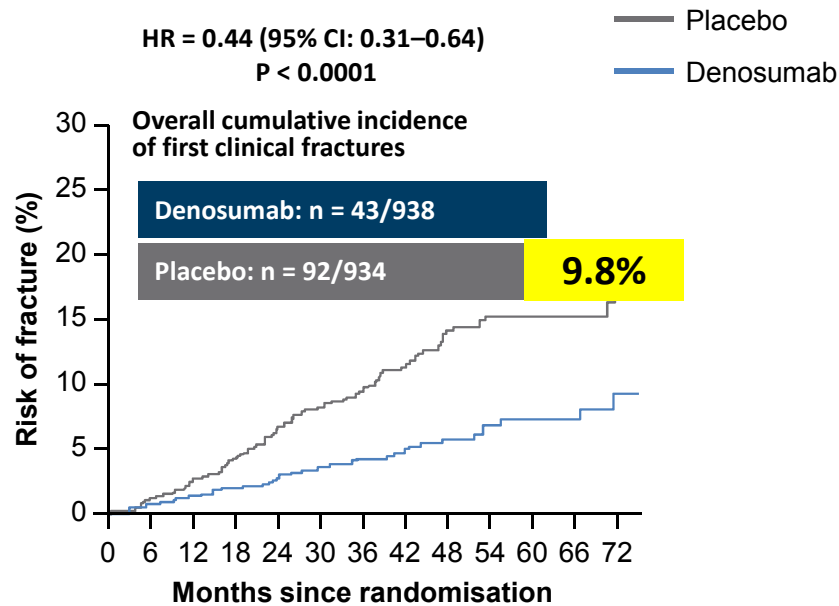


# FRATTURE VERTEBRALI PARAMETRI PREDITTIVI

	Groups	Patients without VFs	Patients with VFs	p-values
Age (years)	AI-naïve	64 (41–81)	68 (52–83)	<b>0.002</b>
	AI-treated	65 (51–85)*	66 (57–77)	0.52
BMI (kg/m <sup>2</sup> )	AI-naïve	26 (18–39)	24 (18–34)	0.10
	AI-treated	25 (16–37)	27 (18–34)*	0.08
Prior chemotherapy (N, %)	AI-naïve	38 (27.7%)	8 (25.0%)	0.75
	AI-treated	19 (29.2%)	12 (41.4%)	0.25
Lumbar spine BMD (g/cm <sup>2</sup> )	AI-naïve	0.874 (0.630–1.370)	0.858 (0.610–1.170)	0.37
	AI-treated	0.852 (0.571–1.070)*	0.824 (0.670–1.101)	0.75
Femoral neck BMD (g/cm <sup>2</sup> )	AI-naïve	0.700 (0.540–1.072)	0.643 (0.470–1.020)	<b>0.04</b>
	AI-treated	0.679 (0.361–0.943)	0.707 (0.510–0.870)	0.19
Total hip BMD (g/cm <sup>2</sup> )	AI-naïve	1.000 (0.580–1.930)	0.927 (0.772–1.194)	<b>0.007</b>
	AI-treated	0.949 (0.770–1.812)	0.955 (0.671–1.600)	0.82

# ABC SG-18: il rischio di frattura nel gruppo placebo era sostanzialmente indipendente dalla BMD

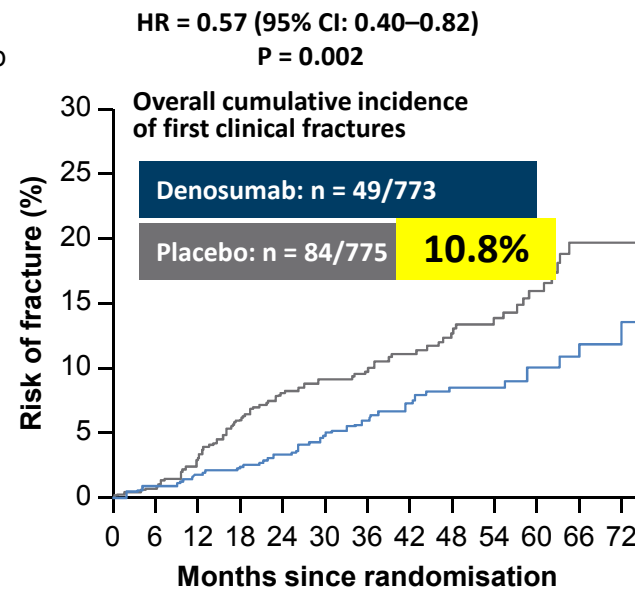
**Normal BMD**  
(baseline T-score  $\geq -1.0$ )



Number at risk

Placebo	934	906	806	702	588	498	416	337	268	197	141	97	62
Denosumab	938	915	828	717	624	532	453	381	301	234	168	126	66

**Osteopenia**  
(baseline T-score < -1.0)



Number at risk

Placebo	775	754	664	563	481	423	369	300	245	187	134	88	50
Denosumab	773	750	660	580	494	433	370	307	248	198	137	95	50





Available online at [www.sciencedirect.com](http://www.sciencedirect.com)

ScienceDirect

[www.nrjournal.com](http://www.nrjournal.com)



Review Article

## Obesity is a concern for bone health with aging

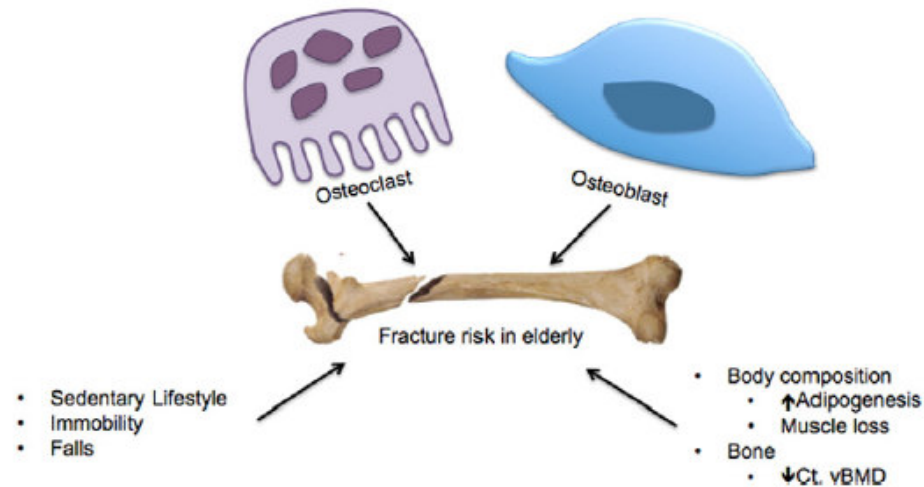


Sue A. Shapses\*, L. Claudia Pop, Yang Wang

Department of Nutritional Sciences, Rutgers University, New Brunswick, NJ

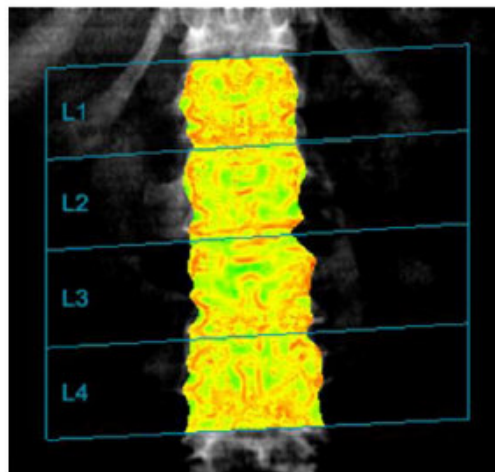
- SFA (+), PUFA (-)
- Calcium (-)
- PTH, PGE2 (+)
- ↑Oxidative stress (+)
- ↑Inflammation(+)
  - Cytokines: IL1 $\beta$ , IL6, TNF $\alpha$
  - RANKL

- PUFA (+)
- Protein (+)
- ↑GH, IGF-1 (+)
- ↓25OHD (-)
- FGF23 + insulin (+)

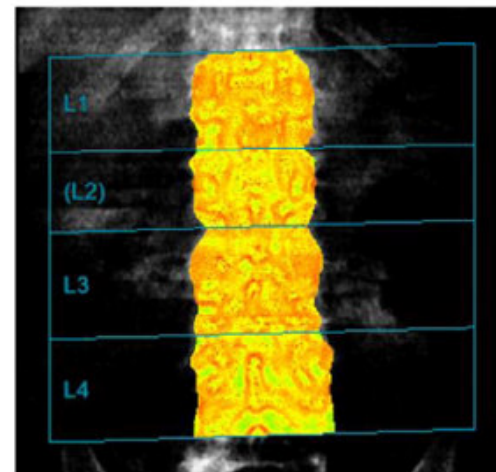


# Trabecular Bone Score (TBS)

TBS is a texture parameter that quantifies the changes in pixel gray-level in DXA images



TBS L1-L4: 1.457



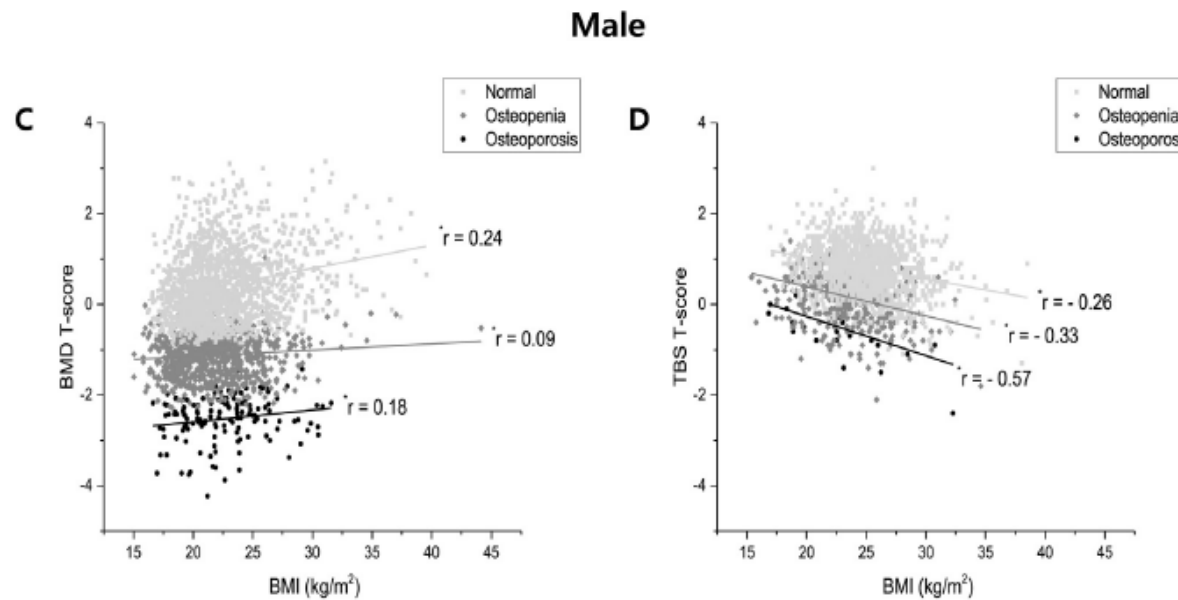
TBS L1-L4: 1.132

# The correlation between bone mineral density/trabecular bone score and body mass index, height, and weight

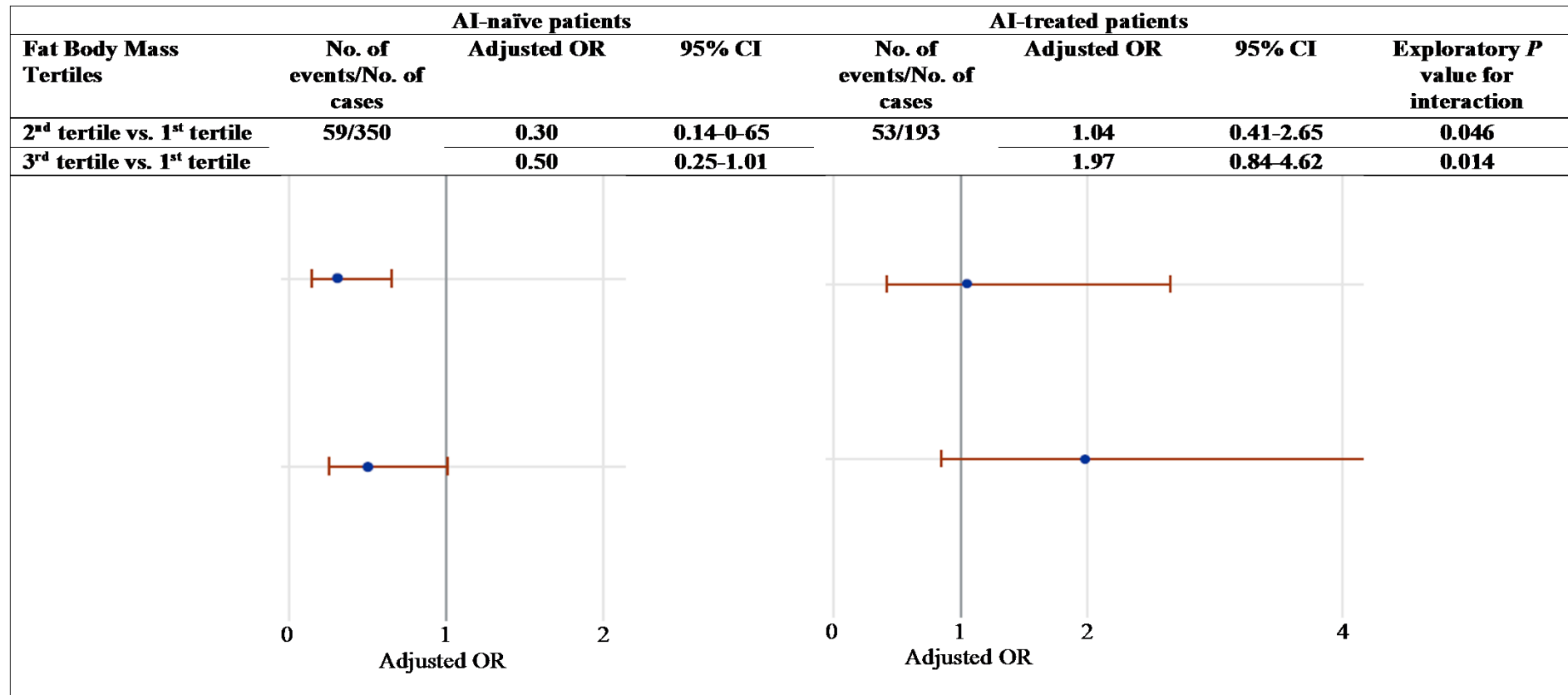


Young-Seong Kim <sup>a</sup>, Jae-Joon Han <sup>b</sup>, Jisu Lee <sup>c</sup>, Han Seok Choi <sup>d</sup>, Jin Hwan Kim <sup>e</sup>,  
Taeyong Lee <sup>c,\*</sup>

Osteoporosis and Sarcopenia 3 (2017) 98–103



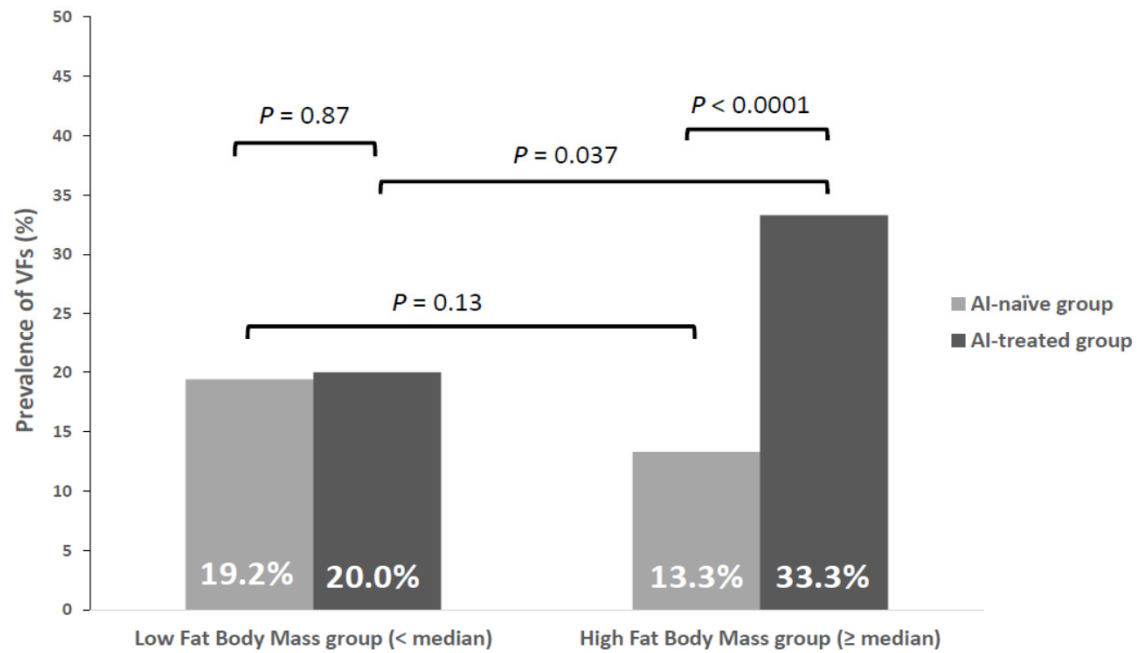
## Interaction between Fat Body mass and fracture risk in AI naïve vs AI treated breast cancer patients



Pedersini R et al, submitted for publication.



# Vertebral Fracture Rates according to Fat Body Mass value



Pedersini R et al, submitted for publication.

# Effetto differenziale dell'obesità fra uomo sano e in ADT

Soggetto sano obeso



Effetto protettivo

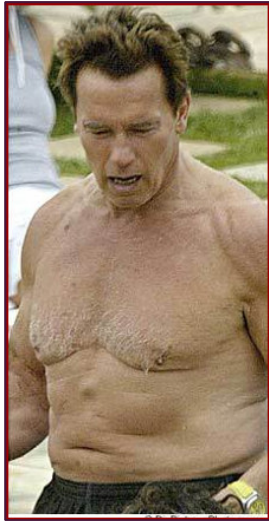
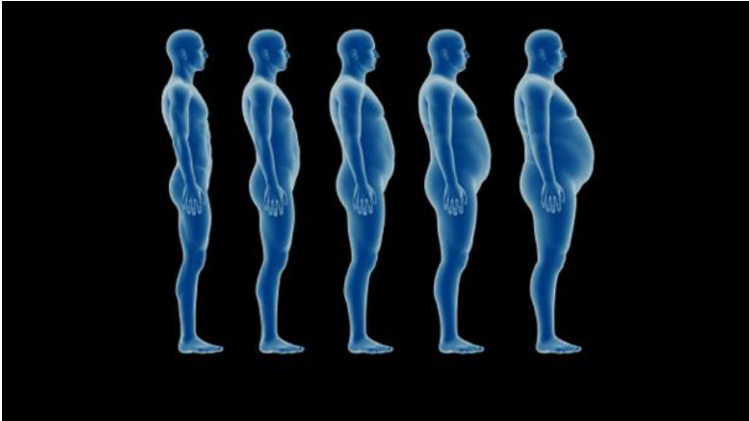
Soggetto obeso in androgeno deprivazione



Fragilità ossea aumentata

**Interazione massa grassa e terapia  
ormonale possibile causa di  
alterazione della qualità dell'osso**

# ANDROGEN DEPRIVATION AND CHANGES IN BODY COMPOSITION





## Abdominal Obesity and Sarcopenia during ADT



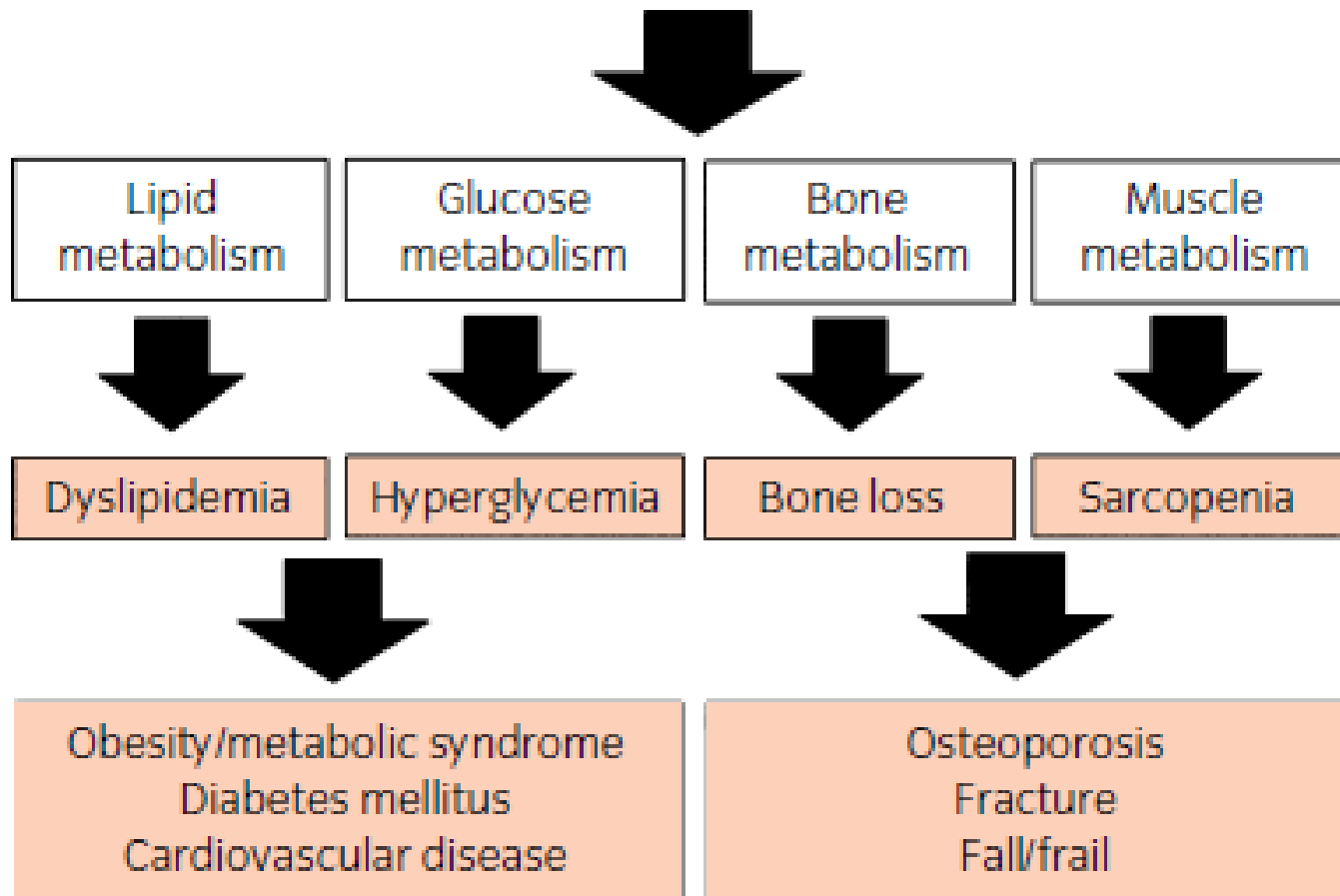
Eugonadal young man



Older man on ADT

Saylor PJ and Smith MR *et al* (2009) J Urol

Androgen deprivation therapy



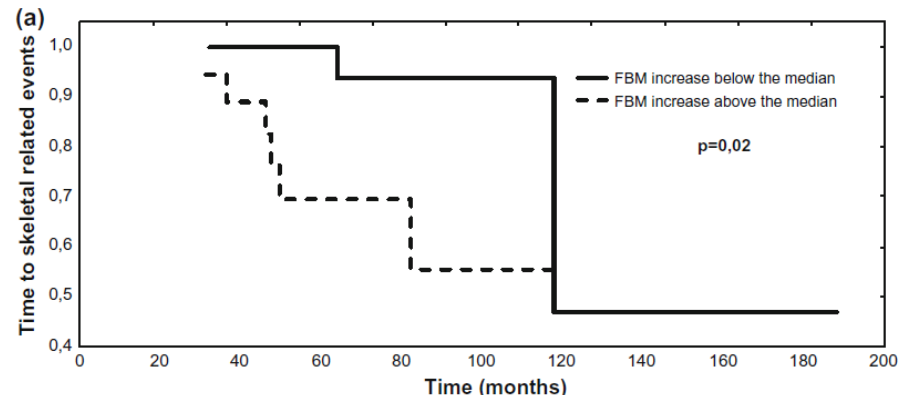
## The fat body mass increase after adjuvant androgen deprivation therapy is predictive of prostate cancer outcome

Consuelo Buttigliero · Federica Vana · Valentina Bertaglia ·  
Francesca Vignani · Cristian Fiori · Giangiacomo Osella ·  
Francesco Porpiglia · Marcello Tucci · Giorgio Vittorio Scagliotti ·  
Alfredo Berruti

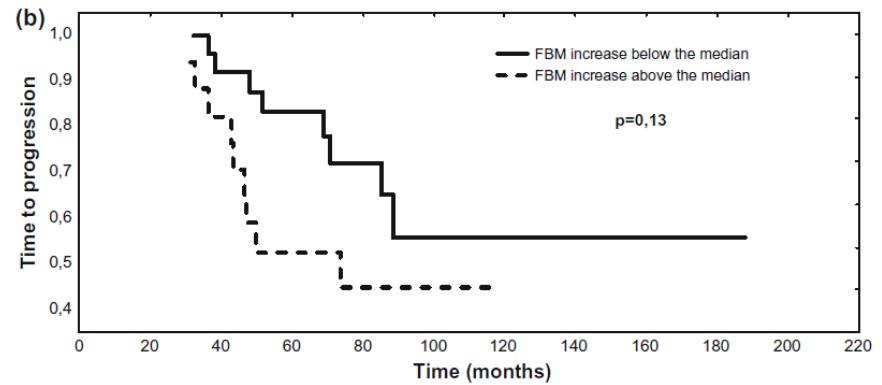
**Table 2** Changes in bone mineral density, total fat body mass, and total lean body mass after androgen deprivation therapy

	Baseline	1 year	2 years	<i>p</i> value
Bone mineral density L2–L4 (g/cm <sup>2</sup> )				
Mean (95 % CI)	0.943 (0.874–1.013)	0.933 (0.866–1.00)	0.927 (0.863–0.991)	<i>p</i> < 0.03
Fat body mass (g)				
Mean (95 % CI)	19,463 (17,143–21,783)	21,028 (18,964–23,093)	21,680 (19,427–23,932)	<i>p</i> = 0.00
Lean body mass (g)				
Mean (95 % CI)	50,216 (48,068–52,364)	49,553 (47,314–51,791)	49,377 (47,247–51,507)	<i>p</i> < 0.03

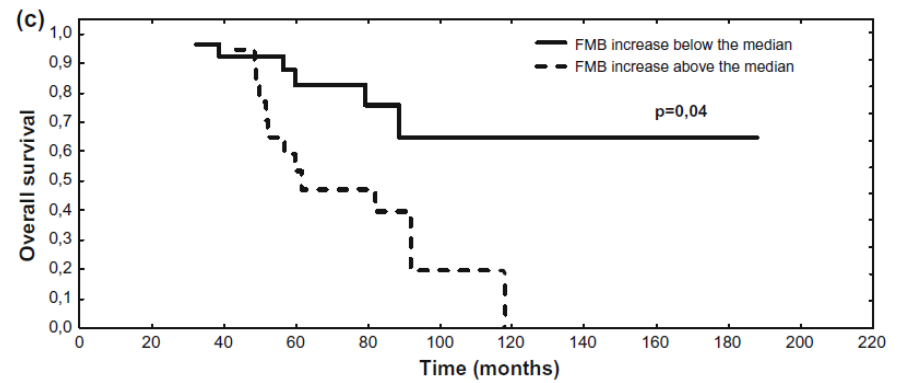
**Time to first SRE**



**Progression Free Survival**



**Overall Survival**



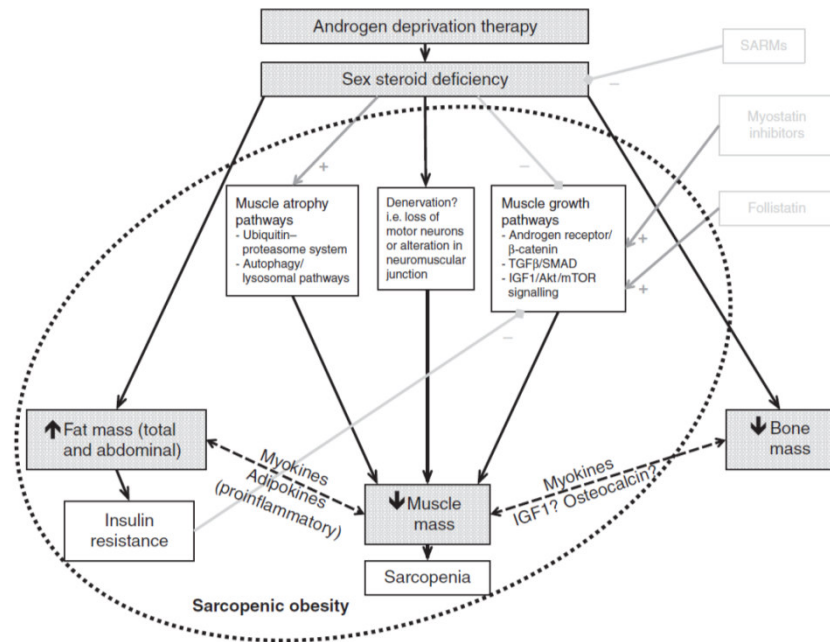
## Muscle and bone effects of androgen deprivation therapy: current and emerging therapies

Ada S Cheung<sup>1,2</sup>, Jeffrey D Zajac<sup>1,2</sup> and Mathis Grossmann<sup>1,2</sup>

<sup>1</sup>Department of Endocrinology, Austin Health, Heidelberg, Victoria, Australia

<sup>2</sup>Department of Medicine (Austin Health), The University of Melbourne, 300 Waterdale Road, Heidelberg West, Victoria 3081, Australia

Correspondence should be addressed to A S Cheung  
**Email**  
 adac@unimelb.edu.au



**La compromissione della salute dell'osso nel paziente con carcinoma prostatico sottoposto a ormonoterapia è conseguenza sia del danno osseo che delle modificazioni della composizione corporea indotti dai trattamenti.**

LHRH-Agonists and Antagonists  
KETOCONAZOLE  
ABIRATERONE  
ORTERONEL

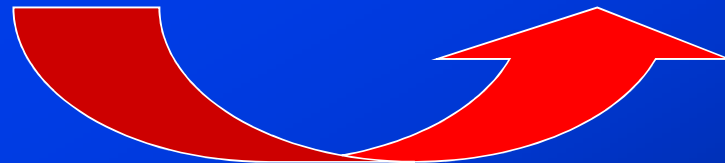


ANDROGENS

BICALUTAMIDE  
~~CIPROTERONE~~  
ENZALUTAMIDE  
APALUTAMIDE  
DAROLUTAMIDE

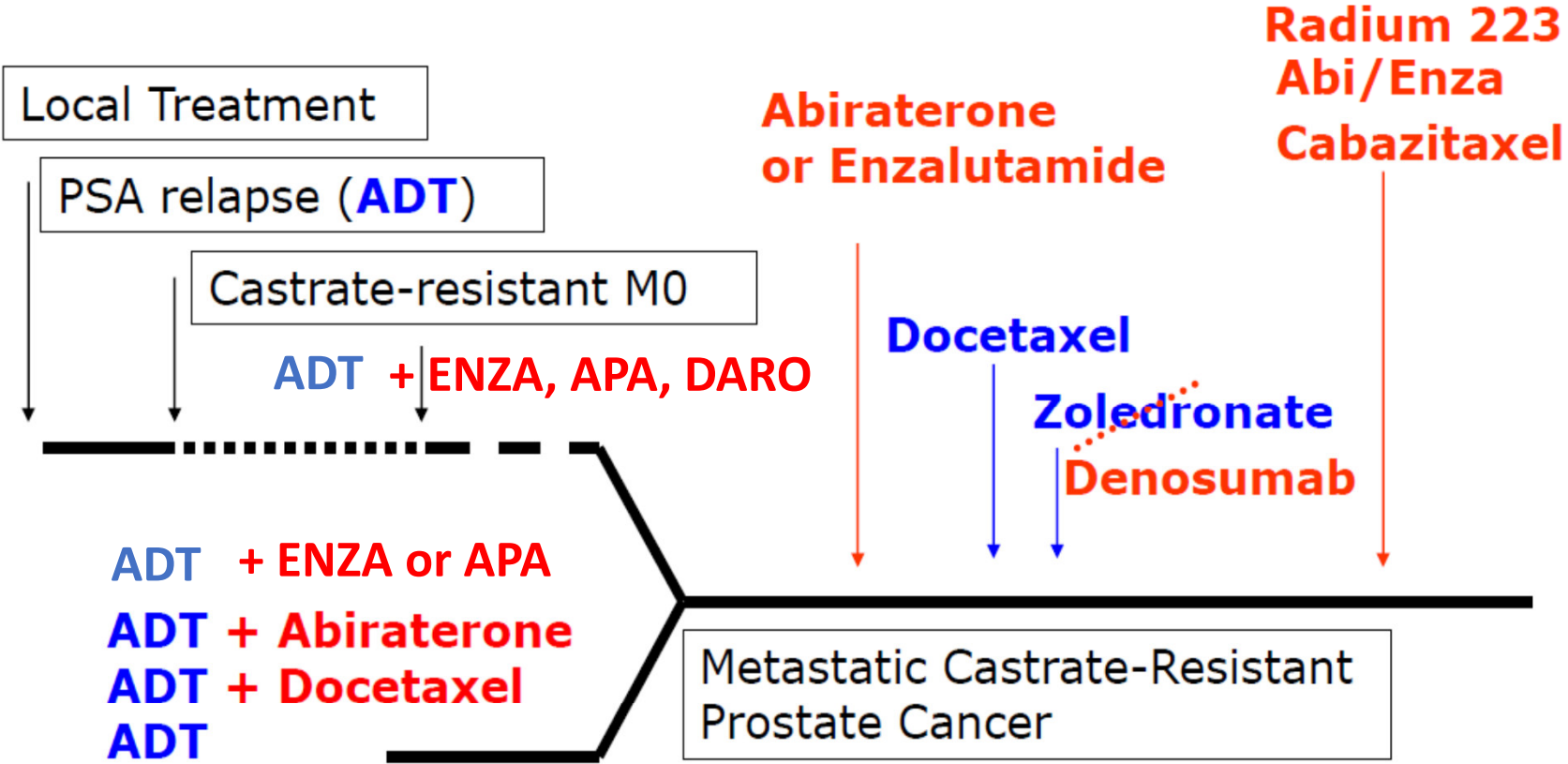


AR

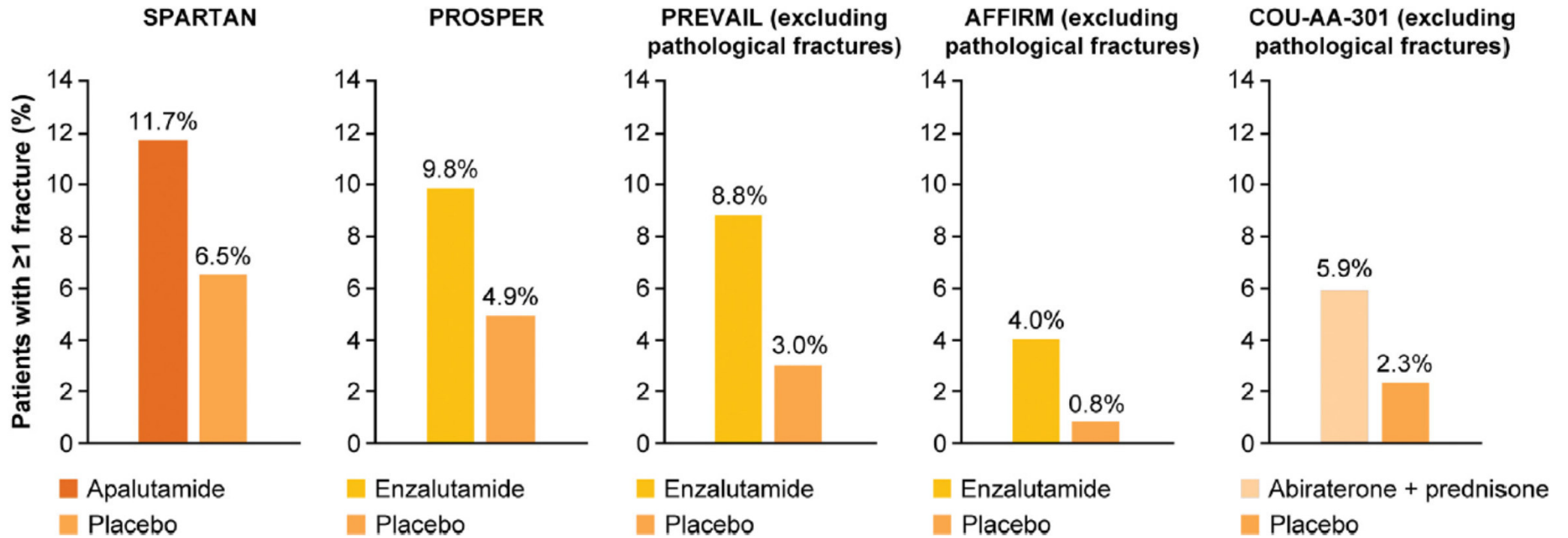




# Systemic treatment for CRPC in 2019

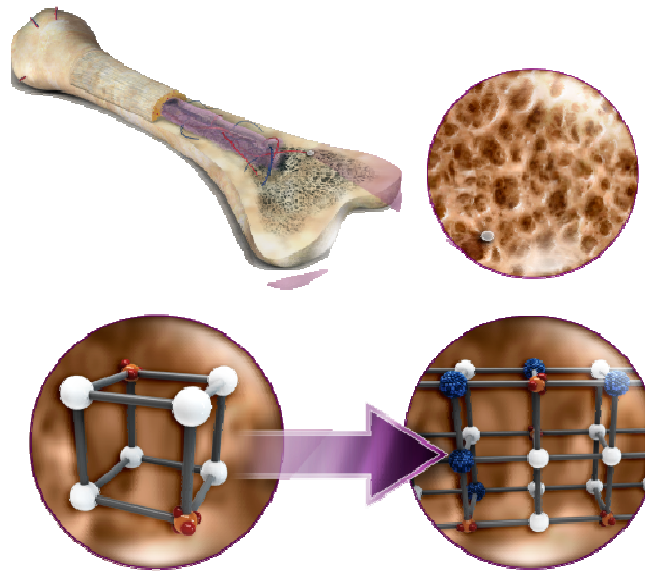


Metastatic Hormone-Sensitive prostate cancer



O'Sullivan JM et al Eur Urol 2019

### RADIUM-223 INCORPORATED INTO HYDROXYAPATITE



Hydroxyapatite, an inorganic mineral primarily consisting of calcium and phosphate ( $\text{Ca}_{10}(\text{PO}_4)_6(\text{OH})_2$ ), is the principal inorganic component of bone

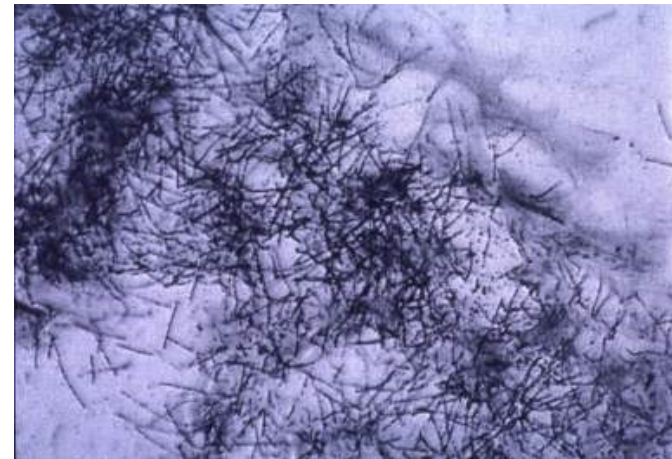
Radium-223 is incorporated like calcium into new hydroxyapatite deposits in the new bone, formed in and around bone metastases

Radium 223 has preferential uptake in areas of new bone formation

Normal spongy bone



Osteoblastic zone



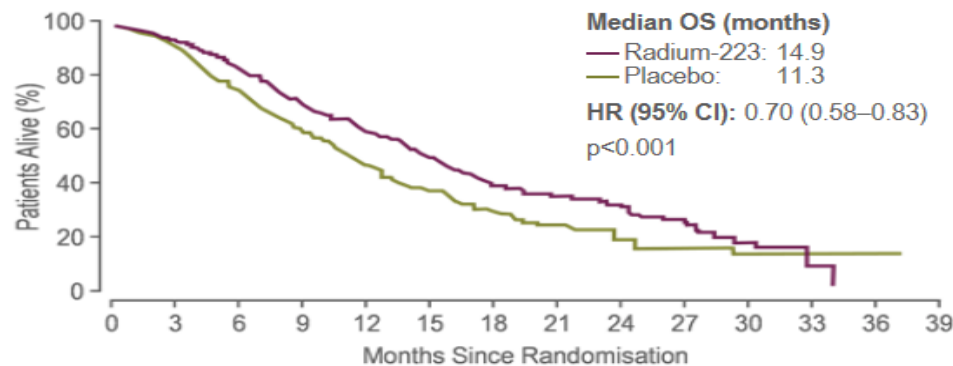
Microautoradiography from a dog injected with radium 223  
Distribution of  $\alpha$ -particle tracks in normal spongy bone and an osteoblastic zone

Bruland OS, et al. *Clin Cancer Res.* 2006;12:6250s-6257s.

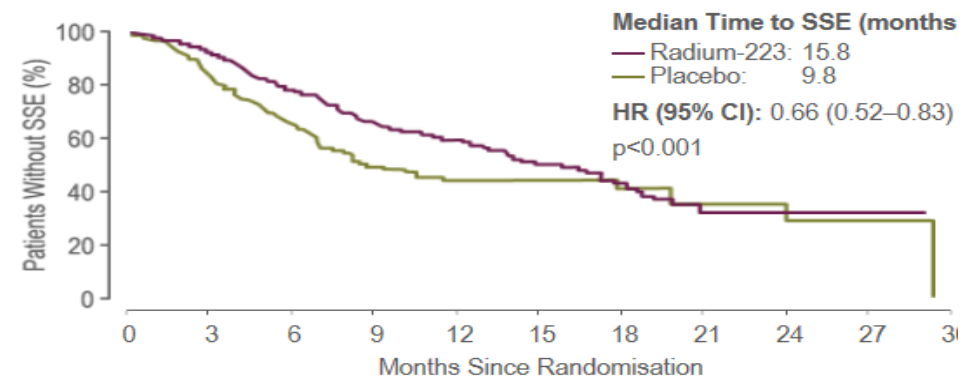


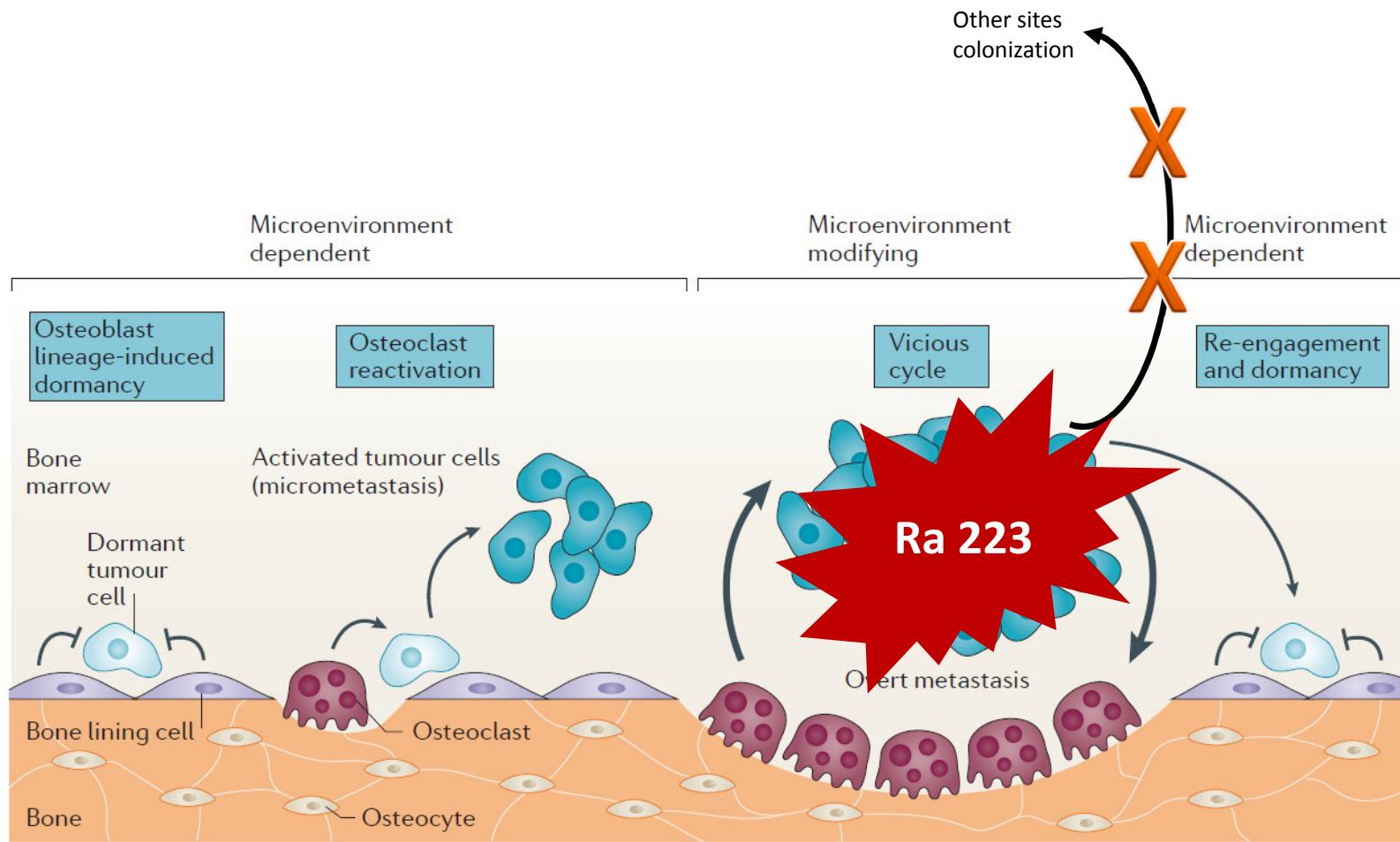
# ALSYMPCA: Phase 3 Study of Radium-223 vs Placebo in Men with mCRPC and Bone Metastases

Overall Survival



Time to Symptomatic Skeletal Event (SSE)





Modified from Croucher et al Nat Rev Cancer 2016, 16, 373



RADIUM RA 223 DICHLORIDE SIGNIFICANTLY REDUCED ALL RELEVANT BIOMARKERS VS PLACEBO

**Median change from baseline to 4 weeks after last injection (week 16)**

	Radium 223	Placebo	P
Bone ALP*	-66%	+9%	< 0.0001
Total ALP*	-46%	+31%	< 0.0001
PINP*	-63%	+38%	< 0.0001
CTX-I <sup>†</sup>	-31%	+32%	0.002
ICTP <sup>†</sup>	+15%	+43%	0.011
PSA <sup>‡</sup>	-24%	+45%	0.003

ALP, alkaline phosphatase; CTXI, cross-linked C-terminal telopeptides of type I collagen; ICTP, C-terminal telopeptides of type I collagen; PINP, amino-terminal procollagen propeptides of type.

\*Bone formation marker.

†Bone resorption marker.

‡Prostate tumor growth marker.

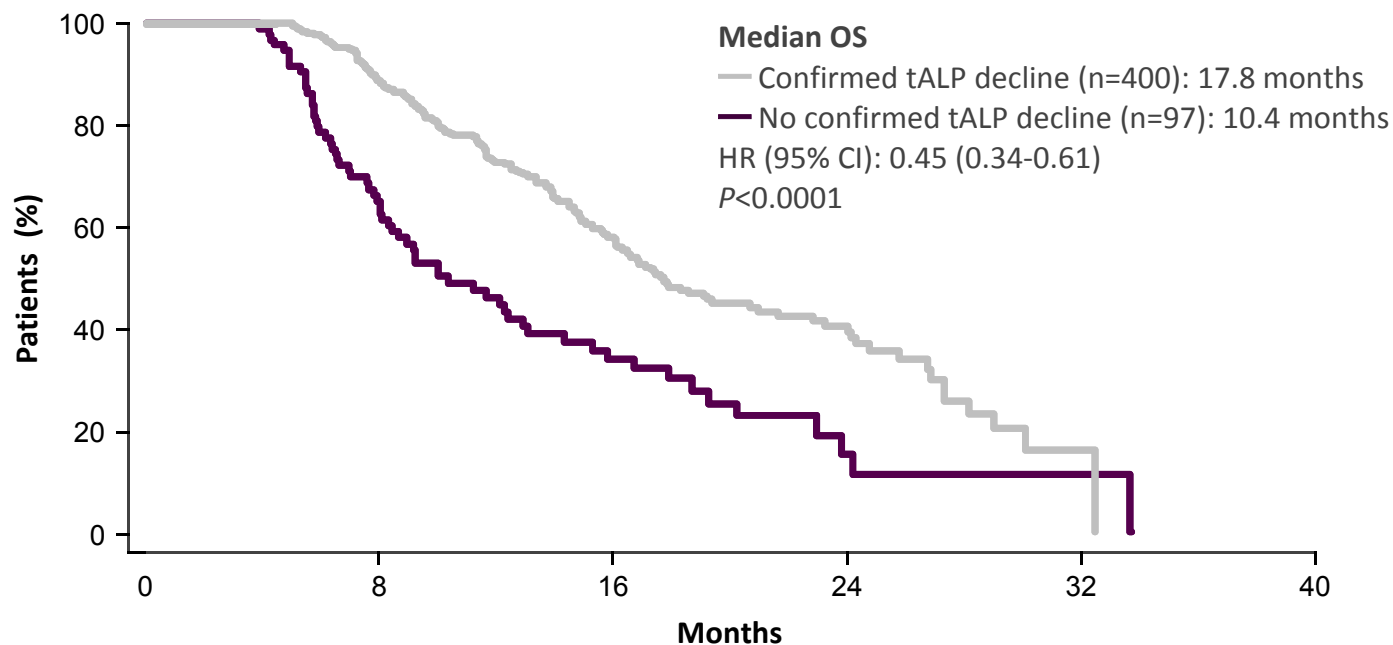
Nilsson S, et al. *Lancet Oncol* 2007;8:587-594.





RADIUM 223 DICHLORIDE PATIENTS WITH CONFIRMED tALP DECLINE AT WEEK

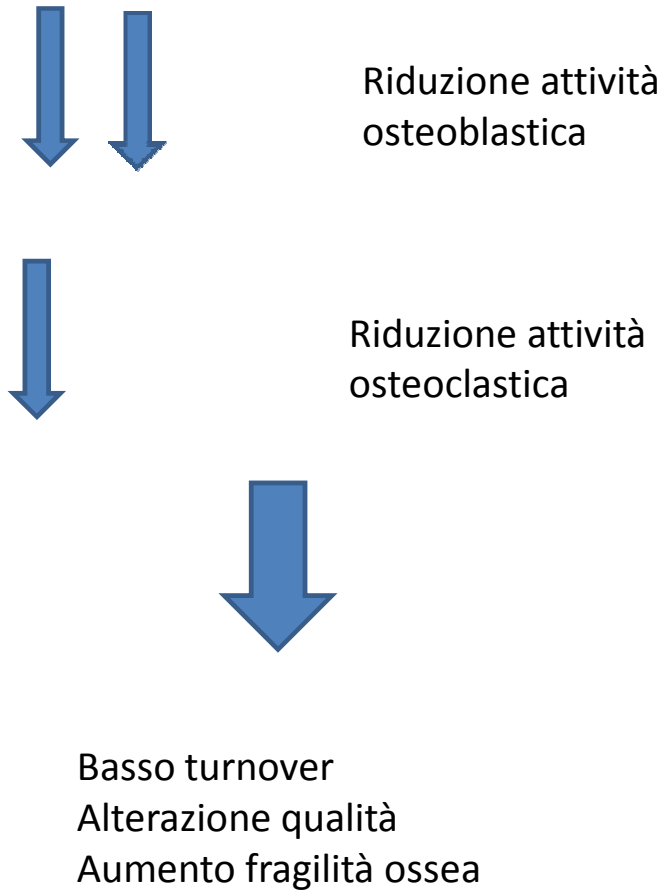
SIGNIFICANTLY LONGER OVERALL SURVIVAL



Median OS was significantly longer in radium-223 dichloride patients with confirmed tALP<sup>a</sup> decline at week 12 versus patients with no confirmed tALP decline (17.8 vs 10.4 months)

<sup>a</sup>Confirmed tALP decline was defined as any decrease from baseline at week 12, confirmed  $\geq 3$  weeks later.  
Sartor O, et al. *J Clin Oncol*. 2013;31(suppl). Abstract 5080.

# Radium 223 e metabolismo osseo



# Evidenze a supporto di utilizzo in pratica clinica

- EAP Internazionale
- EAP –USA
- Studio Reassure – analisi ad interim
- Casistiche retrospettive internazionali (Flatiron, PARABO)

**NON EVIDENZE DI INCREMENTO SSE DA UTILIZZO  
SEQUENZIALE IN PRATICA CLINICA**

REVIEW

# Novel Therapies for Metastatic Castrate-Resistant Prostate Cancer

Farshid Dayyani, Gary E. Gallick, Christopher J. Logothetis, Paul G. Corn

J Natl Cancer Inst 2011;103:1665–1675

5° CONGRESSO NAZIONALE  
DELLA SOCIETA ITALIANA DI OSTEONCOLOGIA  
**CURARE L'OSSO  
PER CURARE IL TUMORE**  
BRESCIA | 14-15 MAGGIO 2015

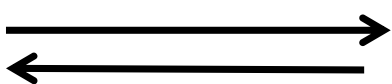
**SAVE THE DATE**

**Comitato Scientifico ISO**  
Rosanna Elezardi - Francesco Bertoldo  
Nicola Callipari - Roberto Casadei  
Toni Ibrahim - Gaetano Lanzetta  
Daniele Santini - Stefania Zovato

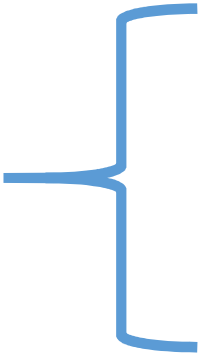
**Comitato Organizzatore**  
Alfredo Berutti - Andrea Giustina  
Vincenzo Ippolito - Marco Fontanella  
Raffaella Giubbini - Stefano Magrini  
Roberto Maroldi - Ugo Ernesto Pazzaglia

Targeting

Tumor cell

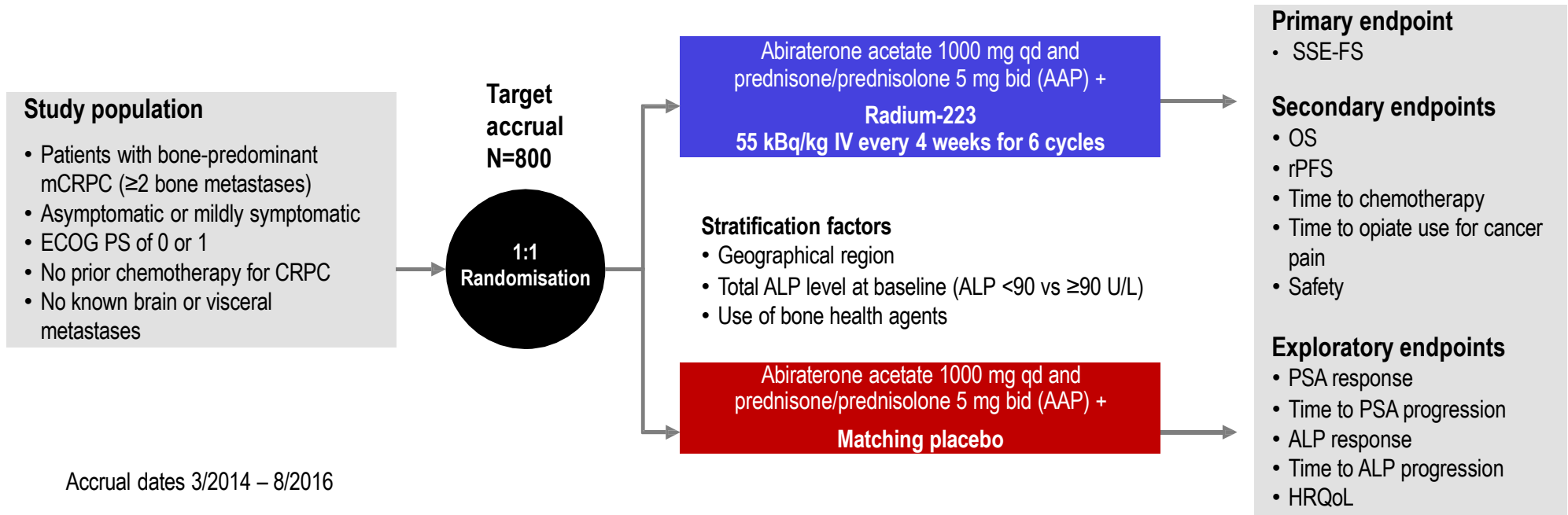


Tumor (bone)  
microenvironment



Radium 223

# ERA 223 (NCT02043678)



389 events were required to detect a 39% increase in SSE-FS using a test with a 2-sided alpha of 0.05, 90% power and 1:1 randomisation

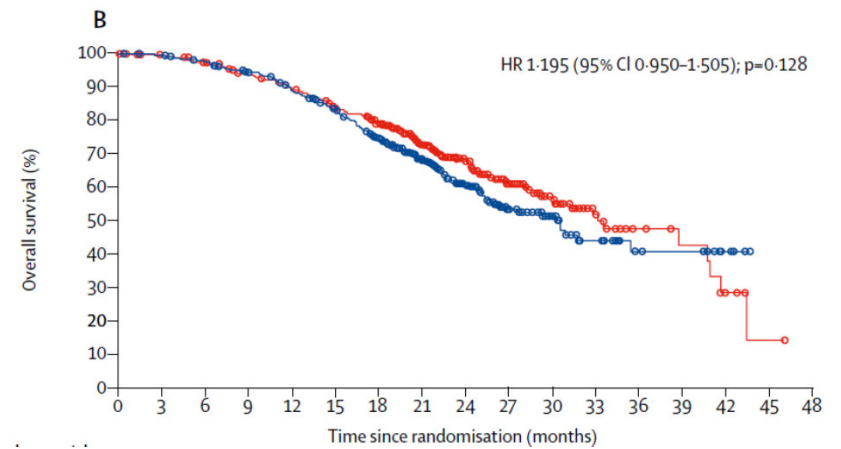
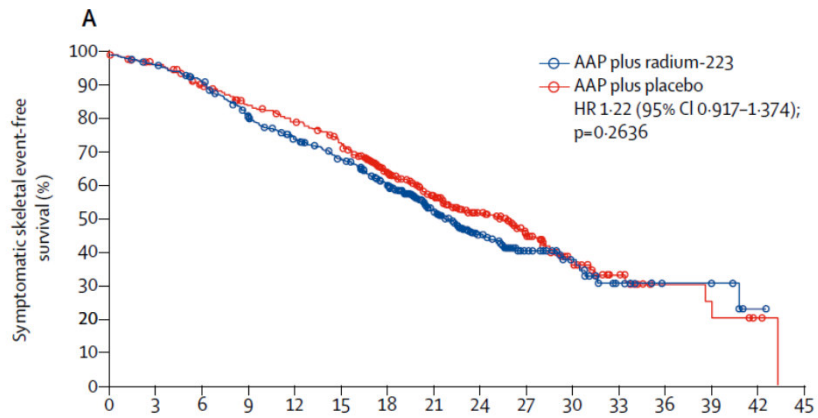
Bone health agents (denosumab or bisphosphonates) only permitted in patients receiving them at baseline; initiation during the study prohibited to prevent confounding effects.

ALP, alkaline phosphatase; CRPC, castration-resistant prostate cancer; ECOG PS, Eastern Cooperative Oncology Group performance status; HRQoL, health-related quality of life; IV, intravenous; mCRPC, metastatic castration-resistant prostate cancer; OS, overall survival; PSA, prostate-specific antigen; rPFS, radiological progression-free survival; SSE-FS, symptomatic skeletal event-free survival.



## Addition of radium-223 to abiraterone acetate and prednisone or prednisolone in patients with castration-resistant prostate cancer and bone metastases (ERA 223): a randomised, double-blind, placebo-controlled, phase 3 trial

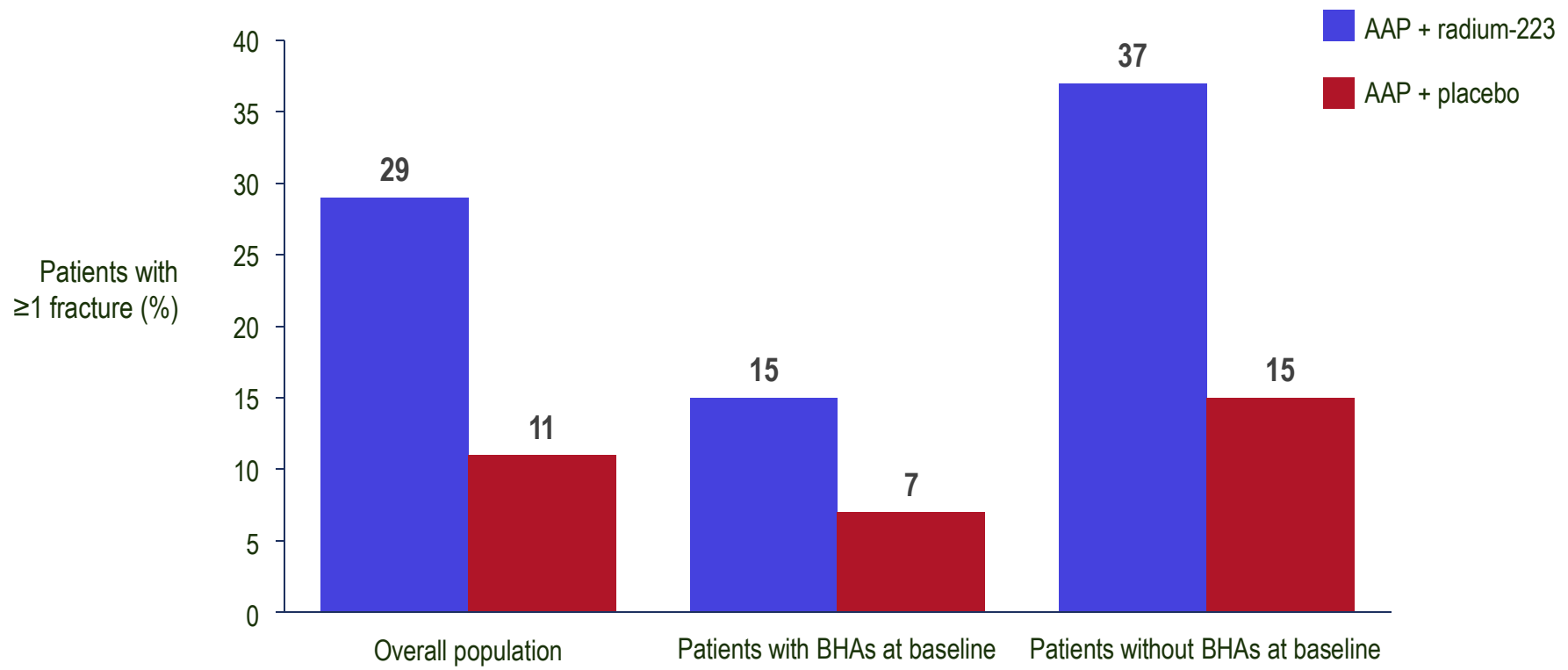
Matthew Smith, Chris Parker, Fred Saad, Kurt Miller, Bertrand Tombal, Quan Sing Ng, Martin Boegemann, Vsevolod Matveev, Josep Maria Piulats, Luis Eduardo Zucca, Oleg Karyakin, Go Kimura, Nobuaki Matsubara, William Carlos Nahas, Franco Nolè, Eli Rosenbaum, Axel Heidenreich, Yoshiyuki Kakehi, Amily Zhang, Heiko Krissel, Michael Teufel, Junwu Shen, Volker Wagner, Celestia Higano



	AAP + radium-223	AAP + placebo
Patients with $\geq 1$ SSE or death, n	196	190
Patients with death prior to SSE*, n (%)	74 (38)	73 (38)
<b>Patients with SSE as first event</b>		
EBRT, n (%)	73 (37)	80 (42)
Pathological fracture, n (%)	→ 35 (18)	→ 17 (9)
Spinal cord compression, n (%)	→ 10 (5)	→ 19 (10)
Orthopaedic surgical intervention, n (%)	4 (2)	1 (0.5)

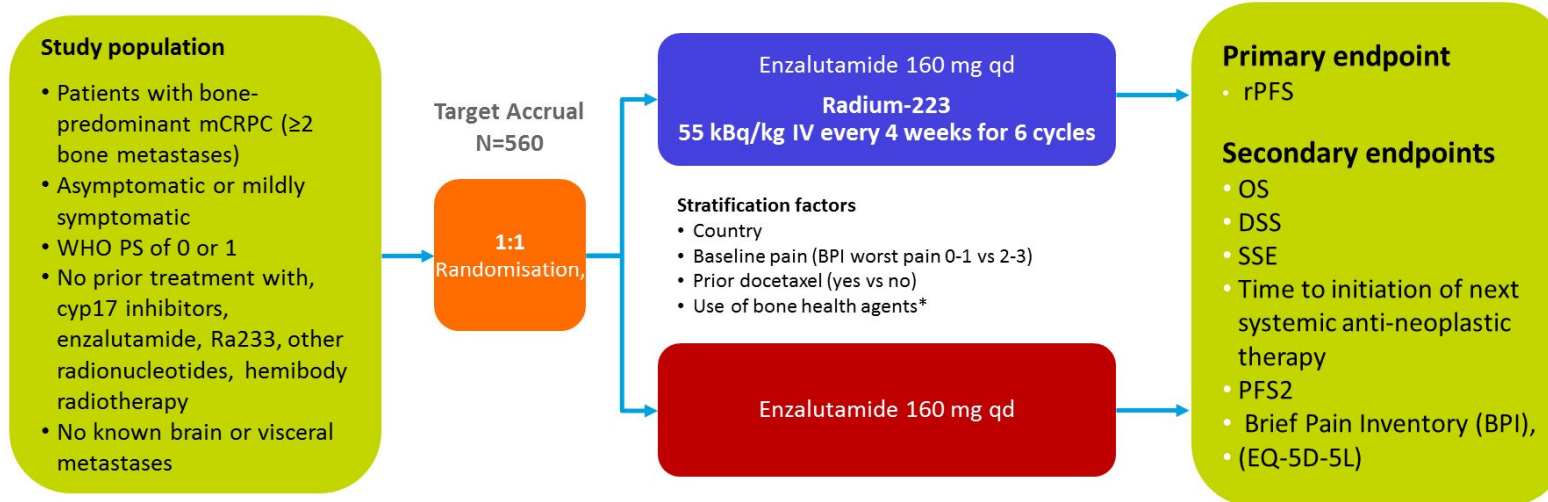


# Post-Hoc Subgroup Analysis of Fractures by Baseline BHA Use



AAP, abiraterone acetate and prednisone/prednisolone; BHA, bone health agent; NE, not estimable.

## EORTC GUCG 1333 (PEACE III) original design



Bone health agents (denosumab or bisphosphonates) only permitted in patients receiving them at baseline; Initiation during study was prohibited to prevent confounding effects.

## Timelines, impact of ERA 223 and role of IDMC

**April 2017:** Protocol version 3.0 - Amendment 4 –Adoption of PCWG3, allowable dose of prior docetaxel.

**October 2017:** IDMC review of the Safety look 1: no major safety concerns

**14/03/2018:** **Urgent Safety Letter** (14/03/2018): mandatory use of bone protecting agents and delayed initiation of Ra-223.

**April 2018:** IDMC review of the Safety look 2 incorporating results of ERA 223

- **Bone protecting agents (BPA), at the SSE preventing dose,** should be used in both arms of the trial for the duration of study treatment (including enzalutamide) or the maximum number of years allowed by local guidelines.
- For patients starting BPA just prior to randomization, a **minimum of 6 weeks** should exist between the start date of BPA and start date of Ra223. This delay does not apply to the start of enzalutamide.
- All skeletal events (fractures, spinal cord compression and surgery or radiation therapy to bone) that occurred after 14 March 2018 (urgent safety measure) should be promptly reported to pharmacovigilance.

## Bone fractures and cumulative incidence safety population

Time point	Treatment and use of bone protecting agents			
	With exposure to BPA		Without exposure to BPA	
	Enza+Rad (N=39)	Enza (N=49)	Enza+Rad (N=37)	Enza (N=35)
	Cum Incidence (95% CI)*	Cum Incidence (95% CI)	Cum Incidence (95% CI)	Cum Incidence (95% CI)
3 months	0 (-)	0 (-)	0 (-)	5.7 (1.0-16.7)
6 months	0 (-)	0 (-)	5.6 (1.0-16.3)	8.8 (2.2-21.0)
9 months	0 (-)	0 (-)	22.6 (10.6-37.3)	8.8 (2.2-21.0)
<b>12 months</b>	<b>0 (-)</b>	<b>0 (-)</b>	<b>37.4 (21.8-53.1)</b>	<b>12.4 (3.9-26.2)</b>
15 months	0 (-)	0 (-)	43.6 (26.8-59.3)	16.6 (5.9-32.0)
18 months	0 (-)	0 (-)	43.6 (26.8-59.3)	16.6 (5.9-32.0)

\* the one fracture in this group occurred at month 27

# Effect of radium-223 dichloride on symptomatic skeletal events in patients with castration-resistant prostate cancer and bone metastases: results from a phase 3, double-blind, randomised trial

Oliver Sartor, Robert Coleman, Sten Nilsson, Daniel Heinrich, Svein I Helle, Joe M O'Sullivan, Sophie D Fosså, Aleš Chodacki, Paweł Wiechno, John Logue, Anders Widmark, Dag Clement Johannessen, Peter Hoskin, Nicholas D James, Arne Solberg, Isabel Syndikus, Nicholas J Vogelzang, C Gillies O'Bryan-Tear, Minghua Shan, Øyvind S Bruland, Christopher Parker

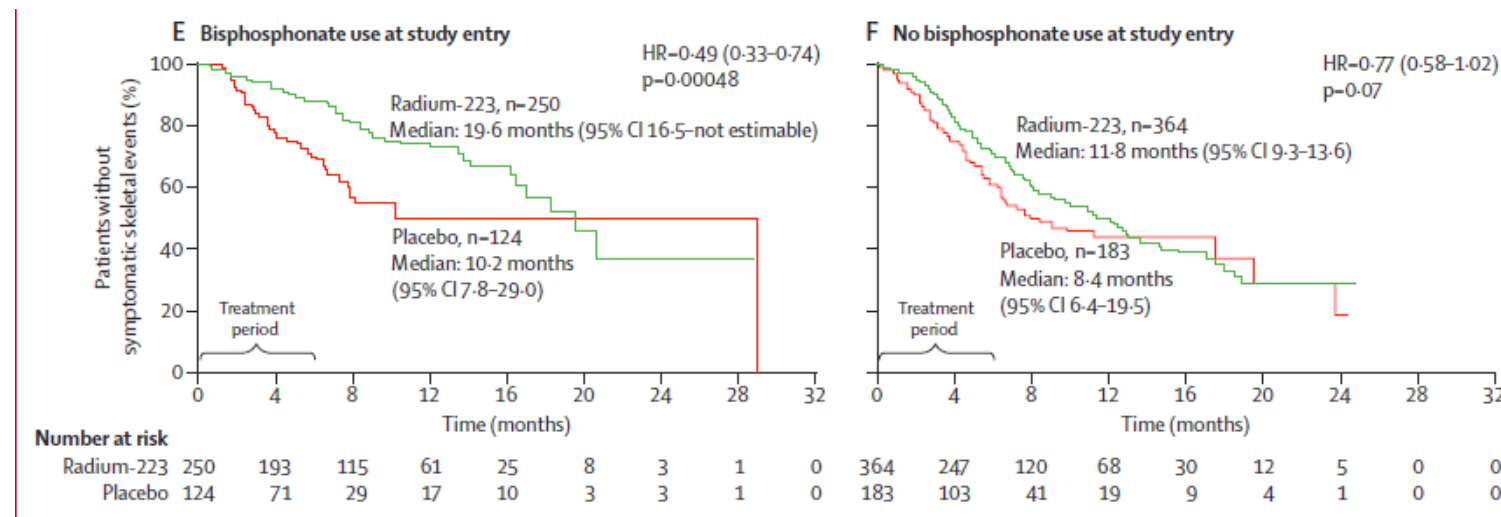


Figure 2: Kaplan-Meier estimates of time to first symptomatic skeletal event, by baseline stratification factors

ALP=total alkaline phosphatase. HR=hazard ratio. SSE=symptomatic skeletal event. p values are for descriptive purpose only and not adjusted for multiplicity.

# COME CAMBIA L'INDICAZIONE

Vecchia Indicazione	Nuova Indicazione (dal 13 luglio 2018)
<p>Xofigo indicato per il trattamento di pazienti adulti con tumore della prostata resistente alla castrazione, con metastasi ossee sintomatiche e senza metastasi viscerali note.</p>	<p>Xofigo <b>in monoterapia o in combinazione con analogo LHRH</b> è indicato per il trattamento di pazienti adulti con tumore della prostata resistente alla castrazione <b>metastatico</b> (mCRPC), con metastasi ossee sintomatiche e senza metastasi viscerali note, <b>in progressione dopo almeno due precedenti linee di terapia sistemica per mCRPC (oltre ad analogo LHRH), o ineleggibili per qualsiasi altro trattamento sistemico disponibile nel mCRPC.</b></p>

## Scheda Aifa: eleggibilità

<i>Caratteristiche del paziente e aspetti rilevanti all'eleggibilità</i>			
E	Estensione di malattia ossea (numero di lesioni scheletriche)	<6 metastasi	blocca
		6-20 metastasi	
		>20 metastasi	
		Superscan	
E	Sintomatologia (*) (misurato con la domanda 3 del Brief Pain Inventory - Short Form: punteggio variabile da 0 a 10 per la descrizione dell'episodio di dolore più intenso delle ultime 24 ore)	Asintomatico (punteggio 0-1 secondo Brief Pain Inventory - Short Form)	blocca
		Lievemente sintomatico (punteggio 2-3 secondo Brief Pain Inventory - Short Form)	
		Francamente sintomatico (punteggio $\geq 4$ secondo Brief Pain Inventory - Short Form)	

- Blocco per pazienti con meno di 6 sedi ossee di malattia
- Blocco per pazienti asintomatici (BPI-SF 0-1)



# The NEW ENGLAND JOURNAL of MEDICINE

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## Alpha Emitter Radium-223 and Survival in Metastatic Prostate Cancer

C. Parker, S. Nilsson, D. Heinrich, S.I. Helle, J.M. O'Sullivan, S.D. Fossà, A. Chodacki, P. Wiechno, J. Logue, M. Seke, A. Widmark, D.C. Johannessen, P. Hoskin, D. Bottomley, N.D. James, A. Solberg, I. Syndikus, J. Kliment, S. Wedel, S. Boehmer, M. Dall'Oglio, L. Franzén, R. Coleman, N.J. Vogelzang, C.G. O'Bryan-Tear, K. Staudacher, J. Garcia-Vargas, M. Shan, Ø.S. Bruland, and O. Sartor, for the ALSYMPCA Investigators\*

Subgroup	Radium-223	Placebo	Radium-223	Placebo	Hazard Ratio (95% CI)
	<i>no. of patients</i>		<i>median overall survival (mo)</i>		
All patients	614	307	14.9	11.3	0.70 (0.58–0.83)
Total ALP level at baseline					
<220 U/liter	348	169	17.0	15.8	0.82 (0.64–1.07)
≥220 U/liter	266	138	11.4	8.1	0.62 (0.49–0.79)
Current bisphosphonate use					
Yes	250	124	15.3	11.5	0.70 (0.52–0.93)
No	364	183	14.5	11.0	0.74 (0.59–0.92)
Previous docetaxel use					
Yes	352	174	14.4	11.3	0.71 (0.56–0.89)
No	262	133	16.1	11.5	0.74 (0.56–0.99)
Baseline ECOG performance-status score					
0 or 1	536	265	15.4	11.9	0.68 (0.56–0.82)
≥2	77	41	10.0	8.4	0.82 (0.50–1.35)
Extent of disease					
<6 metastases	100	38	27.0	NE	0.95 (0.46–1.95)
6–20 metastases	262	147	13.7	11.6	0.71 (0.54–0.92)
>20 metastases	195	91	12.5	9.1	0.64 (0.47–0.88)
Superscan	54	30	11.3	7.1	0.71 (0.40–1.27)
Opioid use					
Yes	345	168	13.9	10.4	0.68 (0.54–0.86)
No	269	139	16.4	12.8	0.70 (0.52–0.93)

# I sintomi

Scheda AIFA: paziente candidabile a Ra223 per BPI-SF  $\geq 2$

STUDY ID #: \_\_\_\_\_

DO NOT WRITE ABOVE THIS LINE

## Brief Pain Inventory (Short Form)

Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

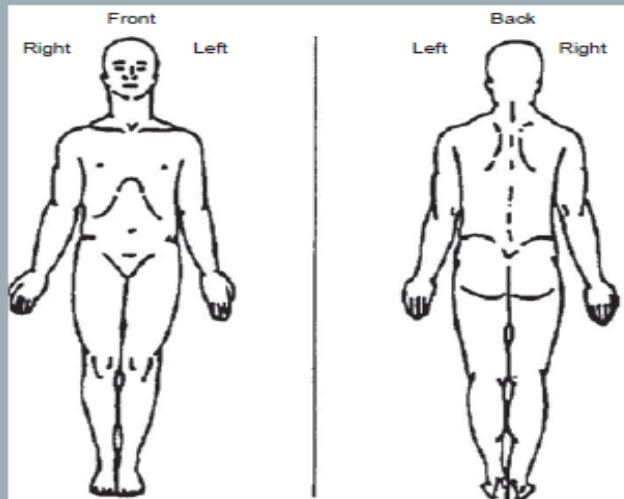
Time: \_\_\_\_\_

Name: \_\_\_\_\_  
Last First Middle Initial

1. Throughout our lives, most of us have had pain from time to time (such as minor headaches, sprains, and toothaches). Have you had pain other than these everyday kinds of pain today?

1. Yes 2. No

2. On the diagram, shade in the areas where you feel pain. Put an X on the area that hurts the most.



3. Please rate your pain by circling the one number that best describes your pain at its **worst** in the last 24 hours.

0 1 2 3 4 5 6 7 8 9 10  
No Pain Pain as bad as you can imagine

4. Please rate your pain by circling the one number that best describes your pain at its **least** in the last 24 hours.

0 1 2 3 4 5 6 7 8 9 10  
No Pain Pain as bad as you can imagine

5. Please rate your pain by circling the one number that best describes your pain on the **average**.

0 1 2 3 4 5 6 7 8 9 10  
No Pain Pain as bad as you can imagine

6. Please rate your pain by circling the one number that tells how much pain you have **right now**

0 1 2 3 4 5 6 7 8 9 10  
No Pain Pain as bad as you can imagine

# Prostate cancer M1 : 2020

**Castration sensitive**

**Castration resistant**

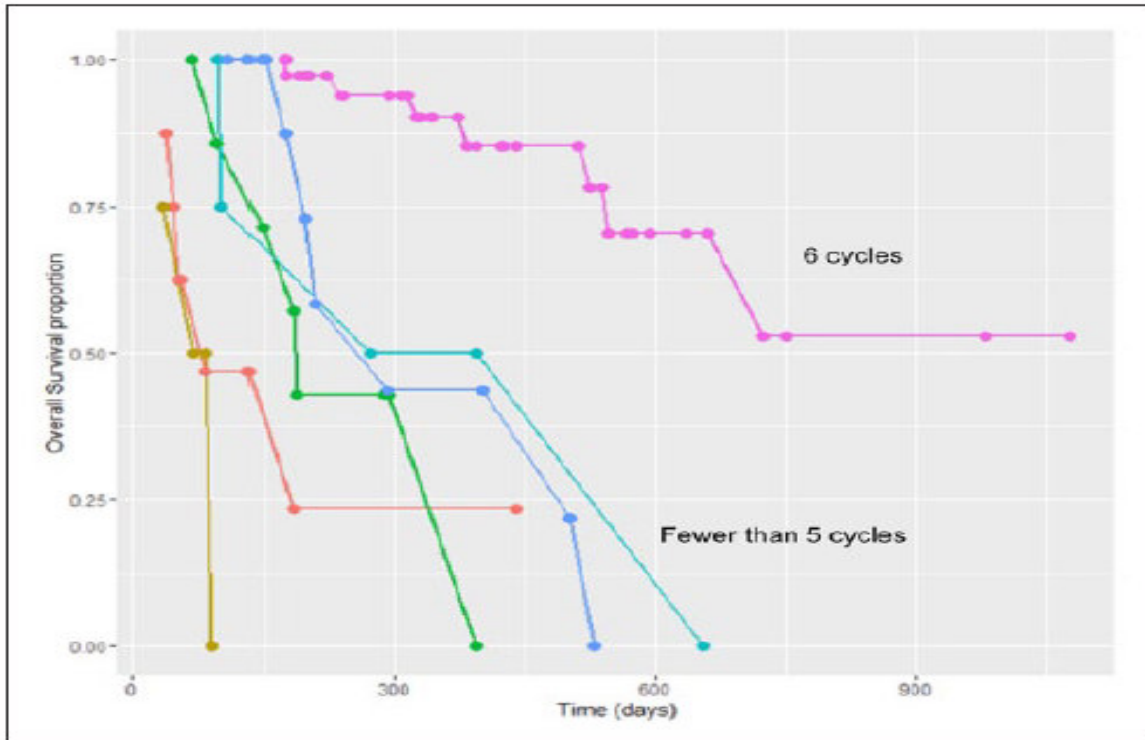
**Castration resistant Docetaxel pre-treated (M1)**

**Castration resistant Abiraterone pre-treated (M1)**

**Castration resistant Apa, Enza, Daro pre-treated (M0)**

**ADT  
Doce  
Abi  
Enza  
Apa  
Daro**

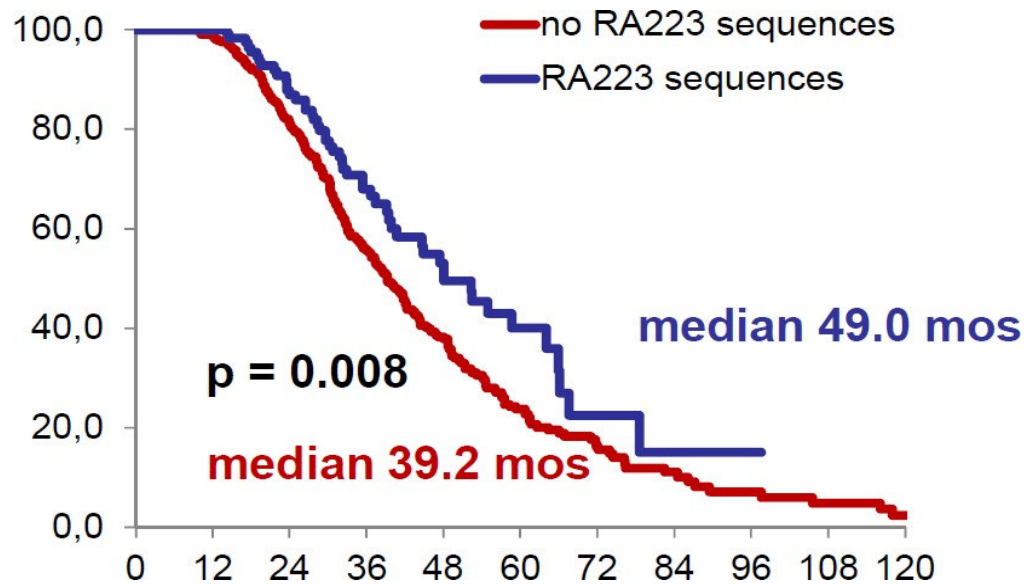
**Cabazitaxel  
Radium 223**



Il numero di cicli ricevuti si associa alla sopravvivenza globale e alla sopravvivenza libera da progressione.

***Per massimizzare l'efficacia della terapia, bisogna selezionare correttamente il paziente in modo che abbia l'opportunità di completare tutti i cicli previsti.***

## Sequencing Ra223 for mCRPC patients in the daily practice: preliminary results from a retrospective study in Italian Centers



**In pts treated with 3 or 4 ADs that included Ra223, the median OS was significantly longer compared to that of pts whose treatment sequence did not include RA223**

## OVER 3000 XOFIGO PATIENTS OBSERVED IN A REAL-WORLD SETTING

### FLATIRON<sup>2</sup> (N=625)

**STUDY DESIGN:** Retrospective study of Xofigo in patients with prior abiraterone or enzalutamide use from the Flatiron Health electronic health records database, a longitudinal, demographically and geographically diverse database

**PATIENT POPULATION:** 187 (30%) and 164 (26%) patients received prior abiraterone or enzalutamide, respectively

**Median follow-up:** 7 months, prior abiraterone and prior enzalutamide groups; 9 months, overall cohort

### PARABO<sup>3</sup> (N=333)

**STUDY DESIGN:** Ongoing, prospective, single-arm observational study of mCRPC patients with bone metastases who received Xofigo in clinical practice in Germany

**PATIENT POPULATION:** 70 (21%) patients had completed prior abiraterone treatment

**Median follow-up:** 7.9 months, overall cohort

### REASSURE<sup>4</sup> (N=1435)

**STUDY DESIGN:** A prospective, non-interventional interim review of patients treated with Xofigo from North America, South America, and Europe, with a 7-year follow-up

**PATIENT POPULATION:** 431 (30%) patients received prior abiraterone (220 with BHAs, 211 without BHAs) and 675 (47%) were abiraterone-naïve (302 with BHAs, 373 without BHAs)

**Median follow-up:** 9.1 months, overall cohort

### iEAP<sup>5</sup> (N=708)

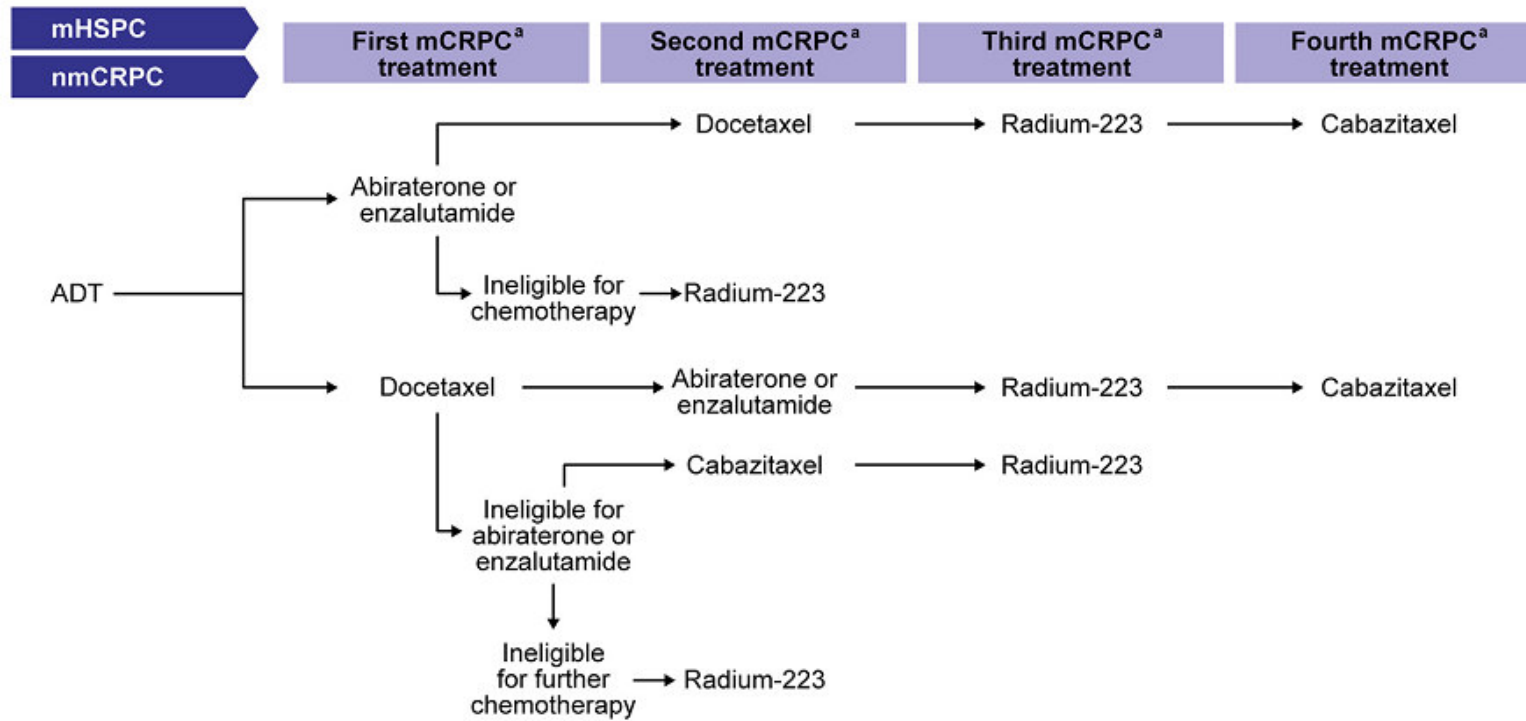
**STUDY DESIGN:** Open-label, single-arm international trial of Xofigo in patients with  $\geq 2$  bone metastases

**PATIENT POPULATION:** 223 (31%) patients received prior abiraterone and 321 (45%) were abiraterone-naïve

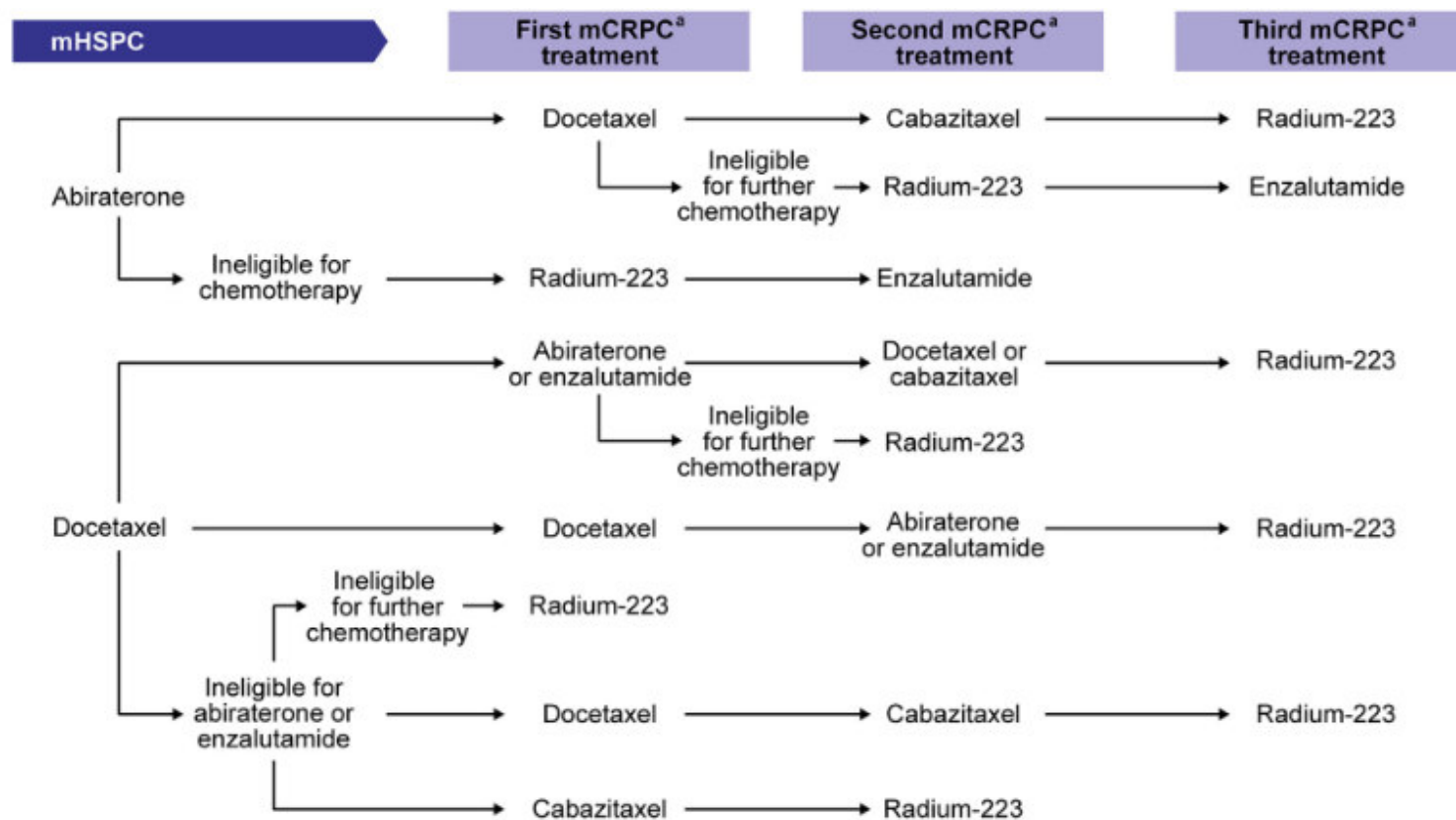
- Patients who received prior anticancer therapies were included; use of BHAs was permitted during Xofigo treatment

**Median follow-up not reported.**

# ADT in HSPC



# Abiraterone o docetaxel in HPSC





# Conclusioni

Radium 223 è un farmaco efficace nel trattamento del mCRPC

L'impiego delle moderne (e più efficaci) terapie nel paziente con carcinoma prostatico ha evidenziato l'importanza delle misure preventive del rischio fratturativo

L'utilizzo di bisfosonati in associazione a Radium 223 non è controindicato e va impiegato  
In tutti i casi in cui si ritenga il paziente ad alto rischio di fratture: **attenzione all'uso concomitante di steroidi**