



# Caso clinico

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- Paziente di anni 48 con anamnesi negativa per patologie di rilievo
- Riscontro occasionale di PSA 5.4
- Non sintomatologia
- Esplorazione rettale con modesta flogosi, non noduli palpabili.

# Quesiti



- Ripetizione PSA
- Terapia prima della ripetizione del PSA
- RMN e/o biopsia prostatica

<b>Recommendations for screening and early detection</b>	<b>Strength rating</b>
Do not subject men to prostate-specific antigen (PSA) testing without counselling them on the potential risks and benefits.	Strong
Offer an individualised risk-adapted strategy for early detection to a well-informed man with a good performance status (PS) and a life-expectancy of at least ten to fifteen years.	Strong
Offer early PSA testing in well-informed men at elevated risk of having PCa: <ul style="list-style-type: none"> <li>• men &gt; 50 years of age;</li> <li>• men &gt; 45 years of age and a family history of PCa;</li> <li>• African-Americans &gt; 45 years of age.</li> </ul>	Strong
Offer a risk-adapted strategy (based on initial PSA level), with follow-up intervals of two years for those initially at risk: <ul style="list-style-type: none"> <li>• men with a PSA level of &gt; 1 ng/mL at 40 years of age;</li> <li>• men with a PSA level of &gt; 2 ng/mL at 60 years of age.</li> </ul> Postpone follow-up to eight years in those not at risk.	Weak
Stop early diagnosis of PCa based on life expectancy and PS; men who have a life-expectancy of < 15 years are unlikely to benefit.	Strong

Choosing Wisely – Promoting conversations between providers and patients

Recommendations Urology AUA – Treating elevated PSA with antibiotics

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- Don't treat an elevated PSA with antibiotics for patients not experiencing other symptoms.
- It had previously been suggested that a course of antibiotics might lead to a decrease in an initially raised PSA and reduce the need for prostate biopsy; however, there is a lack of clinical studies to show that antibiotics actually decrease PSA levels. It should also be noted that a decrease in PSA does not indicate an absence of prostate cancer.

# quesiti

- Terapia antiflogistica ?
- Serenoa?
- Deprox?



# Conclusioni

- Deprox supposte 2 settimane
- Serenoa 20 giorni
- Al termine PSA 2.3