















# Progetto Team Multidisciplinare Uro-Oncologico Una Sfida Comune

**Consensus Conference TMD (Team Multidisciplinare Uro-Oncologico)** 

MILANO 12.13 DICEMBRE 2017 Hilton Milan via L.Galvani 12

Linee Guida: Ruolo dell'Istituto Superiore di Sanità

**Primiano Iannone** 

**Centro Nazionale Eccellenza Clinica Qualità e Sicurezza delle Cure** 





# THE SUNDAYTIMES

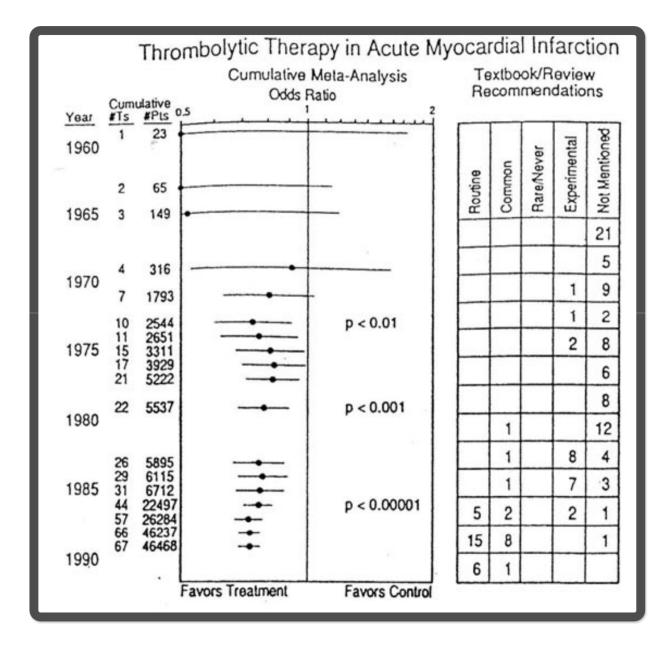
5 FEBRUARY 1995

Hundreds killed by doctors relying on outdated manuals

JAMA. 1992 Jul 8;268(2):240-8.

A comparison of results of meta-analyses of randomized control trials and recommendations of clinical experts. Treatments for myocardial infarction.

Antman EM¹, Lau J, Kupelnick B, Mosteller F, Chalmers TC.



discoveries to reach clinical practice. It takes an estimated average of 17 years for only 14% of new scientific discoveries to enter day-to-day clinical practice. McGlynn et al<sup>5</sup>

Balas EA, Boren SA. Yearbook of Medical Informatics: Managing Clinical Knowledge for Health Care Improvement.
Stuttgart, Germany: Schattauer Verlagsgesellschaft mbH; 2000.



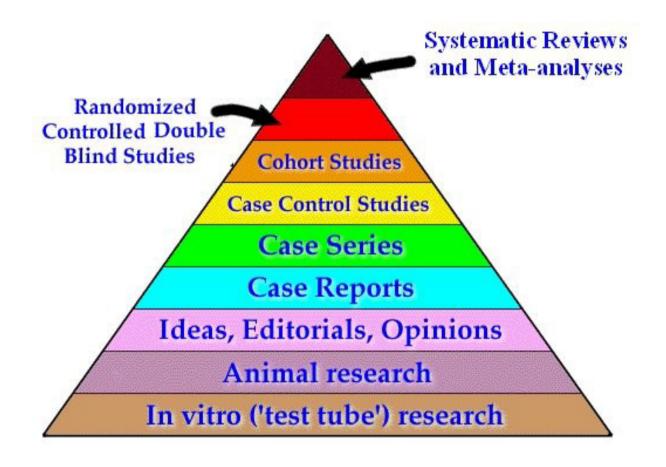
### The Rational Clinical Examination

## **Evidence-Based Medicine**

A New Approach to Teaching the Practice of Medicine

Evidence-Based Medicine Working Group

JAMA, November 4, 1992—Vol 268, No. 17



Piramide delle evidenze

# Cos'è una Linea Guida

tion is as follows: Clinical practice guidelines are statements that include recommendations intended to optimize patient care that are informed by a systematic review of evidence and an assessment of the benefits and harms of alternative care options.

To be trustmorthy guidelines should

### Low quality of contemporary guidelines

### ORIGINAL INVESTIGATION

### ONLINE FIRST | HEALTH CARE REFORM

Failure of Clinical Practice Guidelines to Meet **Institute of Medicine Standards** 

Two More Decades of Little, If Any, Progress

Justin Kung, MD; Ram R. Miller, MD; Philip A. Mackowiak, MD

Table 1. Frequency of Adherence to Institute of Medicine Standards by Organization Type and Subspecialty Area

Organization Type (No. of Guidelines)	Standards Met, Median	Guidelines Meeting >50% of Standards, No. (%)	
All (114)	8 (44.0)	56 (49.1)	
United States (68)	8 (44.0)	34 (50.0)	
Non-US (46)	9 (50.0)	22 (47.8)	
US government agency (15)	9 (50.0)	10 (66.7)	
Subspecialty societies (41) Subspecialty area	8 (44.0) <sup>a</sup>	16 (39.0) <sup>b</sup>	
Infectious diseases (21)	9 (50.0)	11 (52.4)	
Oncology (17)	9.5 (52.8)	9 (52.9)	
OB/GYN (12)	8 (44.0)	3 (25.0)	
All other (64)	8 (44.0)	36 (56.2) c	





Abbreviation: OB/GYN, obstetrics/gynecology.  $^aP$  = .34 by Mann-Whitney test compared with all other organization types.  $^bP$  = .11 by Fisher exact test compared with all other organization types.  $^cP$  = .40 by  $\chi^2$  test across all subspecialty areas.





BMJ 2013;346:f3830 doi: 10.1136/bmj.f3830 (Published 14 June 2013)

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### **FEATURE**

EVIDENCE BASED MEDICINE

### Why we can't trust clinical guidelines

Jeanne Lenzer medical investigative journalist





BMJ 2015;350:h1075 doi: 10.1136/bmj.h1075 (Published 17 March 2015)

#### Major stroke guidelines and recommendations for alteplase at 3-4.5 hours after stroke onset

Guidelines presenting strong recommendation for ("is recommended" or highest recommendation rating)

American Heart Association/American Stroke Association (Class I; Level of evidence B)5

Canadian Stroke Network and Heart and Stroke Foundation of Canada (Evidence level A)6

Chinese Stroke Therapy Expert Panel for Intravenous Recombinant Tissue Plasminogen Activator (Level 1 recommendation, Level A evidence)<sup>7</sup>

European Stroke Organisation (Class I, Level A)<sup>a</sup>

Haute Autorité de Santé reement)9

Japan Stroke Society (level of evidence rade of recommendation A)10

National Institute for Health and Care Extended ("is recommended")"

National Stroke Foundation (Australia) ( A)12

South African Stroke Society (Class I

Guidelines presenting weak remember attion for (lower recommendation rating)

American College of Chest Pt ans (Grade 2C)14

American College of Emergency—hysicians/American Academy of Neurology (Level B recommendation), currently being reconsidered by American College of Emergency Physicians<sup>15</sup>

American College of Emerge ysicians (draft guideline in process) (Level B recommendation)<sup>16</sup>

Guidelines presenting weak recommendation against

Canadian Association of Emergency Physicians (draft guideline in process) (Weak recommendation, moderate quality evidence)17

Statements that t-PA is controversial at all timeframes and should not be considered standard of care

American Academy of Emergency Medicine18

Australasian College for Emergency Medicine<sup>19</sup>

Canadian Association of Emergency Physicians (currently posted policy)20

New Zealand Faculty of the Australasian College for Emergency Medicine<sup>21</sup>

### Avoidable waste in the production and reporting of research evidence

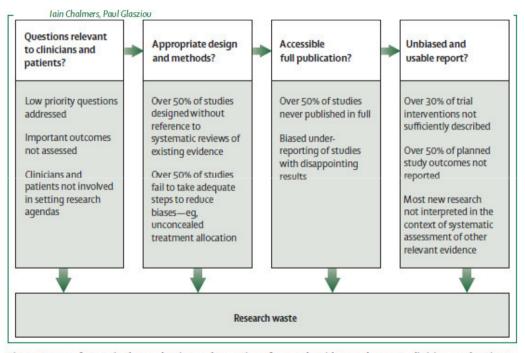


Figure: Stages of waste in the production and reporting of research evidence relevant to clinicians and patients

Lancet 2009; 374: 86-89



# the temporal gap between current "best" evidence and guidelines lowers their overall reliability

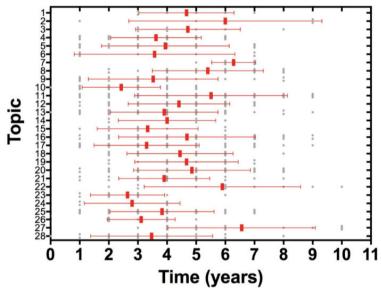


Figure 1. Time from primary study publication to incorporation in systematic review. Analysis of 792 study reports incorporated into 73 systematic reviews across 28 high priority topics in the field of neurotrauma. Study reports were included in the analysis if they were incorporated into a systematic review relevant to one of the high priority topics and published in the period 2001–2009. Systematic reviews were included in the analysis if they were relevant to one of the high priority topics and published in the period 2001–2012. Bars represent medians and interquartile range.

doi:10.1371/journal.pmed.1001603.g001





Parachutes reduce the risk of injury after gravitational challenge, but their effectiveness has not been proved with randomised controlled trials





BMJ 2013;346:f2510 doi: 10.1136/bmj.f2510 (Published 2 May 2013)

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### **ANALYSIS**

### Better management of patients with multimorbidity

Martin Roland and Charlotte Paddison call for greater emphasis on continuity of care and clinical judgment to improve the experience of patients with multiple conditions

### Role of guidelines

It has been argued that evidence based guidelines (mostly developed for people with single diseases) are inappropriate for people with multiple conditions, resulting in overtreatment and overcomplex regimes of assessment and surveillance.<sup>45</sup> This is a particular problem for patients who are elderly, less well educated, or from less affluent communities.<sup>67</sup>



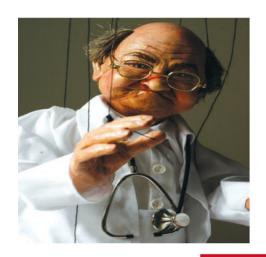
Defects of guideline making process: managing consensus

Consensus and discussion about controversial issues within the panel group needs a careful methodology too... (and full disclosure of the minority views)

The RAND/UCLA Appropriateness Method User's Manual

Published 2001 by RAND 1700 Main Street, P.O. Box 2138, Santa Monica, CA 90407-2138 1200 South Hayes Street, Arlington, VA 22202-5050 RAND URL: http://www.rand.org





# KEY OPINION LEADERS Independent experts or drug representatives in disguise?

**Ray Moynihan** examines the role of the influential experts paid by industry to help "educate" the profession and the public

### Key opinion leaders—what fees can they command?

Single lecture or scientific speech \$3000

(source: Marketwire)

Hourly rate for influential physicians offering advice—up to \$400  $\,$ 

(source: Cutting Edge Information)

Work for drug companies on clinical trials—More than £200 an hour

(source: BMA)

BMJ | 21 JUNE 2008 | VOLUME 336

Many key opinion leaders participate of guideline panel groups (or chair them)

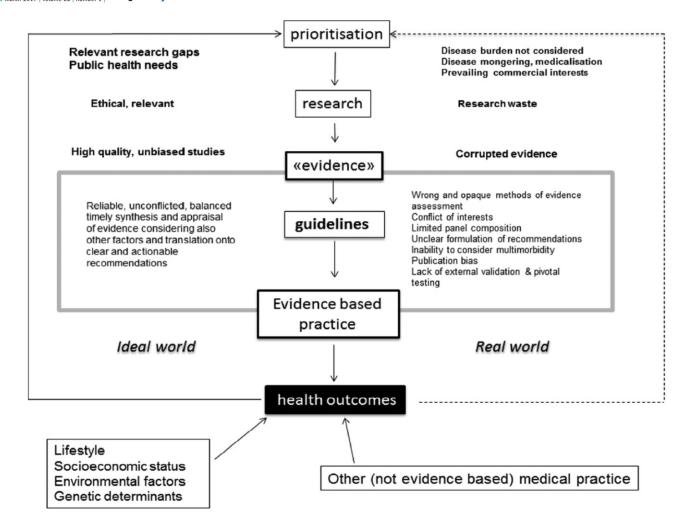


### Wrong guidelines: why and how often they occur

Primiano Iannone, 1 Nicola Montano, 2 Monica Minardi, 3 James Doyle, 3 Paolo Cavagnaro, 4 Antonino Cartabellotta 5

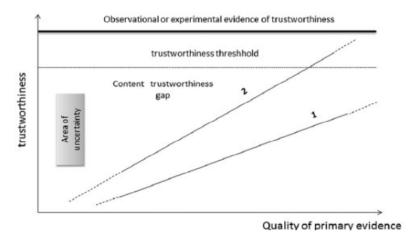
Evid Based Med March 2017 | volume 22 | number 1 |

BM





### Methods, content, outcomes



**Figure 1** 1: Low-quality guidelines; 2: high-quality guidelines. The tradeoff between quality of guideline methods, evidence available and trustworthiness. Decision threshold of trustworthiness has to be decided on a case-by-case basis. When little or no evidence is available (area of uncertainty) and recommendations follow from a consensus process, trustworthiness can be achieved only by assessing outcomes prospectively.



### **Synthesis of GRADE approach**

G. Guyatt et al. / Journal of Clinical Epidemiology 64 (2011) 383-394

Health Care Question (PICO) Systematic review S3 S2 **S4** S5 Studies Outcomes OC2 OC3 OC4 Critical Important outcomes outcomes Generate an estimate of effect for each outcome Rate the quality of evidence for each outcome, across studies RCTs start with a high rating, observational studies with a low rating Rating is modified downward: Rating is modified upward: - Study limitations - Large magnitude of effect - Imprecision - Dose response - Inconsistency of results - Confounders likely minimize the effect - Indirectness of evidence - Publication bias likely Final rating of quality for each outcome: high, moderate, low, or very low Rate overall quality of evidence (lowest quality among critical outcomes) Decide on the direction (for/against) and grade strength (strong/weak\*) of the recommendation considering: \*Also labeled Quality of the evidence Balance of desirable/undesirable outcomes "conditional" Values and preferences Decide if any revision of direction or strength is necessary considering: Resource use "discretionary"

Fig. 1. Schematic view of GRADE's process for developing recommendations. Abbreviation: RCT, randomized controlled trials.



	Clinical recommendations-	Clinical recommendations—		Health aveters and authlichealth		
	individual perspective	population perspective	Coverage decisions	Health system and public health recommendations/decisions	Diagnostic, screening, and other tests*	
Priority of the problem			Is the pro	blem a priority?		
Test accuracy	Not applicable				How accurate is the test?	
Benefits and harms	How substantial are the desirable anticipated effects?					
	How substantial are the undesirable anticipated effects?					
Certainty of the evidence	What is the overall certainty of the evidence of effects?			What is the certainty of the evidence of: - Test accuracy? - Any critical or important direct benefits, adverse effects or burden of the test? - Effects of the management that is guided by the test results? - Link between test results and management decisions? - Effects of the test?		
Outcome importance	Is there important uncertainty about or variability in how much people value the main outcomes?			Is there important uncertainty about or variability in how much people value the main outcomes, including adverse effects and burden of the test and downstream outcomes of clinical management that is guided by the test results?		
Balance	Does the balance bet	between desirable and undesirable effects favour the intervention or the comparison?  Does the balance between desirable and undesirable effects favour the test or the comparison?				
Resource use	How large are the resource requirements (costs)?					
	— What is the certainty of the evidence of resource requirements (costs)?					
	Does the cost effectiveness of the intervention (the out-of-pocket cost relative to the net benefits) favour the intervention or the comparison?	Does the cost effectiveness of the intervention or the compar		Does the cost effectiveness of the option favour the option or the comparison?	Does the cost effectiveness of the test favour the test or the comparison?	
Equity	7 <del></del>	What would be the impact on health equity?				
Acceptability	Is the intervention acceptable to patients, their care givers, and healthcare providers?	Is the intervention acceptabl	e to key stakeholders?	Is the option acceptable to key stakeholders?	Is the test acceptable to key stakeholders?	
Feasibility	Is the intervention feasible for patients, their care givers, and healthcare providers?	Is the intervention feasil	ble to implement?	Is the option feasible to implement?	Is the test feasible to implement?	



## **Health Affairs**

At the Intersection of Health, Health Care and Policy

Cite this article as:
John M. Eisenberg
Globalize The Evidence, Localize The Decision: Evidence-Based Medicine
And International Diversity
Health Affairs, 21, no.3 (2002):166-168

doi: 10.1377/hlthaff.21.3.166

### Globalize The Evidence, Localize The Decision: Evidence-Based Medicine And International Diversity

The use of evidence is most successful when local differences are factored into the decision-making process, whether at the clinical, system, or policy level.

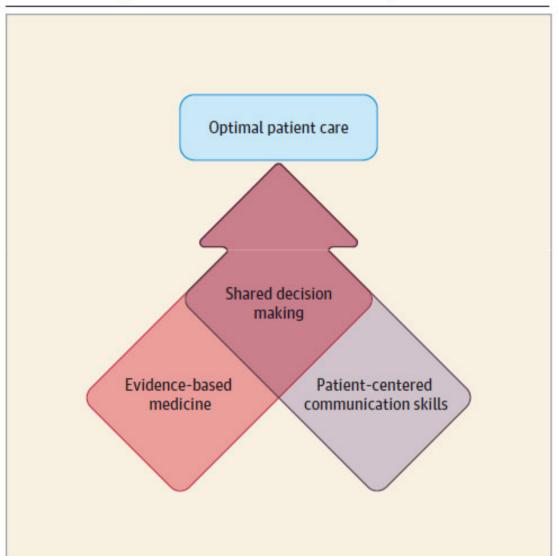
by John M. Eisenberg



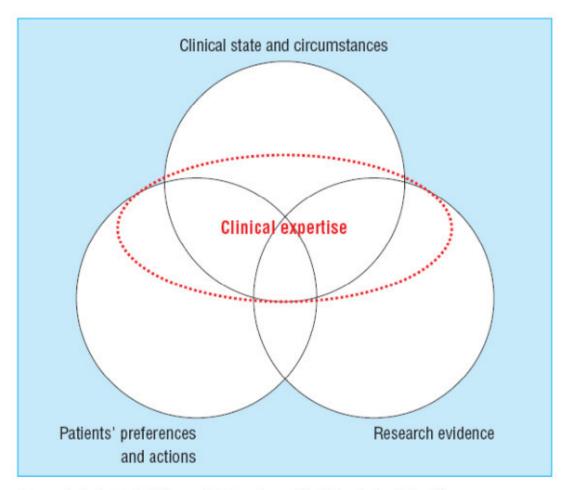


JAMA October 1, 2014 Volume 312, Number 13 1295

# Figure. The Interdependence of Evidence-Based Medicine and Shared Decision Making and the Need for Both as Part of Optimal Care







An updated model for evidence based clinical decisions<sup>1</sup>

Haynes RB et al. BMJ 2002;324:1350

### The NEW ENGLAND JOURNAL of MEDICINE

### SOUNDING BOARD

# Precision Medicine — Personalized, Problematic, and Promising

J. Larry Jameson, M.D., Ph.D., and Dan L. Longo, M.D.

# Situazione italiana

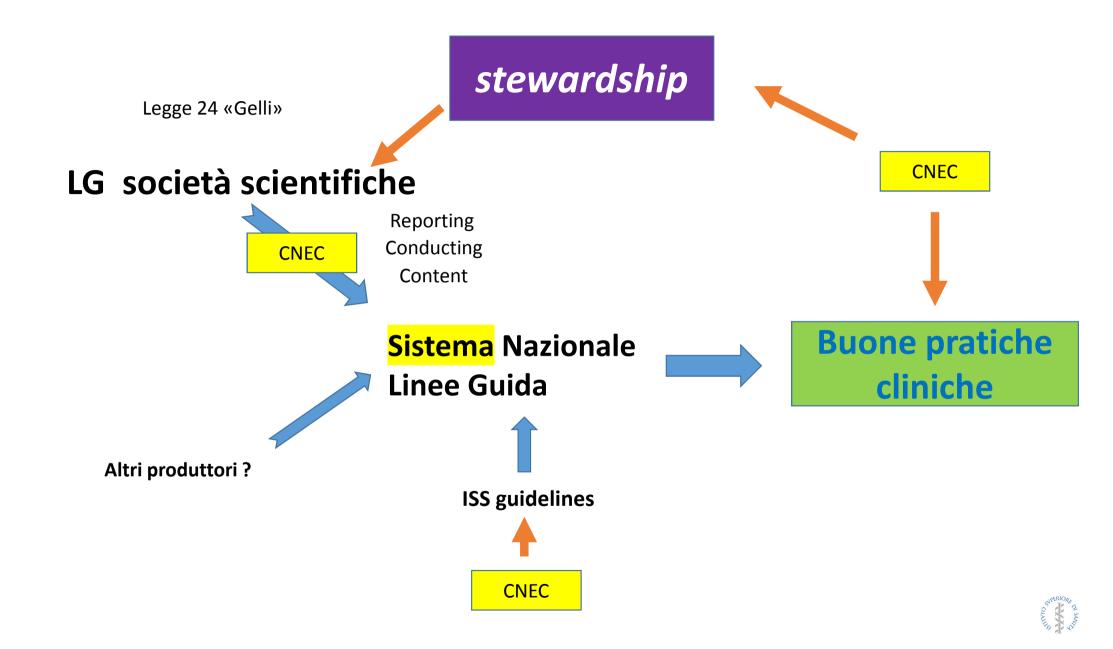


## Risultati 4: aderenza standard G-I-N 1

ltem	Sì	
3. Conflitti di interesse		
1. Composizione del gruppo di sviluppo della linea guida	63%	
11. Finanziamenti e sponsor	64%	
2. Processo decisionale	65%	
6. Revisione delle evidenze	67%	
10. Validità e aggiornamento della linee guida	67%	
5. Metodi	71%	
9. Peer review e consultazione degli stakeholders	72%	
8. Rating delle evidenze e delle raccomandazioni	81%	
7. Raccomandazioni della linea guida	95%	
4. Ambito della linea guida	100%	









Editoriale

Informazioni

Buone pratiche

Linee guida 🗸

Cerca



★ > Archivio per categoria "Linee guida"

Archivi categoria: Linee guida

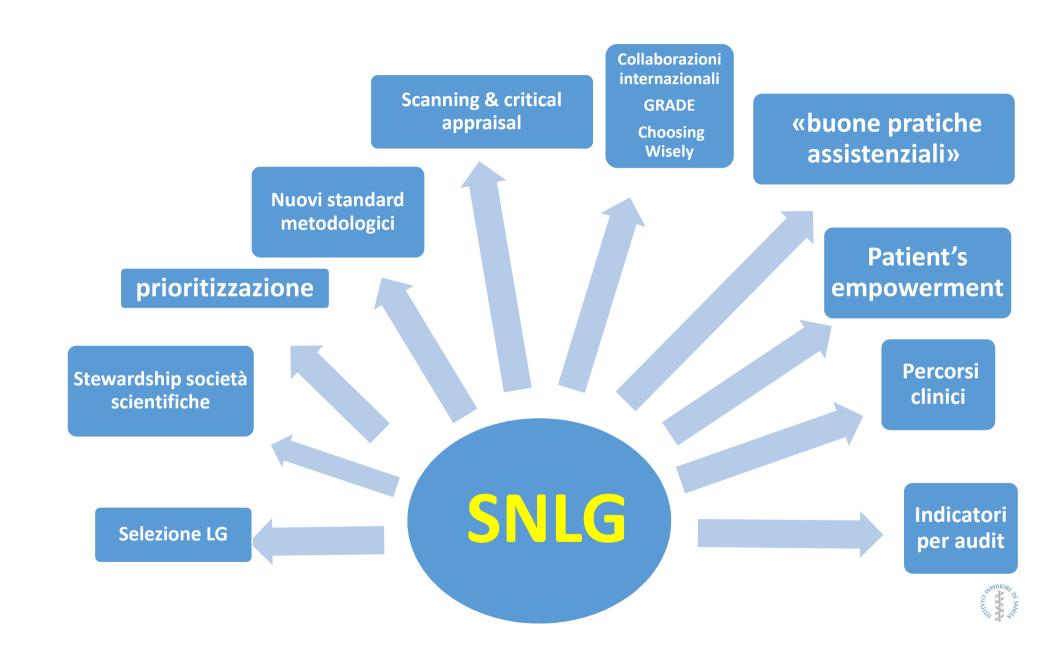
Protetto: Pubblicazione nell'SNLG delle LG proposte da soggetti ex art.5 Legge 2 mar 217.24

N.B.: le modalità di pubblicazione sono suscettibili di modifiche sulla base dei decreticativi di pressina diversione della L. 24/2017. Eventuali commenti e proposte di modifica possono essere inviati all'indrizzo e-mal: cner rig@iss.

In questa sezione sono riportate le modalità di invio e la procedura di Cazioni elle Leve Guide (CG) per la pubblicazione nell'SNLG.

Gli enti e le istituzioni pubbliche e private, le società scientifiche e le associazioni telesco-scientifiche delle professioni sanitarie iscritte in apposito elenco istituito e regolamentato con DM 2 agosto 2017 (GU n.18 cel 10-8-2017) propongono al CNEC la LG da pubblicare nell'SNLG.

Il CNEC verifica in primo luogo l'eleggibilità della LG in base a pre-requisiti di priorità e non ridondanza e, successivamente, valuta la LG con criteri



## And so, what is SNLG for?

More trustworthy, relevant, timely, evidence based, unconflicted, balanced national tools to inform wise clinical & health policy decisions and manage uncertainty

