

MultiCare

FIRST EDITION

ANTICOAGULANTI Trattamento interventistico

GIANLUCA BOTTO
FESC, FEHRA, FAIAC
UO ELETTROFISIOLOGIA



Presenter Disclosure Information

- Research support:
Boston Scientific, Medtronic; St., Bayer Healthcare, Gilead, Sanofi
- Advisory Board:
Biotronik, Medtronic; St. Jude Medical, MSD, Sanofi, Bayer Healthcare, Boehringer, BMS, Pfizer, Daiichi/Sankyo
- Speaker Fees:
Boston Scientific, Medtronic, St. Jude Medical, Sorin Group, Bayer Healthcare, Boehringer, BMS, Cardiome, Meda, MSD, Pfizer, Sanofi, Daiichi/Sankyo

NOACs vs VKAs

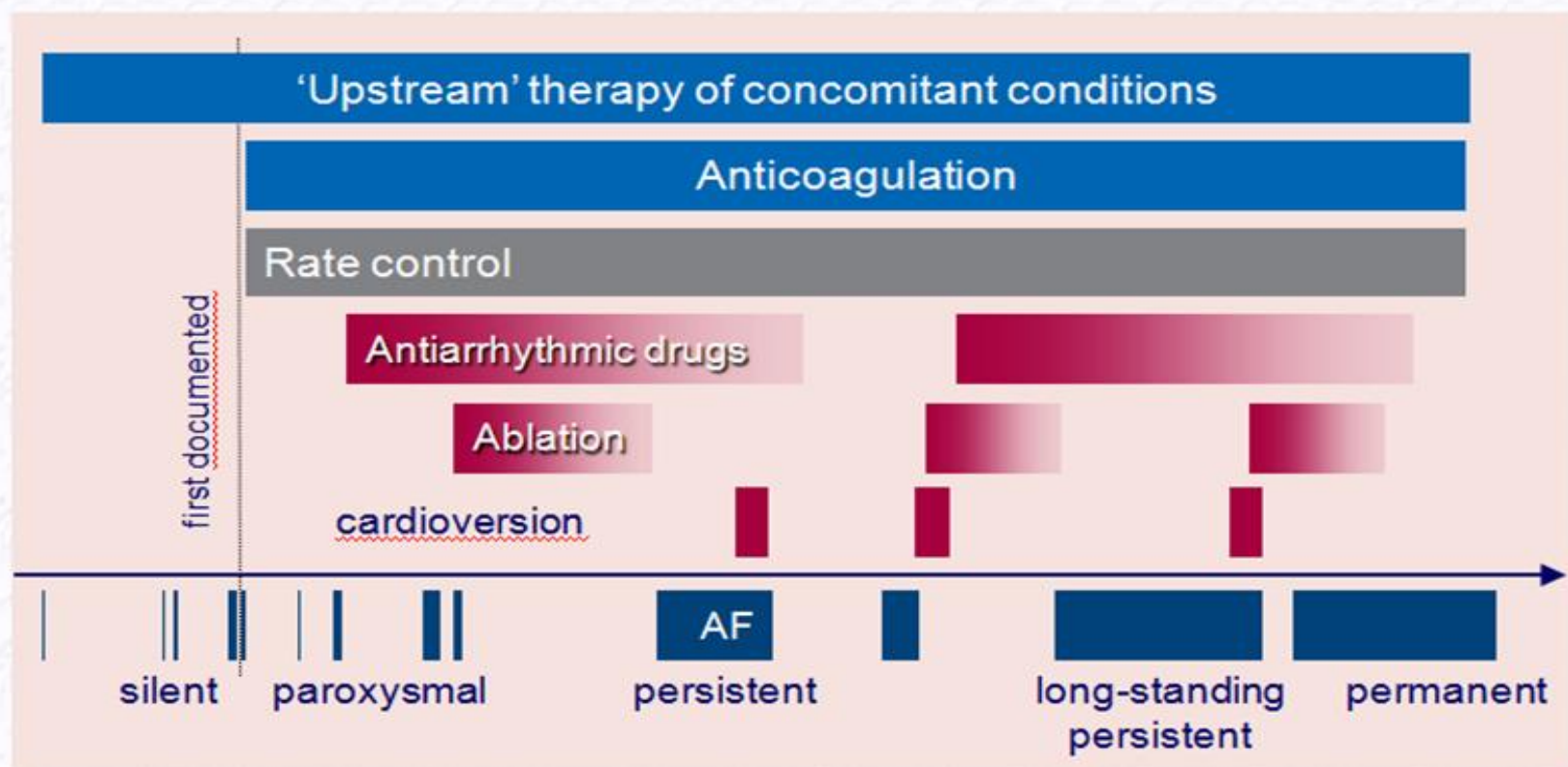
Real-World Data & RCTs

10 propensity-score matched
studies 494.964 pts

4 randomized controlled
trials 72.963 pts

Outcome	Real-world data		Randomized trials	
	Risk ratio	95% CI	Risk ratio	95% CI
Major bleeding	0.91	0.79–1.05	0.85	0.73–1.00
MI	0.81	0.60–1.08	0.95	0.80–1.14
Stroke or embolism	0.88	0.83–0.94	0.79	0.72–0.87
Death	0.71	0.58–0.87	0.90	0.86–0.96

Natural time course of AF



AF = atrial fibrillation

Limitations of VKA Therapy

Unpredictable response

Narrow therapeutic window (INR range 2.0–3.0)

Slow onset/offset of action

VKA therapy has several limitations that make it difficult to use in practice

Numerous food–drug interactions

Numerous drug–drug interactions

Warfarin resistance

Routine coagulation monitoring



Frequent dose adjustments

Ansell J. *Chest* 2008; 133: 160S-198S.

Umer Ushman MH. *J Interv Card Electrophysiol* 2008; 22: 129-137.

Nutescu EA. *Cardiol Clin* 2008; 26: 169-187.

Characteristics of NOACs

Comparison With Warfarin

	WARFARIN	DABIGATRAN	RIVAROXABAN	APIXABAN	EDOxabAN
Target	Vitamin K-dep. clotting factors II, VII, IX, and X	Thrombin	Factor Xa	Factor Xa	Factor Xa
Bioavailability (%)	>95	~6	>80 (with food)	>50	>60 (85 with food)
Intake with food recommended ?	NO	NO	Mandatory	NO	No official recommendation
Absorption with H2B/PPI ?	NO	-12%-30%	NO	NO	NO
Time to peak activity (hs)	72-96	1-3	2,5-4	3-4	1-2
Half life (hs)	40	12-17	5-9 (young healthy) 11-13 (elderly)	8-15	9-11
Dosing frequency	OD	BID	OD	BID	OD
Interaction with drugs	Numerous drugs including substrates of CYP2C9, CYP3A4, CYP1A2	Strong P-gp inhibitors and inducers	Strong CYP3A4 inducers, strong inhibitors of both CYP3A4 and P-gp	Strong inhibitors and inducers of both CYP3A4 and P-gp	Strong P-gp inhibitors and inducers
Interaction with food	YES	NO	NO	NO	NO
Renal elim (%)	<1	~80	~33 (66)	~27	~50

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CARDIOVERSIONE ELETTRICA DELLA FIBRILLAZIONE ATRIALE



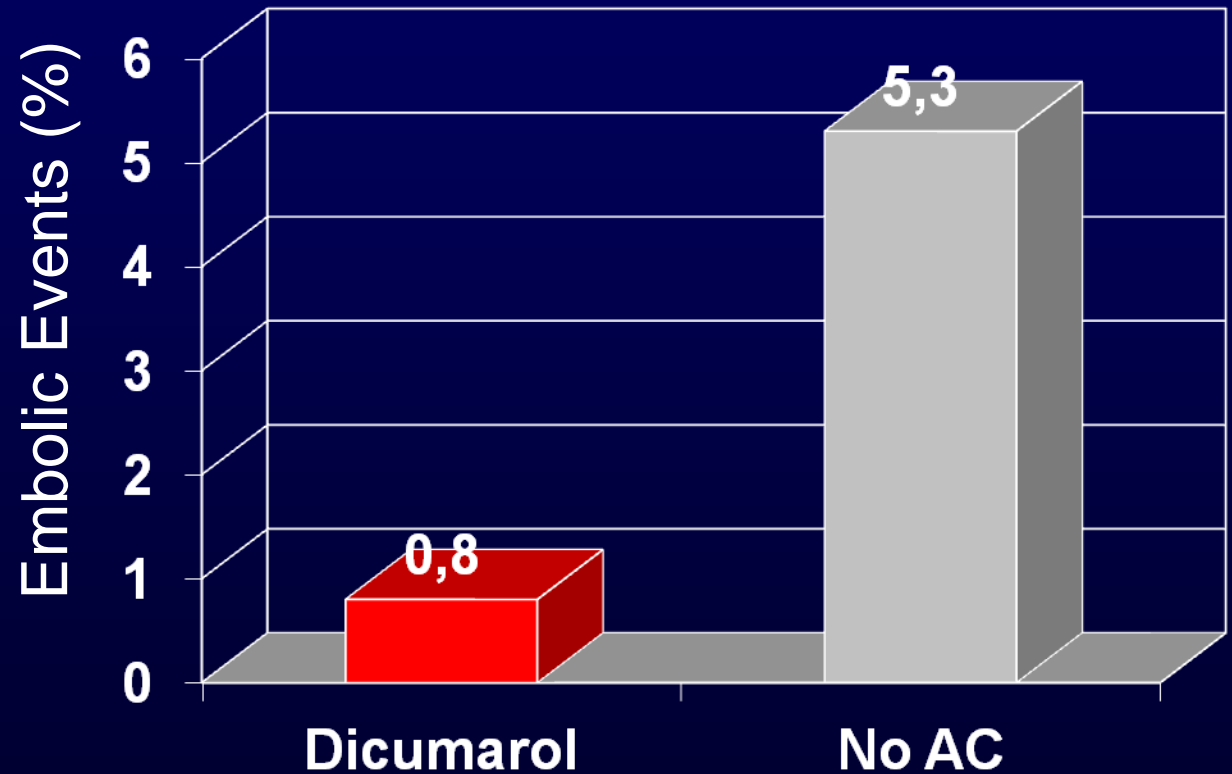
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FIRST EDITION

5-6 OTTOBRE
2018

Sesto San Giovanni (MI)
Grand Hotel Villa Torretta
Via Milanese, 3

The Efficacy of Anticoagulant Therapy in Preventing Embolism Related to D.C. Electrical Cardioversion of Atrial Fibrillation

CJ. Bjerkelund, MD, OM Orning, MD



VKA reduces the peri-procedural embolic events **b/wween 0.5 and 1.6%**

- Weinberg et al. AJC 1989
- Arnold et al. JACC 1992
- Stellbrink et al. Circul 2004



Rivaroxaban vs. vitamin K antagonists for cardioversion in atrial fibrillation

Riccardo Cappato^{1†}, Michael D. Ezekowitz^{2†*}, Allan L. Klein³, A. John Camm⁴, Chang-Sheng Ma⁵, Jean-Yves Le Heuzey⁶, Mario Talajic⁷, Mauricio Scanavacca⁸, Panos E. Vardas⁹, Paulus Kirchhof^{10,11,12}, Melanie Hemmrich¹³, Vivian Lanius¹⁴, Isabelle Ling Meng¹³, Peter Wildgoose¹⁵, Martin van Eickels¹³, and Stefan H. Hohnloser¹⁶, on behalf of the X-VerT Investigators

Aims

X-VerT is the first prospective randomized trial of a novel oral anticoagulant in patients with atrial fibrillation undergoing elective cardioversion.

Methods and results

We assigned 1504 patients to rivaroxaban (20 mg once daily, 15 mg if creatinine clearance was between 30 and 49 mL/min) or dose-adjusted vitamin K antagonists (VKAs) in a 2:1 ratio. Investigators selected either an early (target period of 1–5 days after randomization) or delayed (3–8 weeks) cardioversion strategy. The primary efficacy outcome was the composite of stroke, transient ischaemic attack, peripheral embolism, myocardial infarction, and cardiovascular death. The primary safety outcome was major bleeding. The primary efficacy outcome occurred in 5 (two strokes) of 978 patients (0.51%) in the rivaroxaban group and in 5 (two strokes) of 492 patients (1.02%) in the VKA group [risk ratio 0.50; 95% confidence interval (CI) 0.15–1.73]. In the rivaroxaban group, four patients experienced primary efficacy events following early cardioversion (0.71%) and one following delayed cardioversion (0.24%). In the VKA group, three patients had primary efficacy events following early cardioversion (1.08%) and two following delayed cardioversion (0.93%). Rivaroxaban was associated with a significantly shorter time to cardioversion compared with VKAs ($P < 0.001$). Major bleeding occurred in six patients (0.6%) in the rivaroxaban group and four patients (0.8%) in the VKA group (risk ratio 0.76; 95% CI 0.21–2.67).

Conclusion

Oral rivaroxaban appears to be an effective and safe alternative to VKAs and may allow prompt cardioversion.

X-VerT

Objective & Outcomes

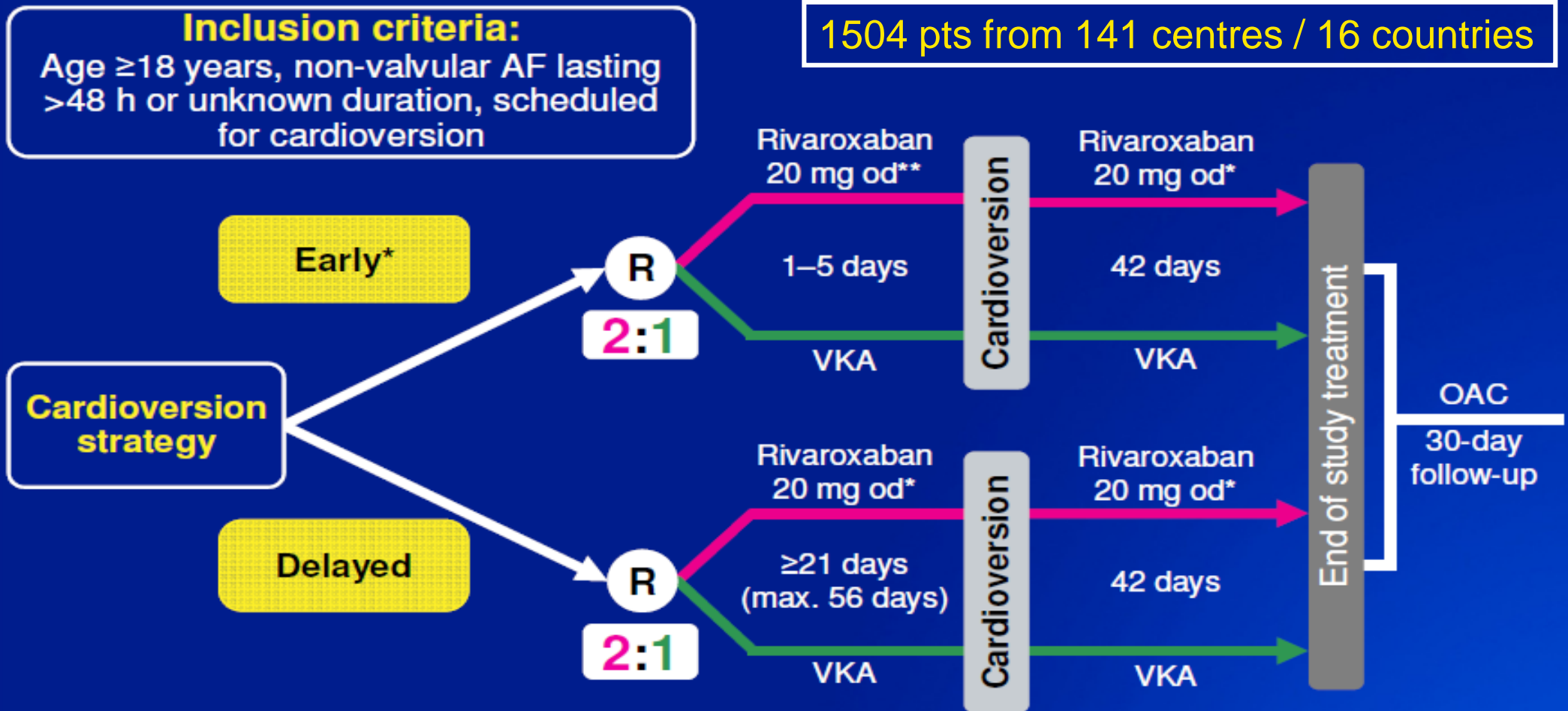
- **Objective**
explore efficacy and safety of once-daily rivaroxaban (20 mg) for the prevention of CV events in pts with NV-AF scheduled for elective cardioversion compared with dose-adjusted VKAs
- **Primary Efficacy Outcome**
composite of
 - stroke and TIA,
 - non-CNS SE,
 - MI and
 - CV death
- **Primary Safety Outcome**
major bleeding (ISTH definition)
- **Enrollment oct 2012 – feb 2014**

Design: randomized, open-label, parallel-group, active-controlled multicentre study

Inclusion criteria:

Age ≥ 18 years, non-valvular AF lasting >48 h or unknown duration, scheduled for cardioversion

1504 pts from 141 centres / 16 countries



* Protocol recommended only if adequate anticoagulation or immediate TEE;

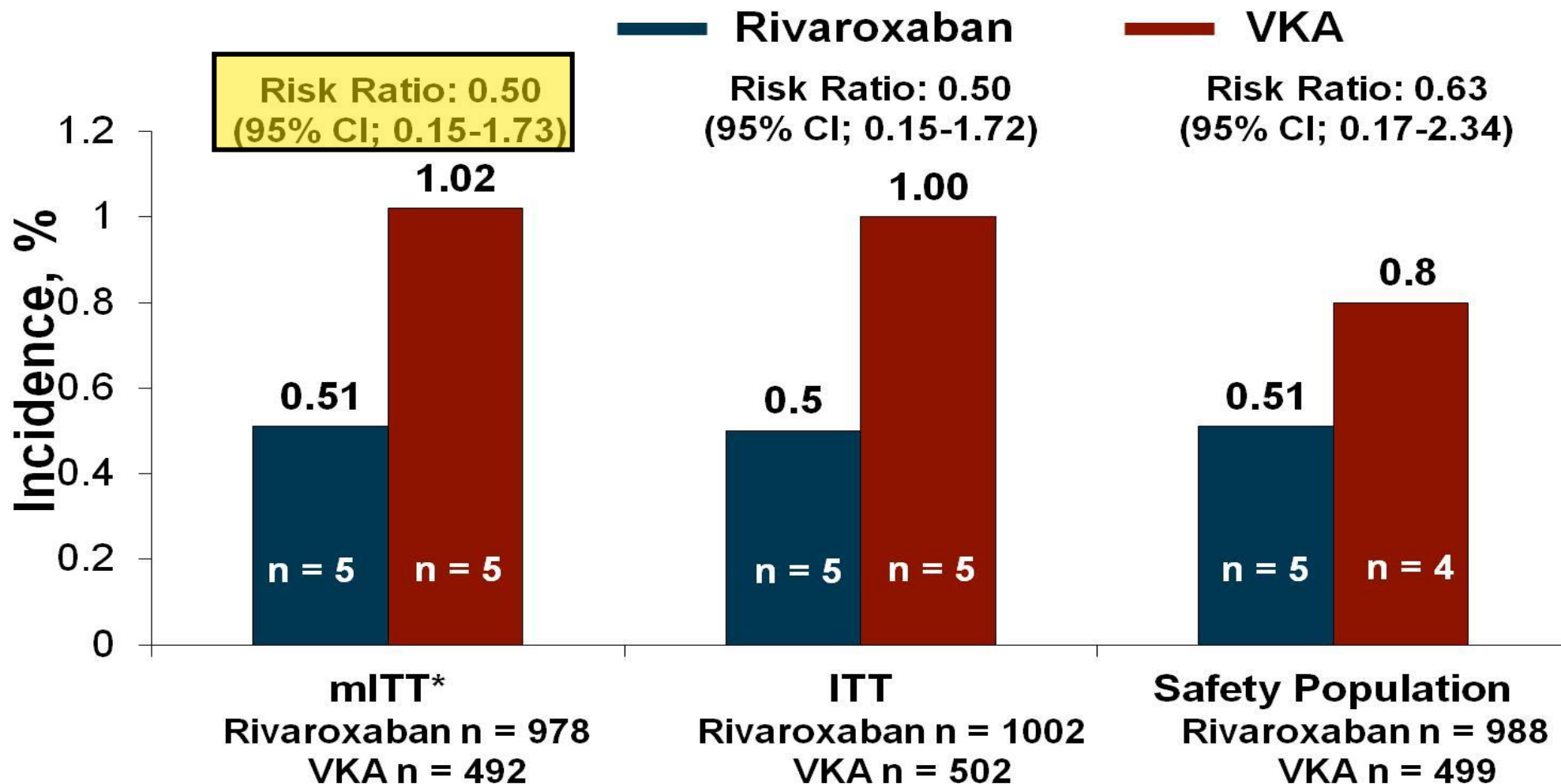
**15 mg if CrCl 30–49 ml/min; VKA with INR 2.0–3.0

Ezekowitz *et al*, 2014; www.clinicaltrials.gov. NCT01674647

X-VeRT

Primary Efficacy

Primary outcome events were experienced in 10/1470 (0.68%; 95%CI 0.36-1.21)



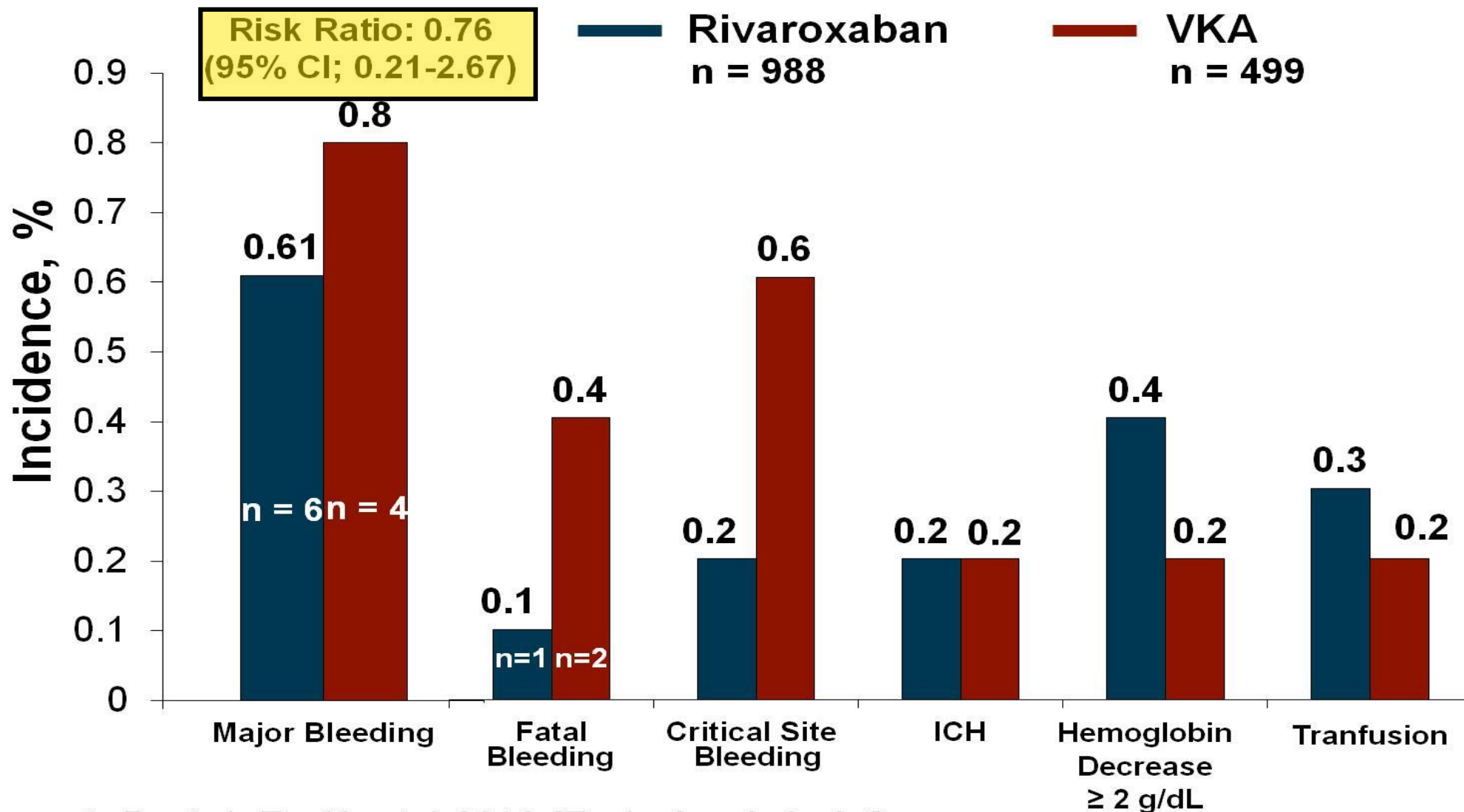
*Excluded patients from the ITT group who were found to have atrial thrombi on TEE.

Cappato R, et al. *Eur Heart J*. 2014. [Epub ahead of print]

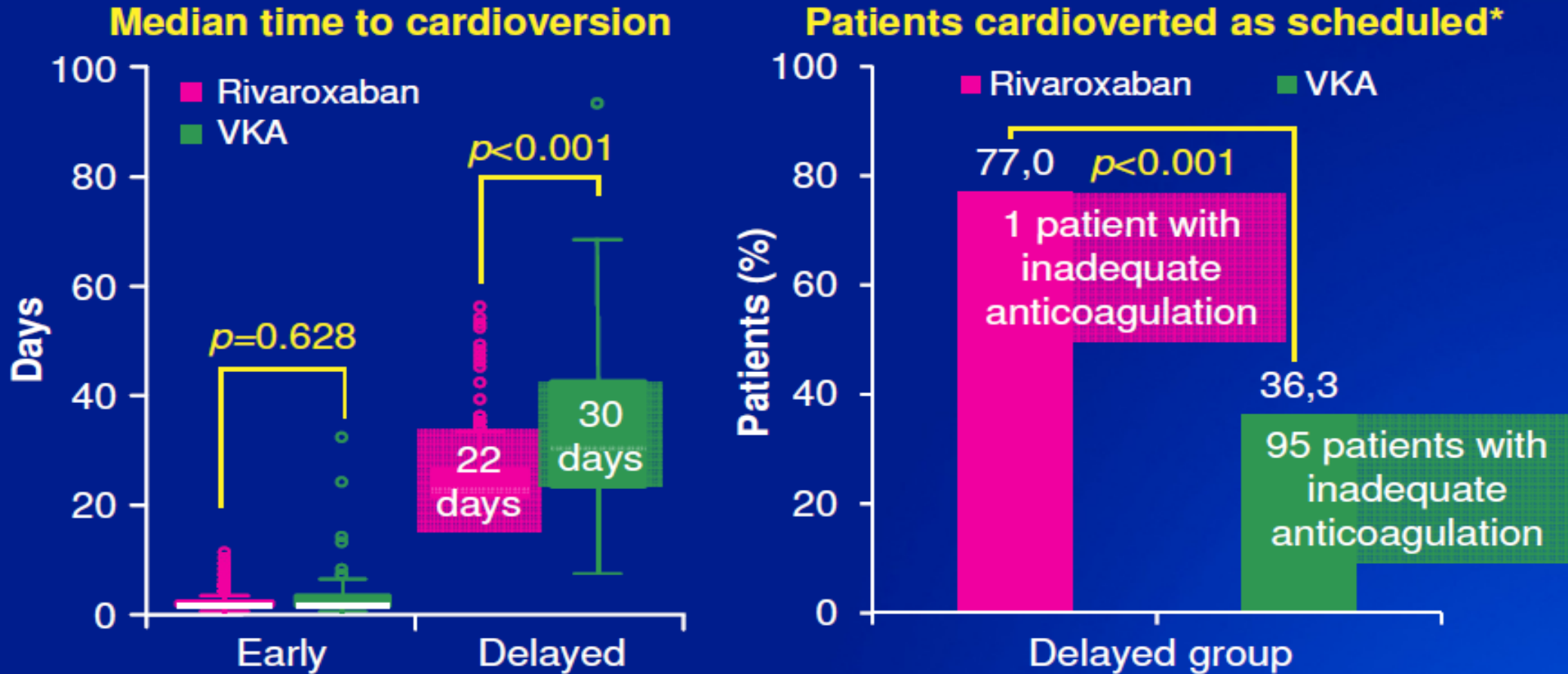
X-VeRT

Safety Outcomes

Major bleeding occurred in
6/988 (0.61%; 95%CI 0.66-1.27)



Time to cardioversion by cardioversion strategy



*Reason for not performing cardioversion as first scheduled from 21–25 days primarily due to inadequate anticoagulation (indicated by drug compliance <80% for rivaroxaban or weekly INRs outside the range of 2.0–3.0 for 3 consecutive weeks before cardioversion for VKA)

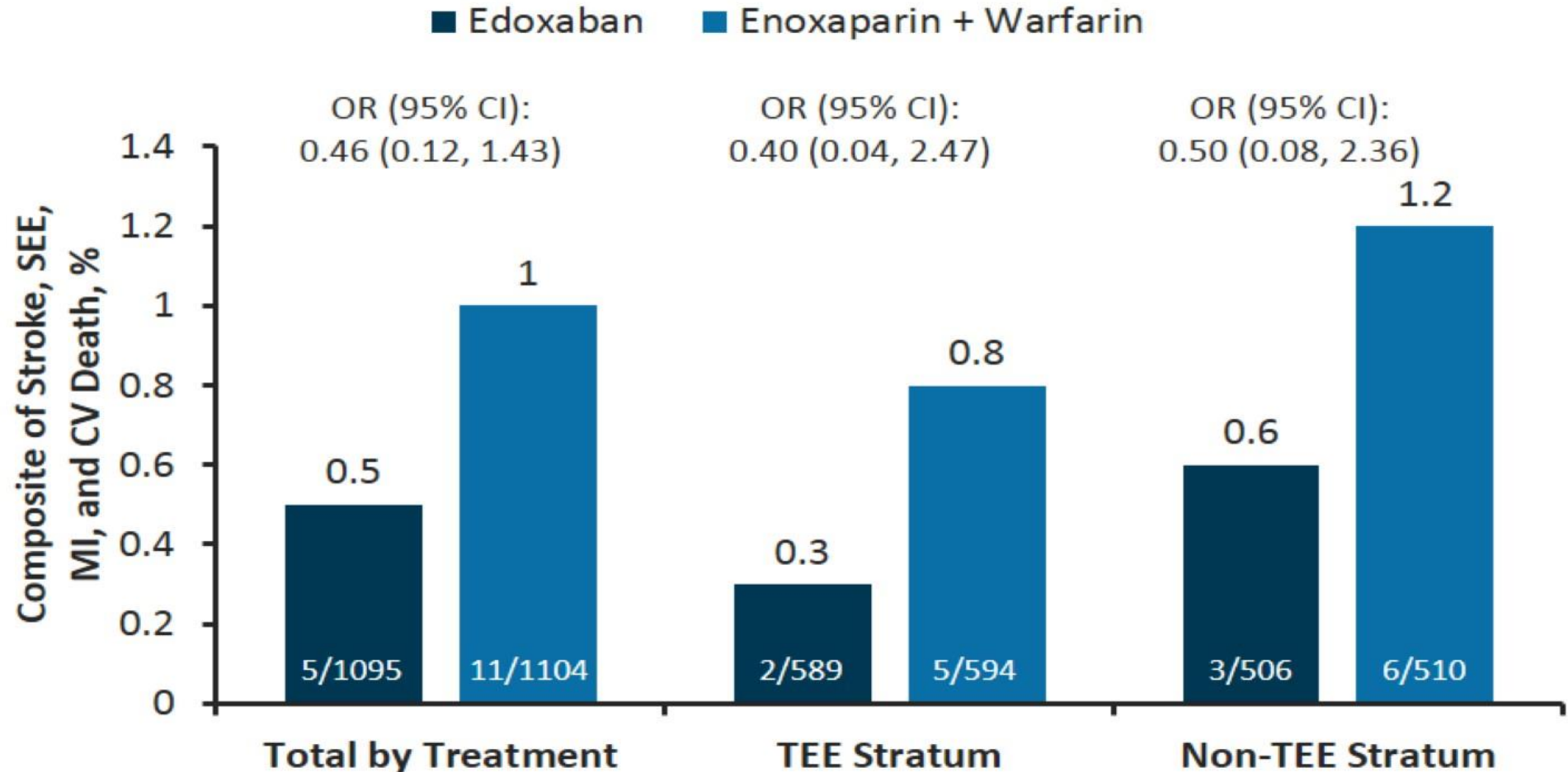
Procedure Cost Calculations Per Patient Based On Inputs

	Italy	
	Rivaroxaban	Warfarin
Drug cost for 63 days	€132 ¹²	€4 ¹³
INR monitoring (63 days)	N/A	€271
Cost of cardioversion	€676	€662
Additional booked cardioversion procedures per patient—when rescheduled on the scheduled day	0.172	0.477
Additional booked cardioversion procedures per patient—when rescheduled prior to the scheduled day	0.058	0.161
Cost of nurse specialist per reschedule ^b	N/A	N/A
Cost of rescheduling on the scheduled day	€116	€316
Cost of rescheduling prior to the scheduled day	N/A	N/A
Cost of additional waiting time for patients on warfarin	N/A	€35
Total procedure cost per patient	€924	€1289

ENSURE-AF

*Primary Efficacy**

**Stroke, SE, MI, CV death*





2015
3+1 trials
3635 pts – 4517 CV

Efficacy and safety of direct oral anticoagulants in patients undergoing cardioversion for atrial fibrillation: A systematic review and meta-analysis of the literature[☆]

Francesco Dentali^{a,*}, Giovanni Luca Botto^b, Monica Gianni^c, Pasquale Ambrosino^d, Matteo Nicola Dario Di Minno^e



Clin Res Cardiol (2015) 104:582–590
DOI 10.1007/s00392-015-0821-8

ORIGINAL PAPER

2015
3+1 trials
3512 pts – 4471 CV

Am J Cardiovasc Drugs (2016) 16:33–41
DOI 10.1007/s40256-015-0136-1

SYSTEMATIC REVIEW

Non-vitamin K antagonist oral anticoagulants in the cardioversion of patients with atrial fibrillation: systematic review and meta-analysis

Daniel Caldeira · João Costa · Joaquim J. Ferreira · Gregory Y. H. Lip · Fausto J. Pinto

2016
3+1 trials
3512 pts – 4257 CV

Outcomes After Cardioversion in Atrial Fibrillation Patients Treated with Non-Vitamin K Antagonist Oral Anticoagulants (NOACs): Insights from a Meta-Analysis

Parijat Sen¹ · Amartya Kundu² · Partha Sardar³ · Saurav Chatterjee⁴ · Ramez Nairooz⁵ · Hossam Amin⁶ · Wilbert S. Aronow⁷

THE AMERICAN
JOURNAL of
MEDICINE[®]

2016
4+1 trials
3949 pts – 4900 CV

Efficacy and Safety of Non-Vitamin K Antagonist Oral Anticoagulants After Cardioversion for Nonvalvular Atrial Fibrillation

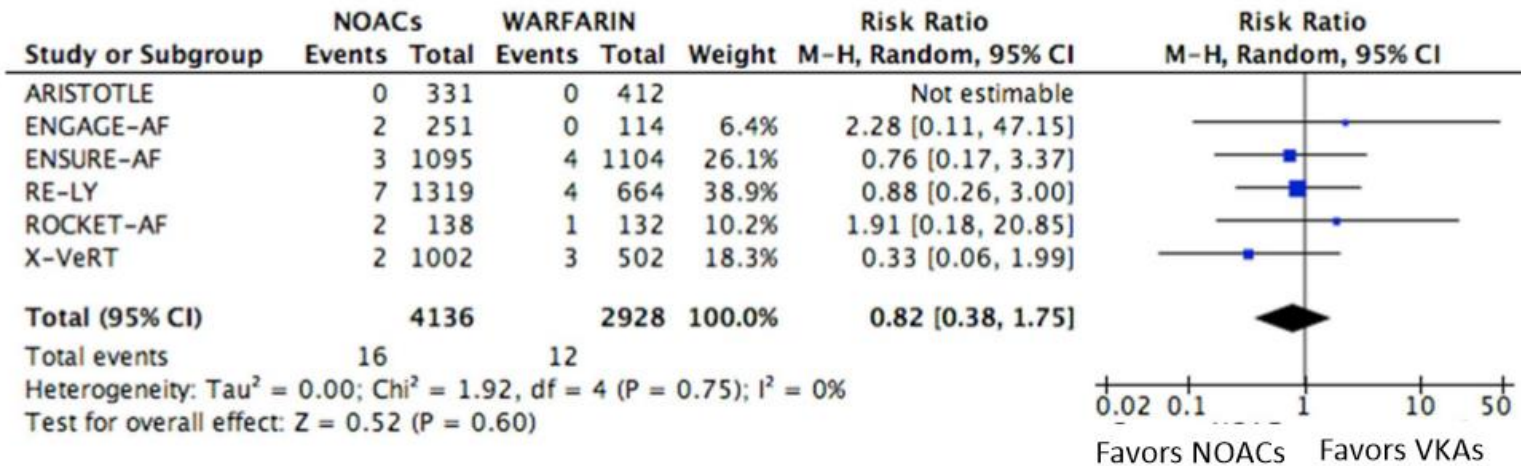
Giulia Renda, MD, PhD,^a Marco Zimarino, MD, PhD,^a Fabrizio Ricci, MD,^a Jonathan P. Piccini, MD,^b Michael D. Ezekowitz, MD, PhD,^c Manesh R. Patel, MD, PhD,^b Riccardo Cappato, MD,^d Robert P. Giugliano, MD,^e Raffaele De Caterina, MD, PhD^a



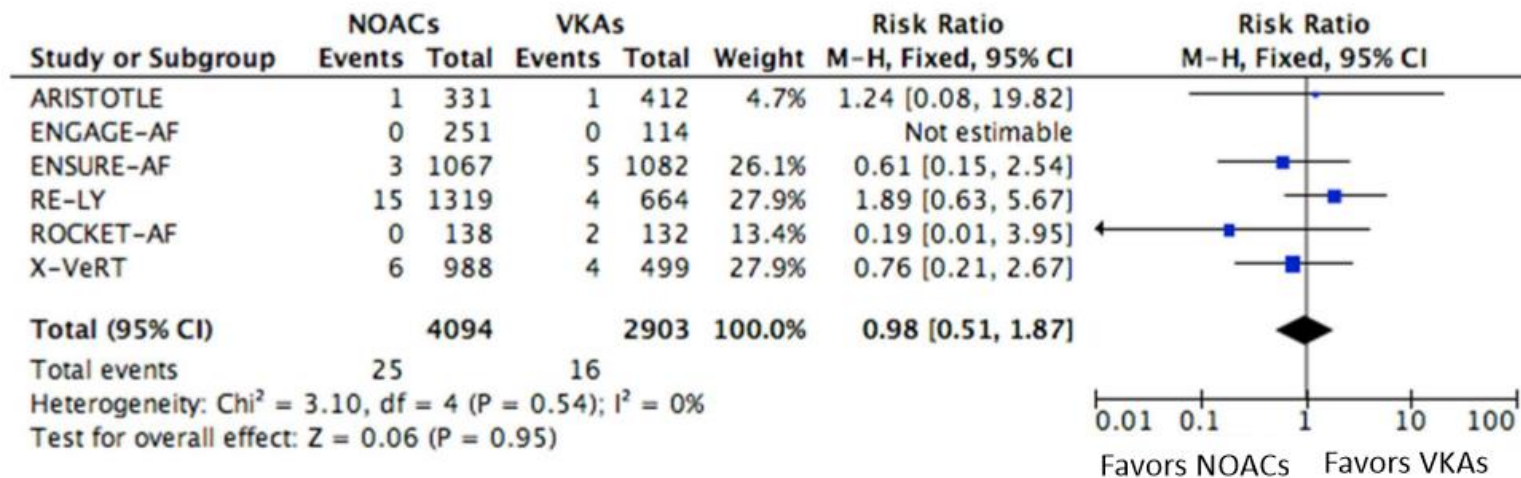
NOACs for Cardioversion in Atrial Fibrillation

An Updated Meta-analysis

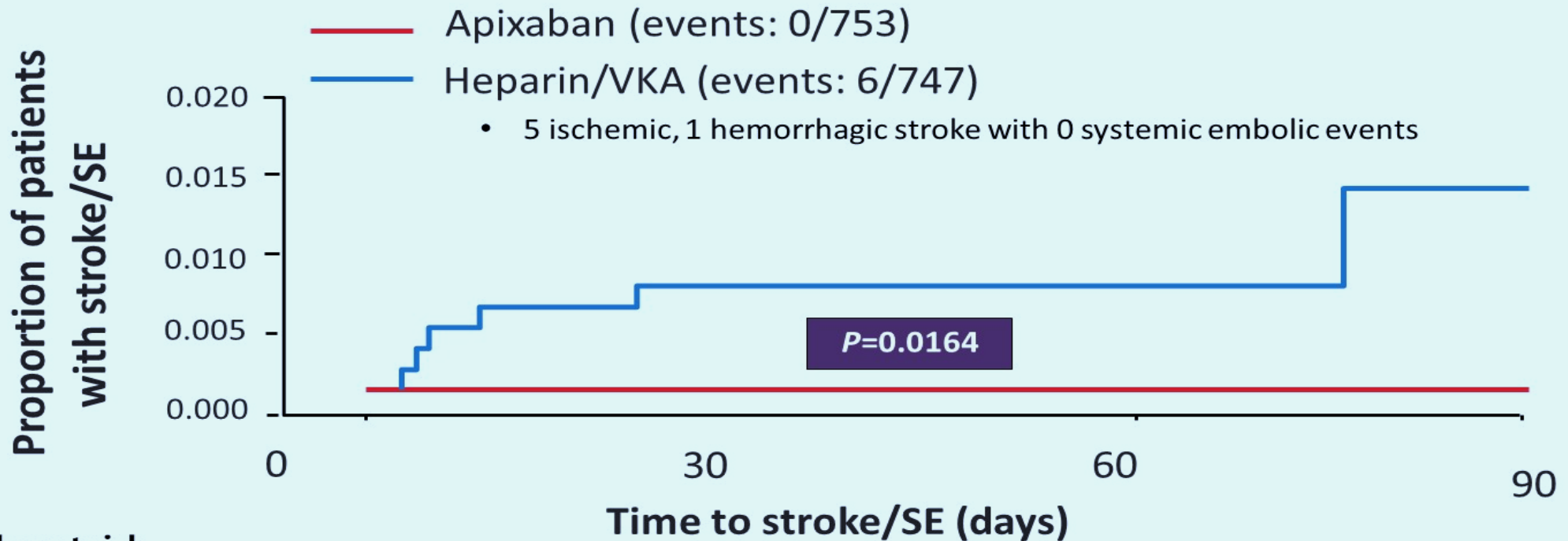
STROKE/SE



MAJOR BLEEDING



Stroke/Systemic Embolic Outcomes



Number at risk

Apixaban	752	614	199	55
Heparin/VKA	747	655	231	88

One patient's adjudicated stroke date was one day prior to randomization; thus at Day 0, only 1499 were at risk for stroke. No patients had SE. ITT population. SE = systemic embolism

EMANATE Safety Outcomes

Safety Population*: N=1456

*Randomized and received ≥ 1 dose of study medication
(by treatment received).

	Apixaban Total (n=735)	Apixaban Loading Dose (n=342)	Hep/VKA Total (n=721)
Major bleeds	3	(1)	6
Clinically Relevant Non-Major bleeds	11	(4)	13

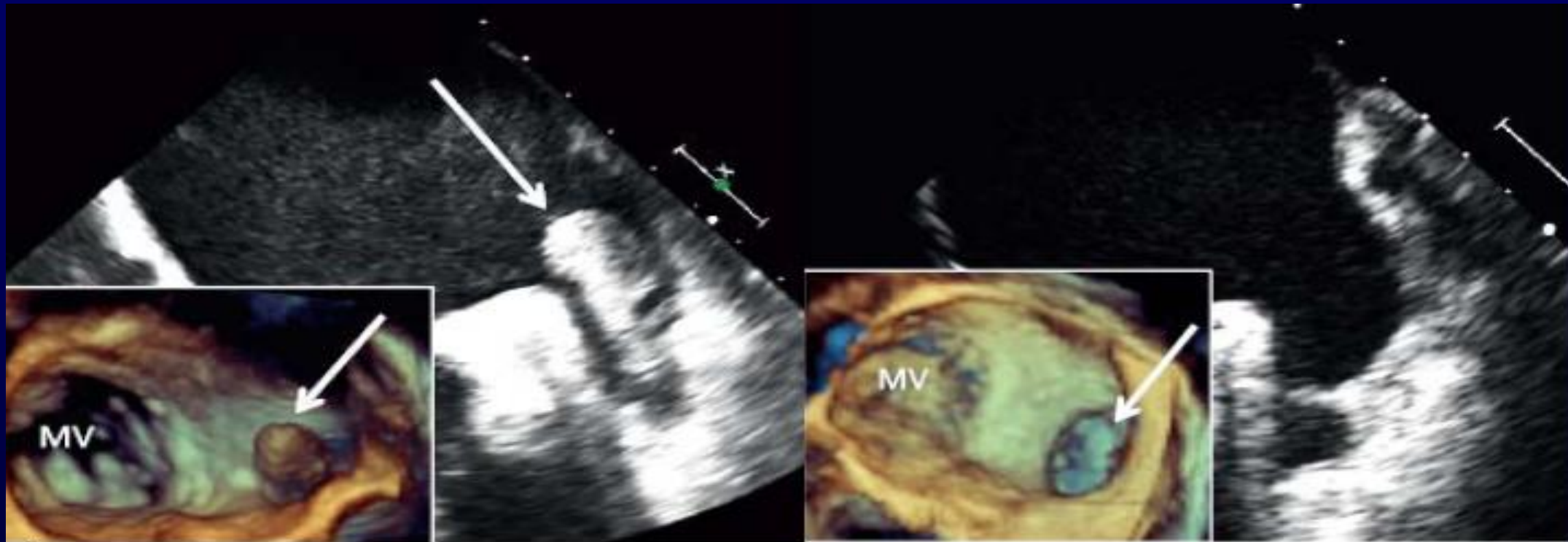
In pts randomized to apixaban, cardioversion could be performed 2 hours after a loading dose of 10 mg

NOACs

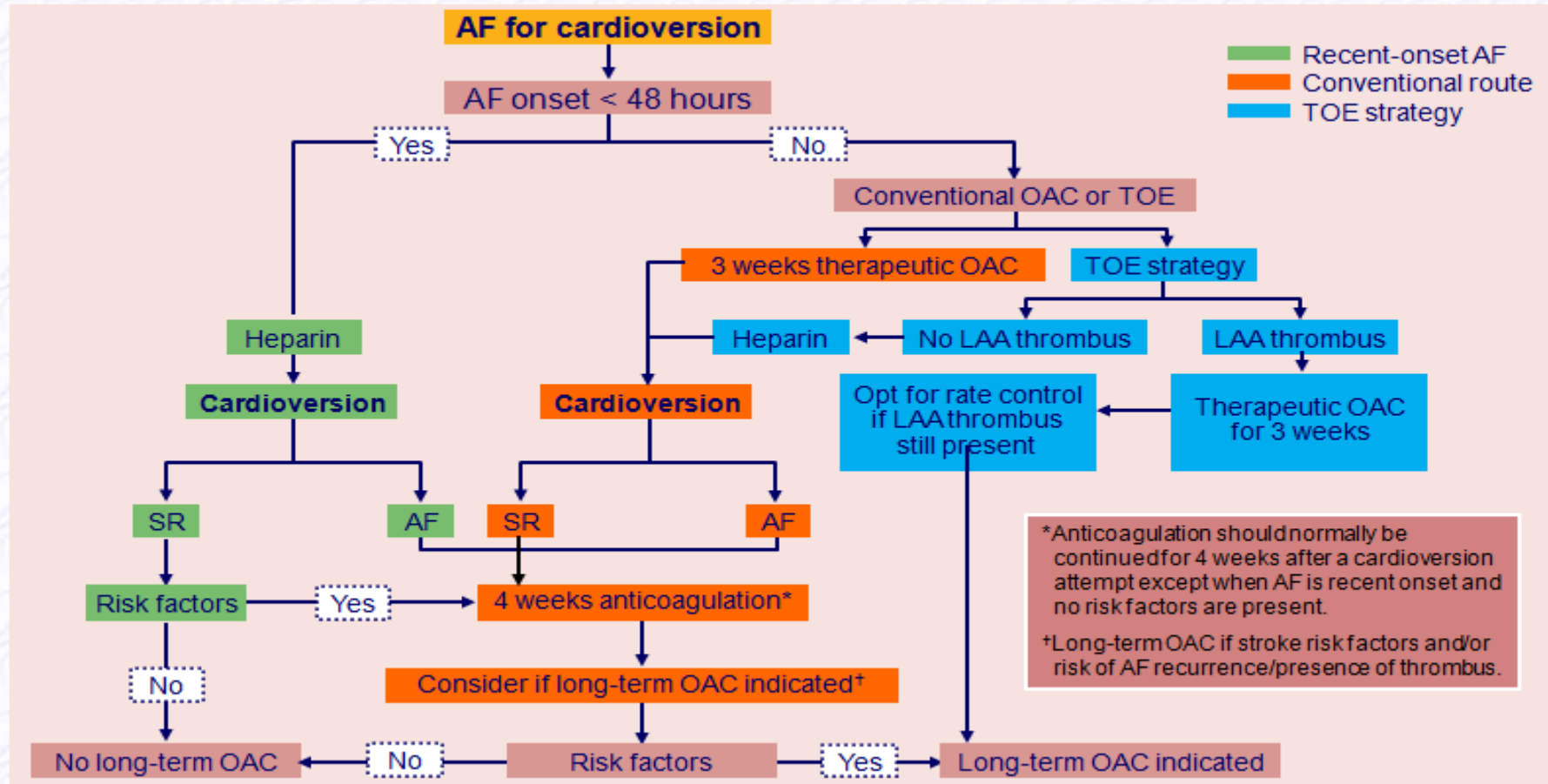
TEE or No TEE

This is the Dilemma

TEE Should Be Performed To Rule Out Left Atrial Thrombi



Cardioversion, TOE and anticoagulation



AF = atrial fibrillation; DCC = direct current cardioversion; LA = left atrium; LAA = left atrial appendage; OAC = oral anticoagulant; SR = sinus rhythm; TOE = transoesophageal echocardiography.

ENSURE-AF

Stroke + Systemic Embolism only

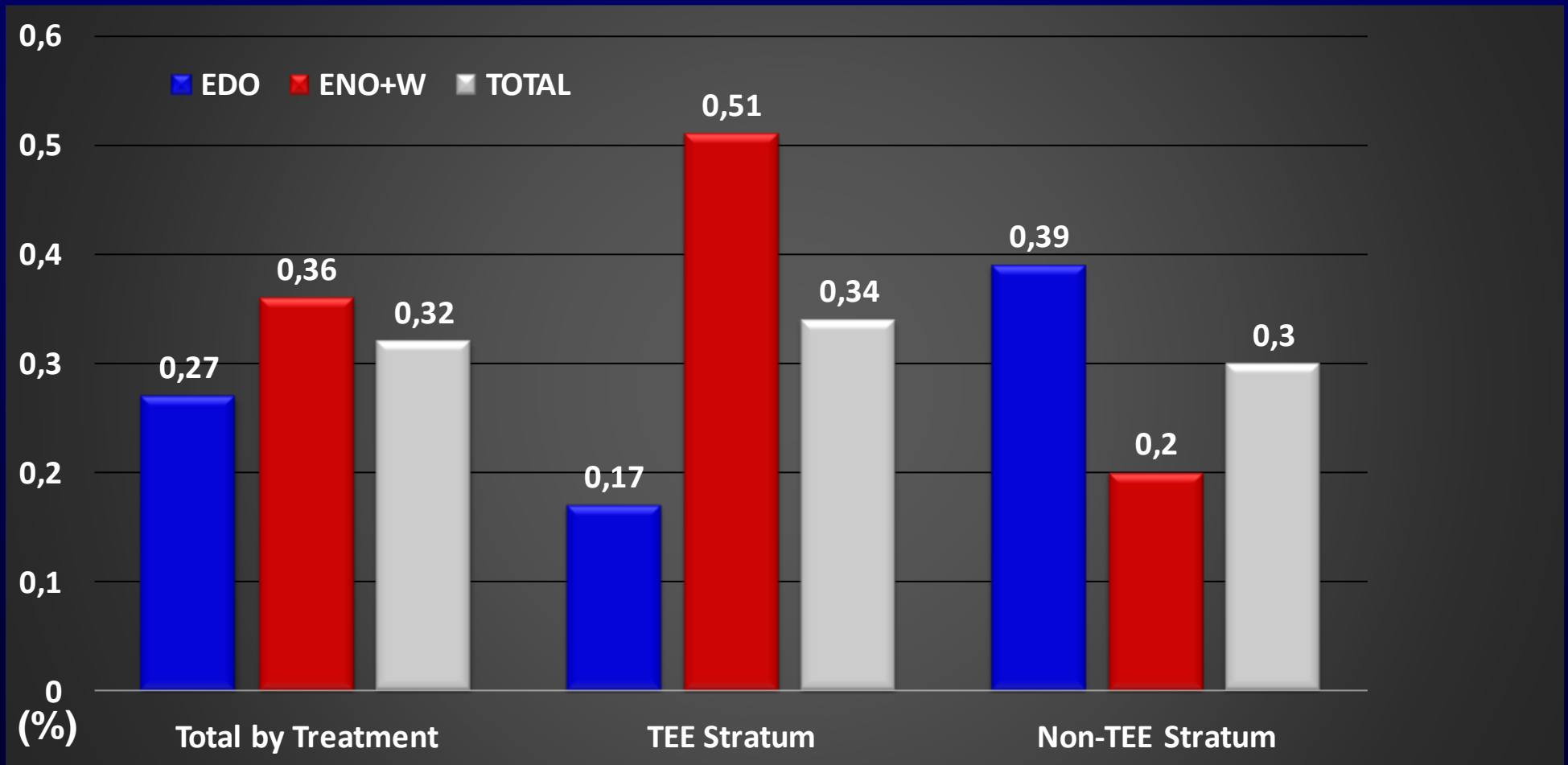
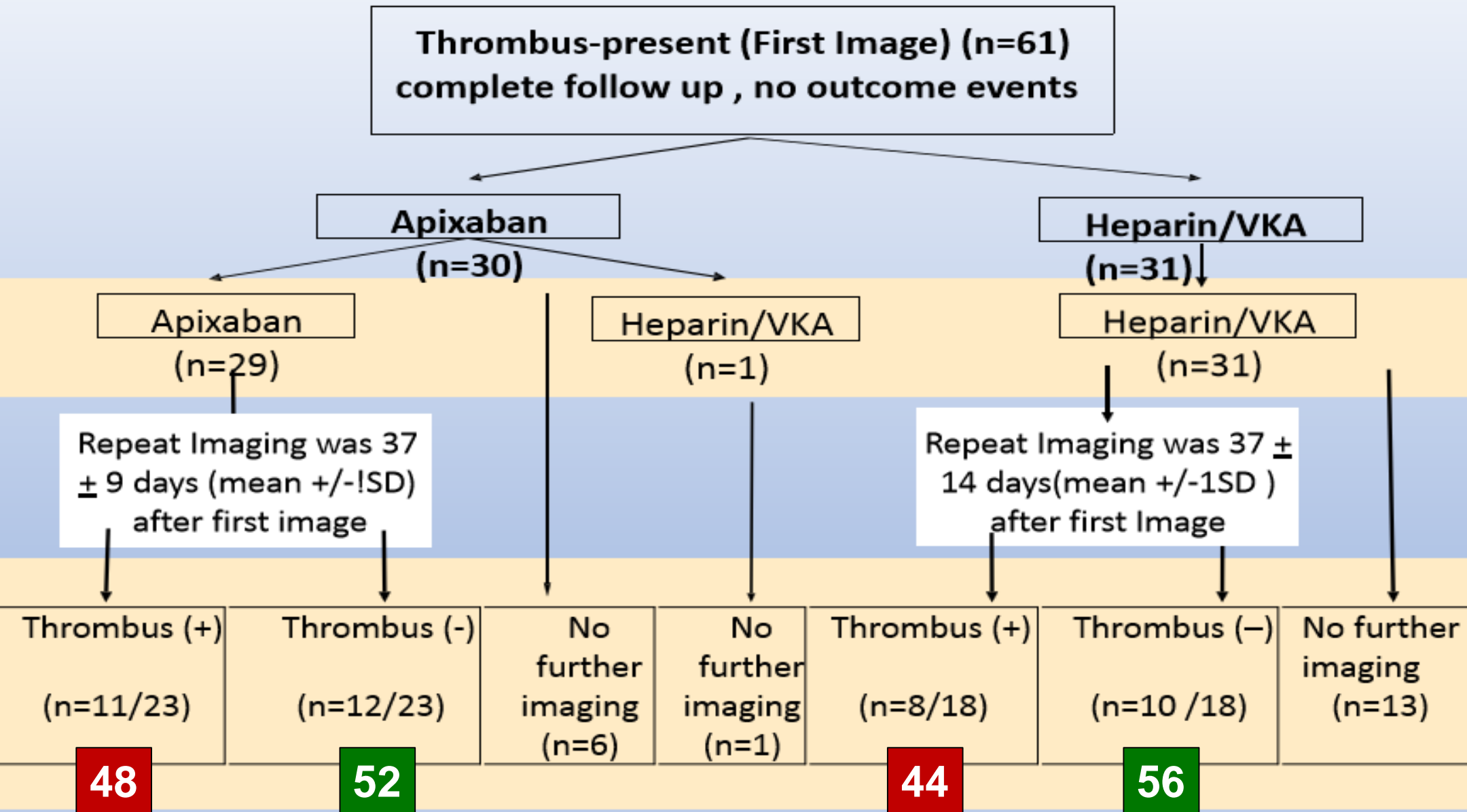


Image-Guided Strategy (n=840)



NOAC Use in AF Pts Undergoing CV

- CV is a **common procedure** often performed by cardiologist or ED physicians
 - *the requirement of OAC peri-CV pertain to both electrical and pharmacological CV*
- NOACs are **reasonable alternatives** to Warfarin in pts undergoing CV
- When considering CV in a NV-AF pts taking NOACs is mandatory to **assess pts compliance**
 - *there is no coagulation assay available for NOCAs that provides information on anticoagulation intensity*
- If NOACs compliance can be reliably confirmed, **CV should be safe.**
- **Consider TEE as first option if doubt about compliance**

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ABLAZIONE TRANSCATETERE DELLA FIBRILLAZIONE ATRIALE



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5-6 OTTOBRE
2018

Sesto San Giovanni (MI)
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Risk of AF Ablation Procedure

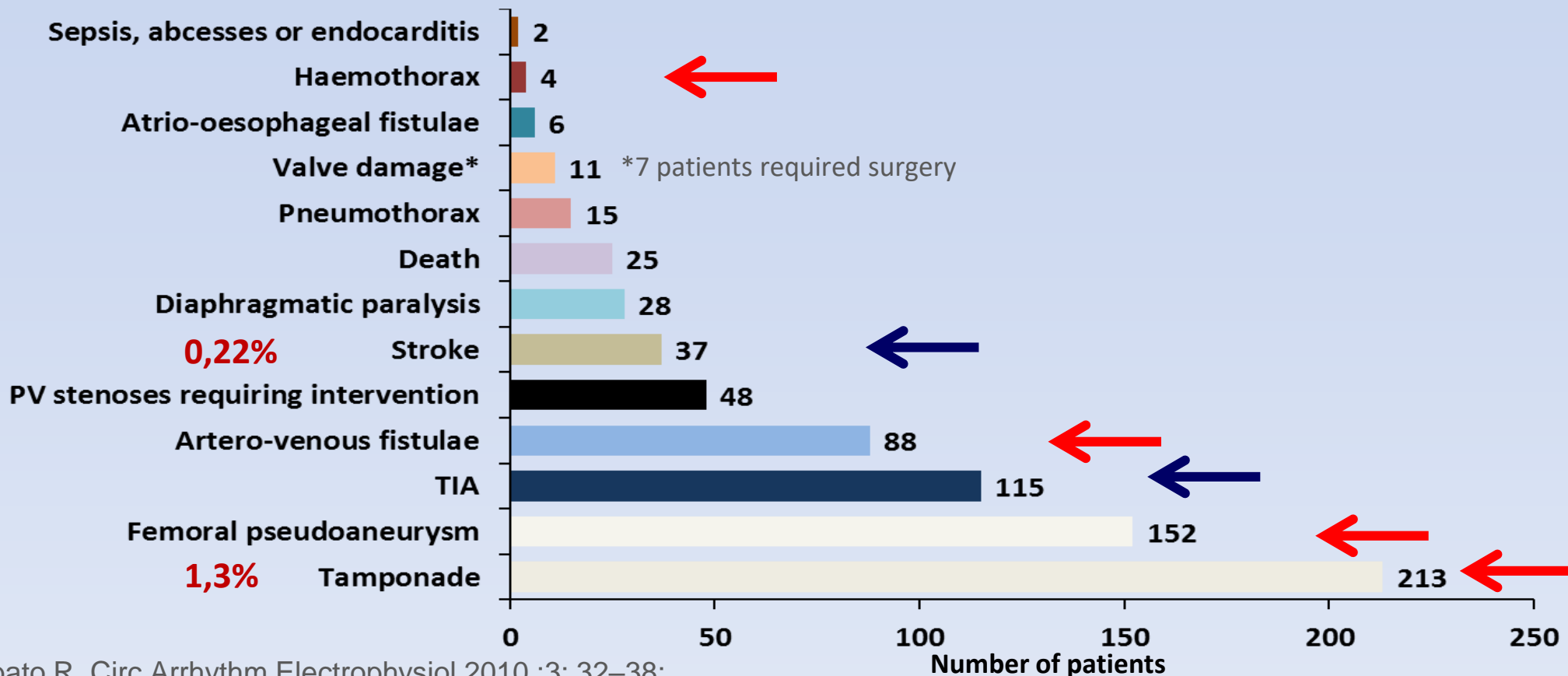
- ▶ Pts with AF are usually receiving OAC Rx to reduce stroke risk
- ▶ Requirement of an extra AC at the time of ablation procedure to reduced embolic risk associated to catheter manipulation
- ▶ Pts are therefore exposed to bleeding risk associated with extra AC
- ▶ Uninterrupted VKA Rx is actually the gold standard
- ▶ NOACs can simplify the management of AC by overcoming limitations associated with the use of VKAs



Worldwide Report on the Ablation-Related Peri-procedural Complications



Major complications¹

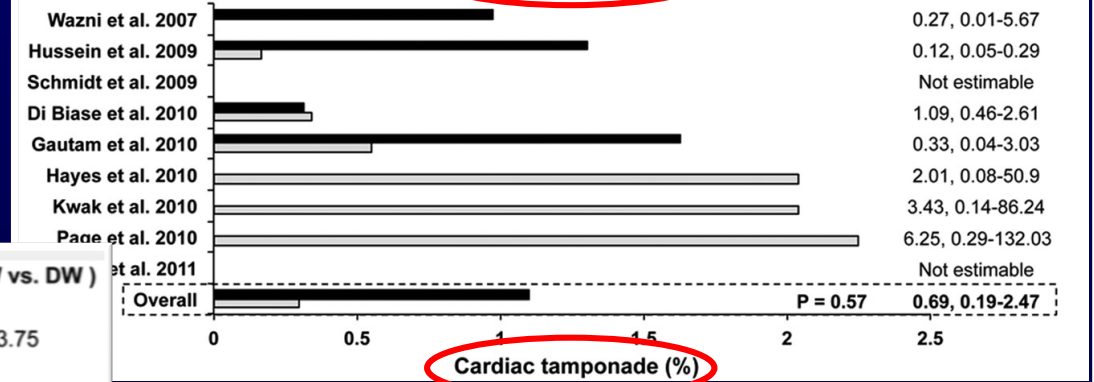
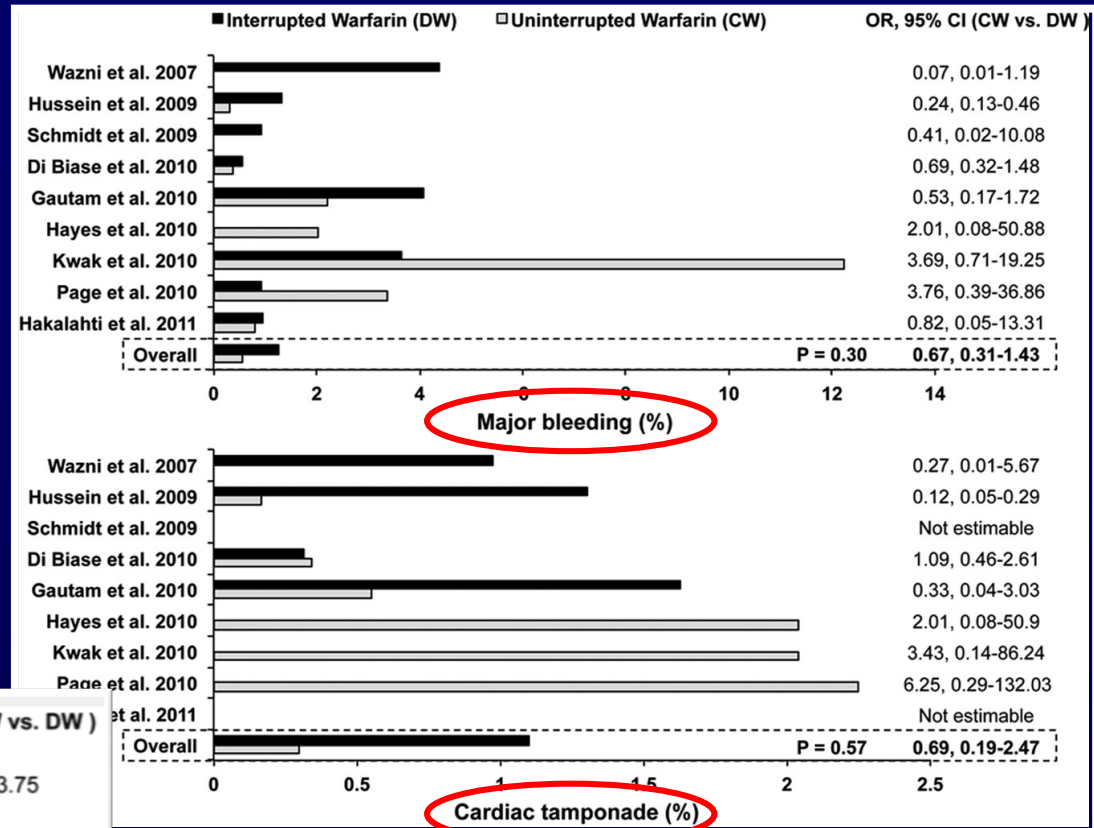


1.Cappato R. Circ Arrhythm Electrophysiol 2010 ;3: 32–38;

2.Cappato R. J Am Coll Cardiol 2009; 53: 1798–1803

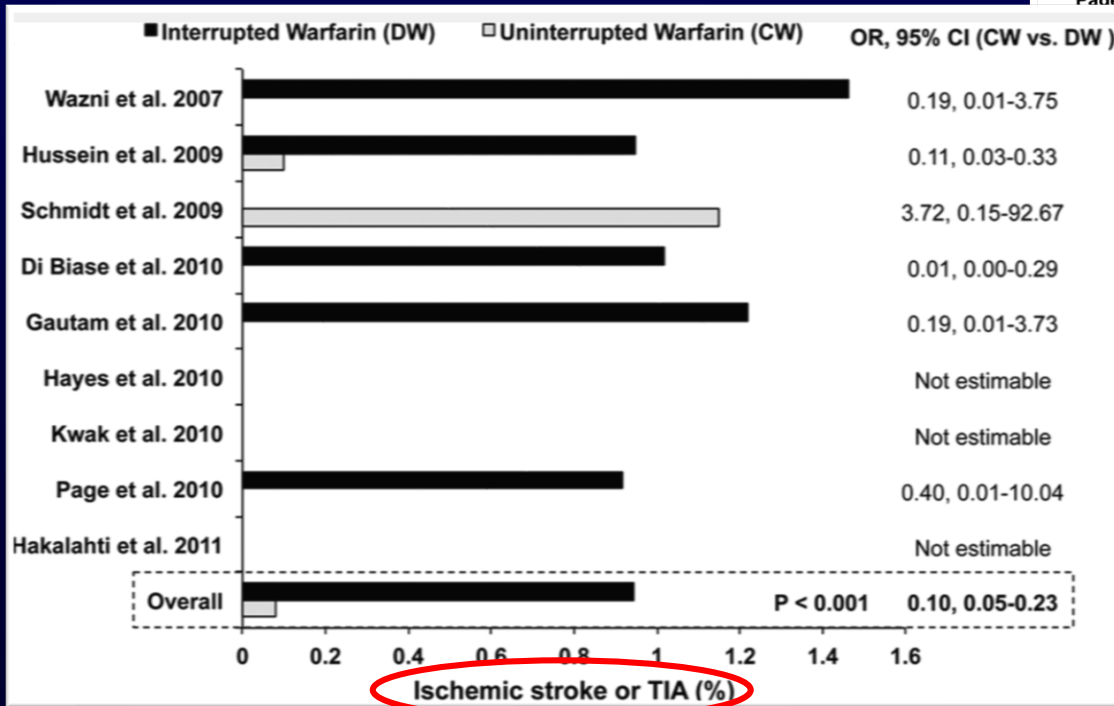
Courtesy of Grimaldi M.

AF Ablation Under Therapeutic Warfarin Reduce Complications



Evidence From a Meta-Analysis

Santangeli P.
Circ Arrhythm Electrophysiol
2012; 5: 302-11

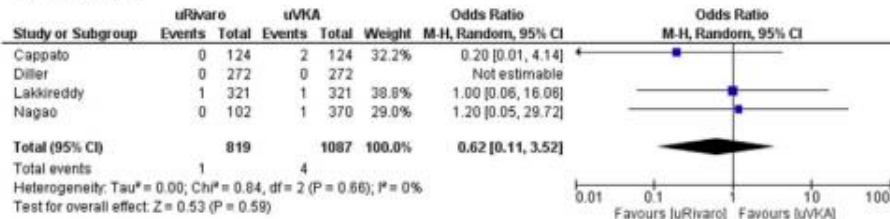


Uninterrupted New Oral Anticoagulants Compared With Uninterrupted Vitamin K Antagonists in Ablation of Atrial Fibrillation: A Meta-analysis

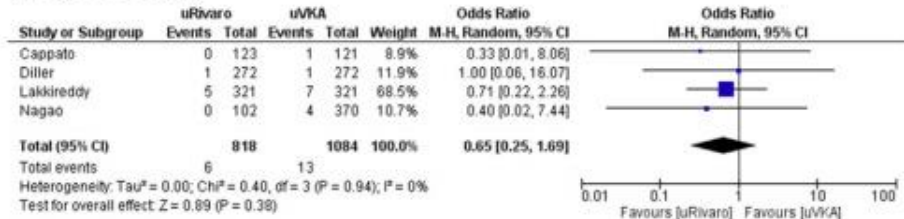
Uninterrupted Rivaroxaban vs uninterrupted VKA

R

Stroke/TIA



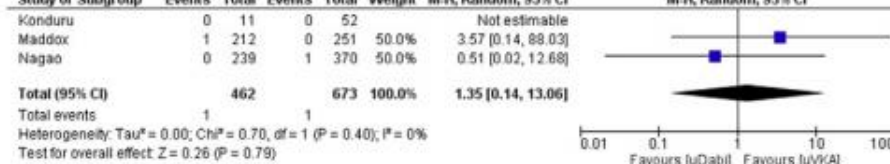
Major bleeding



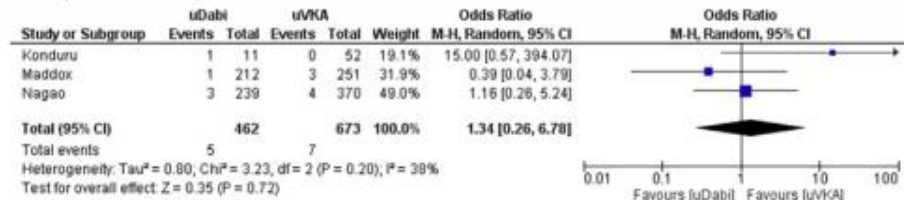
Uninterrupted Dabigatran vs uninterrupted VKA

D

Stroke/TIA



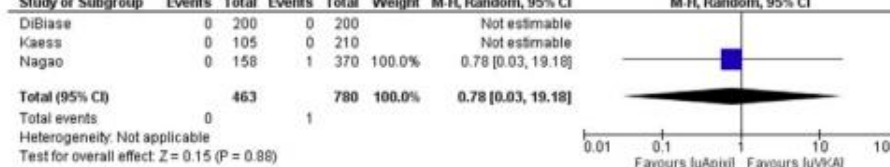
Major bleeding



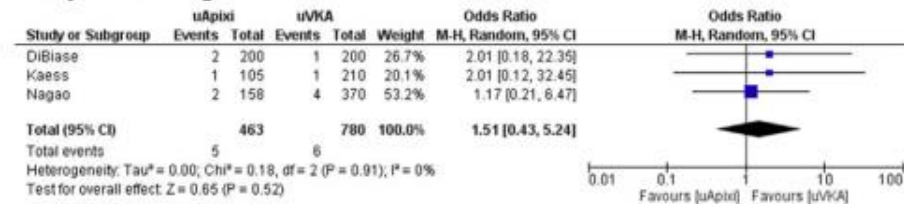
Uninterrupted Apixaban vs uninterrupted VKA

A

Stroke/TIA



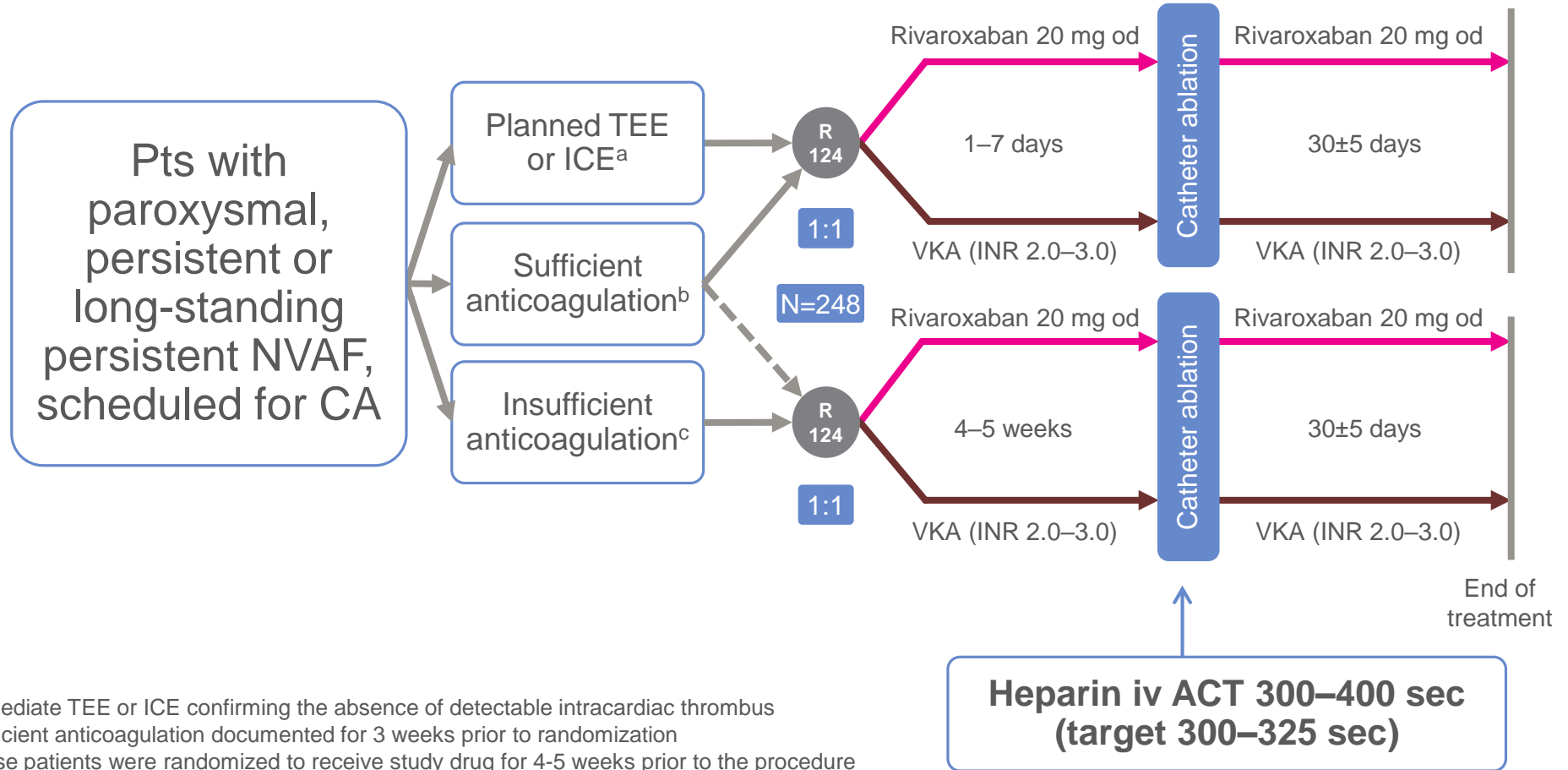
Major bleeding



Uninterrupted rivaroxaban vs. uninterrupted vitamin K antagonists for catheter ablation in non-valvular atrial fibrillation

Riccardo Cappato^{1,2}, Francis E. Marchlinski³, Stefan H. Hohnloser⁴, Gerald V. Naccarelli⁵, Jim Xiang⁶, David J. Wilber⁷, Chang-Sheng Ma⁸, Susanne Hess⁹, Darryl S. Wells¹⁰, George Juang¹¹, Johan Vijgen¹², Burkhard J. Hügl¹³, Richard Balasubramaniam¹⁴, Christian De Chillou¹⁵, D. Wyn Davies¹⁶, L. Eugene Fields¹⁷, and Andrea Natale^{18*}, on behalf of the VENTURE-AF Investigators

VENTURE AF Design: Randomized, Open-label, Active-controlled Multicentre Study



VENTURE AF: Patient Demographics*

ITT Population	Rivaroxaban (n=124)	VKA (n=124)
Age, years, mean (SD)	58.6 (9.9)	60.5 (10.5)
Male, n (%)	86 (69.4)	90 (72.6)
Paroxysmal AF, n (%)	95 (76.6)	87 (70.2)
Prior cardioversion, n (%)	47 (37.9)	54 (43.5)
Prior catheter ablation, n (%)	11 (8.9)	11 (8.9)
CHF, n (%)	12 (9.7)	9 (7.3)
Hypertension, n (%)	59 (47.6)	57 (46.0)
Diabetes mellitus, n (%)	8 (6.5)	14 (11.3)
Prior stroke/TIA/embolism, n (%)	0	3 (2.4)
Vascular disease, n (%)	22 (17.7)	25 (20.2)
CHADS ₂ score, mean (SD)	0.7 (0.7)	0.8 (0.9)
CHA ₂ DS ₂ -VASc score, mean (SD)	1.5 (1.3)	1.7 (1.4)
Beta-blocker, selective, n (%)	65 (52.4)	61 (49.2)
Antiarrhythmic, class IC, n (%)	51 (41.1)	49 (39.5)
Antiarrhythmic, class III, n (%)	30 (24.2)	39 (31.5)
Previous VKA use, n (%)	36 (29.0)	37 (29.8)
Previous Rivaroxaban use, n (%)	23 (18.5)	29 (23.4)
Previous Dabigatran use, n (%)	12 (9.7)	10 (8.1)

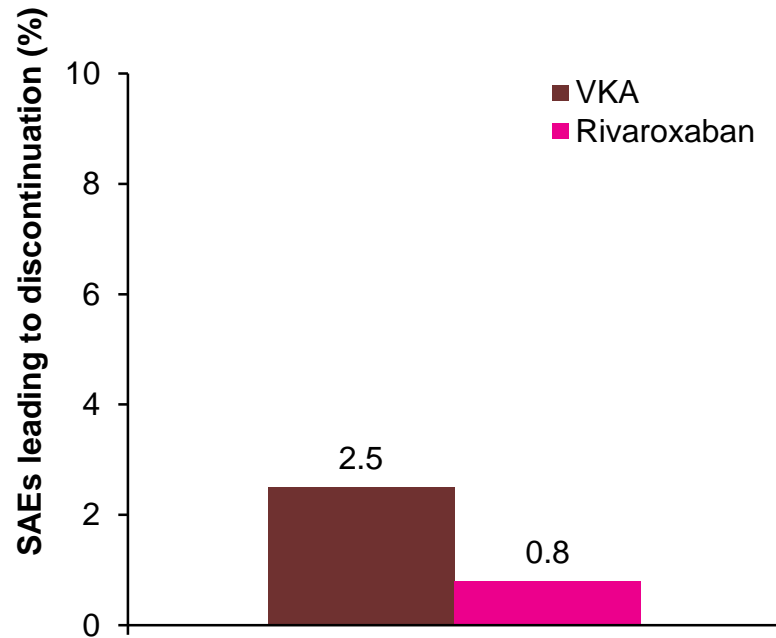
VENTURE AF: Complications During the Study Period

	Riva	VKA	Total
Any bleeding event*	21	18	39
Major bleeding event	0	1	1
Vascular pseudoaneurysm	0	1	1
Non-major bleeding event	21	17	38
Any TEs (composite)#	0	2	2
Ischaemic stroke	0	1	1
Vascular death	0	1	1
Any other procedure-attributable event†	5	5	10
Pericardial effusion (w/out tamponade)	0	1	1

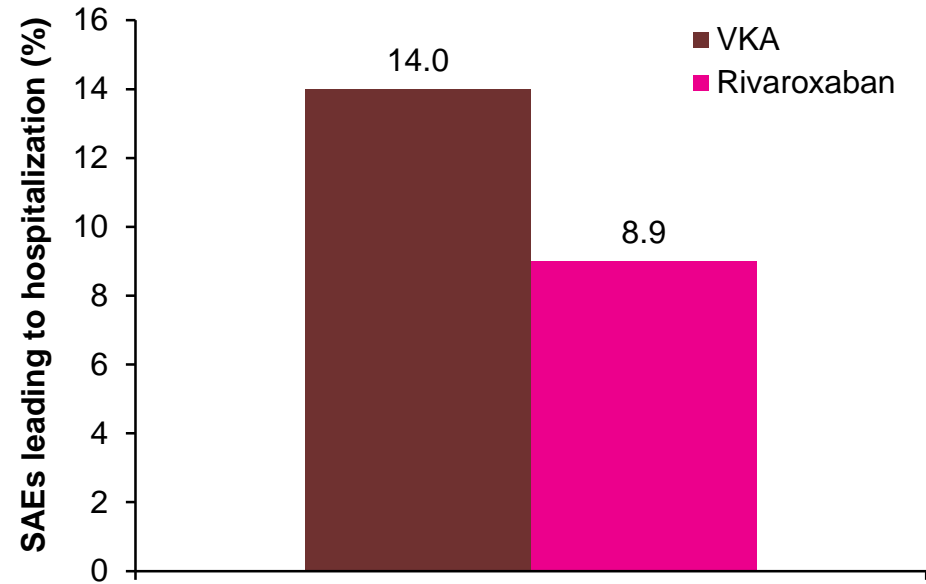
*safety population; #ITT population; †per-protocol population

VENTURE AF: Serious Adverse Events Leading to...

◆ ...drug discontinuation



◆ ...hospitalization



The number of SAEs leading to drug discontinuation or hospitalization were very low and similar across the treatment groups

VENTURE-AF Summary

- ▶ VENTURE-AF is the **first prospective randomized study** of a NOAC in pts with AF undergoing CA
- ▶ *Due to expected low event rates and an unfeasible large calculated sample size, VENTURE-AF was intentionally designed as an **exploratory study** and thus no formal statistical superiority or non-inferiority analysis was planned*
- ▶ **Major complication rates were low** and similar, validating study design assumptions
 - *The incidence of primary **safety events** (major bleeding) was low and similar (0.4%; 1 event in a VKA pt and none in rivaroxaban pts)*
 - *The incidence of **composite TE events** was low and similar (0.8%; 2 events, in VKA pts and none in rivaroxaban pts)*
- ▶ The overall complication rate was 20.6%

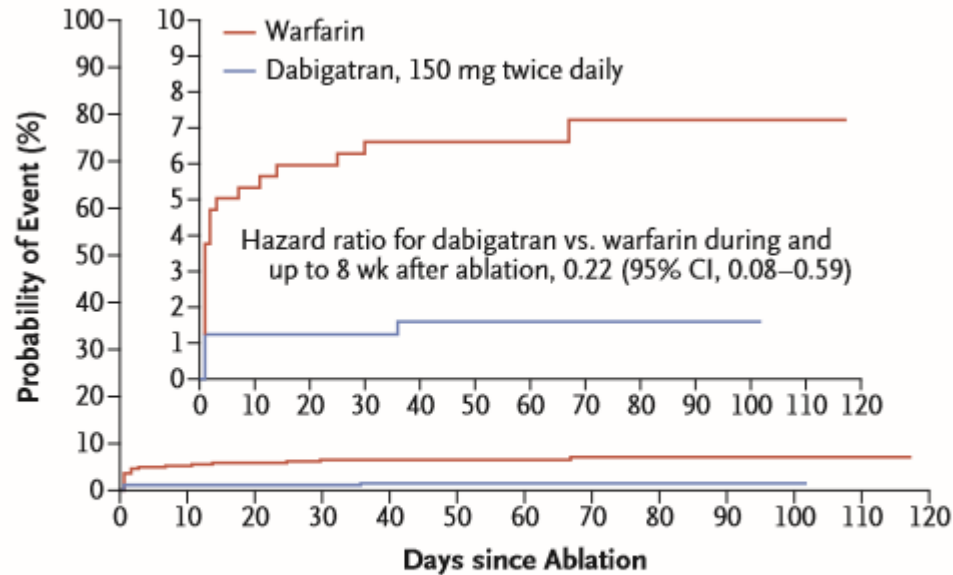
RE-CIRCUIT

Dabigatran vs Warfarin

- ▶ N°=610
- ▶ Primary E-P:
 - *ISTH major bleeding @ 90d*
- ▶ Secondary E-Ps:
 - *stroke/TIA @ 30/90d*
 - *ISTH major mleeding @ 30d*
 - *net clinical benefit @ 30/90d*
 - *vascular access complications*
 - *pericardial effusion, pericardial tamponade*
 - *all cause mortality*

RE-CIRCUIT Study

Major Bleedings



No. at Risk

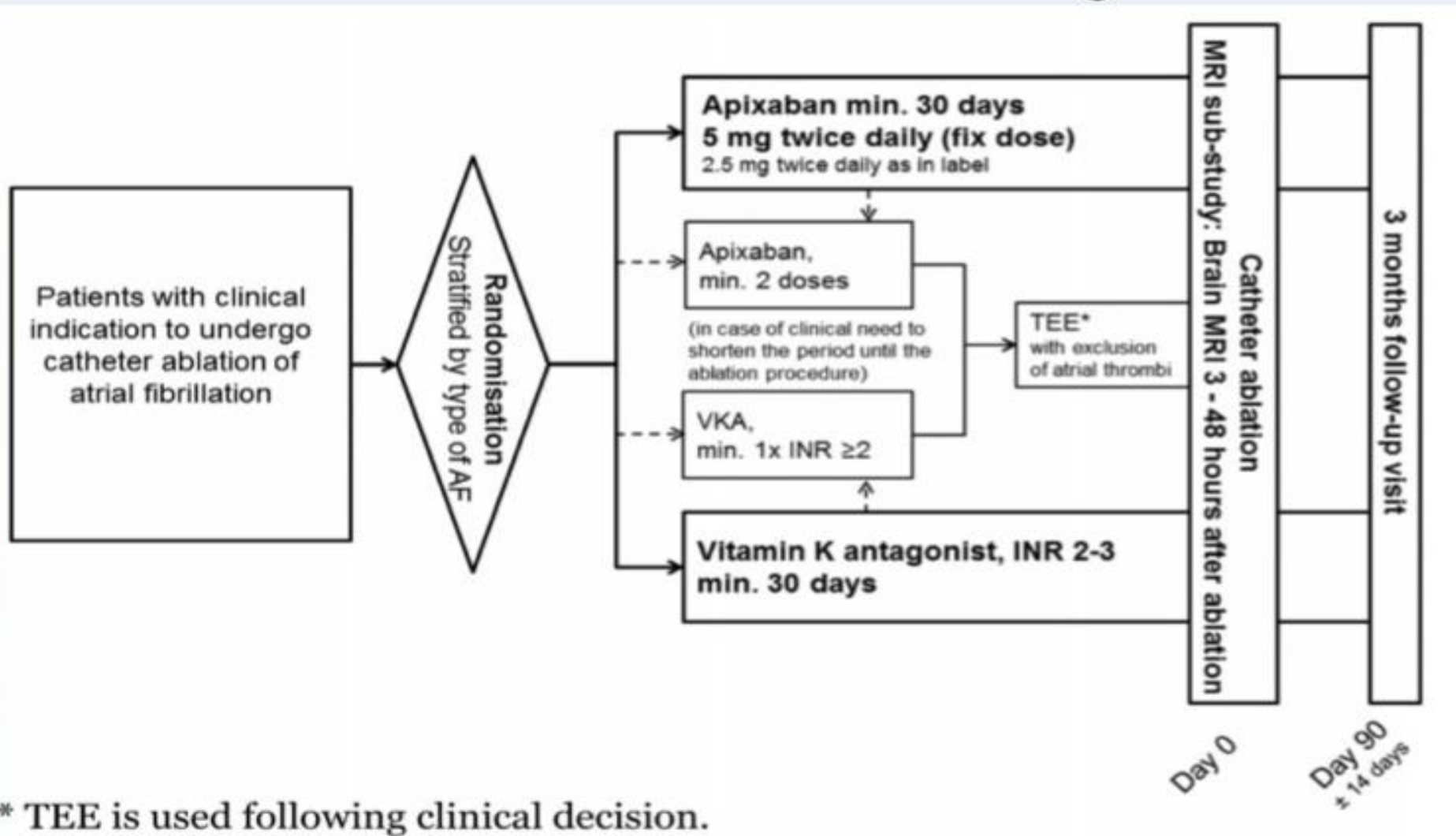
Dabigatran	317	313	311	311	306	305	297	83	4	2	1	0	0
Warfarin	318	301	297	296	295	295	278	85	13	5	3	1	0

Adverse Events

Event	Dabigatran, 150 mg Twice Daily (N=338)	Warfarin (N=338)	Total (N=676)
	<i>number (percent)</i>		
Any adverse event	225 (66.6)	242 (71.6)	467 (69.1)
Severe adverse event†	11 (3.3)	21 (6.2)	32 (4.7)
Adverse event leading to treatment discontinuation	19 (5.6)	8 (2.4)	27 (4.0)
Serious adverse event	63 (18.6)	75 (22.2)	138 (20.4)
Fatal adverse event	0	0	0
Immediately life-threatening event	1 (0.3)	2 (0.6)	3 (0.4)
Event that resulted in clinically significant or persistent disability or incapacity	0	1 (0.3)	1 (0.1)
Event that required hospitalization	26 (7.7)	34 (10.1)	60 (8.9)
Event that prolonged hospitalization	13 (3.8)	22 (6.5)	35 (5.2)
Other‡	29 (8.6)	27 (8.0)	56 (8.3)

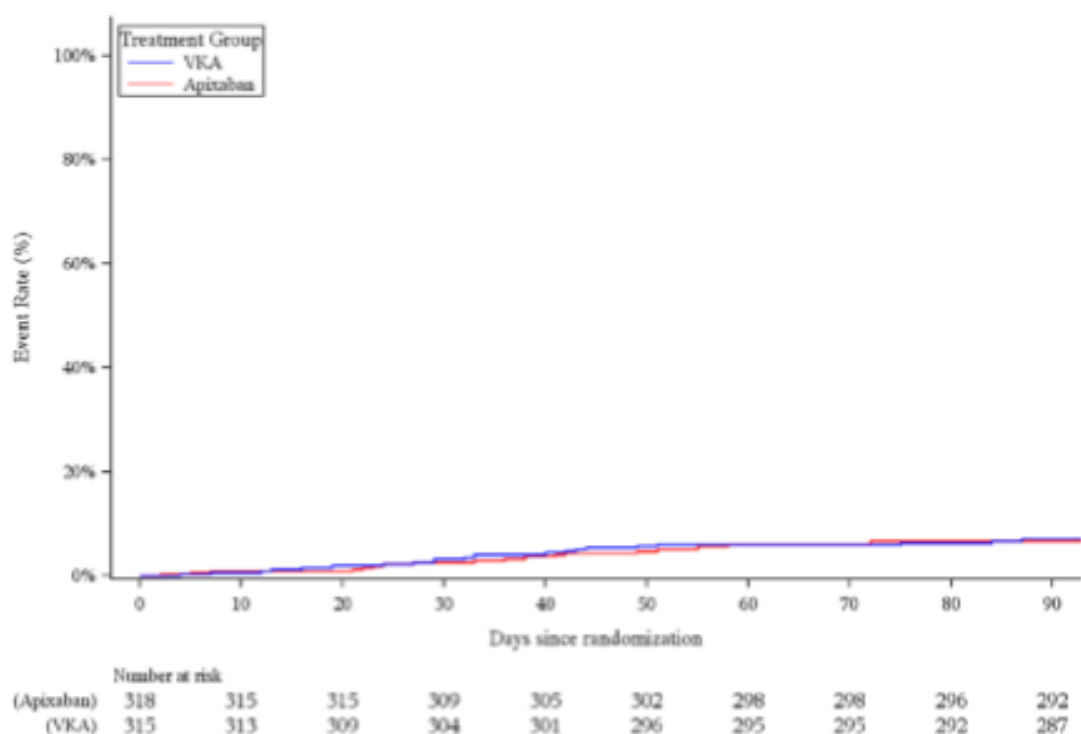
Calkins H.
N Engl J Med 2017;376:1627-36

AXAFA – AFNET 5 design



Primary outcome

Difference in primary outcome rate -0.38%
 90% confidence interval -4.0%, %-3.3%
 non-inferiority p=0.0002



	Apixaban	VKA
Composite of all-cause death, stroke or major bleeding	22/318 (6.9%), non-inferiority p=0.0002	23/315 (7.3%)
Death	1 (0.3%)	1 (0.3%)
Stroke or TIA	2 (0.6%)	0
Intracranial hemorrhage	0	1 (0.3%, fatal)
TIMI major bleeding	1 (0.3%)	3 (1%)
ISTH major bleeding	10 (3.1%)	14 (4.4%)
Tamponade	2 (0.6%)	5 (1.6%)

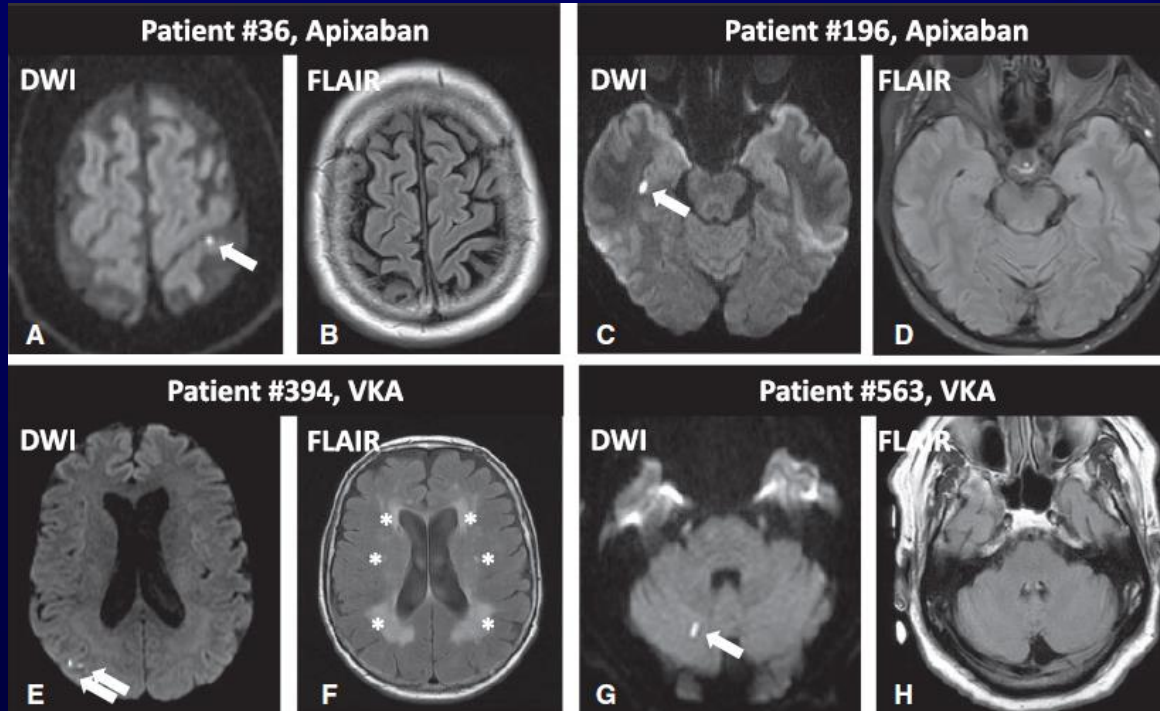
AXAFA - AFNET 5

Primary Outcome

Kirchhof P.
EHJ 2018;
39: 2942–2955

AXAFA - AFNET 5

High-Resolution Diffusion-Weighted Brain Magnetic Resonance Imaging Substudy



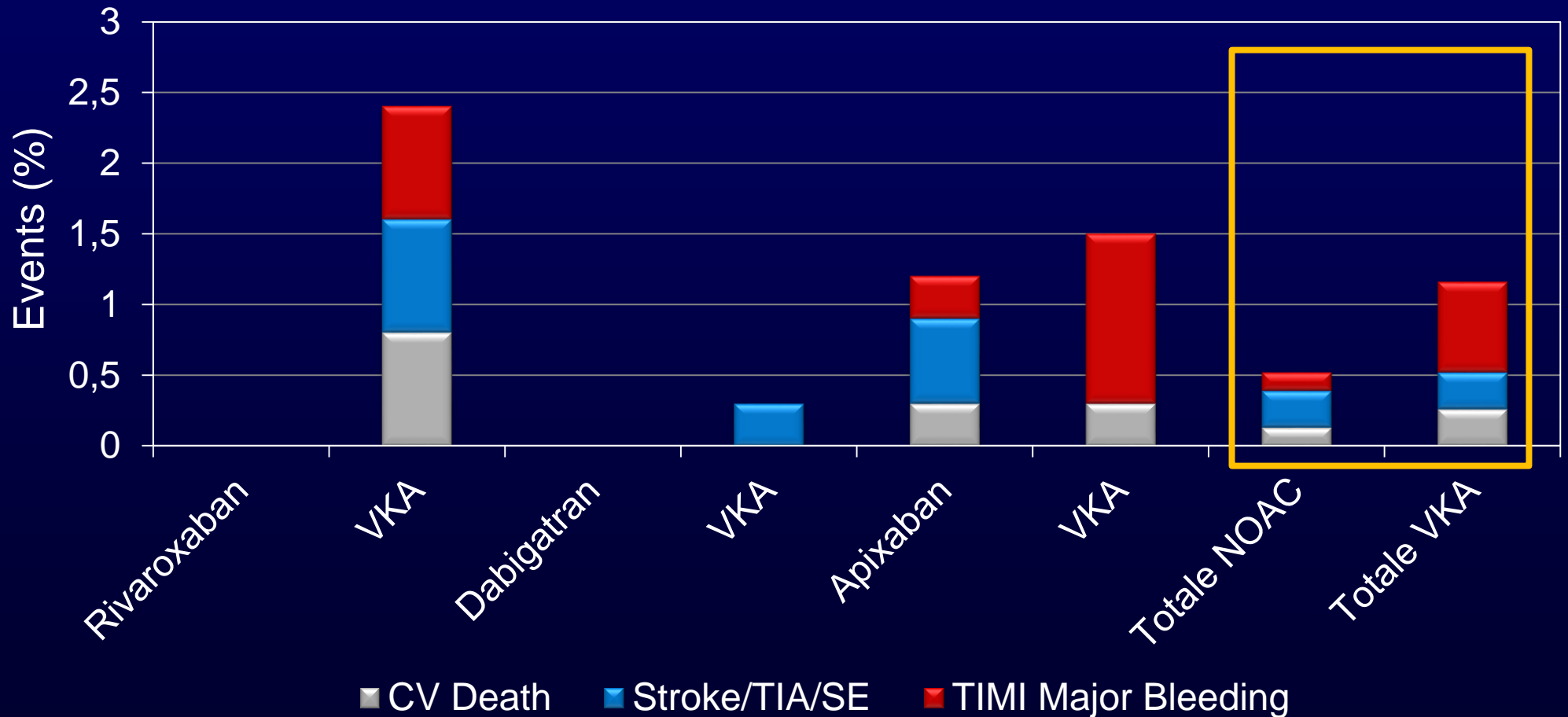
acute brain lesions detected in the brain MRI sub-study

Kirchhof P.
EHJ 2018;
39: 2942–2955

	All patients (n = 323)	Apixaban (n = 162)	VKA (n = 161)	P-value
No lesion	239 (74.0%)	118 (72.8%)	121 (75.2%)	0.635
Exactly one lesion	46 (14.2%)	27 (16.7%)	19 (11.8%)	0.211
Exactly two lesions	21 (6.5%)	7 (4.3%)	14 (8.7%)	0.111
More than two lesions	17 (5.3%)	10 (6.2%)	7 (4.3%)	0.463

VENTURE-AF, RE-CIRCUIT, AXAFA-AFNET 5

Event Rate in 1547 Pts



AEIOU Study Advances Uninterrupted NOAC Strategy in AF Ablation

	Apixaban uninterrupted N 150 ®	Apixaban dose withheld N 150 ®	Warfarin uninterrupted N 295 retro
NMCS bleeding (%)	11.3	9.7	9.8
Major bleeding (%)	1.3	2.1	1.4
TE event (TIA) (N°)	1	1	2
Death (N°)	-	-	-

Anticoagulation Peri-AF Ablation

Summary

- ▶ During peri-procedural phase there is an **increased risk** for TE events
- ▶ CA peri-procedural phase: NOACs **can continue** to be used
 - *last dose* is given the day before procedure
 - *restart* the evening of the procedure
 - *eliminate* the need for *bridging*
- ▶ *After CA pts continue receiving OAC for at least two months to allow for healing, then the need for OAC can be assessed*