

Eventi avversi
Immunomediati:

Diagnosi precoce e gestione

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Desenzano, 14 Marzo 2017



NUOVE SFIDE CLINICHE
NELL'ERA DELL'IMMUNOTERAPIA
DEL CARCINOMA DEL **POLMONE**

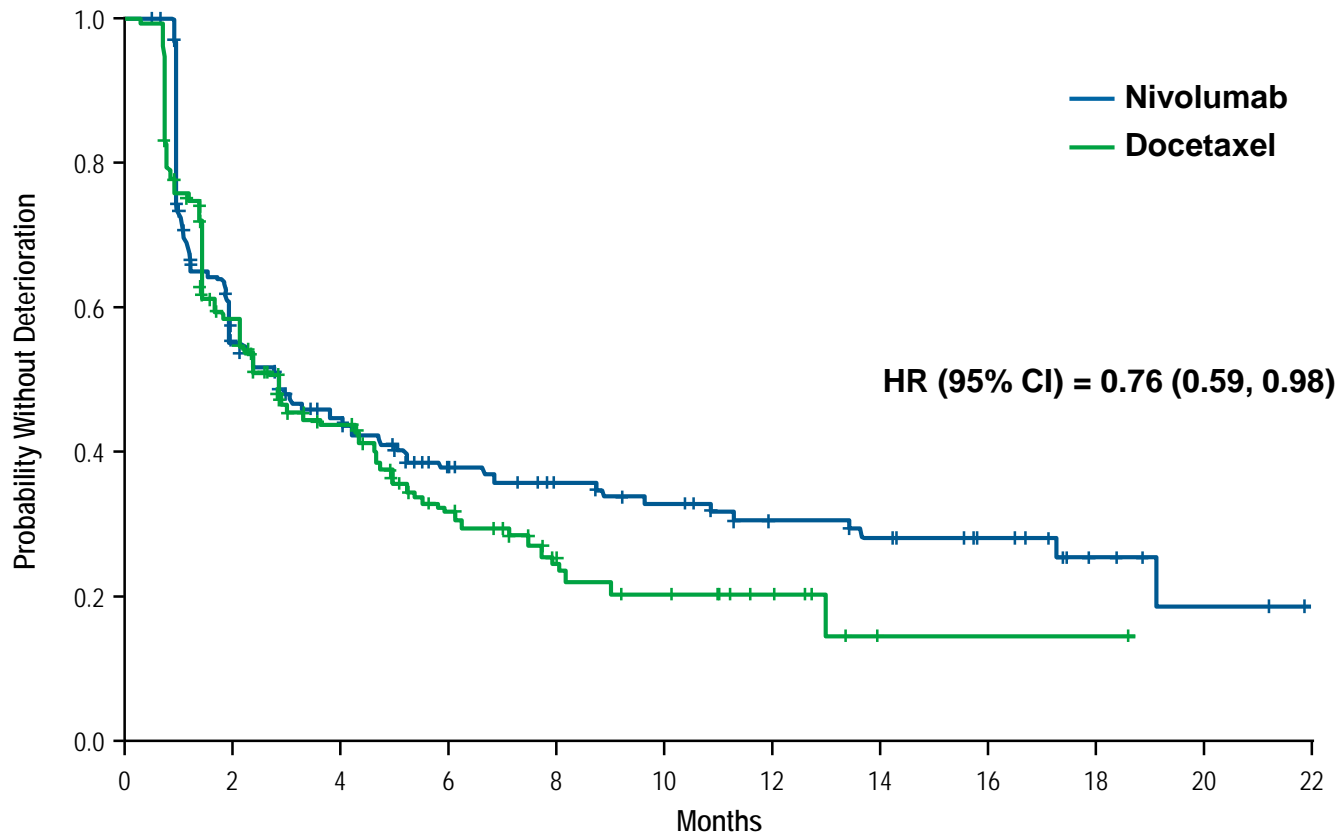
ADVERSE EVENT IN ONCOLOGY

- Impact on **quality of life** of patients
- Impact on **efficacy of treatment**
(dose reduction and discontinuation)
- Impact on cost
- Impact on what oncologists need to know



IMMUNOTHERAPY AND QUALITY OF LIFE

Time to first deterioration (EQ5D VAS- Second-line-Checkmate 057)



No. of patients:

Nivolumab	208	94	66	45	39	33	25	22	15	6	3	0
Docetaxel	212	104	59	33	15	12	6	1	1	1	0	0

IMMUNOTOXICITY AND EFFICACY-discontinuation

Second-line: Checkmate 017-057 long-term results > 2 year fu

Disposition (treated patients)	CheckMate 017 (SQ NSCLC)		CheckMate 057 (non-SQ NSCLC)	
	Nivolumab (n = 131)	Docetaxel (n = 129)	Nivolumab (n = 287)	Docetaxel (n = 268)
Continuing on treatment, %	8	0	9	0
Discontinued treatment, %	92	100	91	100
Reasons for discontinuation, %				
Disease progression	72	62	70	67
Study drug toxicity	7	10	7	16
AE unrelated to study drug	5	10	8	4
Death	0	0	<1	<1
Other ^a	8	18	5	13
Subsequent therapy (all randomized patients)	Nivolumab (n = 135)	Docetaxel (n = 137)	Nivolumab (n = 292)	Docetaxel (n = 290)
Crossover to nivolumab, %	NA	4	NA	6
Received subsequent systemic therapy,^b %	41	32	46	52

IMMUNOTOXICITY AND EFFICACY-discontinuation

After the first-line: EAP

Discontinuations	CNS metastases (n = 37)	All patients (N = 371)
Discontinued treatment, n (%)	27 (73)	281 (76)
Reason for discontinuation, n (%)		
Progressive disease	16 (59)	160 (57)
Death	6 (22)	64 (23)
AEs/Serious AEs	1 (4)	21 (7)
Other ^a	4 (15)	36 (13)

IMMUNOTOXICITY AND EFFICACY-

How discontinuation and steroids use affect outcome



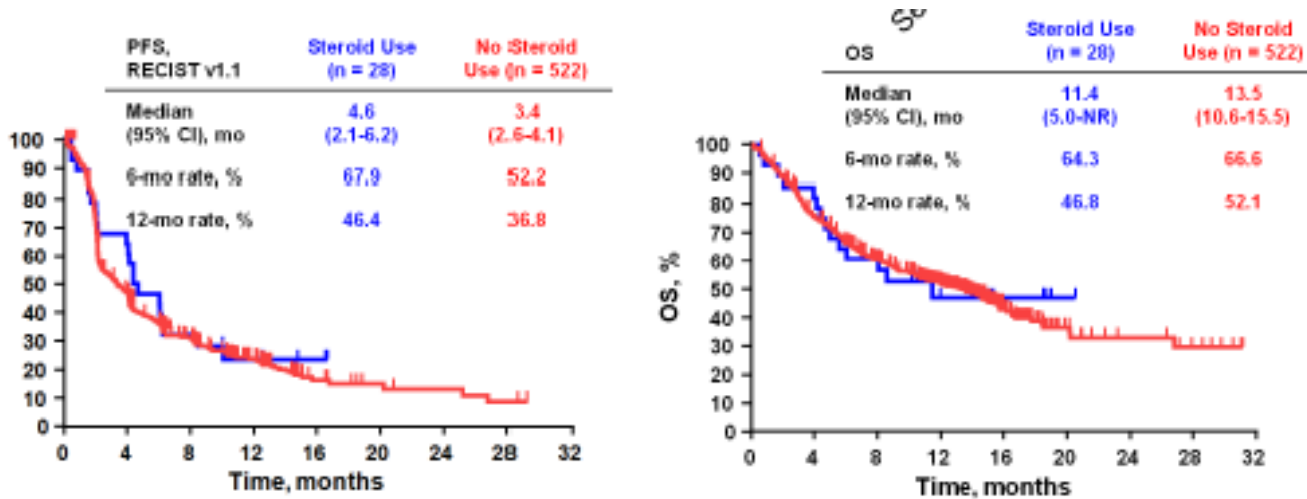
CHECKMATE 069

AE leading to discontinuation: 30% (NIVO+IPI) and 9% (IPI)

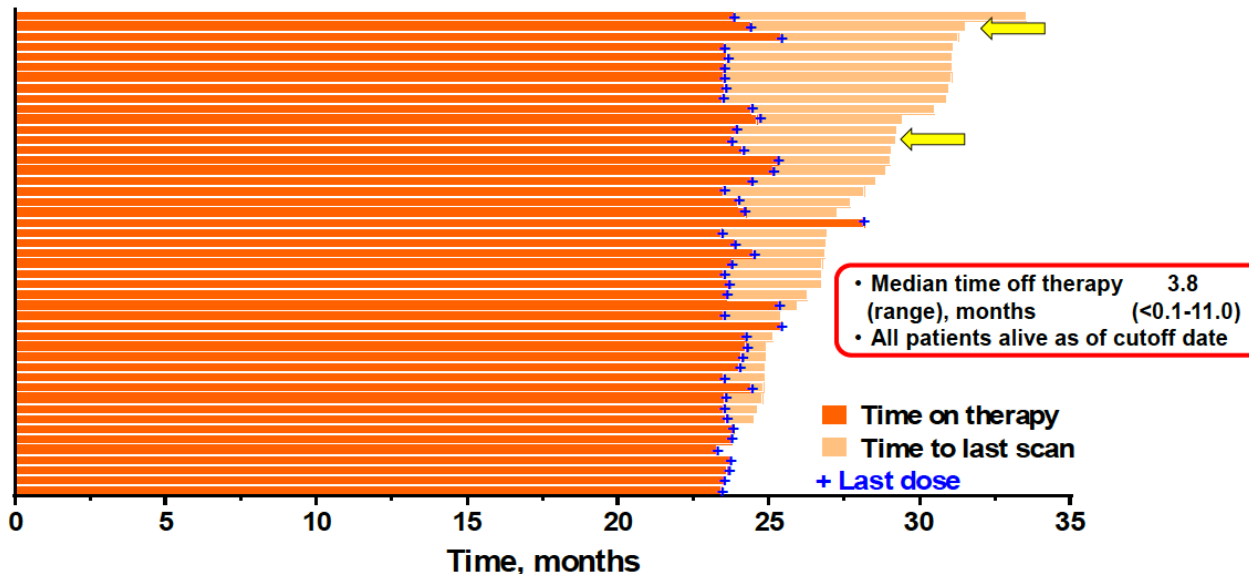
	All randomized discontinued due to toxicity		All randomized (BRAf wt)	
	NIVO+IPI (N:44)	IPI (N:10)	NIVO+IPI (N:72)	IPI (N:37)
Median OS, months (95% CI)	NR	11.2 (2.2-NR)	NR	NR
18-month OS rate (%)	79.5	40	73.2	56

IMMUNOTOXICITY AND EFFICACY-

How discontinuation and steroids use affect outcome
Keynote 01



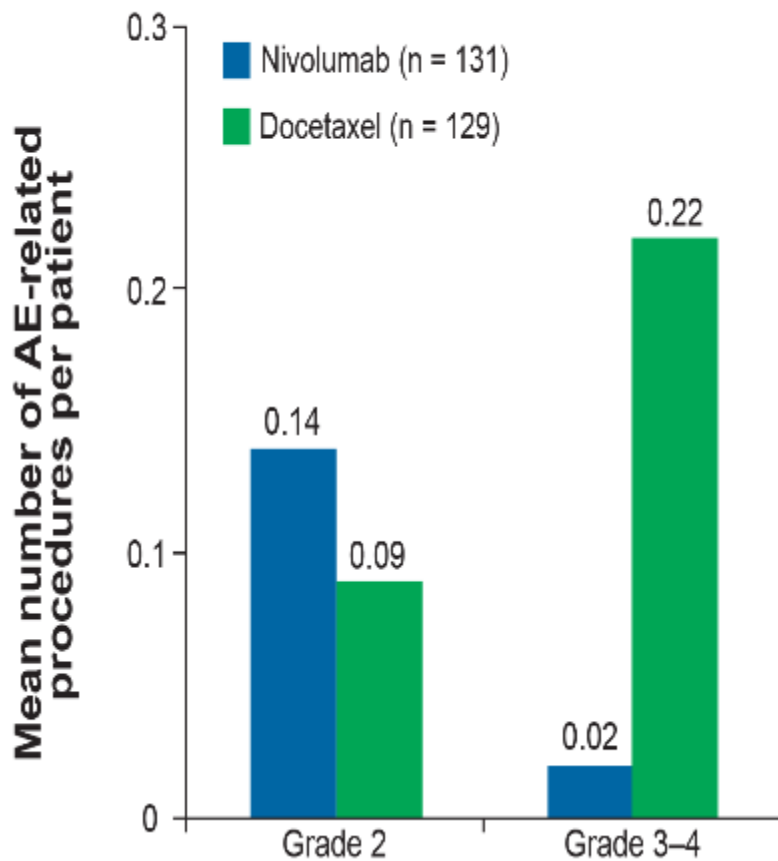
Leigh N et al, WCLC 2016



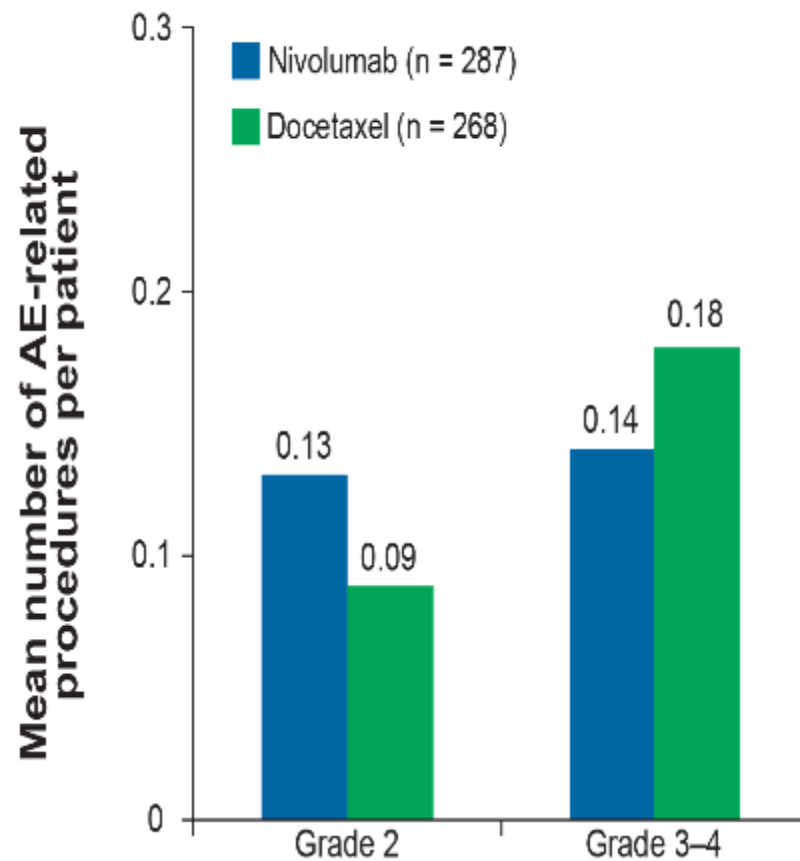
Herbst RS et al, WCLC 2016

IMMUNOTOXICITY AND COST

CheckMate 017



CheckMate 057



IMMUNOTOXICITY: WHAT WE NEED TO KNOW EVERYDAY

✓ **WHY**

✓ **WHAT**

✓ **WHEN**

✓ **HOW TO TREAT**

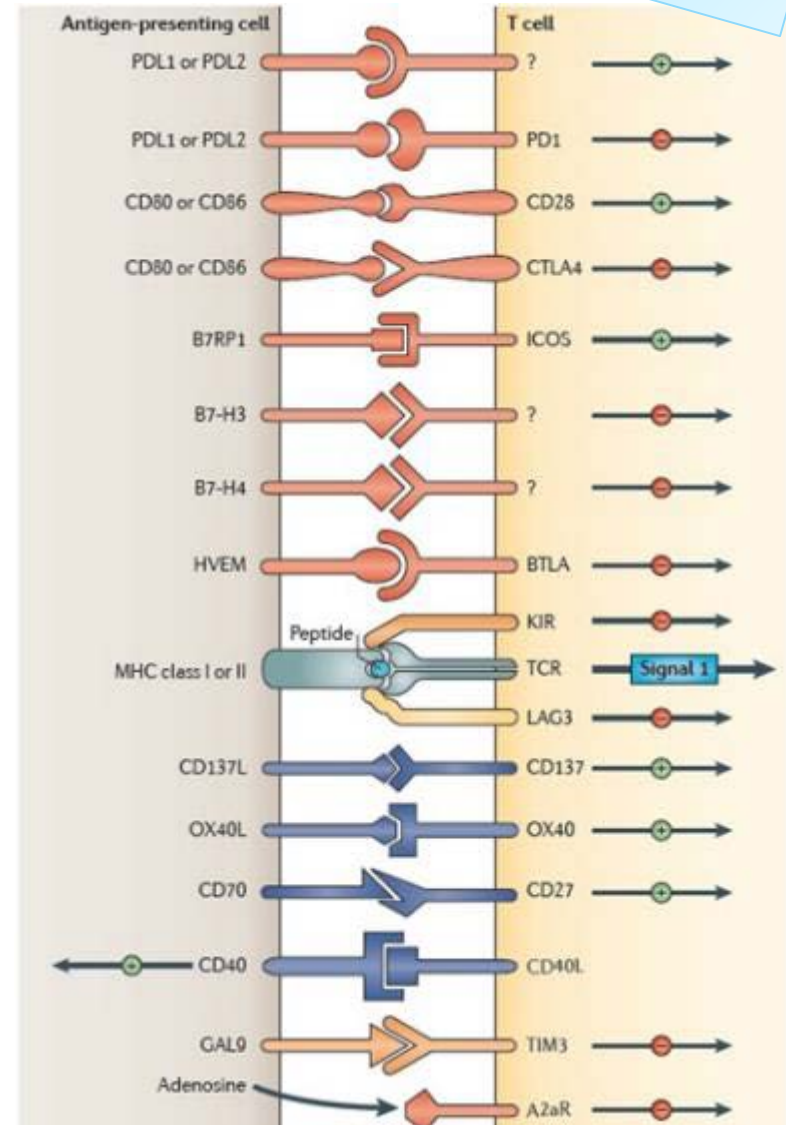
Immune checkpoints

WHY

- Maintain self-tolerance
- Modulate the duration and amplitude of immune responses in peripheral tissues



The blockade of immune checkpoints unleashes the antitumor immune response

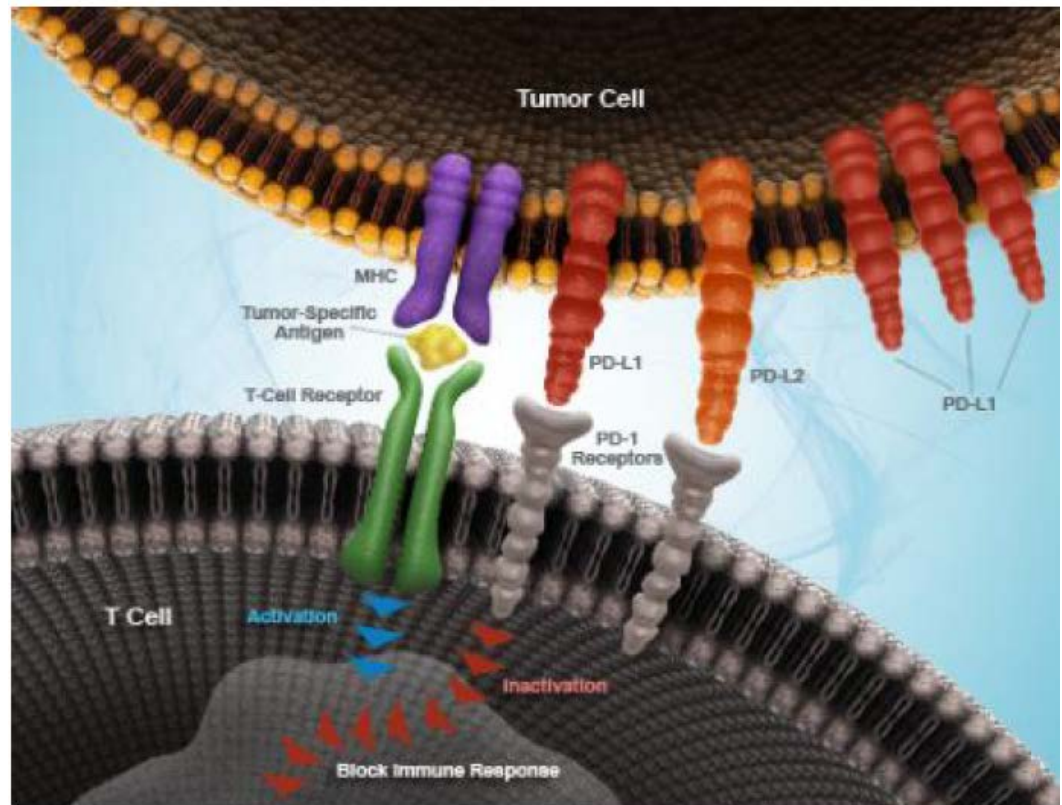


WHY

CTLA-4 regulate T-cell activation in lymphoid tissue

PD-1/PDL-1 limits T-cell activity in peripheral tissue

Anti-PDL1 do not
block the interaction
PDL2-PD1

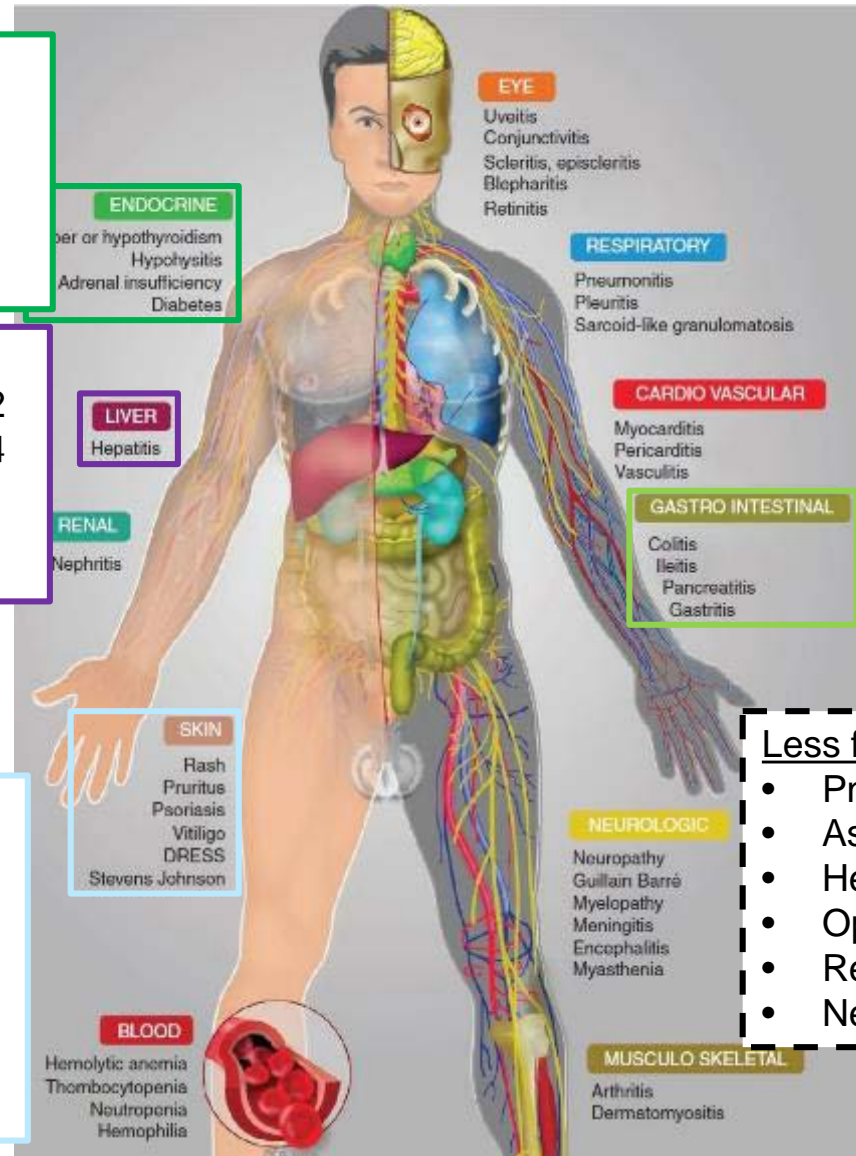


ANTI-PD1 vs ANTI-PDL1: toxicity in phase III trials

		Nivolumab	Pembrolizumab	Atezolizumab	Docetaxel
TR AEs	Any grade	58-69%	63-66%	64%	81-88%
	Grade ≥ 3	7-10%	13-16%	37%	35-57%
	Discontinued	2-4%	4-5%	8%	7%
Pneumonitis	Any grade	5%	4-5%		0%
	Grade ≥ 3	1%	2%	1%	0%
Colitis	Any grade	1%	1%		0%
	Grade ≥ 3	1%	0.5%	0.3%	0%

Immune-Related Adverse Events (irAEs)

WHAT



Anti CTLA-4
 - 10% → Hypophysitis and hypothyroidism

Anti PD-1
 - <10% → Hypothyroidism

Anti CTLA-4
 - 30% → Diarrhoea (only 10% G3-4)
 - 5% → Colitis G3-4

Anti PD-1
 - 1-2% → Diarrhoea G3-4

Anti CTLA-4
 - 2.5% → Hepatotoxicity G2
 - 2% → Hepatotoxicity G3-4

Anti PD-1
 - <5% → Hepatotoxicity

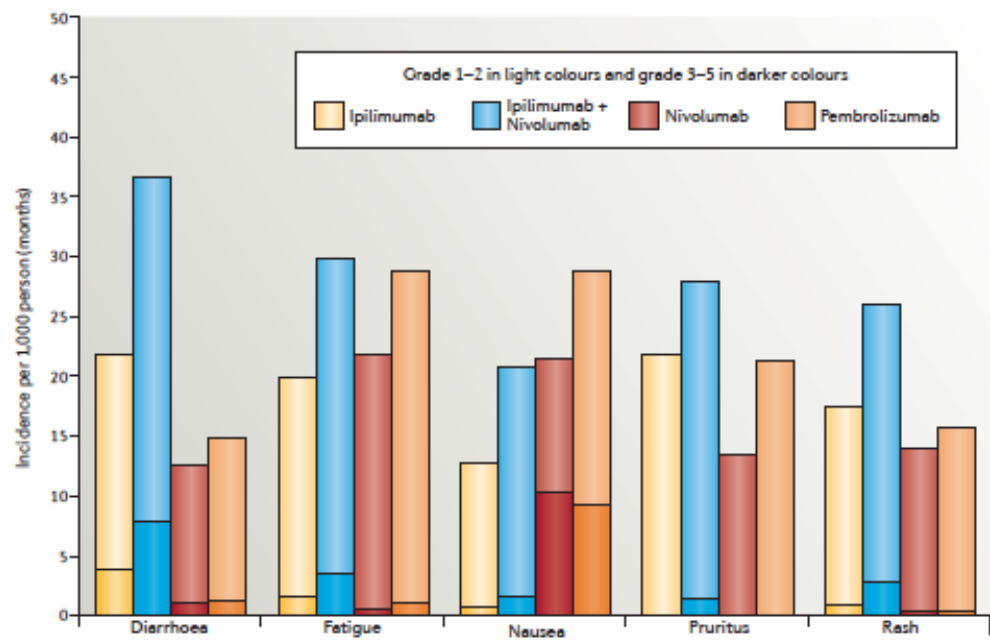
Anti CTLA-4
 - 50% → Rash and pruritus (trunk and extremities)

Anti PD-1
 - 37% → skin toxicity of all grades
 - 6,5% → dry mouth

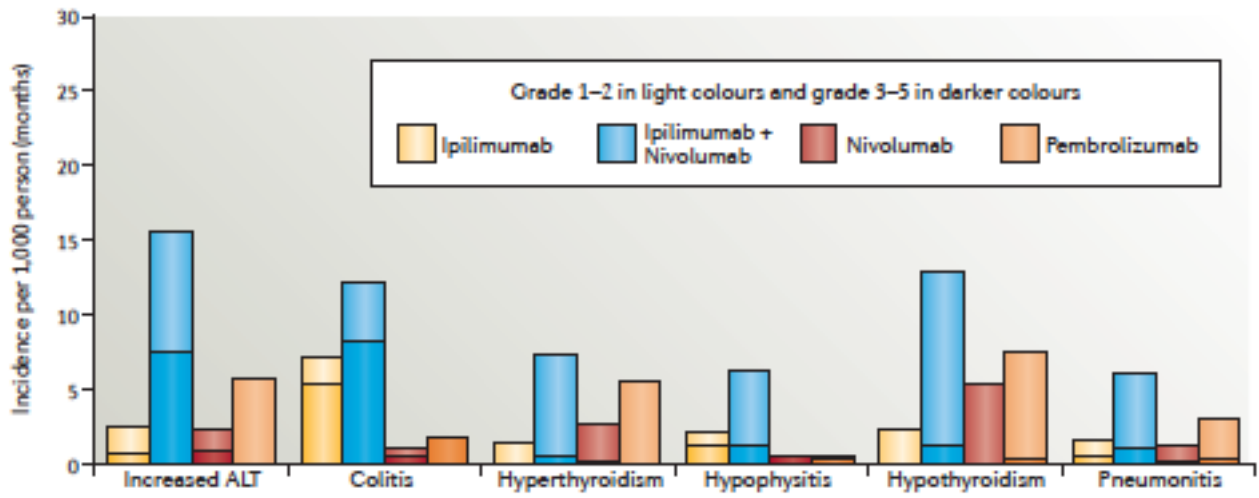
Less frequent irAEs:

- Pneumonitis
- Asymptomatic pancreatitis
- Hematologic syndromes
- Ophthalmologic disorders
- Renal insufficiency
- Neurologic syndromes

WHAT



FREQUENT AE (> 10%)



RARE AE (<= 10%)

EVERYTHING MAY HAPPEN.....

WHAT

Table 1. Immune checkpoint blockade (ICB) toxicities

Frequent (>10%) ICB toxicities

- Ipilimumab (anti-CTLA4): diarrhea, rash, pruritus, fatigue, nausea, vomiting, decreased appetite and abdominal pain
- Nivolumab (anti-PD1): fatigue, rash, pruritus, diarrhea and nausea
- Pembrolizumab (anti-PD1): diarrhea, nausea, pruritus, rash, arthralgia and fatigue

Rare (<10%) life-threatening ICB toxicities

- Colitis and risk of gastrointestinal perforation
- Pneumonitis including acute interstitial pneumonia/acute respiratory distress syndrome
- Infusion reaction and anaphylactic shock
- Type 1 diabetes and risk of diabetic ketoacidosis
- Severe skin reactions, DRESS, Stevens Johnson syndrome
- Hemolytic anemia or immune thrombocytopenia and hemorrhagic risk
- Neutropenia and sepsis risk
- Encephalopathy and neurological sequelae
- Guillain-Barré syndrome and respiratory risk
- Myelitis and motor sequelae
- Myocarditis and cardiac insufficiency
- Acute adrenal insufficiency and hypovolemic shock
- Pleural and pericardial effusion
- Nephritis



COLITIS

PNEUMONITIS

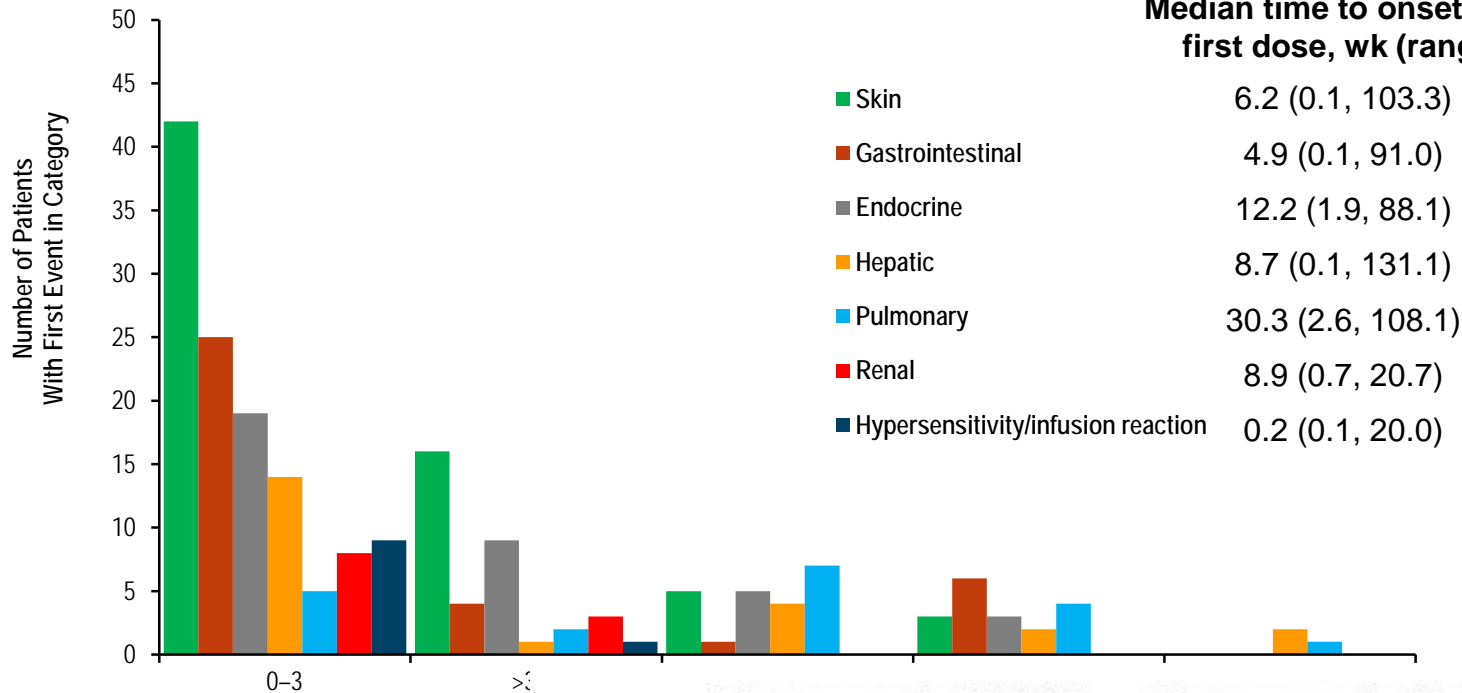
HEPATITIS

ENDOCRINOPATHY

SKIN RASH

WHEN

WHEN?... AND HOW LONG?

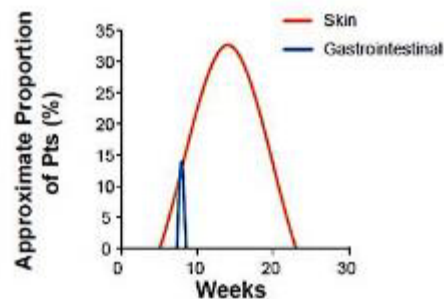


Median time to onset from first dose, wk (range)

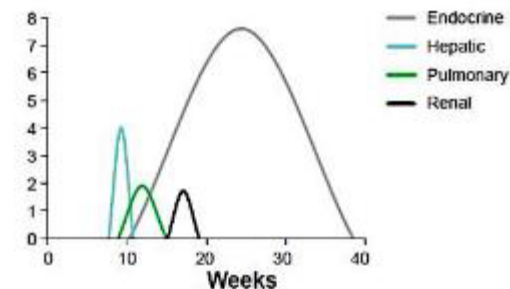
■ Skin	6.2 (0.1, 103.3)
■ Gastrointestinal	4.9 (0.1, 91.0)
■ Endocrine	12.2 (1.9, 88.1)
■ Hepatic	8.7 (0.1, 131.1)
■ Pulmonary	30.3 (2.6, 108.1)
■ Renal	8.9 (0.7, 20.7)
■ Hypersensitivity/infusion reaction	0.2 (0.1, 20.0)

Patients on study, n 418
 Patients on treatment, n 418
 Patients with a first event,^a n 106

A. Most common select AEs (≥10%)



B. Less common select AEs (<10%)



HOW LONG?

Select AE category (total cases, n)	All patients with select AEs		Patients with select AEs receiving immune-modulating medications ^a		
	Cases resolved, n (%)	Median time to resolution, wk (range)	Patients, ^b n (%)	Median duration of immune-modulating medications, wk (range)	Cases resolved, n (%)
Skin (n = 66)	58 (87.9)	10.1 (0.1, 132.3+)	23 (34.8)	9.1 (0.1, 106.1)	20 (87.0)
Gastrointestinal (n = 36)	34 (94.4)	2.3 (0.1, 84.3+)	7 (19.4) ^c	6.8 (2.3, 41.6)	7 (100)
Endocrine (n = 36)	17 (47.2) ^d	NE (1.3+, 130.9+) ^e	3 (8.3)	6.1 (0.6, 10.9)	3 (100)
Hepatic (n = 23)	17 (73.9)	4.0 (0.1, 68.6+)	3 (13.0)	9.6 (1.0, 13.0)	3 (100)
Pulmonary (n = 19)	16 (84.2)	5.9 (0.6, 58.1+)	14 (73.7)	6.1 (0.1, 37.0)	13 (92.9)
Renal (n = 11)	6 (54.5) ^f	10.5 (0.3+, 104.1+)	2 (18.2)	11.8 (0.9, 22.7)	2 (100)
Hypersensitivity/ infusion reaction (n = 10)	10 (100)	0.1 (0.1, 2.1)	3 (30.0)	0.9 (0.1, 1.9)	3 (100)

WHEN

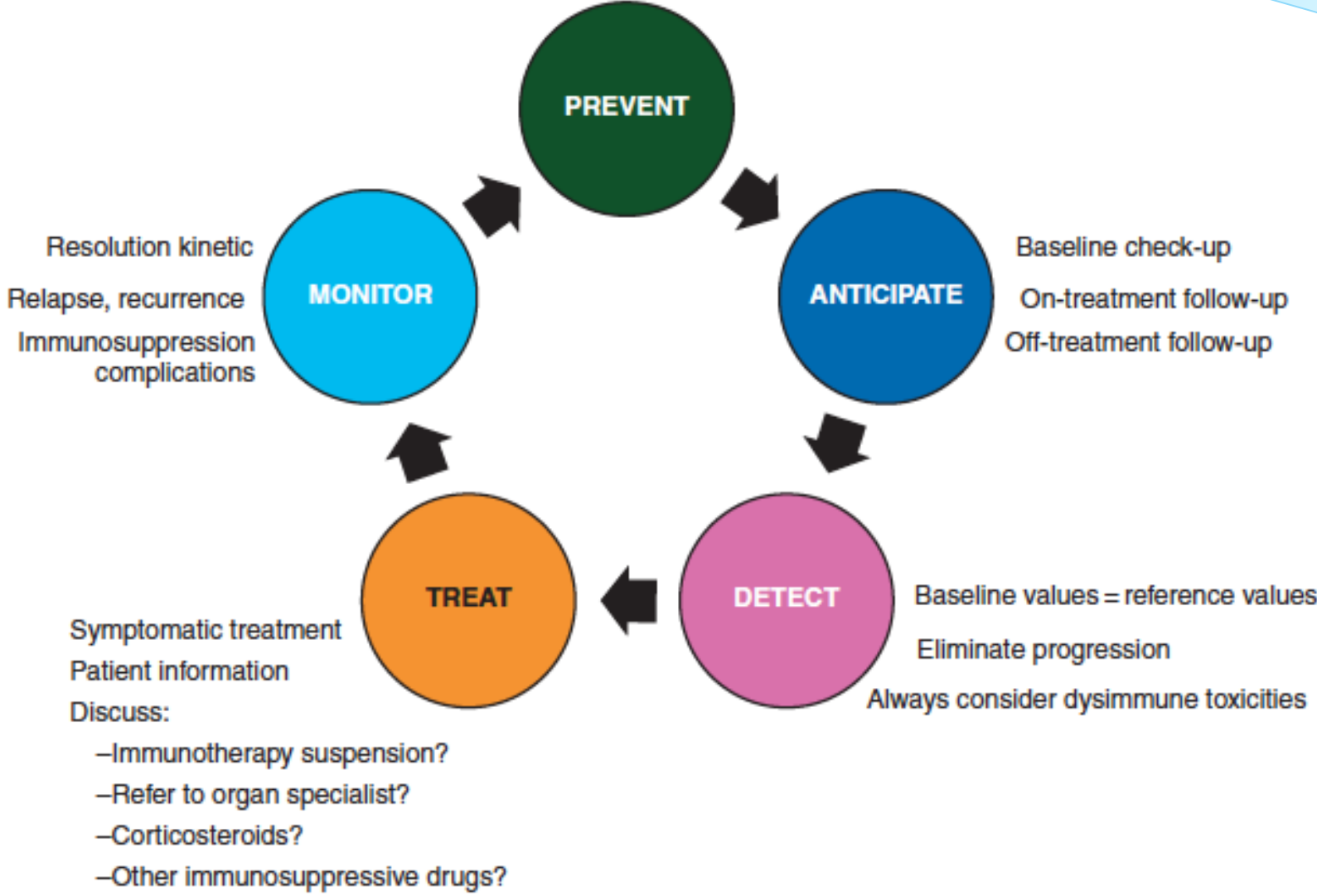
➔ The majority of AE occur within 3 months (but not only)
nivo: 11/418 after 1 year

➔ irAEs may happen also after discontinuation of drugs

➔ With the exception of treatment-related endocrine AEs (often requiring continued hormone replacement therapy) most irAEs resolve (within some weeks)

HOW To treat

Know the immune-toxicity spectrum
Identify dysimmunity risk factors
Inform patients and their healthcare providers



1- PREVENT

Table 2. Immunotherapy baseline checklist

Physical examination
Performance status
Weight, size, body mass index
Heart rate and blood pressure
General symptoms such as asthenia or appetite should be evaluated as they are frequently affected
Particularly pay attention to pre-existing symptoms regarding: intestinal transit, dyspnea and coughing, rash, nausea, headaches, signs of motor or sensory neuropathy and arthralgia
History of fever or recent infection must be checked and investigated appropriately
Baseline electrocardiogram
Ongoing treatment
Laboratory test
Complete CBC
Serum electrolytes: Na, K, alkaline reserve, calcium, phosphorus, uric acid, urea, creatinine with estimated GFR (MDRD or CKD EPI)
Glycemia
Total bilirubin, AST, ALT, GGT, PAL
Albuminemia, CRP
TSH, T4
Cortisol and ACTH at 8 am
LH FSH estradiol testosterone
Proteinuria: morning sample, fasting if possible (g/l with concomitant dosing creatinine in mmol/l)—better than an urine dipstick to detect low levels of proteinuria and tubular proteinuria
Urinary sediment
Quantiferon tuberculosis or TST in case of anterior exposure
Virology: HIV, HCV and HBV serology
Antibody: ANA, TPO Ab, Tg Ab
If doable, we recommend a plasma/serum biobanking before the beginning of immunotherapy to retrospectively titrate at baseline any other factor of interest in case of development of toxicity with biological marker.

Imaging
X-ray chest imaging reference is recommended at baseline
The conventional pretherapeutic thoracic CT scan should be performed with thin sections with and without injection to have a baseline reference in case a pulmonary toxicity occurs.

Any other evaluation may also be necessary before starting immunotherapy depending on patient's history, symptoms or diseases detected at baseline.

HOW
To manage

Table 4

Diagnosis and prevention of AEOSI: recommendations for routine laboratory testing.

Test	Prior therapy	Prior cycle
<i>Blood count</i>		
Differential blood count	x	x
<i>Clinical chemistry</i>		
Electrolytes (Na, K, Ca)	x	x
Creatinine	x	x
Blood urea nitrogen	(x)	(x)
Bilirubin	x	x
Liver transaminases (AST, ALT, GGT)	x	x
LDH	x	(x)
Lipase	x	x
C-reactive protein	(x)	(x)
Glucose ^a	(x)	(x)
TSH ^b	x	x
Free triiodothyronine & thyroxine	x	(x)
Cortisol	(x)	(x)
<i>Serologic tests</i>		
Hepatitis A/B/C	(x)	
Cytomegalovirus	(x)	
HIV	(x)	
Epstein-Barr virus	(x)	

2-ANTICIPATE:



MONITOR AND INFORM

- ✓ LISTEN TO SYMPTOMS
(and not only...)
- ✓ MONITOR LAB TEST
(remember glycemia, serume electrolytes and TSH and...)
- ✓ VISIT
- ✓ WATCH CT-SCAN



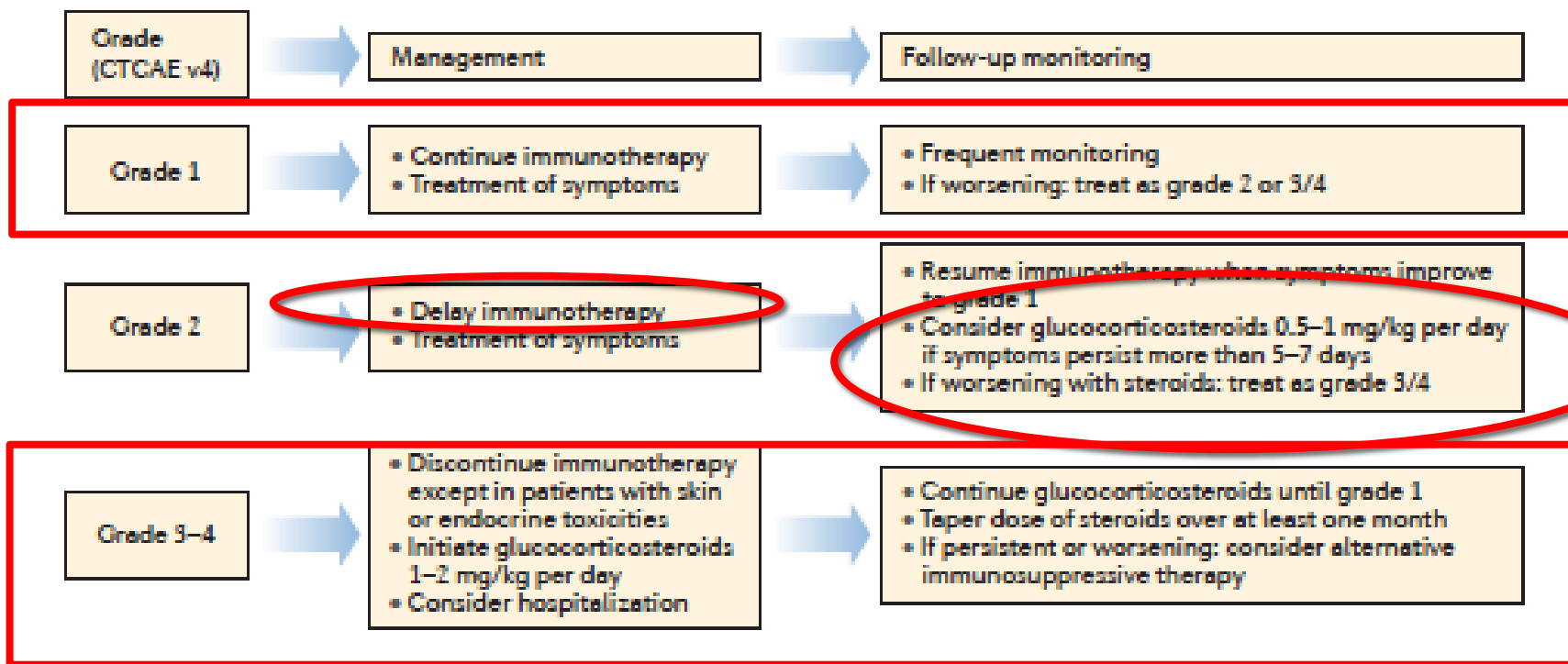
3-DETECT:

**ANY NEW SYMPTOM AND LAB ABNORMALITIES
MAY BE IMMUNORELATED**

- ✓ STUDY AND MONITOR
- ✓ CONSIDER OTHER CAUSES (1st PROGRESSION)
- ✓ CONSIDER TIMING

HOW To treat

4-TREAT:



**NO PANIC,
DELAY AND USE STEROIDS**

Examinations

Management

& Follow-up

Legend:

- continue therapy
- △ delay therapy
- stop therapy

In case of:

- ↗ Improvement
- No change
- ↘ Worsening

Skin events					
°1		●	Topical steroid ^b		
°2		●	Topical steroid ^b		
°3-4	(⊙ Skin biopsy)	△ or ■	1.0-2.0 mg/kg/d	↗ : ●	
Diarrhea/Colitis					
°1	Stool test on pathogens	●	---		
°2	(⊙ Colonoscopy)	△	0.5-1.0 mg/kg/d	→ : ■	
°3-4	Colonoscopy	■	1.0-2.0 mg/kg/d	→ / ↘ : Infliximab	
Hepatic events					
°1	Control for signs of hepatitis	●	---		
°2	Frequent controls [transaminases]	△	0.5-1.0 mg/kg/d	↗ : ●	
°3-4	Very frequent contr. [q1-2d]; (⊙ Biopsy)	■	1.0-2.0 mg/kg/d	→ / ↘ : Immunosuppr. therapy ^e	
Endocrine events					
Asymptomatic °1	Regular controls; (⊙ Imaging)	●	---		
Symptomatic °2	} Regular controls; (⊙ Imaging; ⊙ Further diagnostics)	△	(⊙ HRT); 1.0-2.0 mg/kg/d	↗ : ● → : Start/maintain HRT	
°3-4		△	(⊙ HRT); i.v. steroids ^g	↗ : ● Regular controls	
Pneumonitis					
°1	Frequent controls [q2-3d]	●	---		
°2	Daily symptom contr.; (⊙ Bronchoscopy)	△	1.0-2.0 mg/kg/d	↗ : ●	
°3-4	Bronchoscopy/biopsy	■	2.0-4.0 mg/kg/d	→ / ↘ : Immunosuppr. therapy ^e	

AFTER RESOLUTION GRADUAL STEROID TAPERING

At least 1 month

HOW
To treat

Temporary suspension	Permanent discontinuation
<ul style="list-style-type: none">- IrAEs stabilized < G1- Steroid dose reduced to < 10 mg/d prednisone	<ul style="list-style-type: none">- IrAEs G4- IrAEs G3 and recurring- IrAEs G2 not resolute in 3 months



- ✓ Immunotherapy dose reduction not recommended
- ✓ No clear correlation between dose density and efficacy of immunecheckpoints inhibitors:
 - not influenced by delaying immunotherapy

And Combination treatment???

IMMUNOMODULATORS
COMBINATIONS

CT+ anti-PD1-PDL1

anti-PD1-PL1 + TARGETED THERAPY

anti-PD1-PL1 + ANTIANGIOGENIC TREATMENT

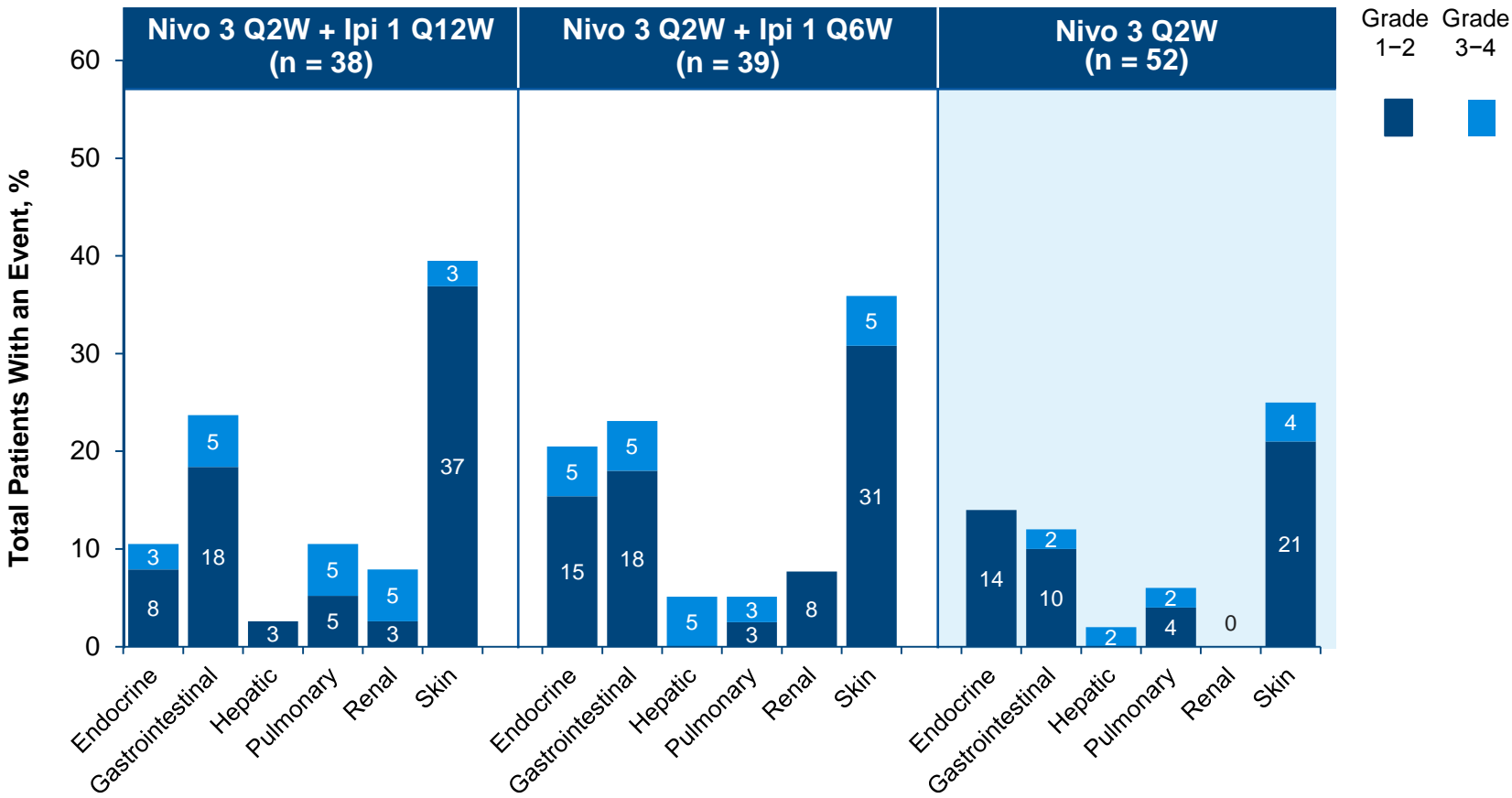
IMMUNOTOXICITY AND EFFICACY-discontinuation

Combination treatment-checkmate 012

	Nivo 3 Q2W + Ipi 1 Q12W (n = 38)		Nivo 3 Q2W + Ipi 1 Q6W (n = 39)		Nivo 3 Q2W (n = 52)	
	Any grade	Grade 3-4	Any grade	Grade 3-4	Any grade	Grade 3-4
Treatment-related AEs, %	82	37	72	33	71	19
Treatment-related AEs leading to discontinuation, %	11	5	13	8	10	10

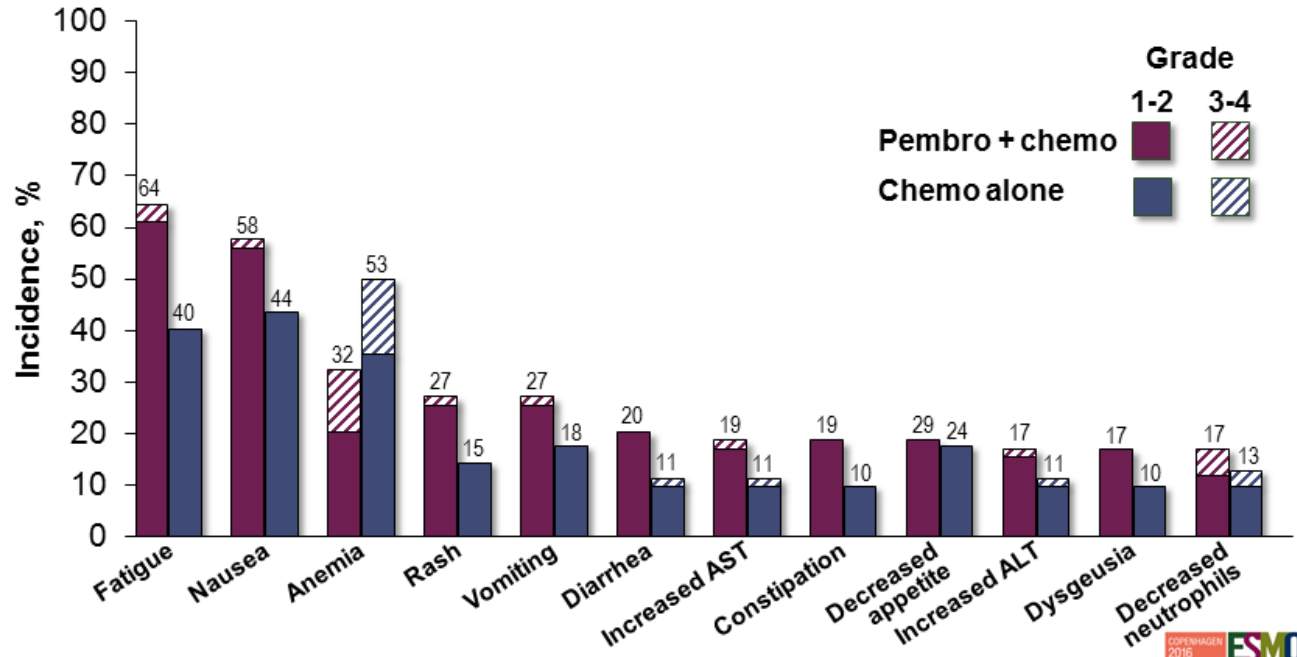
Treatment-related AEs leading to discontinuation:
1/3 than older combination arms

Toxicity of combination (anti-PD1+anti-CTLA4)



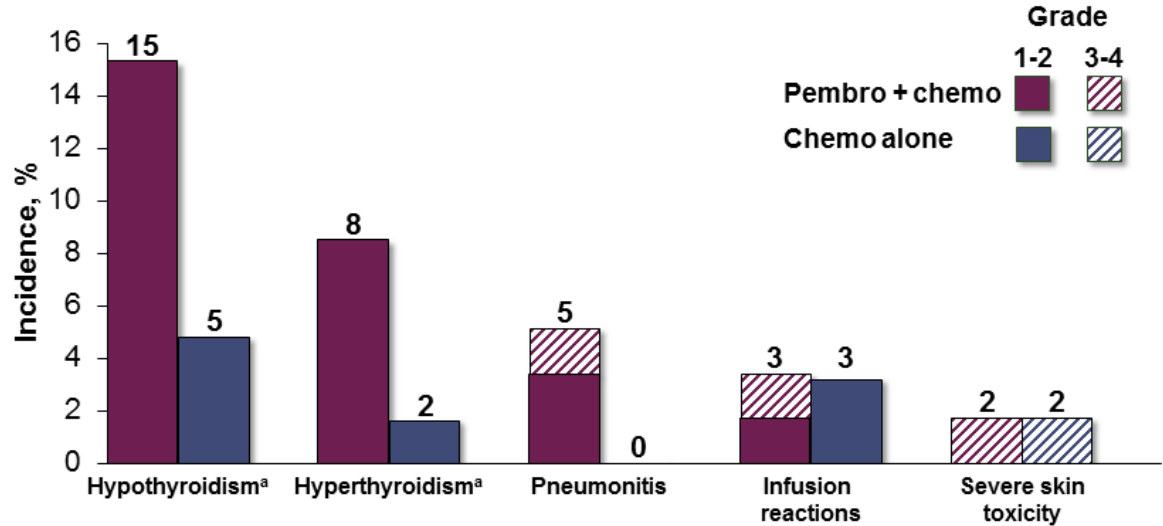
- All treatment-related pulmonary events were pneumonitis
- Grade 1–2 hypersensitivity/infusion reaction occurred in 5% and 6% of patients in the nivo 3 Q2W + ipi 1 Q12W and monotherapy groups, respectively

Toxicity of combination (anti-PD1+CT- Keynote 021)



ESMO congress COPENHAGEN 2016

Data cut-off: August 8, 2016.

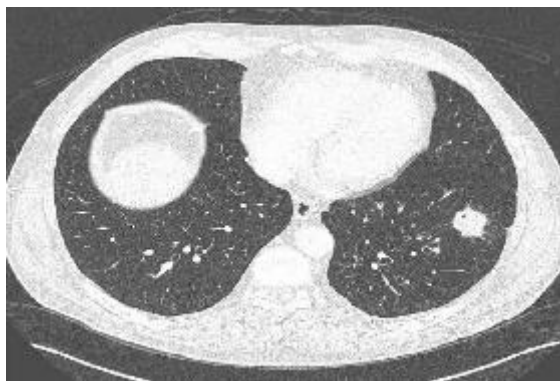
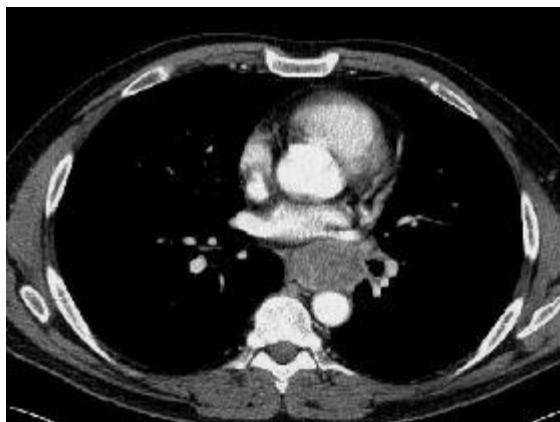


Langer CJ et al, ESMO 2016
Langer CJ et al, Lancet Oncol 2016

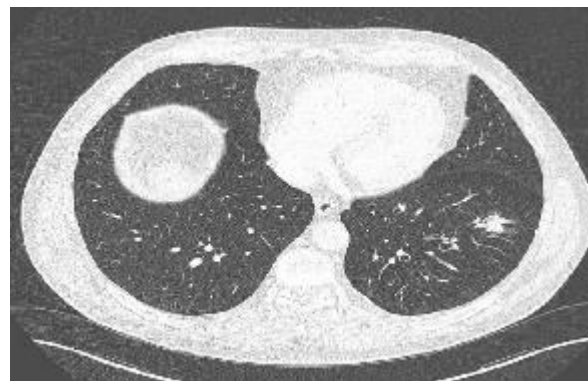
Case 1- second-line atezolizumab

Phase III OAK trial: Atezolizumab vs Docetaxel

Nov 2014



Oct 2014



Jul 2015

TOXICITY-1

PRURITUS G1

JOINT PAIN G1



TOPICAL STEROIDS

NO TREATMENT DELAY

TOXICITY



BOLLOUS DERMATITIS



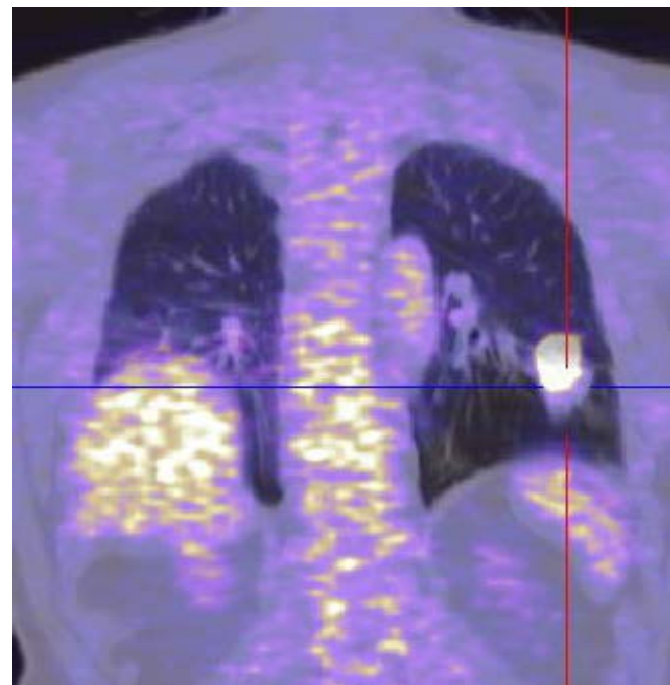
**HOSPITALIZATION
SYSTEMIC STEROIDS
TREATMENT DISCONTINUATION**



ECOG PS 0



Jun 2016



Oct 2016

Single-site progression

→ Nov 2016: cyberknife RT on lung lesion

Case 1, 2nd line SCLC, 69 year-old , nivolumab

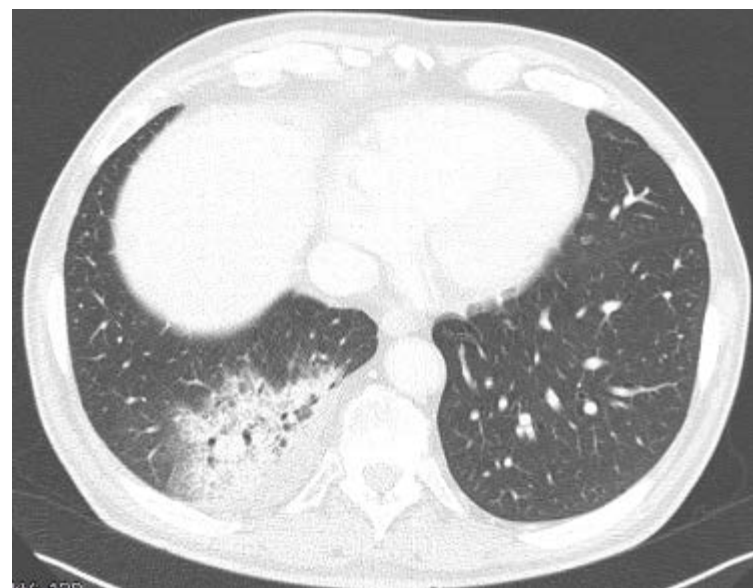
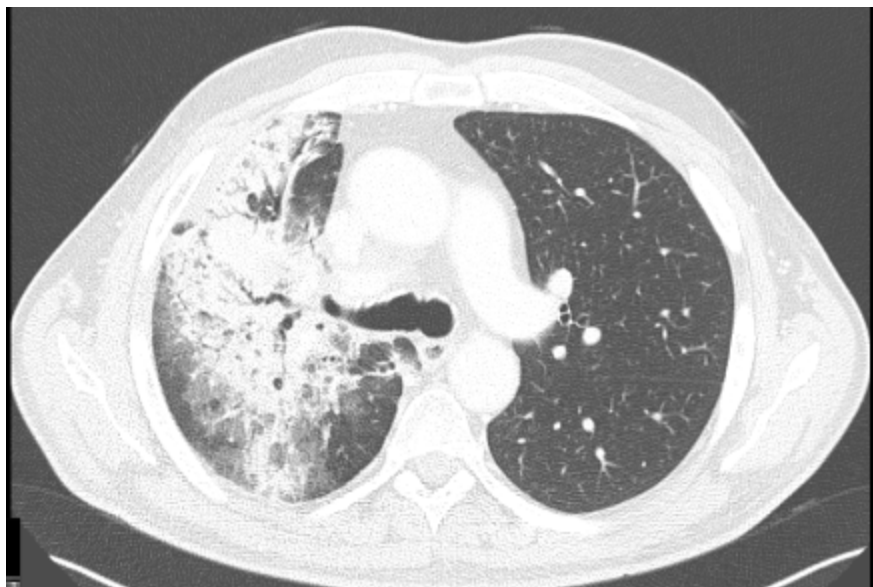
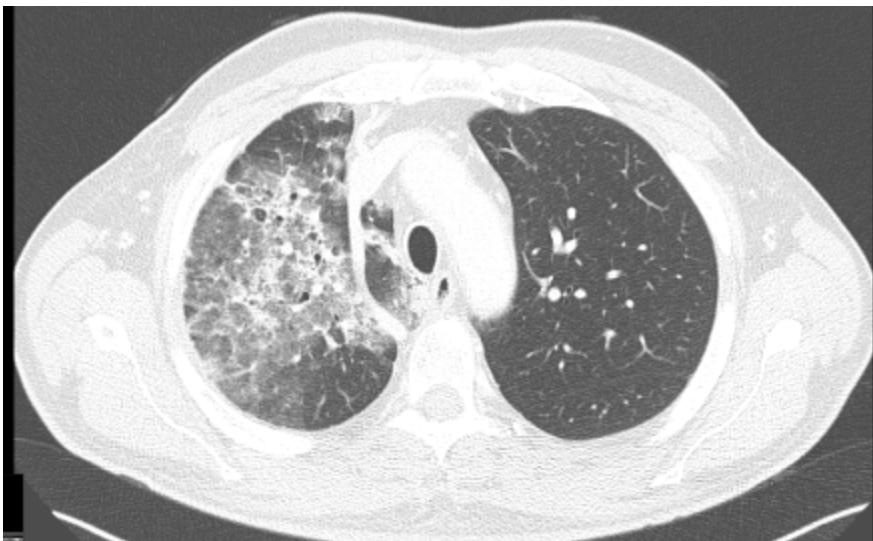
Aug 2016

Sept 2016

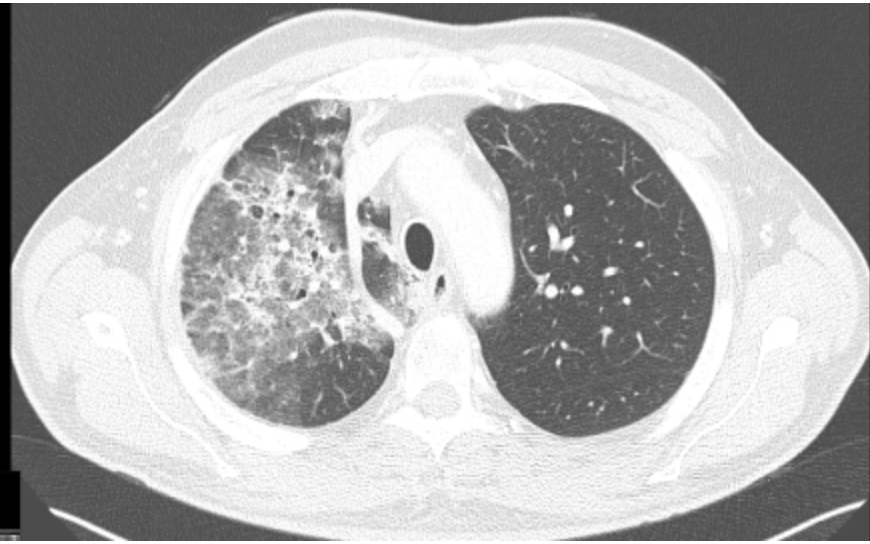
Nov 2016



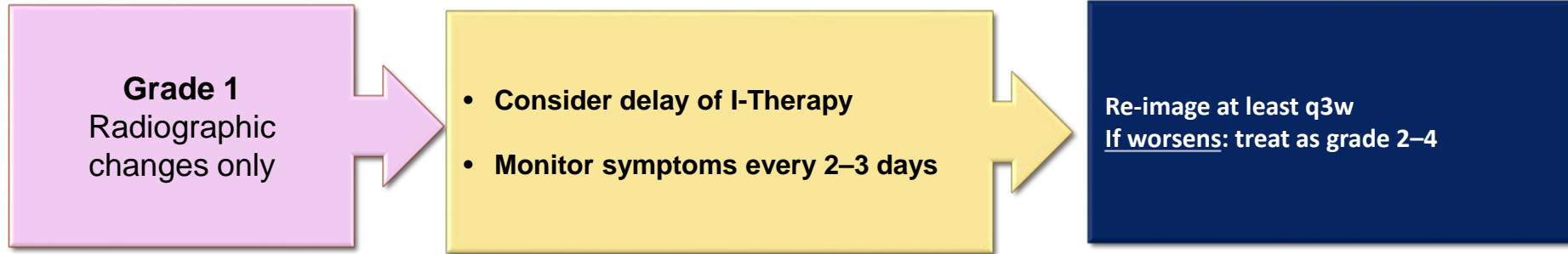
Checkmate 032



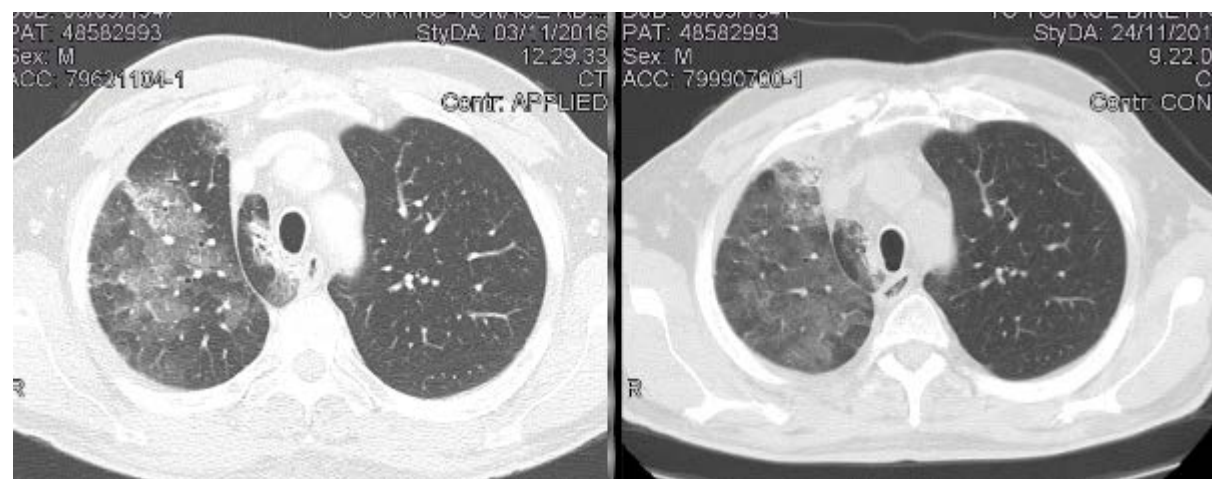
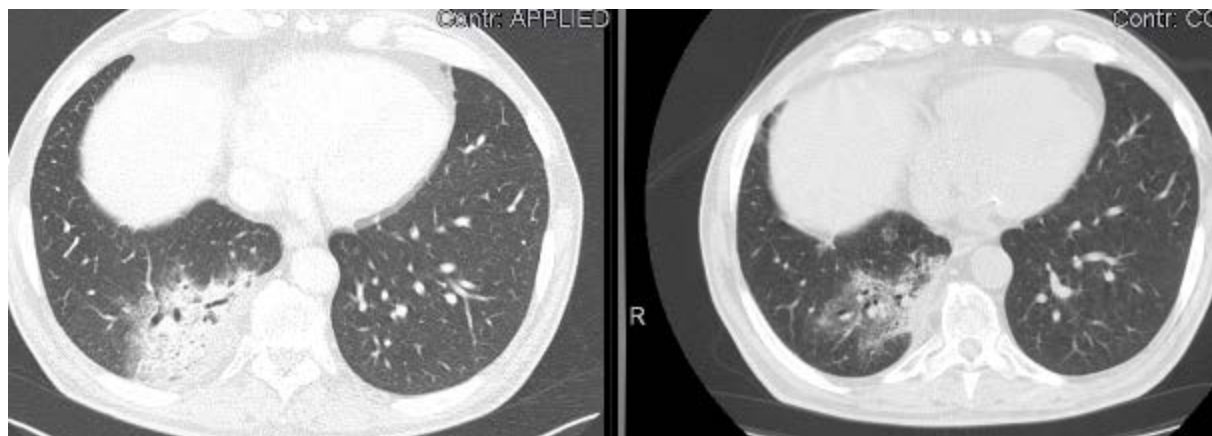
- Previous RT (6 months before)
- Previous bacterial pulmonary infection
- asymptomatic



Suspected immunorelated toxicity



DELAY AND OBSERVE



DELAY, OBSERVE AND FURTHER STUDY



BRONCHOSCOPY (AND LUNG BIOPSY):

→ ASPERGILLUS

CT-SCAN:

→ WORSENING OF POTENTIALLY IMMUNORELATED ASPECTS

MULTIDISCIPLINARY DISCUSSION:

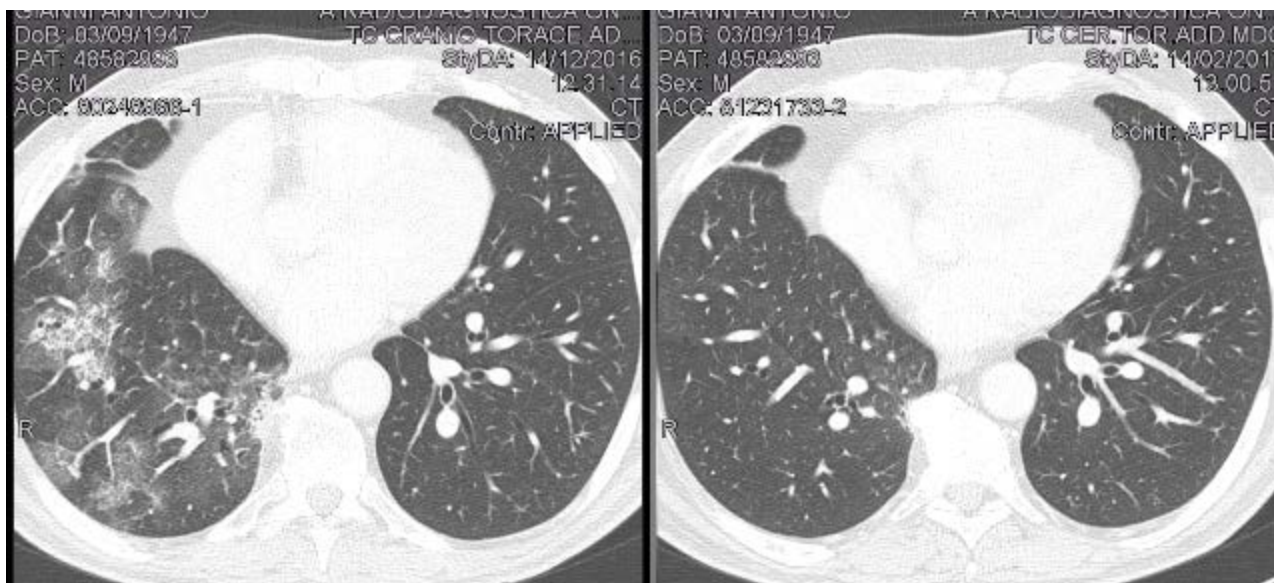


- **NO SYMPTOMS**
- NO RADIOLOGICAL LESIONS TYPICAL FOR ASPERGILLUS (and other exams: fundus oculi, AG, repeat bronchoscopy)





➔ START STEROIDS AND VORICONAZOLE
(STOP IMMUNOTHERAPY)



➔ STILL MANTAINING RESPONSE
STILL ASYMPTOMATIC

WAITING FOR DISCUSSION

- Immunomodulators are generally well tolerated
- Toxicity requiring special management is rare (< 10%)
- irAE are generally reversible
- Early detection and correct monitoring is essential
- Delay in use of steroids may be dangerous and tapering should be over 4-6 weeks

BACKUP FOR DISCUSSION: ALGRORYTHMS FOR GI TOX

Evaluation

Treatment Indication

Simplified Management

Grade 1

Diarrhoea: <4 stools/day over baseline;
Colitis: asymptomatic

- Continue I- Therapy
- Symptomatic treatment (Loperamide / Budesonide)

Close monitoring for worsening symptoms

Educate patient to report worsening immediately

If worsens: treat as grade 2 or 3–4

Grade 2

Diarrhoea: 4-6 stools/day over baseline; IV fluids indicated <24 hrs; not interfering with ADL
Colitis: abdominal pain; blood in stool

- Delay I-Therapy
- If improves to grade 1: resume I-Therapy
- Symptomatic treatment
 - 0.5–1.0 mg/kg/day methylprednisolone or oral equivalent

If persists >5-7 days or recurs: 0.5–1.0 mg/kg/day methylprednisolone or oral equivalent;

When grade 1 symptoms, taper steroids ≥ 1 month, consider prophylactic antibiotics for opportunistic infections and resume I-Therapy per protocol

If worsens or persists > 3-5 days with oral steroids: treat as grade 3–4

Grade 3-4

Diarrhoea (G3): ≥ 7 stools/day over baseline; incontinence; IV fluids ≥ 24 hrs; interfering with ADL
Colitis (G3): severe abdominal pain, medical intervention indicated, peritoneal signs G4: life-threatening, perforation

- Discontinue I-Therapy
- If improves to grade 1: resume I-Therapy
- Consider endoscopy

If improves: continue steroids until grade 1, then taper ≥ 1 month

If > 7 stools baseline, or refractory to steroids:

- Hospitalise for High dose of steroids IV
- Consider colonoscopy and CT scan
- Consider Infliximab 5mg/kg
- Add prophylactic antibiotics for opportunistic infection

PRACTICAL TIPS

G1 DIARRHEA:

Be careful about drugs

C. difficile...

G2 DIARRHEA:

consider clinical condition, compliance, other treatments

Peritoneal signs

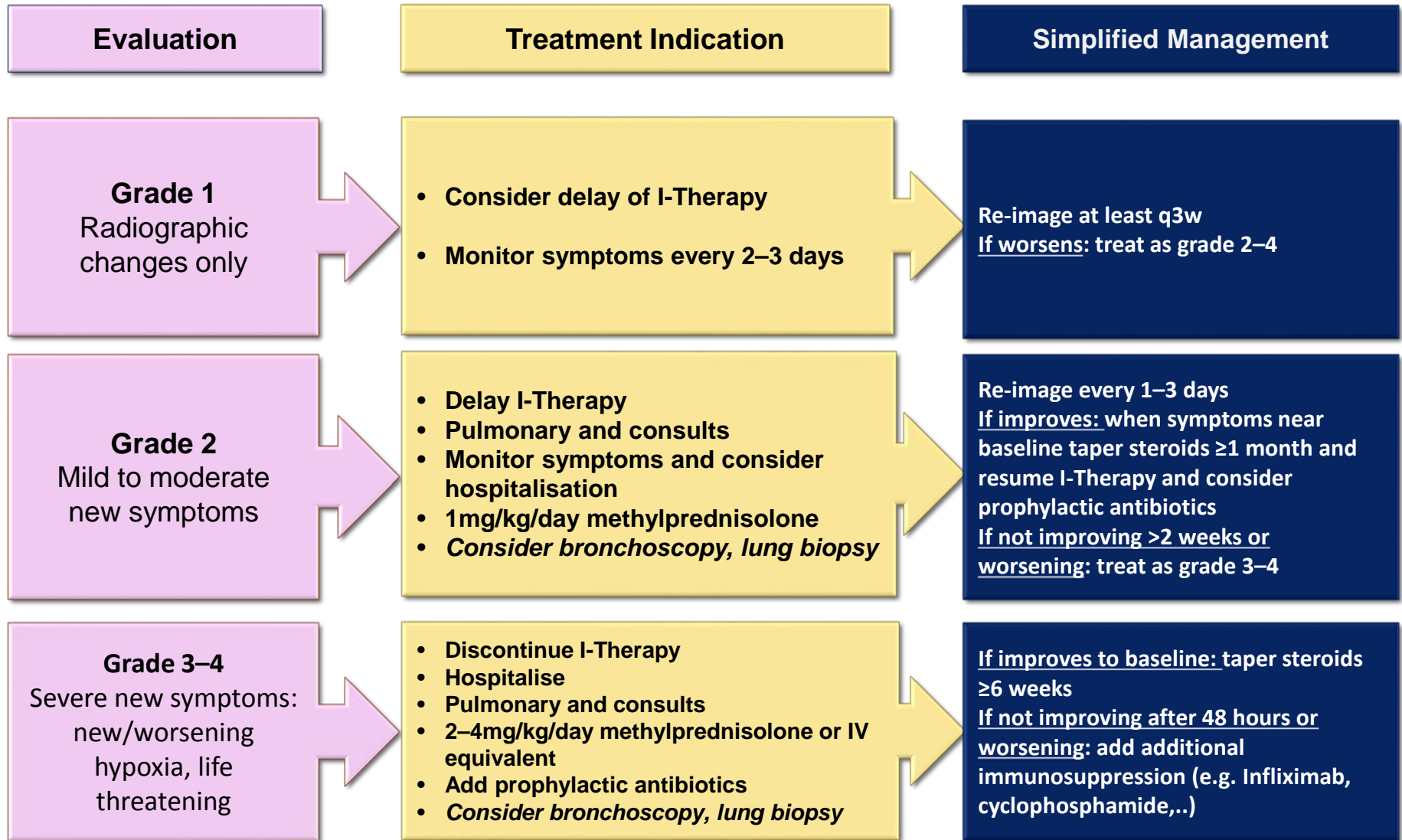
UNSTABLE: hospitalization, methylprednisolone 125 mg iv for 3 days

AFTER 5-7 DAYS OF STEROIDS: INFLIXIMAB 5 mg/kg

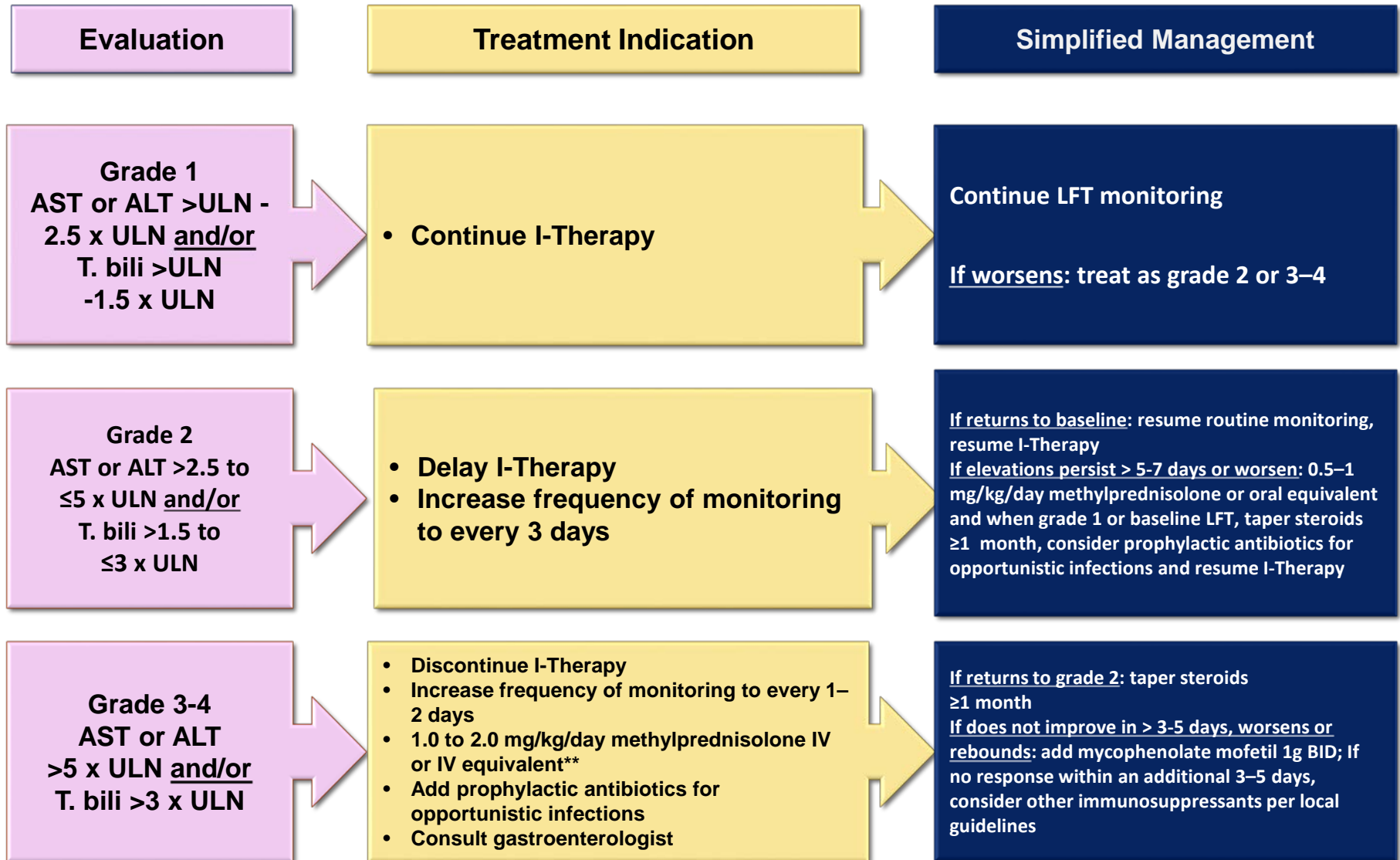
(repeat after 2 weeks if needed)

Selected cases: mycophenolate mofetil

BACKUP FOR DISCUSSION: ALGRORYTHMS FOR PULMONARY TOX



BACKUP FOR DISCUSSION: ALGRORYTHMS FOR LIVER TOX



BACKUP FOR DISCUSSION: ALGRORYTHMS FOR ENDOCRINOPATHY

	Asymptomatic Endocrinopathy (eg. Hypo/hyperthyroidism)	Symptomatic Endocrinopathy (eg. Hypo/hyperthyroidism)	Suspicion of Adrenal Crisis (eg. Severe dehydration, hypotension, shock out of proportion to current illness)
Monitoring	If TSH < 0.5 x LLN, or TSH > 2 x ULN, or consistently out of range in 2 subsequent measurements: include fT4 at subsequent cycles as clinically indicated; consider endocrinology consult	Evaluate endocrine function Consider pituitary scan. Repeat labs in 1 to 3 weeks MRI in 1 month if symptoms persist but normal lab/pituitary scan	Rule out sepsis
Consult	Consider endocrinology	Consider endocrinology	Endocrinology
I-Therapy	Continue I-Therapy	Continue Therapy for hypo or hyperthyroidism	
		Withhold Therapy for other endocrinopathies with abnormal lab / pituitary scan	Withhold I-Therapy

HYPHOPHYSITIS: practical tips

Symptomatic → start high-dose steroids

Prednisone 1 mg/kg/day

(methylprednisolone 125 mg/die iv or desametasone 6 mg x 4/die)

Long-term replacement

Acute adrenal insufficiency →

Hospitalization

Supportive care

Prednisone 60-80 mg/die

Long-term replacement

BACKUP FOR DISCUSSION: SKIN TOX

Steven-Johnson syndrome and toxic epidermal necrosis <1%

G1-2: < 30% body → local treatment, continue immunotp
if highly symptomatic consider G3 management

G3 \geq 50% body → stop treatment,
start steroids 0,5 mg/kg/die prednisone