

# ***FIBRILLAZIONE ATRIALE E INSUFFICIENZA CARDIACA***



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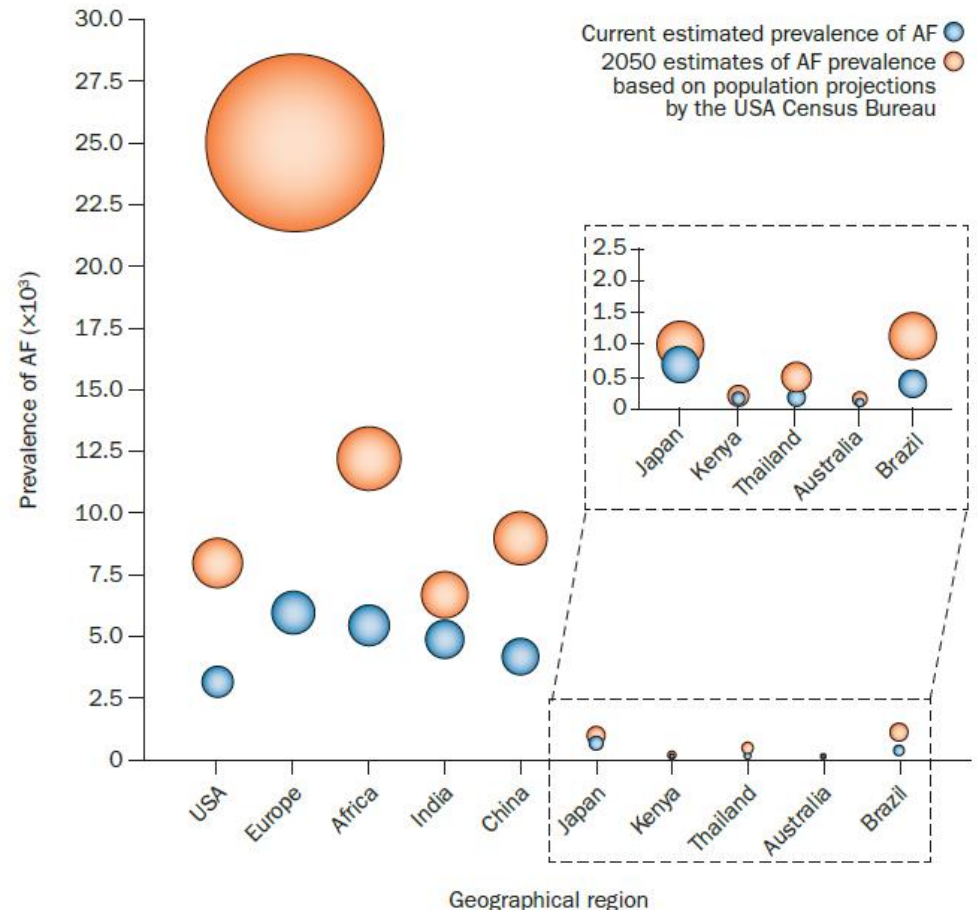
# Global epidemiology of atrial fibrillation

Faisal Rahman, Gene F. Kwan and Emelia J. Benjamin

Nat. Rev. Cardiol. 11, 639–654 (2014)

## Key points

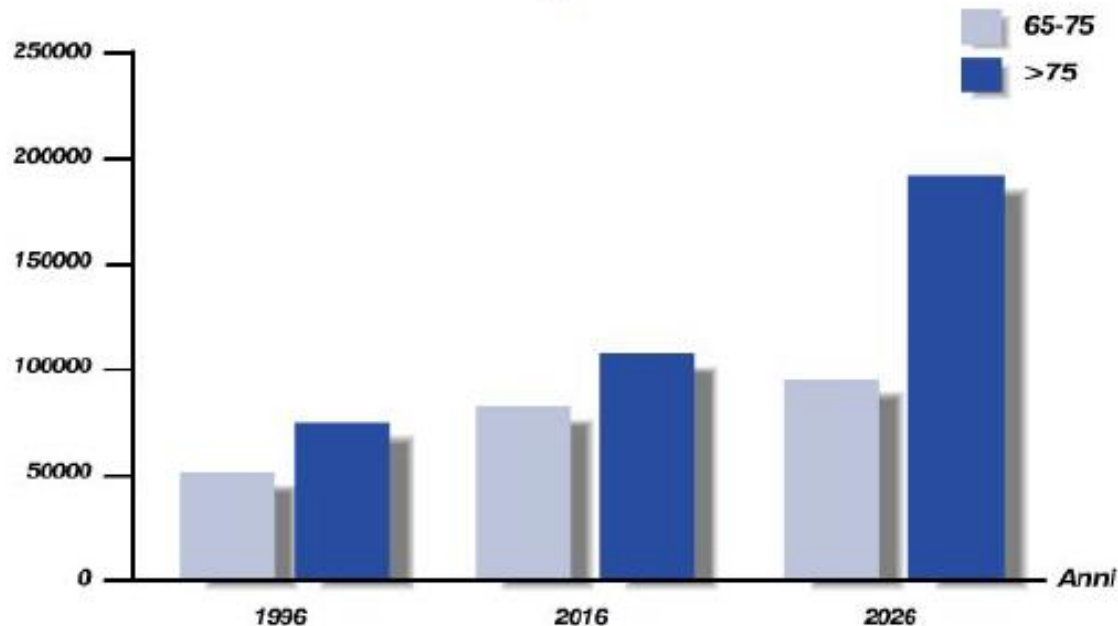
- Atrial fibrillation (AF) is a worldwide epidemic affecting approximately 33 million people, and its rising prevalence is expected to account for increasing clinical and public health costs
- Australia, Europe, and the USA have the highest reported prevalence of AF (1% in the adult population), but the prevalence of AF in low-income and middle-income countries is probably underestimated
- AF is associated with an increased risk of myocardial infarction, heart failure, stroke, dementia, and chronic kidney disease, as well as increased mortality
- Treatment of patients with AF is inadequate: <50% of those at high thromboembolic risk receive anticoagulation therapy worldwide
- The dearth of data on the prevalence, lifetime risk, prognosis, prevention, treatment, and economic implications of AF in many regions around the world remains to be addressed



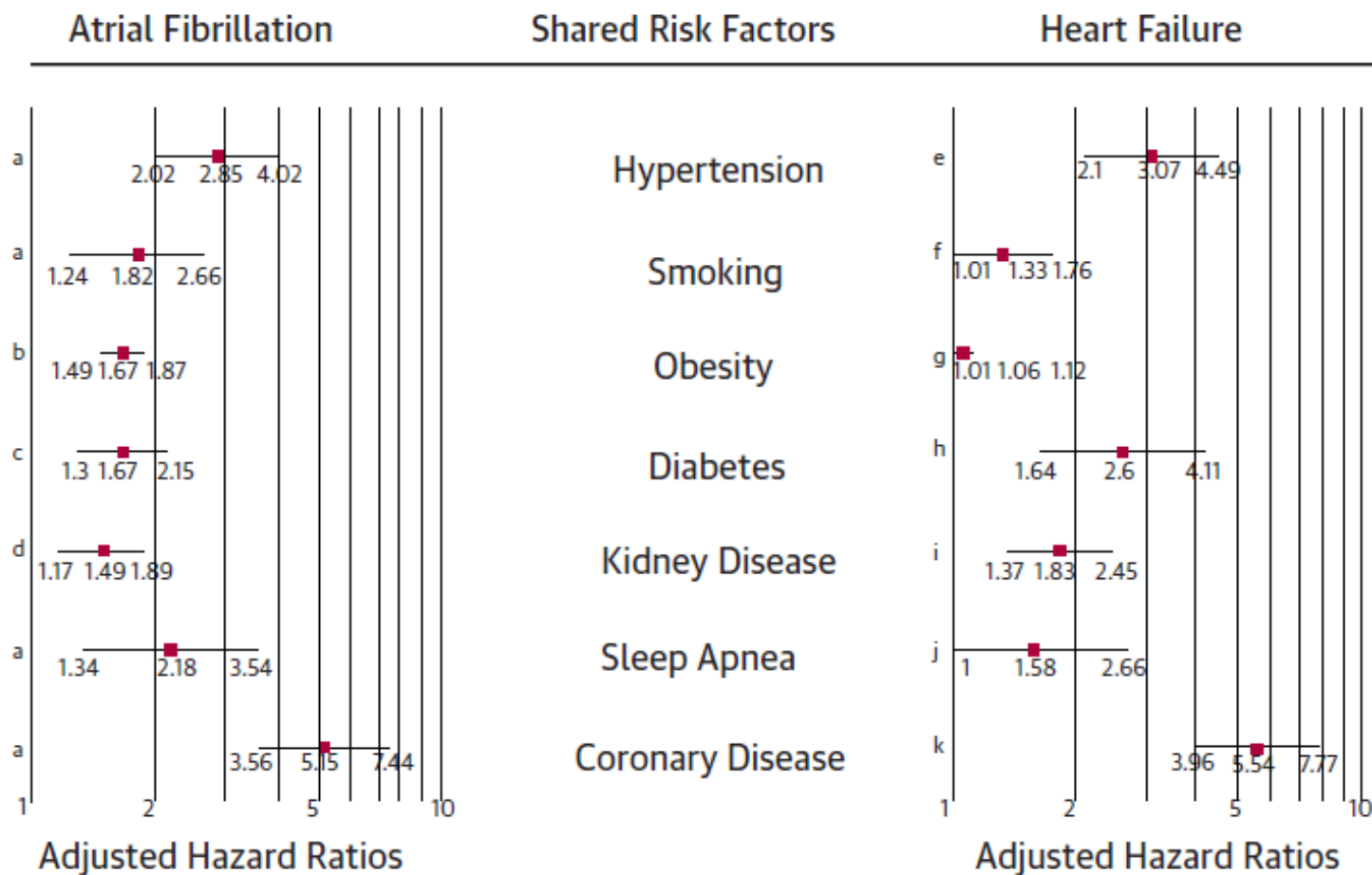
## A Public Health Crisis: Heart Failure Hospitalizations have Tripled in 25 Years

- Più di **1.500.000** pazienti affetti da SC\*
- **170.000** nuovi casi ogni anno\*
- **500** ricoveri/giorno dovuti a SC\*
- Incremento del **40%** del numero di ricoveri negli ultimi 5 anni\*
- Incidenza aumenta all'aumentare della classe d'età del paziente
- Numero di persone affette da SC raddoppia entro il 2030\*

### Proiezione prevalenza SC

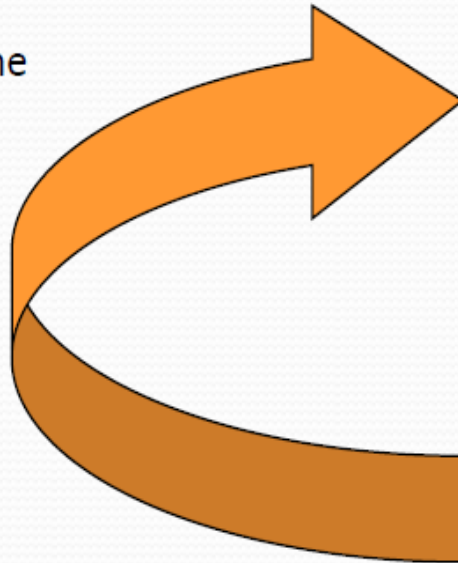


# HR OF INCIDENT AF AND HF ACCORDING TO SHARED RISK FACTORS



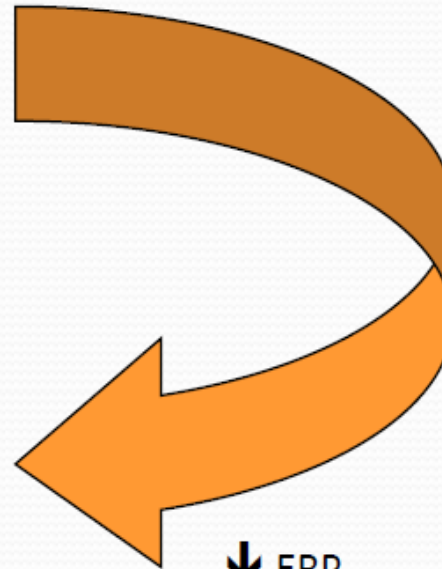
## Compromissione del riempimento Diastolico:

- ↓ Stroke Volume
- ↓ Cardiac Output
- ↑ LVEDP
- ↑ Catecolamine



**SC**

- Dilatazione Atriale
- Ipertrofia Atriale
- ↑ Pressione Atriale
- Alterazione Neuro-Ormonale



**FA**

## Perdita della Funzionalità Atriale:

- Frequenza Cardiaca non fisiologica
- Risposta Ventricolare Irregolare
- Perdita del Sincronismo A-V

- ↓ ERP
- ↓ Velocità di Conduzione
- ↑ Refrattarietà
- ↑ Attività Ectopica



**Combined AF and HF:  
Epidemiological and Prognostic Implications  
Ferreira JP Int J Mol Sci 2015; 16: 3133-47**

**In HF trials: AF prevalence = 13 – 41%**

**In AF trials: HF prevalence = 30 – 65%**

**The frequency of HF preceding AF = AF preceding HF**

**HF + AF = + 33% in mortality**



## Atrial Fibrillation Begets Heart Failure and Vice Versa Temporal Associations and Differences in Preserved Versus Reduced Ejection Fraction *(Circulation. 2016;133:484-492.*

Rajalakshmi Santhanakrishnan, MBBS; Na Wang, MA; Martin G. Larson, SD;  
Jared W. Magnani, MD, MSc; David D. McManus, MD; Steven A. Lubitz, MD, MPH;  
Patrick T. Ellinor, MD, PhD; Susan Cheng, MD; Ramachandran S. Vasan, MD;  
Douglas S. Lee, MD, PhD; Thomas J. Wang, MD; Daniel Levy, MD;  
Emelia J. Benjamin, MD, ScM; Jennifer E. Ho, MD

**Table 4. Concomitant AF and HF as Predictors of All-Cause Mortality**

Outcome	Predictor	Age and Sex Adjusted		Multivariable Adjusted	
		HR (95% CI)†	PValue	HR (95% CI)†	PValue
Mortality after new HF (n=598)	Prevalent AF	1.18 (0.98–1.42)	0.09	1.25 (1.04–1.51)	0.02
	Interim AF	1.88 (1.50–2.35)	<0.0001	1.89 (1.51–2.38)	<0.0001
Mortality after new HFpEF (n=221)	Prevalent AF	1.23 (0.90–1.68)	0.19	1.33 (0.97–1.83)	0.08
	Interim AF	1.66 (1.15–2.39)	0.007	1.58 (1.08–2.30)	0.02
Mortality after new HFrEF (n=289)	Prevalent AF	1.19 (0.91–1.56)	0.2	1.18 (0.90–1.56)	0.23
	Interim AF	2.03 (1.47–2.80)	<0.0001	2.02 (1.46–2.79)	<0.0001
Mortality after new AF (n=683)	Prevalent HFpEF	1.85 (1.43–2.40)	<0.0001	1.83 (1.41–2.37)	<0.0001
	Prevalent HFrEF	2.77 (2.18–3.51)	<0.0001	2.72 (2.12–3.48)	<0.0001
	Prevalent HFpEF vs HFrEF	0.67 (0.49–0.92)	0.01	0.67 (0.48–0.94)	0.02
	Interim HFpEF	2.11 (1.57–2.83)	<0.0001	2.31 (1.72–3.11)	<0.0001
	Interim HFrEF	2.43 (1.82–3.24)	<0.0001	2.36 (1.76–3.16)	<0.0001
	Interim HFpEF vs HFrEF	0.87 (0.59–1.26)	0.46	0.98 (0.67–1.43)	0.91

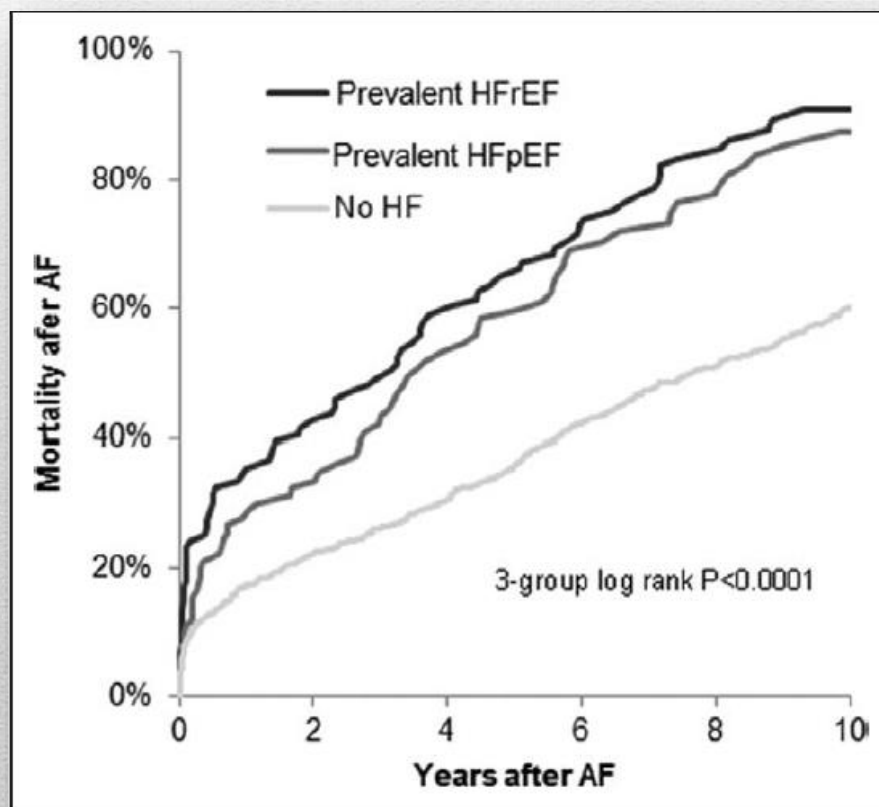


# Treatment of Patients With Atrial Fibrillation and Heart Failure With Reduced Ejection Fraction

*Circulation.* 2017;135:1547–1563. DOI: 10.1161/CIRCULATIONAHA.116.026054

Atul Verma, MD  
Jonathan M. Kalman,  
MBBS, PhD  
David J. Callans, MD

## Incidence of all-cause mortality of new onset AF stratified by HF status





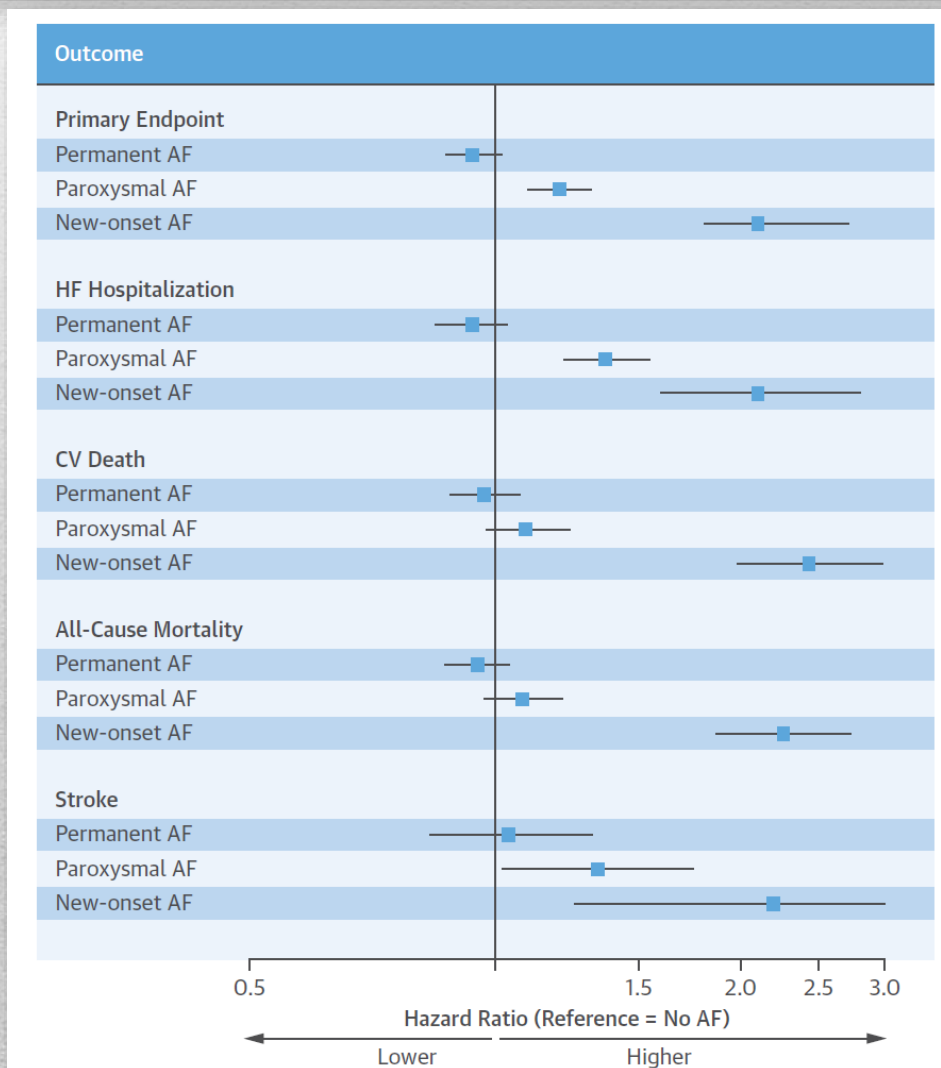
# Type of Atrial Fibrillation and Outcomes in Patients With Heart Failure and Reduced Ejection Fraction



JACC VOL. 70, NO. 20, 2017

NOVEMBER 14/21, 2017:2490-500

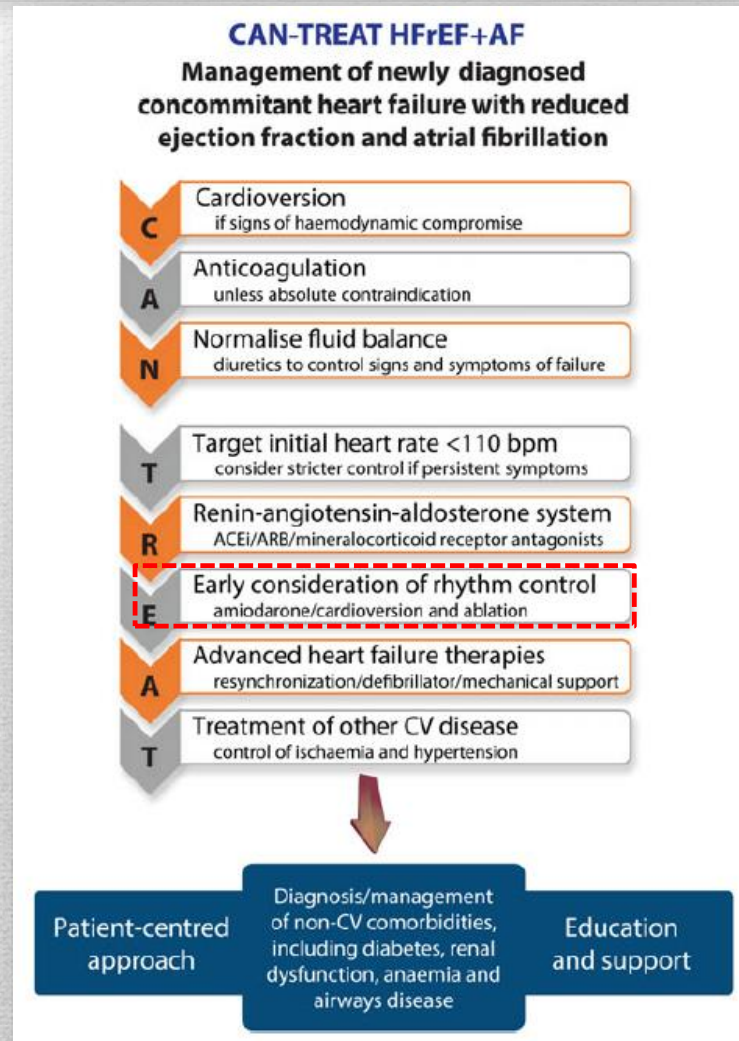
Ulrik M. Mogensen, MD, PhD,<sup>a,b</sup> Pardeep S. Jhund, MBChB, PhD,<sup>a</sup> William T. Abraham, MD,<sup>c</sup> Akshay S. Desai, MD, MPH,<sup>d</sup> Kenneth Dickstein, MD, PhD,<sup>e</sup> Milton Packer, MD,<sup>f</sup> Jean L. Rouleau, MD,<sup>g</sup> Scott D. Solomon, MD,<sup>d</sup> Karl Swedberg, MD, PhD,<sup>h,i</sup> Michael R. Zile, MD,<sup>j</sup> Lars Køber, MD, DMSc,<sup>b</sup> John J.V. McMurray, MD,<sup>a</sup> on behalf of the PARADIGM-HF and ATMOSPHERE Investigators and Committees



# Atrial fibrillation in heart failure: what should we do?

European Heart Journal (2015) 36, 3250–3257  
doi:10.1093/eurheartj/ehv513

Dipak Kotecha<sup>1,2\*</sup> and Jonathan P. Piccini<sup>3</sup>



# Rhythm Control versus Rate Control for Atrial Fibrillation and Heart Failure

Atrial Fibrillation and Congestive Heart Failure  
Investigators

**Table 3. Cause of Death.**

Cause	Rhythm-Control Group (N=682)	Rate-Control Group (N=694)	P Value
	<i>no. (%)</i>		
Total deaths	217 (32)	228 (33)	0.68
Cardiovascular	182 (27)	175 (25)	0.53
Presumed arrhythmic cause	71 (10)	88 (13)	0.19
Congestive heart failure	73 (11)	57 (8)	0.11
Myocardial infarction	15 (2)	9 (1)	0.20
Stroke	9 (1)	11 (2)	0.68
Other	14 (2)	10 (1)	0.39
Noncardiovascular	35 (5)	53 (8)	0.06
Cancer	14 (2)	20 (3)	0.32
Renal failure	1 (<1)	2 (<1)	1.0
Trauma	0	1 (<1)	1.0
Sepsis	11 (2)	26 (4)	0.01
Other	9 (1)	4 (1)	0.15



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**Table 2** Antiarrhythmic drug therapy for atrial fibrillation in heart failure

Guidelines	Agent	Class	Safety	Efficacy
Recommended	Amiodarone	Mixed channel blockade	Risks of toxicity, including thyroid, hepatic, pulmonary, and neurological. <sup>78</sup>	Superior efficacy for maintenance of sinus rhythm vs. placebo: odds ratio 0.15 (95% CI 0.10–0.22). <sup>79</sup>
	Dofetilide	III	Requires inpatient stay for loading. Risk of torsades 0.8–3.3%. Not approved in EU.	Lower risk of all-cause rehospitalization in patients with AF at baseline vs. placebo: relative risk 0.70 (95% CI 0.56–0.89). <sup>80</sup>
Caution required	Dronedarone	Mixed channel blockade	Increased mortality in patients with HF and permanent AF. <sup>15,81</sup>	Decreased risk of CV hospitalization or death in patients with AF and no recent HF decompensation vs. placebo: 0.76 (95% CI 0.69–0.84). <sup>82</sup>
	Sotalol	III	Concern for excess proarrhythmia in patients with acute myocardial infarction or LVEF ≤40%: relative risk 1.65 (95% CI 1.15–2.36) for all-cause mortality. <sup>83a</sup>	Sotalol was inferior to amiodarone in patients with AF (28% had NYHA class I/II HF). <sup>84</sup>
Contraindicated	Flecainide and Propafenone	I	Flecainide, encainide and moracizine increased mortality in patients with myocardial infarction. <sup>85</sup> Propafenone can precipitate decompensated HF, particularly in CYP 2D6 slow-metabolizers.	

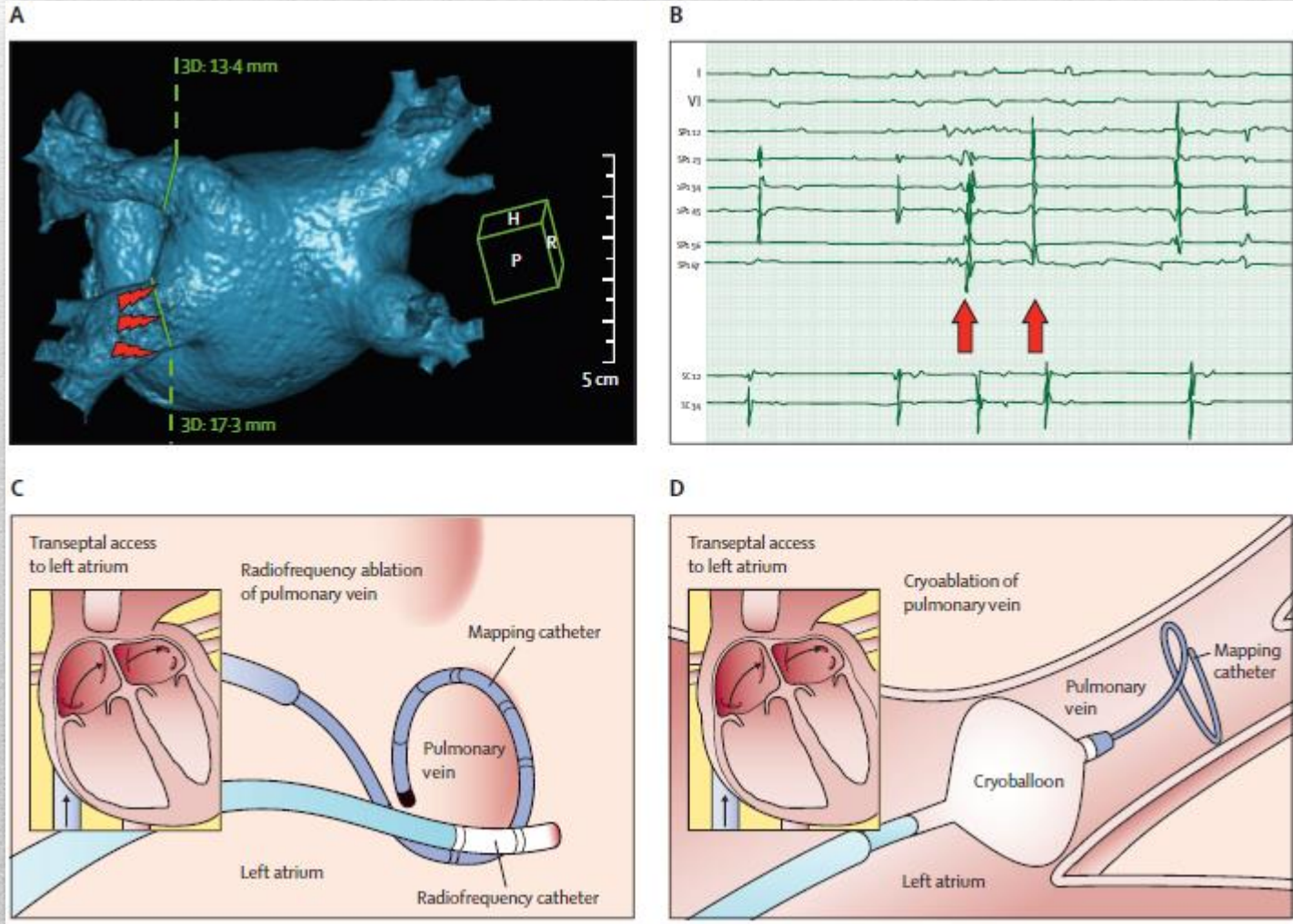
<sup>a</sup>SWORD evaluated D-sotalol rather than D,L-sotalol.



# Rhythm control in atrial fibrillation

Lancet 2016; 388: 829-40

Jonathan P Piccini, Laurent Fauchier



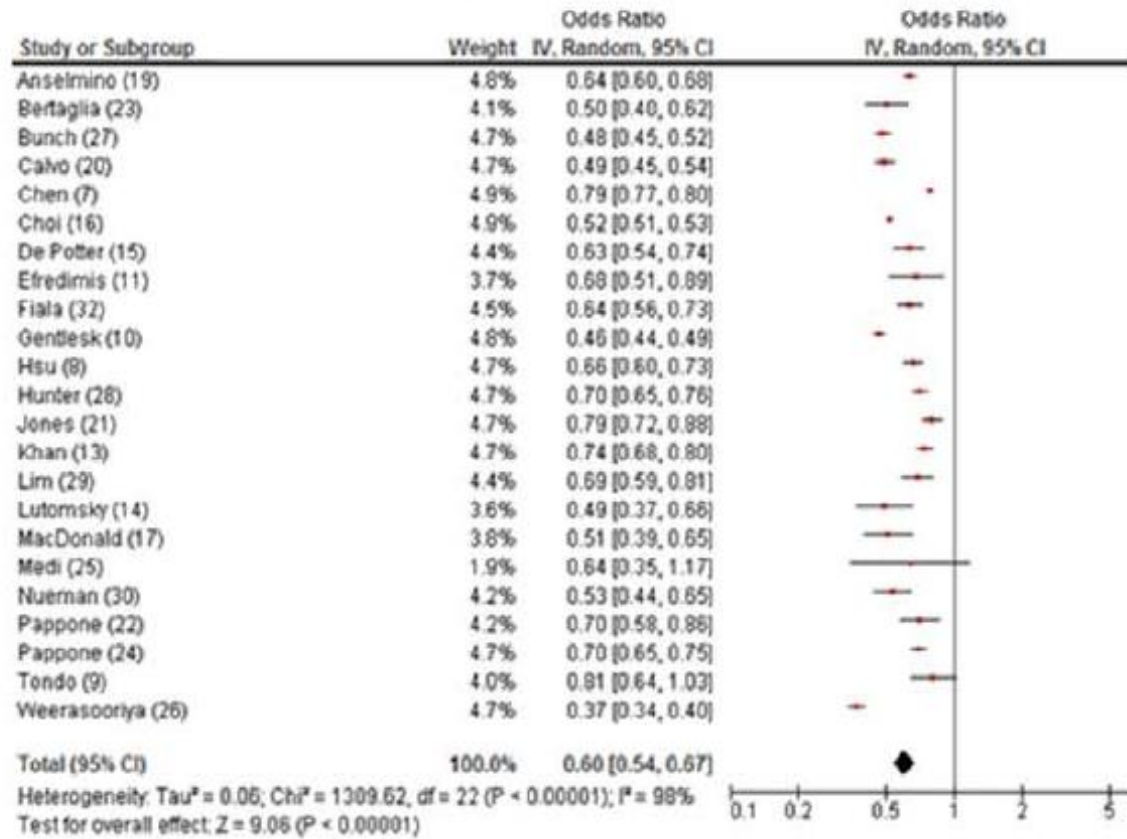
# Catheter Ablation of Atrial Fibrillation in Patients With Left Ventricular Systolic Dysfunction

## A Systematic Review and Meta-Analysis

*Circ Arrhythm Electrophysiol* December 2014

Matteo Anselmino, MD, PhD; Mario Matta, MD; Fabrizio D'Ascenzo, MD;

### C Catheter ablation efficacy at the end of follow-up

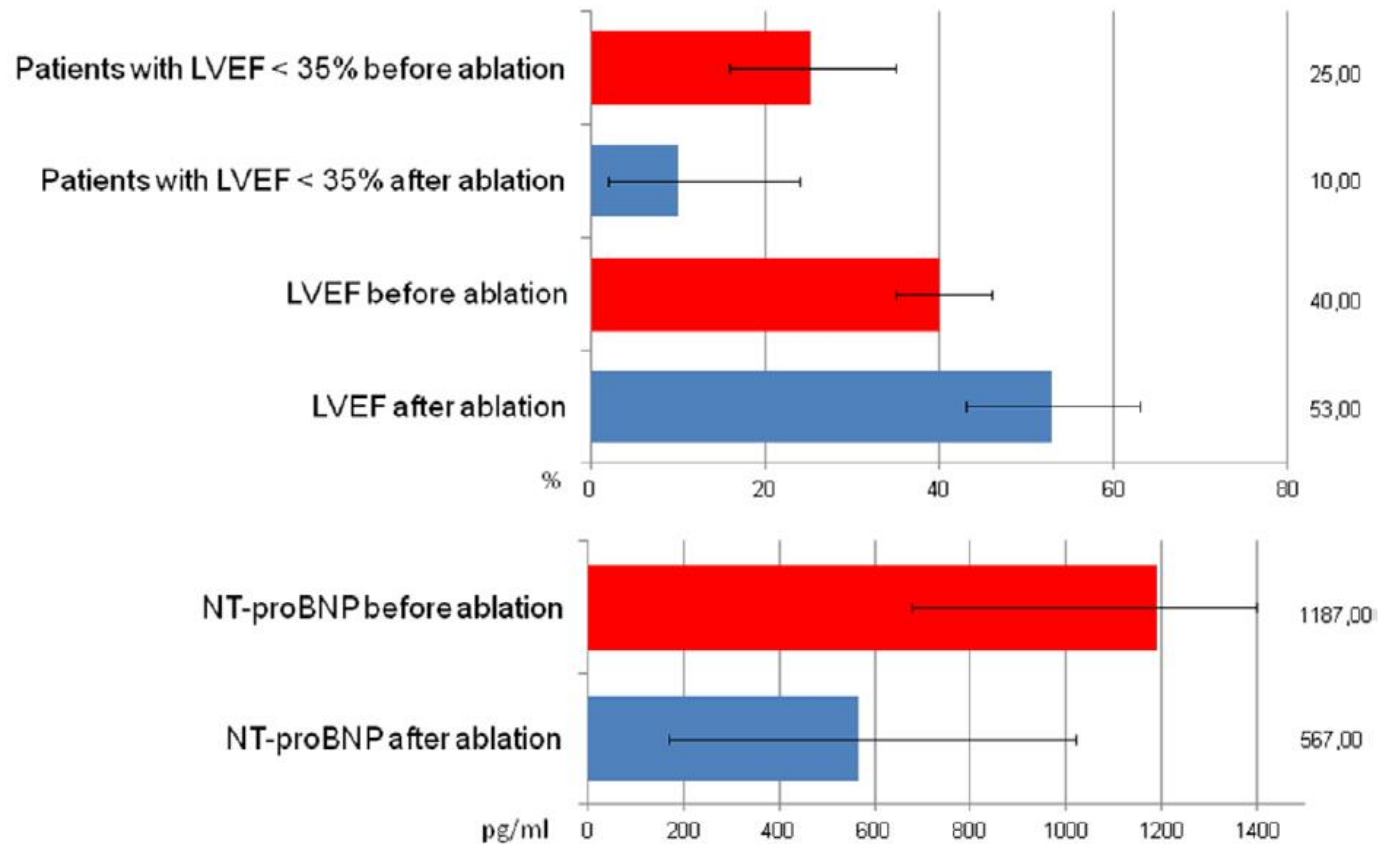


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# Rhythm control in atrial fibrillation

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	Number of patients	Atrial fibrillation pattern	Age (years)	Ablation as a first-line therapy	Ablation method	Outcome: sinus rhythm at 1 year		
						Ablation	AAD	p value
Krittayaphong et al (2003) <sup>54</sup>	30	Paroxysmal, persistent	55 (45-65; ablation); 47 (32-62; AAD)	No	Radiofrequency, PVI with LA lines; with CTI ablation and RA lines	79%	40%	0-02
Wazni et al (RAAFT study; 2005) <sup>55</sup>	70	Mainly paroxysmal	53 (45-61; ablation); 54 (46-62; AAD)	Yes	Radiofrequency, PVI	87%	37%	<0-001
Stabile et al (CACAF study; 2006) <sup>52</sup>	245	Paroxysmal, persistent	62 (53-71; ablation); 62 (52-72; AAD)	No	Radiofrequency, PVI with LA lines; with or without CTI ablation	56%	9%	<0-001
Oral et al (2006) <sup>56</sup>	245	Persistent	57 (48-66)	No	Radiofrequency, CPVA	70%	4%	<0-001
Pappone et al (APAF study; 2006) <sup>57</sup>	198	Paroxysmal	55 (45-65; ablation); 57 (47-67; AAD)	No	Radiofrequency, CPVA with CTI ablation	86%	22%	<0-001
Jais et al (A4 study; 2008) <sup>58</sup>	112	Paroxysmal	51 (40-62)	No	Radiofrequency, PVI with or without LA lines; with or without CTI ablation	89%	23%	<0-001
Forleo et al (2008) <sup>59</sup>	70	Paroxysmal, persistent	63 (54-72; ablation); 65 (59-71; AAD)	No	Radiofrequency, PVI with or without LA lines; with or without CTI ablation	80%	43%	0-001
Wilber et al (Thermocool study; 2010) <sup>60</sup>	167	Paroxysmal	56 (ablation); 56 (AAD)	No	Radiofrequency, PVI with or without LA lines with or without CFAEs; with or without CTI ablation with or without RA lines	66%	16%	<0-001
Cosedis Nielsen et al (MANTRA-PAF study; 2012) <sup>23,53</sup>	294	Paroxysmal	56 (ablation); 54 (AAD)	Yes	Radiofrequency, circumferential PVI with voltage abatement	85%	71%	0-01
Packer et al (STOP-AF study; 2013) <sup>61</sup>	245	Paroxysmal	57 (ablation); 56 (AAD)	No	Cryoablation, PVI; with or without LA lines	69-9%	7-3%	<0-001
Morillo et al (RAAFT2 study; 2014) <sup>50</sup>	127	Mainly paroxysmal	56 (ablation); 54 (AAD)	Yes	Radiofrequency, circumferential PVI with electrical isolation	45%	28%	0-02
Mont et al (SARA study; 2014) <sup>51</sup>	146	Persistent	55 (ablation); 55 (AAD)	No	Radiofrequency, PVI with or without LA lines with or without CFAEs	70%	44%	0-002
Di Biase et al (AATAC study; 2016) <sup>25</sup>	203	Persistent with heart failure, LVEF <40%, ICD	62 (ablation); 60 (AAD)	No	Radiofrequency, PVI with or without LA posterior wall isolation with or without LA lines with or without CFAEs with or without SVC isolation	70%	34%	<0-001

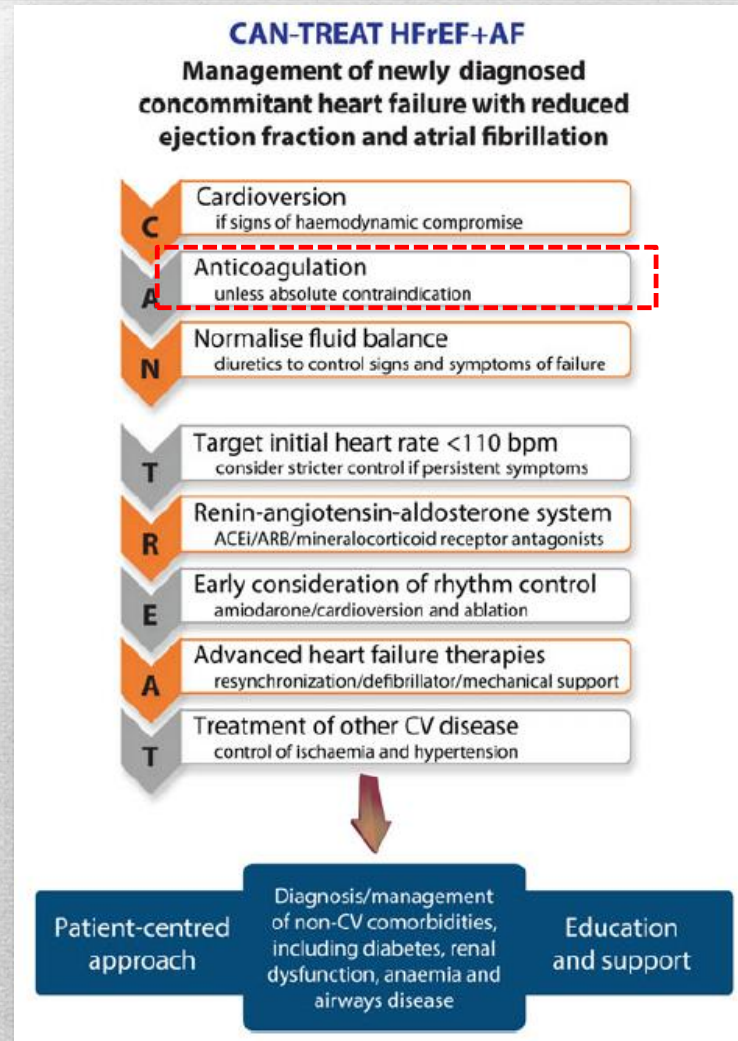




# Atrial fibrillation in heart failure: what should we do?

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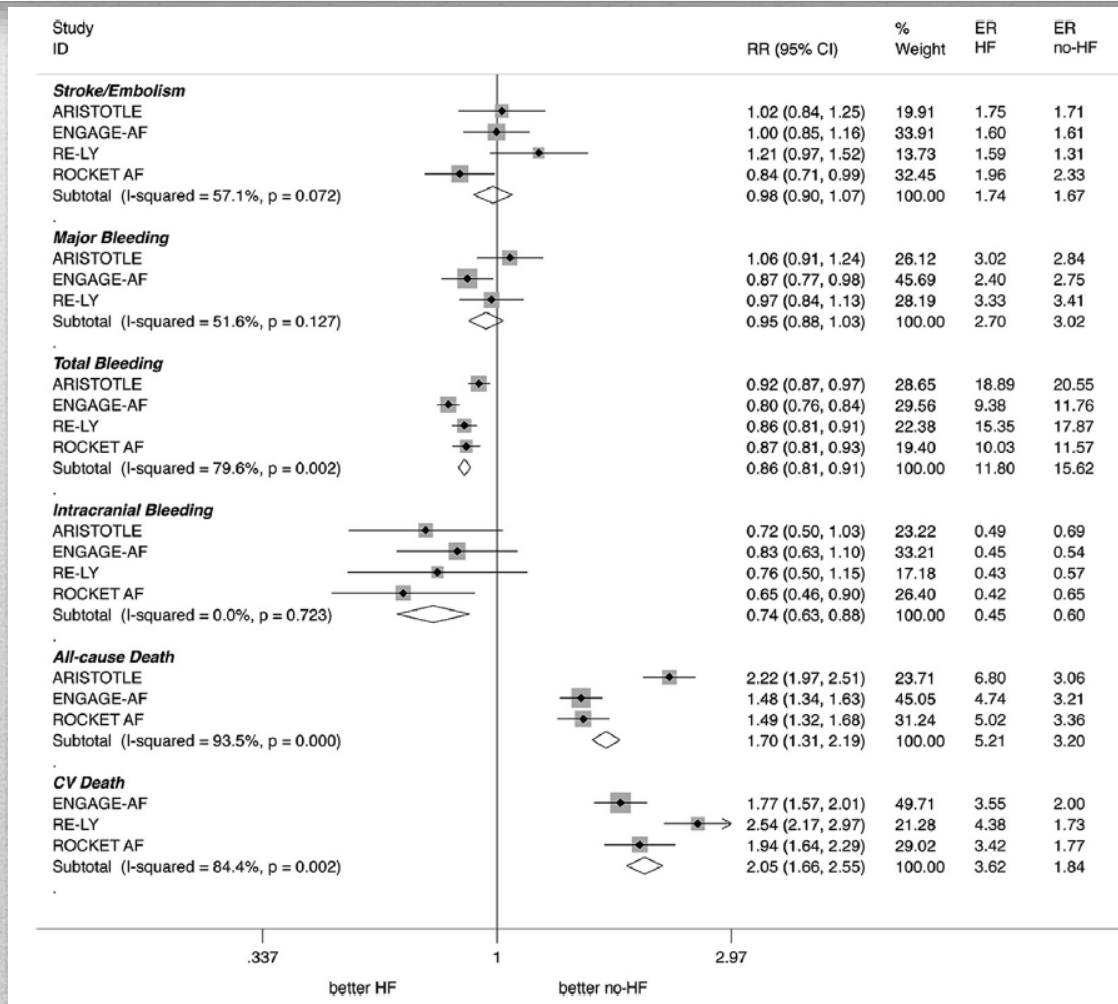
# Efficacy and Safety of Novel Oral Anticoagulants in Patients With Atrial Fibrillation and Heart Failure

## A Meta-Analysis



JACC: HEART FAILURE VOL. 4, NO. 11, 2016  
NOVEMBER 2016:870-80

Gianluigi Savarese, MD,<sup>a,b</sup> Robert P. Giugliano, MD, SM,<sup>c</sup> Giuseppe M.C. Rosano, MD, PhD,<sup>d,e</sup> John McMurray, MD,<sup>f</sup> Giulia Magnani, MD,<sup>c</sup> Gerasimos Filippatos, MD, PhD,<sup>g</sup> Santo DelleGrottaglie, MD, PhD,<sup>h,i</sup> Lars H. Lund, MD, PhD,<sup>b</sup> Bruno Trimarco, MD, PhD,<sup>a</sup> Pasquale Perrone-Filardi, MD, PhD<sup>a</sup>



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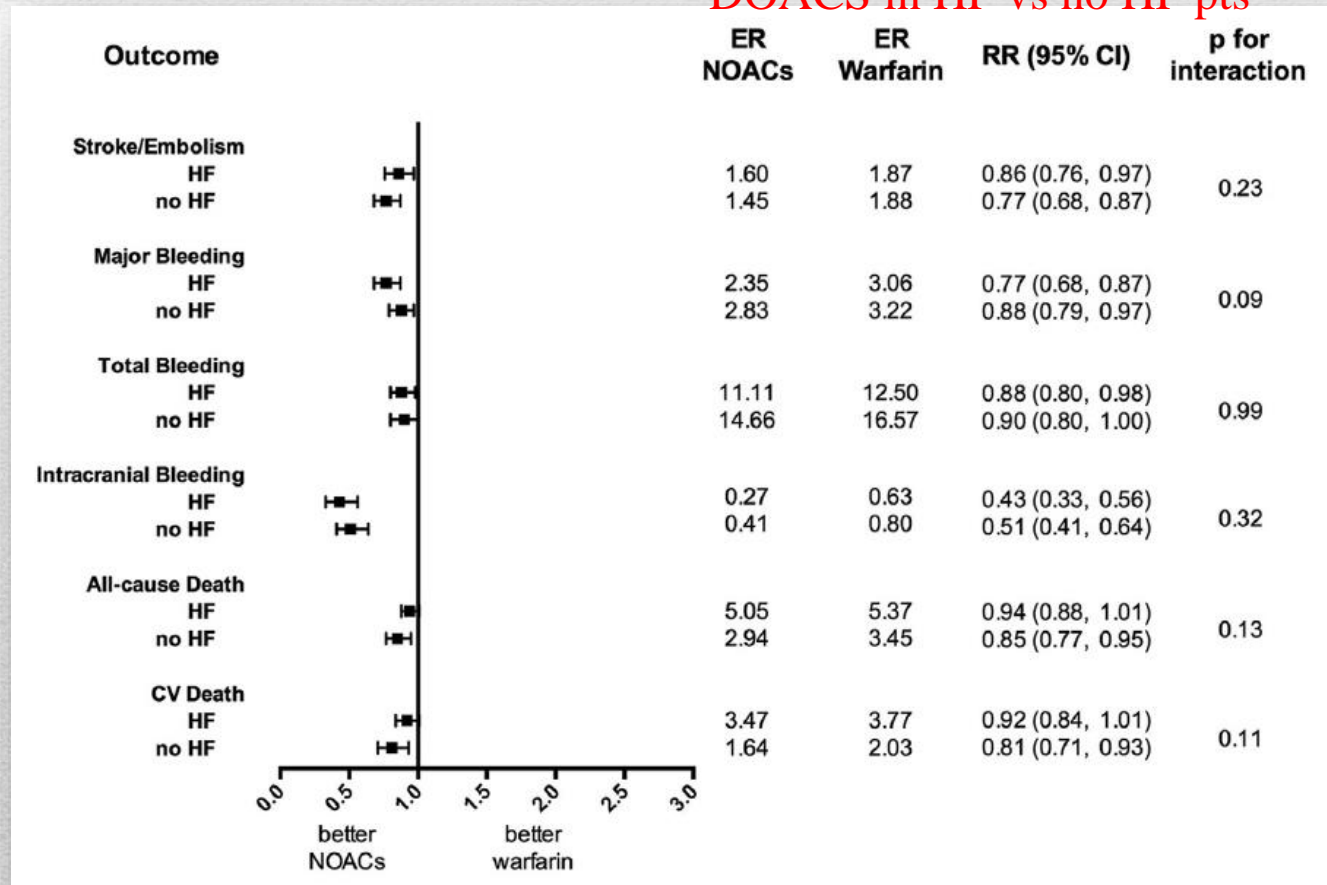
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### DOACS in HF vs no HF pts



# Efficacy and Safety of Novel Oral Anticoagulants in Patients With Atrial Fibrillation and Heart Failure

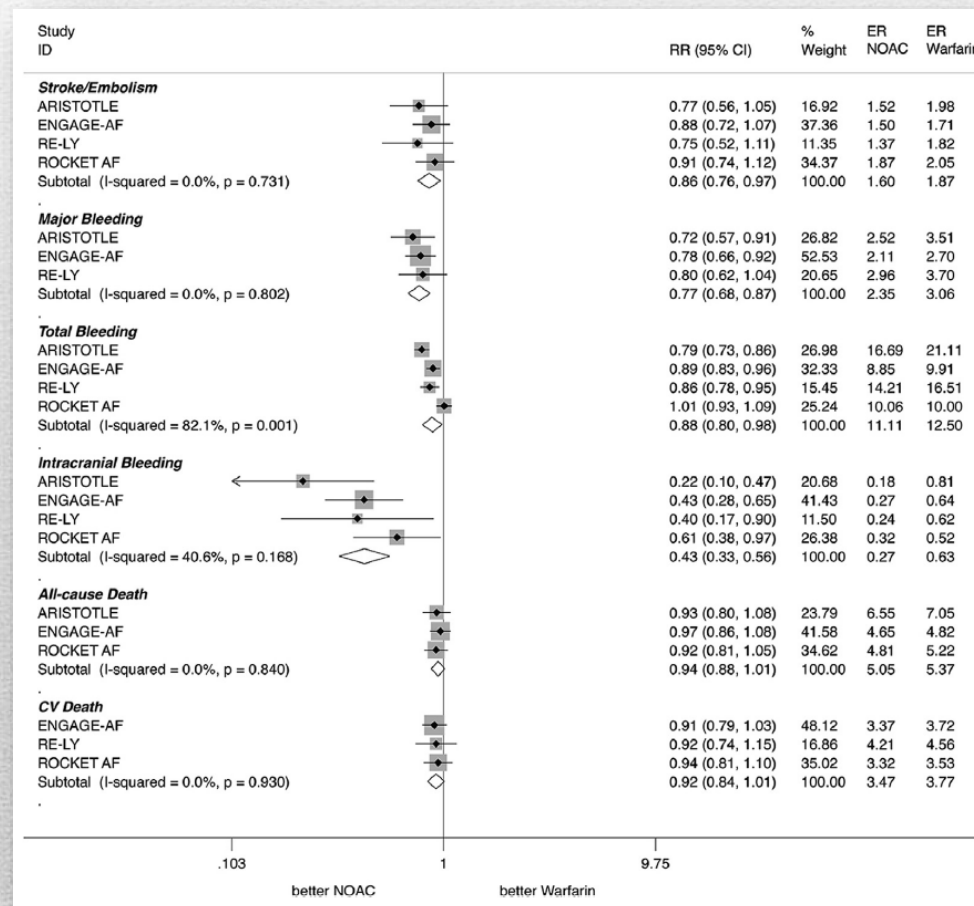
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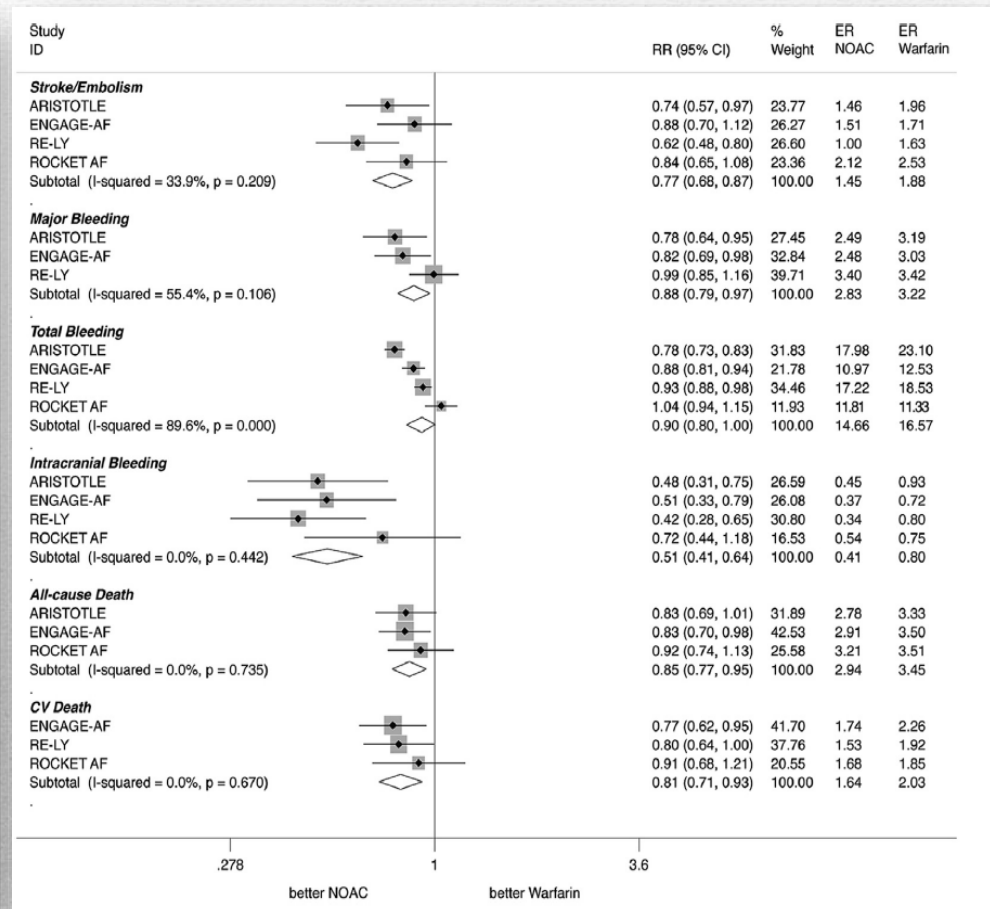
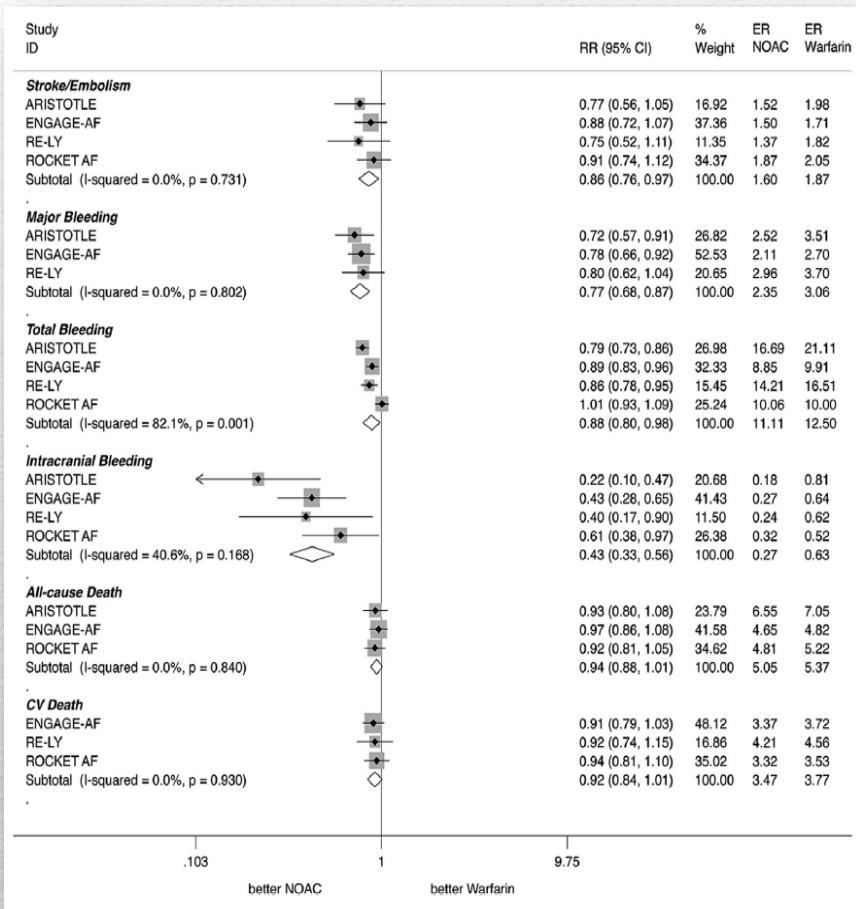
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## DOACS in HF pts



# DOACS in HF pts

# DOACS in no HF pts



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## A Meta-Analysis



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**TABLE 1** Baseline Characteristics of Trials Included in the Analysis

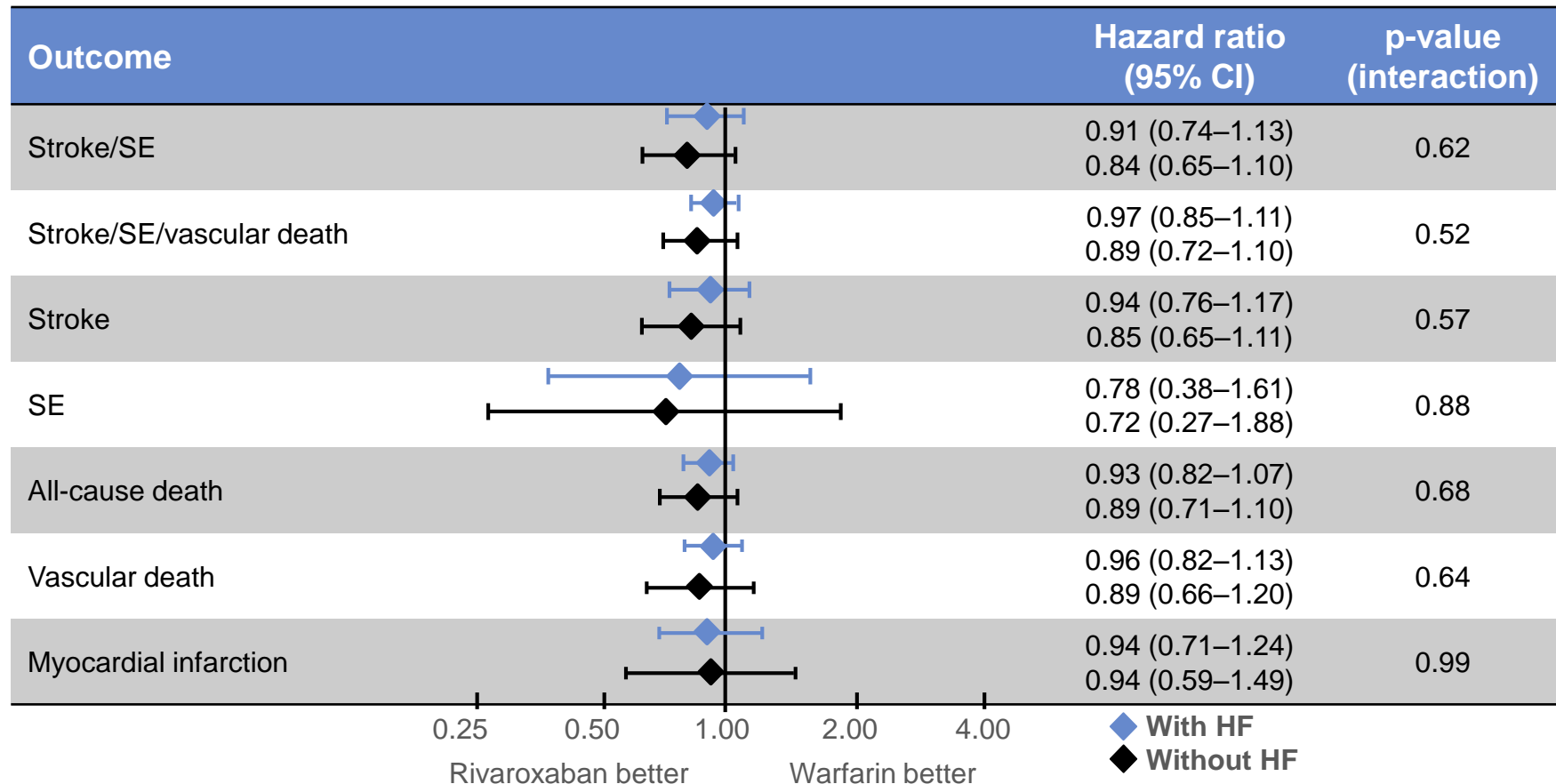
	ARISTOTLE		ENGAGE AF		RE-LY		ROCKET AF		TOTAL		HF vs. No HF
	HF	No HF	HF	No HF	HF	No HF	HF	No HF	HF	No HF	p Value
Year	2013		2015		2013		2013				
Treatment	Apixaban 5 mg twice daily		Edoxaban 60 mg once daily		Dabigatran 150 mg twice daily		Rivaroxaban 20 mg once daily				
FUP, yrs	1.5		2.8		2.0		1.94		NA		NA
Patients, %	5,943	8,728	8,145	5,926	3,263	8,835	9,033	5,138	26,384	28,627	NA
Females, %	33	35	38	38	34	39	39	40	36	38	<0.01
Age, yrs	69	71	70	75	68	73	72	74	70	73	0.03
CHADS <sub>2</sub>	2.46	1.88	3.00	2.60	2.65	2.00	3.70	3.15	2.95	2.41	0.22
Hypertension, %	83	90	94	93	75	80	93	86	86	87	<0.01
Diabetes, %	26	25	31	44	27	22	42	35	31	31	1.00
Prior MI/CAD, %	22	11	15	8	32	26	22	10	23	14	<0.01
NYHA functional classes I-II, %	57	NA	78	NA	NA	NA	69	NA	68	NA	NA
NYHA functional classes III-IV, %	23	NA	22	NA	NA	NA	31	NA	25	NA	NA
Aspirin, %	33	30	31	29	NA	NA	31	25	32	28	<0.01
Detsky quality score	100%		100%		95%		100%		100%		NA
Definition of HF	Symptomatic congestive HF within 3 months with reduced or preserved ejection fraction		Current presence or history of HF class C or D according to the AHA/ACC definition*		Presence of NYHA class II or higher HF symptoms within 6 months in patients with history of previous admission for HF		Left ventricular ejection <40%		NA	NA	NA



# ROCKET AF

## Subanalysis heart failure – Results

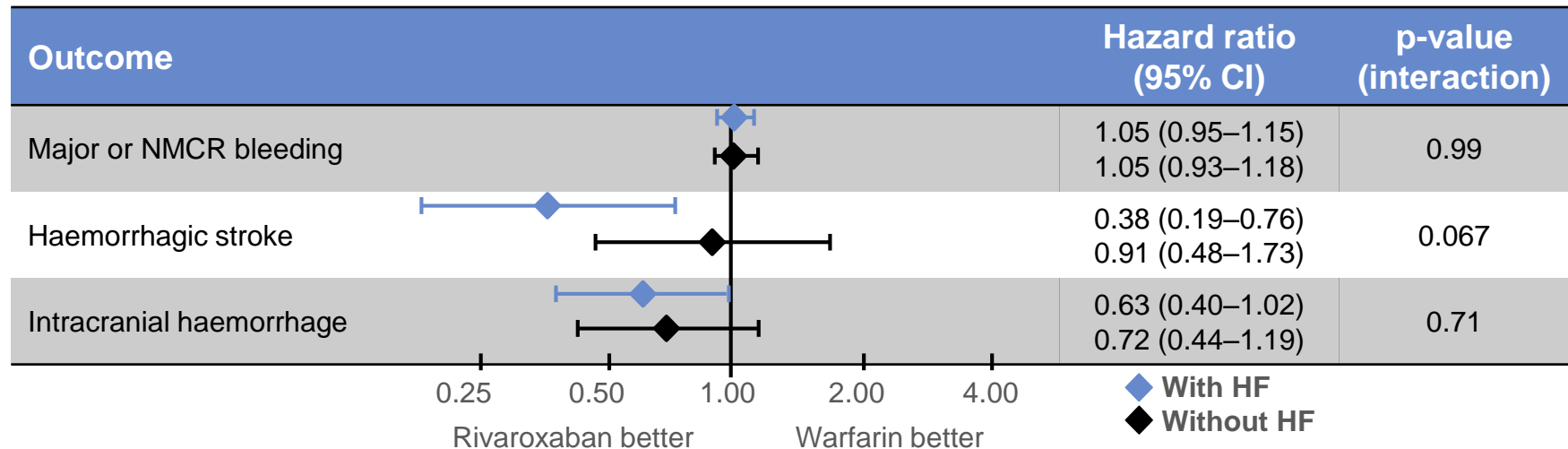
### Efficacy endpoints by treatment and HF



# ROCKET AF

## Subanalysis heart failure – Results

### Safety endpoints by treatment and HF





# Oral Anticoagulant Agents in Patients With Atrial Fibrillation and Heart Failure

## Does Heart Failure Status Influence Efficacy and Safety?\*

Faiez Zannad, MD, PhD, João Pedro Ferreira, MD, PhD

JACC: HEART FAILURE VOL. 4, NO. 11, 2016  
NOVEMBER 2016:881-4

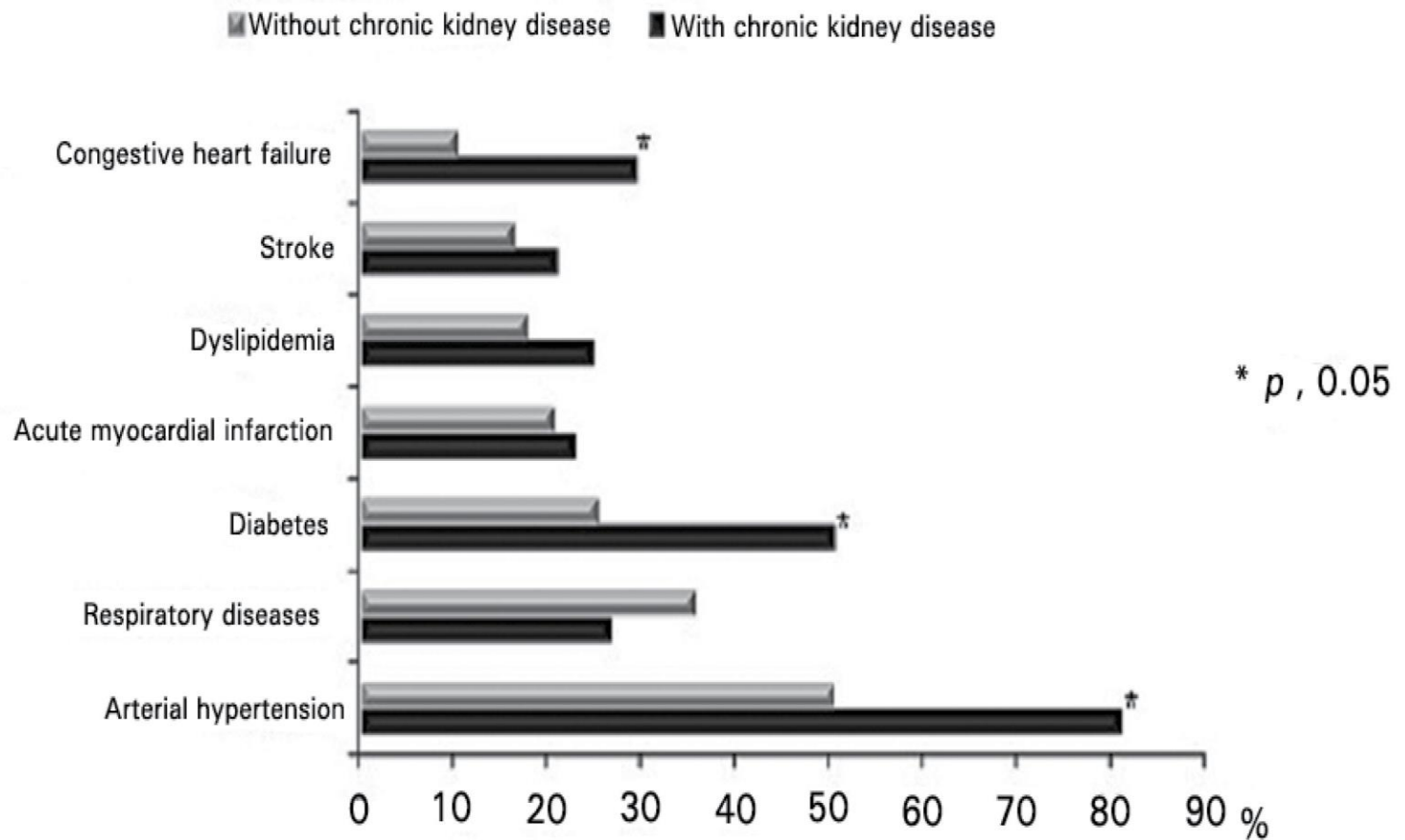
Trial	HF Definition	HHF Endpoints	HF Stratification	Severe Renal Impairment	Potential for Improvement
RE-LY	NYHA class $\geq$ II LVEF	No	No	Excluded	<ul style="list-style-type: none"> <li>• HF etiology</li> <li>• HF treatment</li> </ul>
ROCKET-HF	HF history LVEF <40%	No	No	Excluded	<ul style="list-style-type: none"> <li>• Volume status</li> <li>• Loop diuretic dose</li> </ul>
ENGAGE AF-TIMI 48	HF history NYHA class	No	No	Excluded	<ul style="list-style-type: none"> <li>• Previous HF hospitalizations</li> <li>• IV loop diuretic agents during index hospitalization</li> </ul>
ARISTOTLE	HF history LVEF <40%	No	No	Excluded	<ul style="list-style-type: none"> <li>• Natriuretic peptide levels</li> <li>• Concomitant antiplatelet agents</li> </ul>



# Heart Failure in Patients with Chronic Kidney Disease: A Systematic Integrative Review

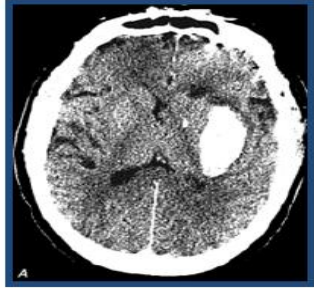
BioMed Research International  
Volume 2014, Article ID 937398, 21 pages  
<http://dx.doi.org/10.1155/2014/937398>

Liviu Segall, Ionut Nistor, and Adrian Covic

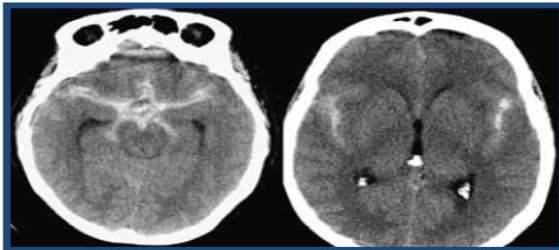


# Cerebrovascular Disease: Stroke Subtype

## Hemorrhagic stroke (17%)

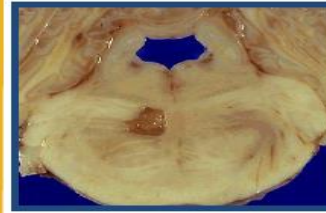


Intracerebral hemorrhage (59%)



SAH (41%)

## Ischemic stroke (83%)



Lacunar small vessel disease (25%)



Atherothrombotic disease (20-25%)



Embolism  
(20%)

Cryptogenic (30%)

Albers GW et al. Chest. 1998;114:683S-698S.  
Rosamond WD et al. Stroke. 1999;30:736-743.

**AF accounts for 15% of strokes**  
**HF accounts for 9% of strokes**



**STATE-OF-THE-ART PAPER**

## **Antiplatelet and Anticoagulant Agents in Heart Failure**

Current Status and Future Perspectives

Paul A. Gurbel, MD, Udaya S. Tantry, PhD

*Baltimore, Maryland*

**J Am Coll Cardiol HF 2014;2:1-14**

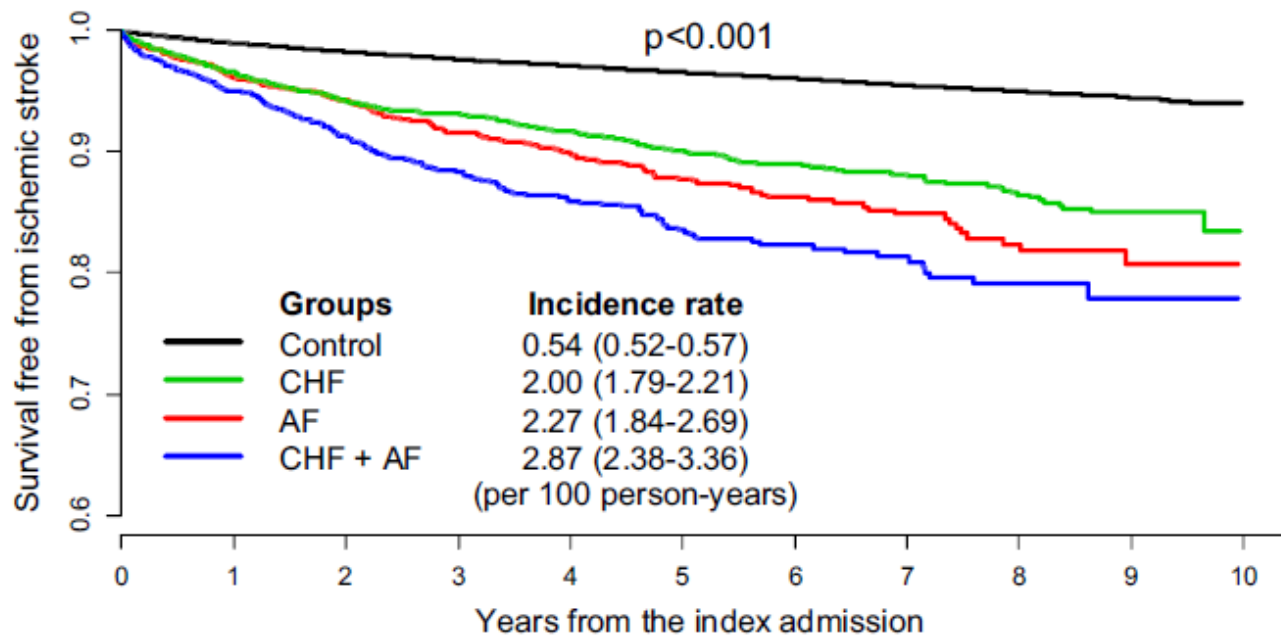


# Risk of stroke in congestive heart failure with and without atrial fibrillation



International Journal of Cardiology 248 (2017) 182–187

Si-Hyuck Kang<sup>a,1</sup>, Joonghee Kim<sup>b,1</sup>, Jin Joo Park<sup>a</sup>, Il-Young Oh<sup>a</sup>, Chang-Hwan Yoon<sup>a</sup>, Hee-Jun Kim<sup>c</sup>, Kyuseok Kim<sup>b,\*</sup>, Dong-Ju Choi<sup>a,\*</sup>



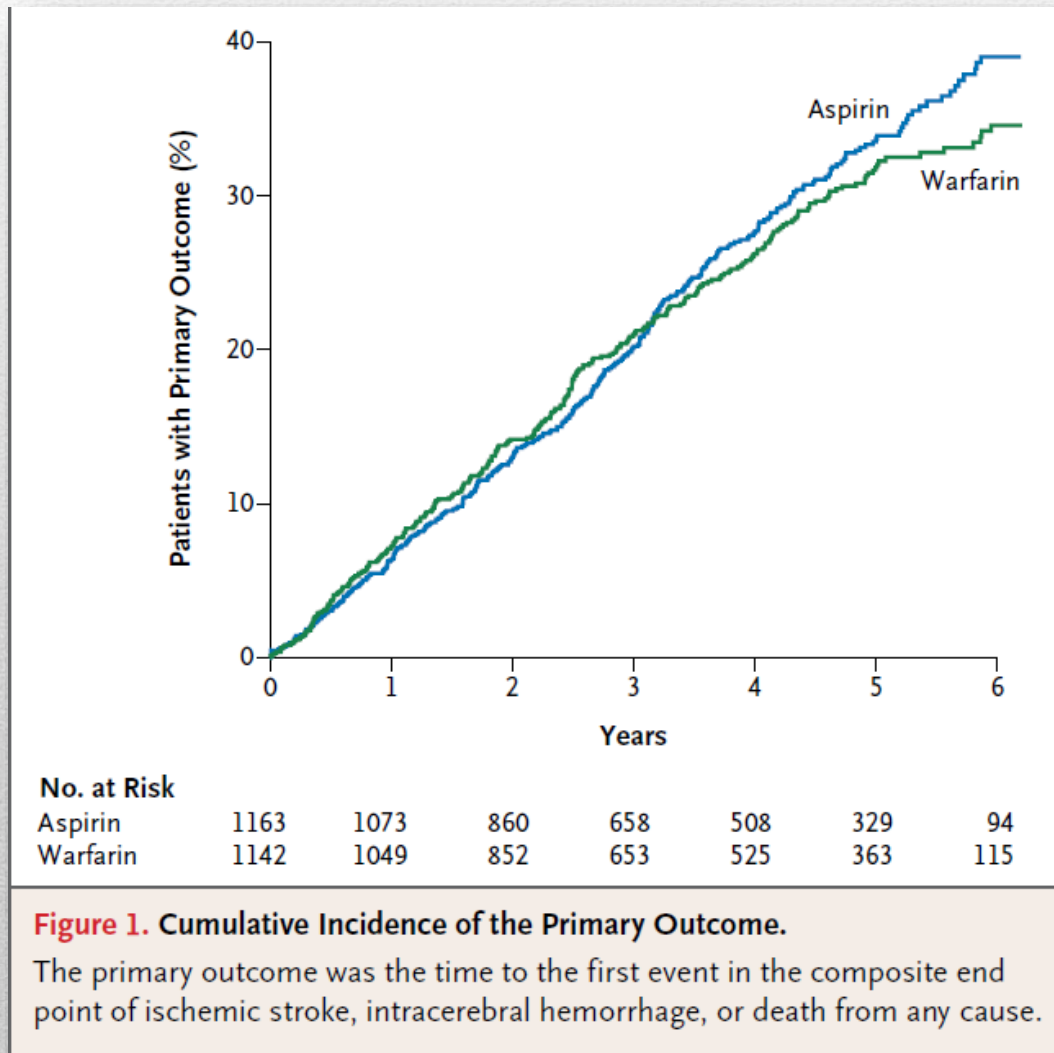
Patient number at risk

Control	90,277	73,689	52,171	33,255	17,865	4,919
CHF	4,533	2,947	1,879	1,129	582	170
AF	1,187	776	490	297	161	41
HF + AF	1,213	752	459	281	136	43



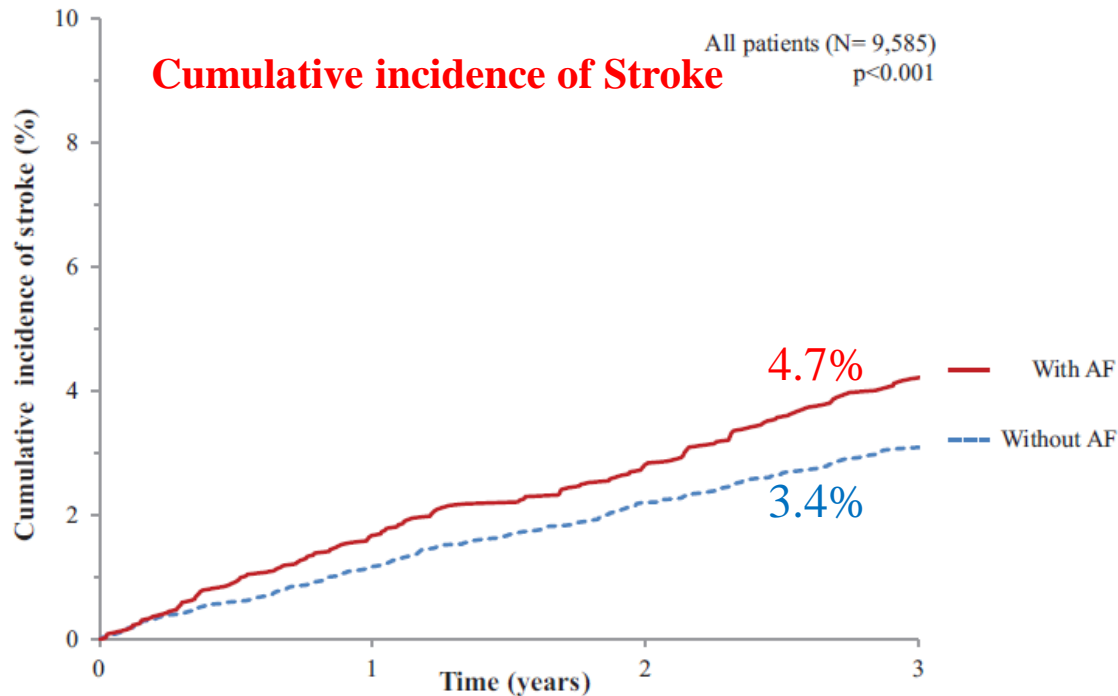
# Warfarin and Aspirin in Patients with Heart Failure and Sinus Rhythm

The investigators in the Warfarin versus Aspirin in Reduced Cardiac Ejection Fraction (WARCEF) Study Group are



# Risk of Stroke in Chronic Heart Failure Patients Without Atrial Fibrillation

Analysis of the Controlled Rosuvastatin in Multinational Trial Heart Failure (CORONA) and the Gruppo Italiano per lo Studio della Sopravvivenza nell'Insufficienza Cardiaca-Heart Failure (GISSI-HF) Trials  
*Circulation.* 2015;131:1486-1494.



Number at risk of stroke

Without AF	6054	5983	5921	5872
With AF	3531	3472	3432	3388

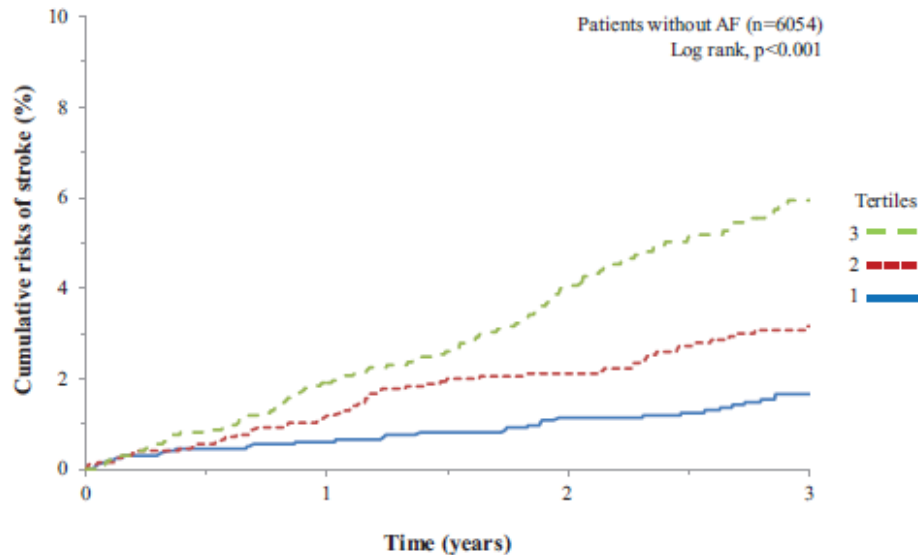


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**Table 2. Best Clinical Model for Stroke Based on Forward Stepwise Cox Proportional Hazard Regression**

Variables	Hazard Ratio	Lower 95% CI	Upper 95% CI	$\chi^2$ Value	Coefficients	Standard Error	P Value
Age (per 10 y increase)	1.34	1.18	1.63	16.2	0.331	0.082	<0.001
NYHA class (NYHA III and IV)	1.60	1.21	2.12	10.8	0.472	0.143	0.001
Diabetes mellitus treated with insulin	1.87	1.22	2.88	8.1	0.626	0.220	0.004
BMI (per 5 kg/m <sup>2</sup> increase up to 30)	0.74	0.60	0.91	7.9	-0.301	0.107	0.005
Previous stroke	1.81	1.19	2.74	7.8	0.591	0.212	0.005



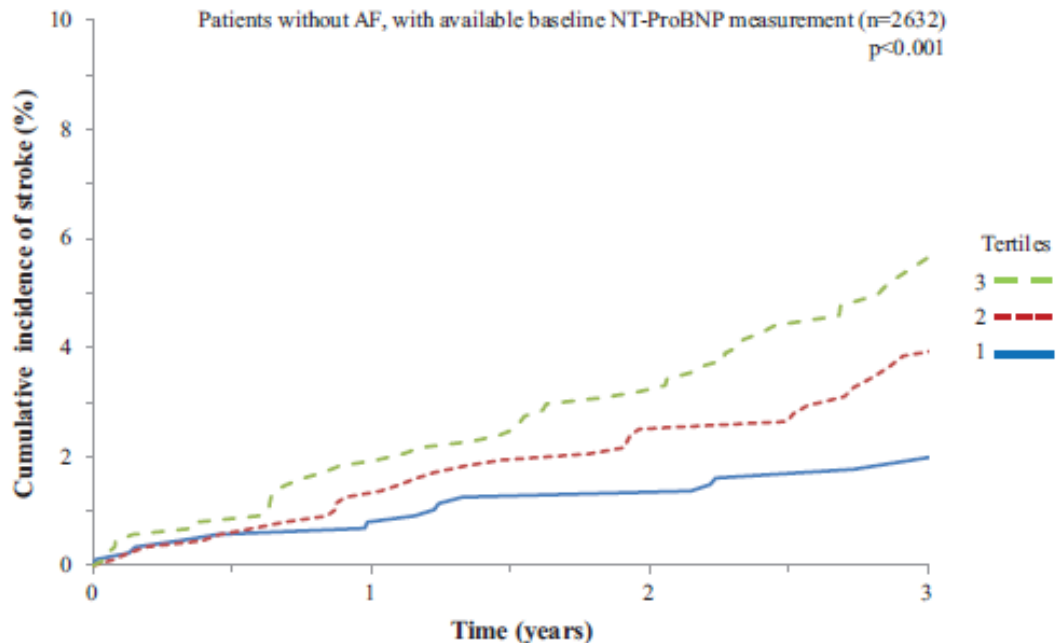


# Risk of Stroke in Chronic Heart Failure Patients Without Atrial Fibrillation

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**Table 3. Final Model for Stroke Based on Forward Stepwise Cox Proportional Hazard Regression, Adding NT-proBNP to Independent Predictors Identified in Table 2 (n=2632)**

Variables	Hazard Ratio	Lower 95% CI	Upper 95% CI	$\chi^2$ Value	Coefficients	Standard Error	P Value
Log NT-ProBNP	1.32	1.11	1.57	10.4	0.280	0.087	0.001
Diabetes mellitus treated with insulin	2.09	1.19	3.70	6.5	0.739	0.290	0.011
Previous stroke	1.92	1.10	3.35	5.3	0.653	0.283	0.021



## **Risk of Stroke in Chronic Heart Failure Patients Without Atrial Fibrillation**

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**AF = 1.6% /year**

**No AF = 1.2% / year**

**No AF (upper tertile) = 2 % /year**

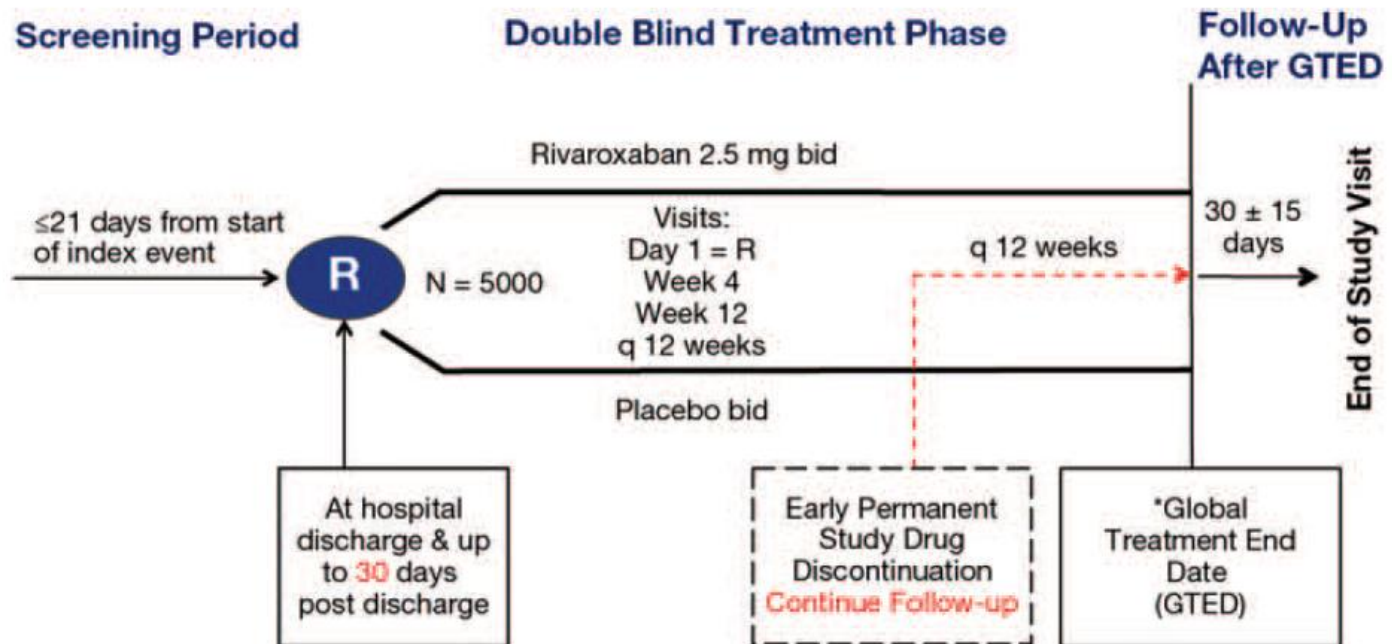
**AF no OAC = 2.2% / year**



**Rationale and design of a randomized, double-blind, event-driven, multicentre study comparing the efficacy and safety of oral rivaroxaban with placebo for reducing the risk of death, myocardial infarction or stroke in subjects with heart failure and significant coronary artery disease following an exacerbation of heart failure: the COMMANDER HF trial**



European Journal of Heart Failure (2015)  
doi:10.1002/ejhf.266



\*Global Treatment End Date (GTED): date when targeted 984 primary outcome events are predicted to have occurred.

