

Novità in tema di dislipidemie nel paziente ad alto rischio cardiovascolare



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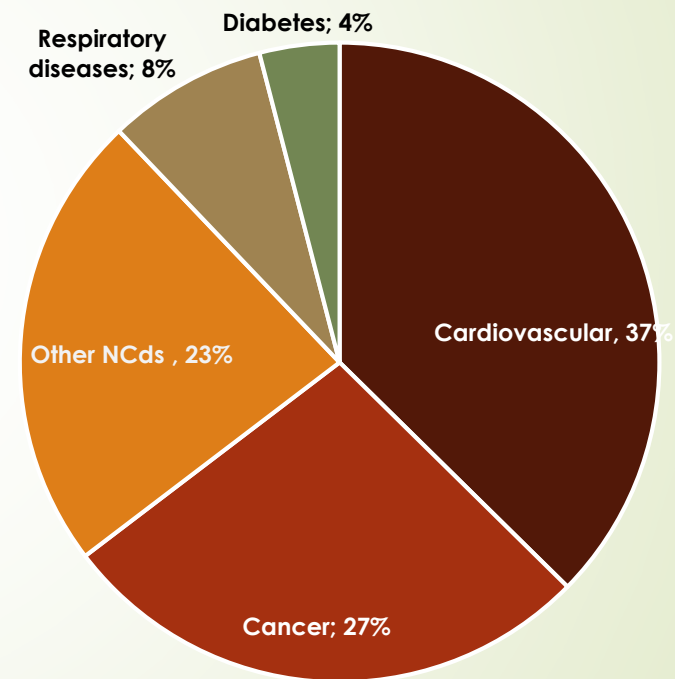
Cardiovascular Disease Leads as the Global Cause of Death

Cardiovascular Disease (CVD)

Leading cause of death in the world¹

- Cardiovascular diseases claim more lives than all forms of cancer combined^{1,2}
- **> 17.3 million** deaths per year globally¹
- CVD causes > 4 million deaths each year across Europe accounting for 45% of all deaths. CHD and stroke account for 1.8 million and 1.0 million deaths, respectively³
- ~2,200 Americans die of CVD each day, an average of 1 death every 40 seconds⁴
- Accounts for **10%** of the global disease burden (DALYs)¹
- In 2015, ischemic heart disease was the leading cause for years of lost life (YLL), accounting for 9.5% of YLL, globally⁵

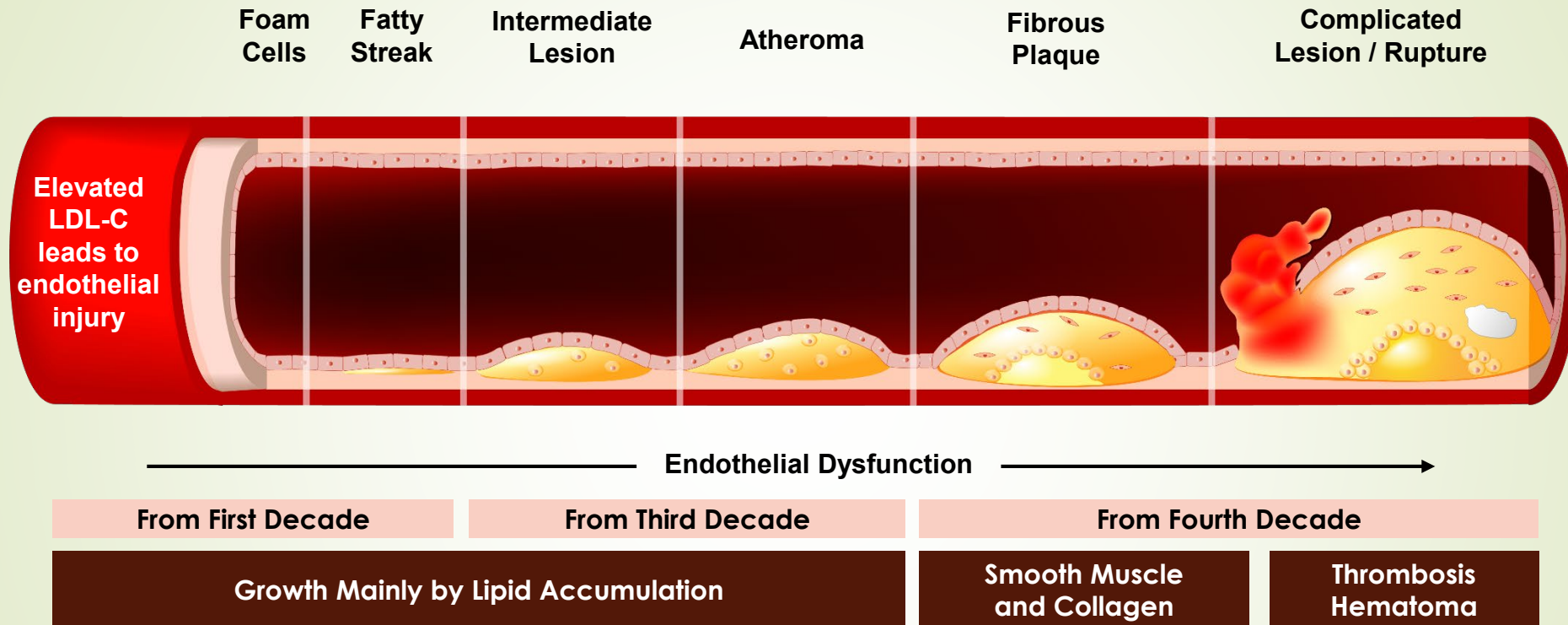
Leading Causes of Premature Death Globally^{2*}



disease; DALY = Disability Adjusted Life Years;

ol. Geneva: World Health Organization in collaboration with
6. *World Health Statistics 2016: Monitoring health for the*
2016;37:3232-3245. 4. Mozaffarian D, et al, *Circulation*.

Atherosclerosis Driven by High LDL-C Is the Underlying Cause of CVD That Begins Early in Life¹⁻³



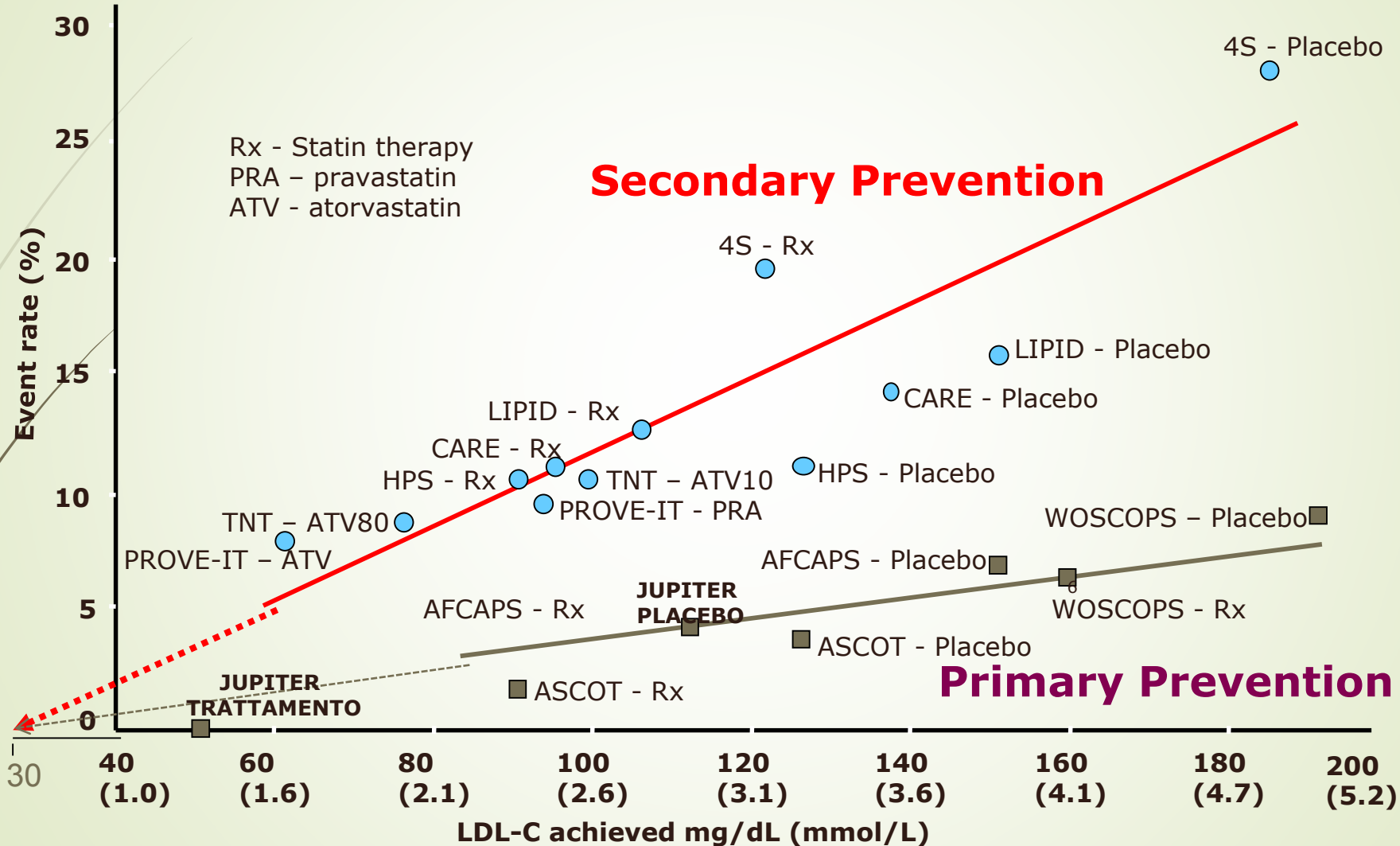
Unstable or ruptured plaques occlude blood flow and increase the risk of CV events; therefore, early and aggressive treatment of atherosclerosis may reduce the risk of CV events^{2,4}

CV = cardiovascular; CVD = cardiovascular disease; LDL-C = low-density lipoprotein cholesterol.

1. Pepine CJ. *Am J Cardiol.* 1998;82:23S-27S. 2. Ross R. *N Engl J Med.* 1999;340:115-126. 3. Sary HC, et al. *Circulation.* 1995;92:1355-1374. 4. Okazaki S et al. *Circulation.* 2004;110:1061-1068.

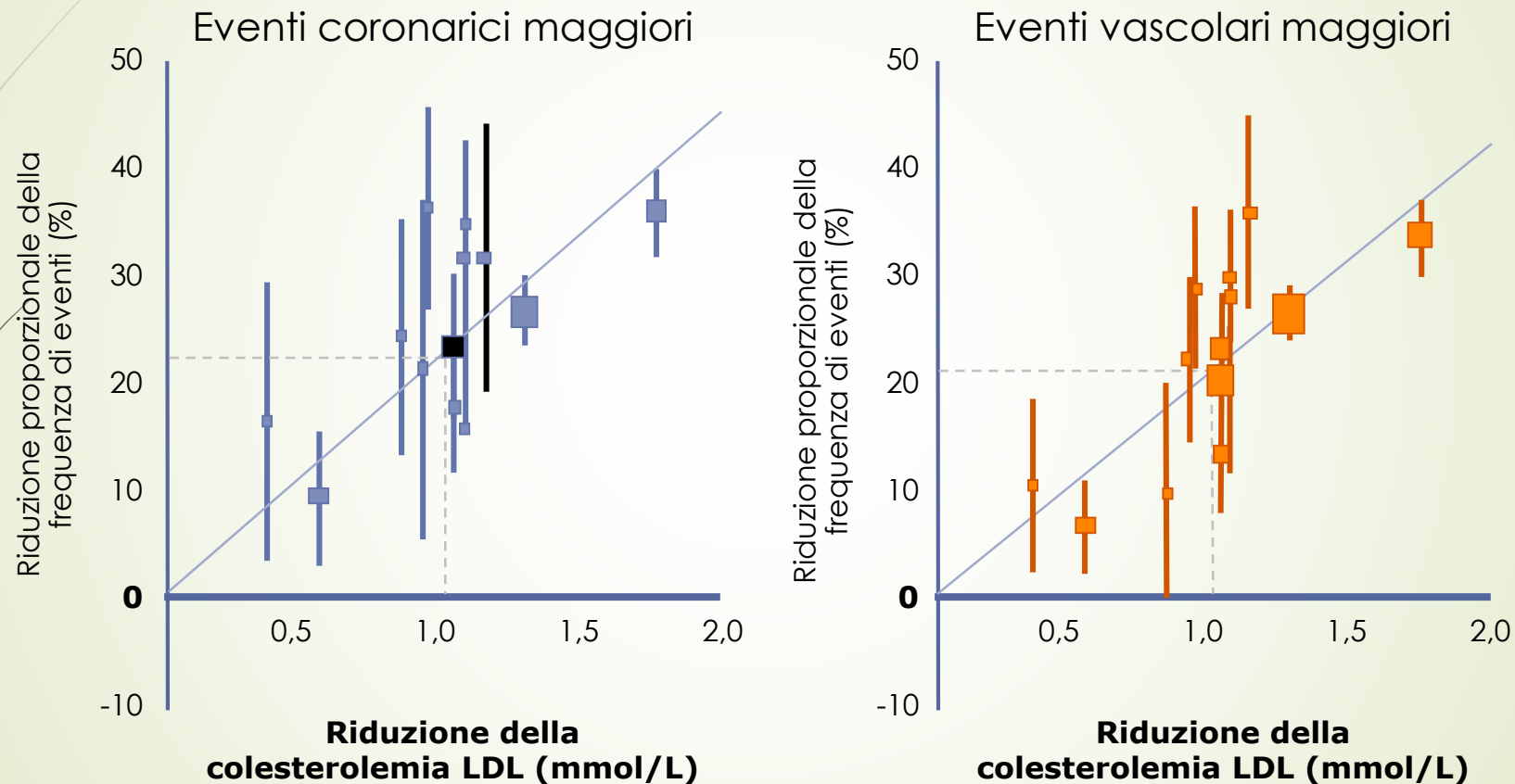


Every reduction in LDL-C is associated with a corresponding reduction in CVD events



Adapted from Rosensen RS. *Exp Opin Emerg Drugs* 2004; 9(2):269-279
 LaRosa JC et al. *NEJM* 2005; 352:1425-1435
 Ridker PM et al. *NEJM* 2008; 359: 2195-2207

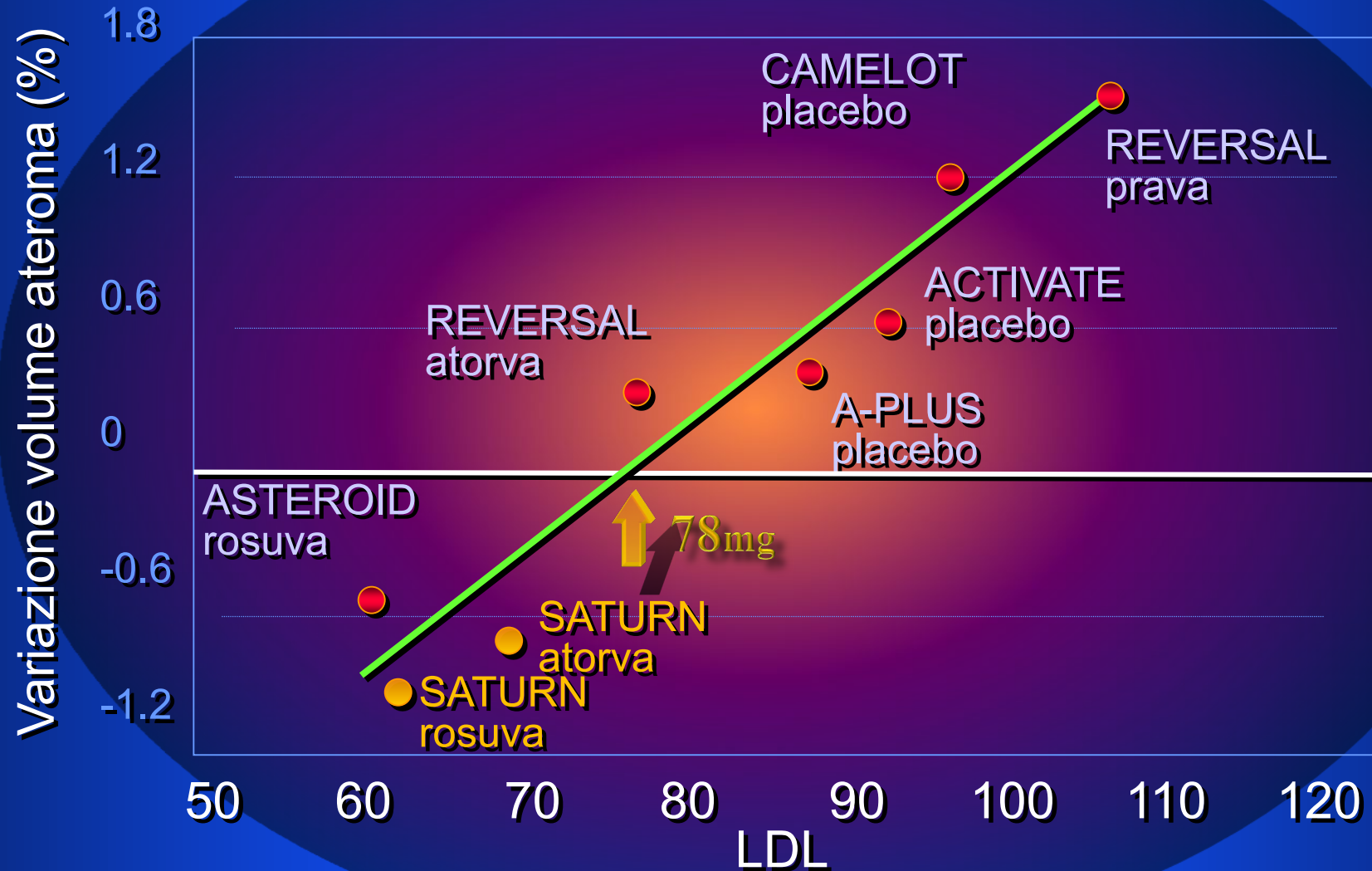
Relazione tra riduzione del colesterolo LDL e degli eventi cardio-vascolari maggiori



I quadrati rappresentano un singolo studio confrontato verso la riduzione media assoluta di colesterolemia LDL ad 1 anno, con le linee verticali sopra e sotto che corrispondono ad un ES della riduzione non pesata della frequenza di eventi. Per ogni esito, la linea di regressione (che è forzata per passare dall'origine) rappresenta la riduzione pesata della frequenza di eventi per mmol/L di riduzione di colesterolemia LDL.

LDL e progressione ateroma

(Nissen, JAMA 2005)





European Heart Journal (2017) 38, 2459–2472
doi:10.1093/eurheartj/ehx144

CURRENT OPINION

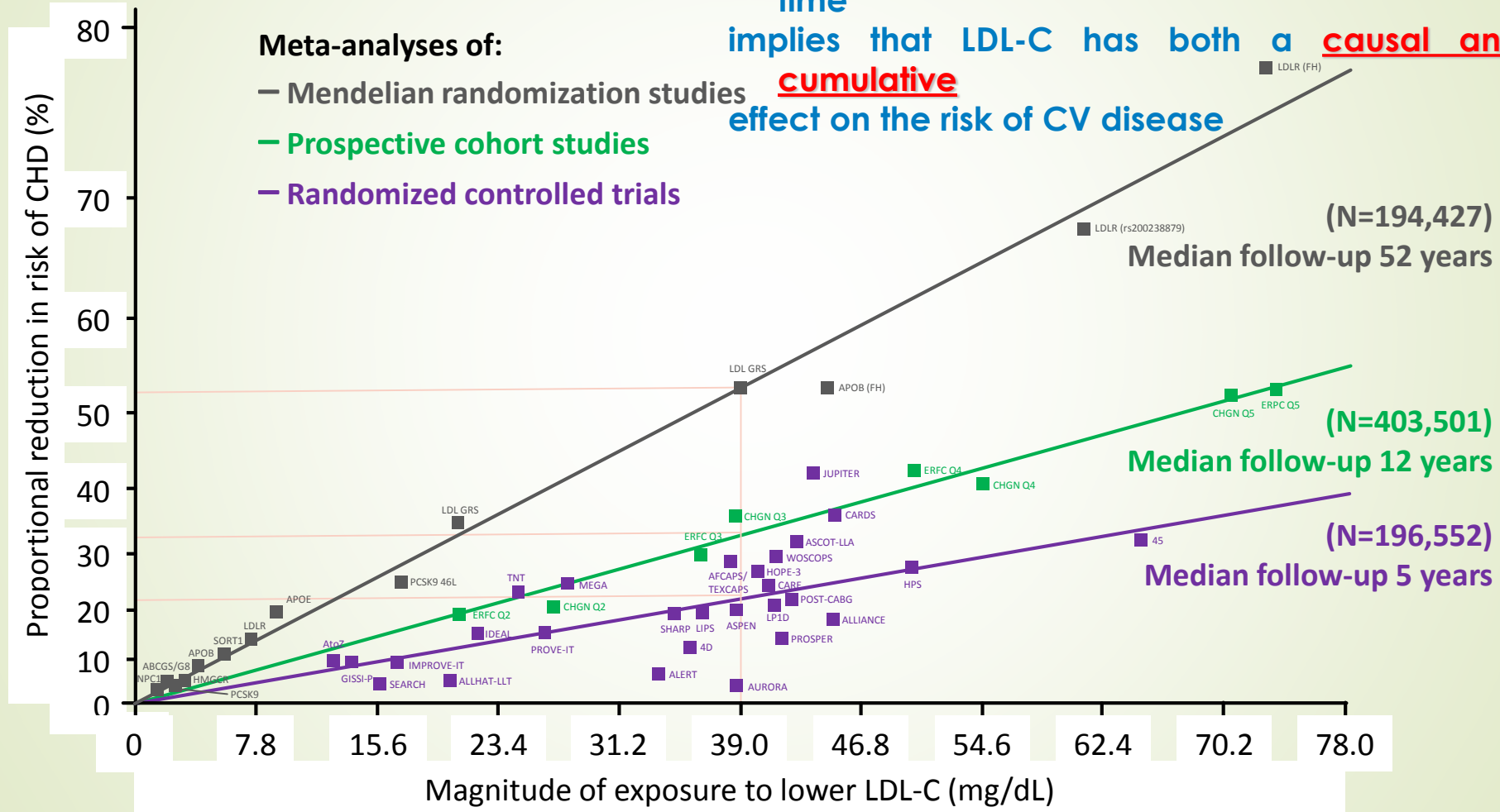
Low-density lipoproteins cause atherosclerotic cardiovascular disease. 1. Evidence from genetic, epidemiologic, and clinical studies. A consensus statement from the European Atherosclerosis Society Consensus Panel

Brian A. Ference^{1*}, Henry N. Ginsberg², Ian Graham³, Kausik K. Ray⁴, Chris J. Packard⁵, Eric Bruckert⁶, Robert A. Hegele⁷, Ronald M. Krauss⁸, Frederick J. Raal⁹, Heribert Schunkert^{10,11}, Gerald F. Watts¹², Jan Borén¹³, Sergio Fazio¹⁴, Jay D. Horton^{15,16}, Luis Masana¹⁷, Stephen J. Nicholls¹⁸, Børge G. Nordestgaard^{19,20,21}, Bart van de Sluis²², Marja-Riitta Taskinen²³, Lale Tokgözoğlu²⁴, Ulf Landmesser^{25,26}, Ulrich Laufs²⁷, Olov Wiklund^{28,29}, Jane K. Stock³⁰, M. John Chapman^{31†}, and Alberico L. Catapano^{32†}

Log-linear association per unit change in LDL-C and the risk of CV disease

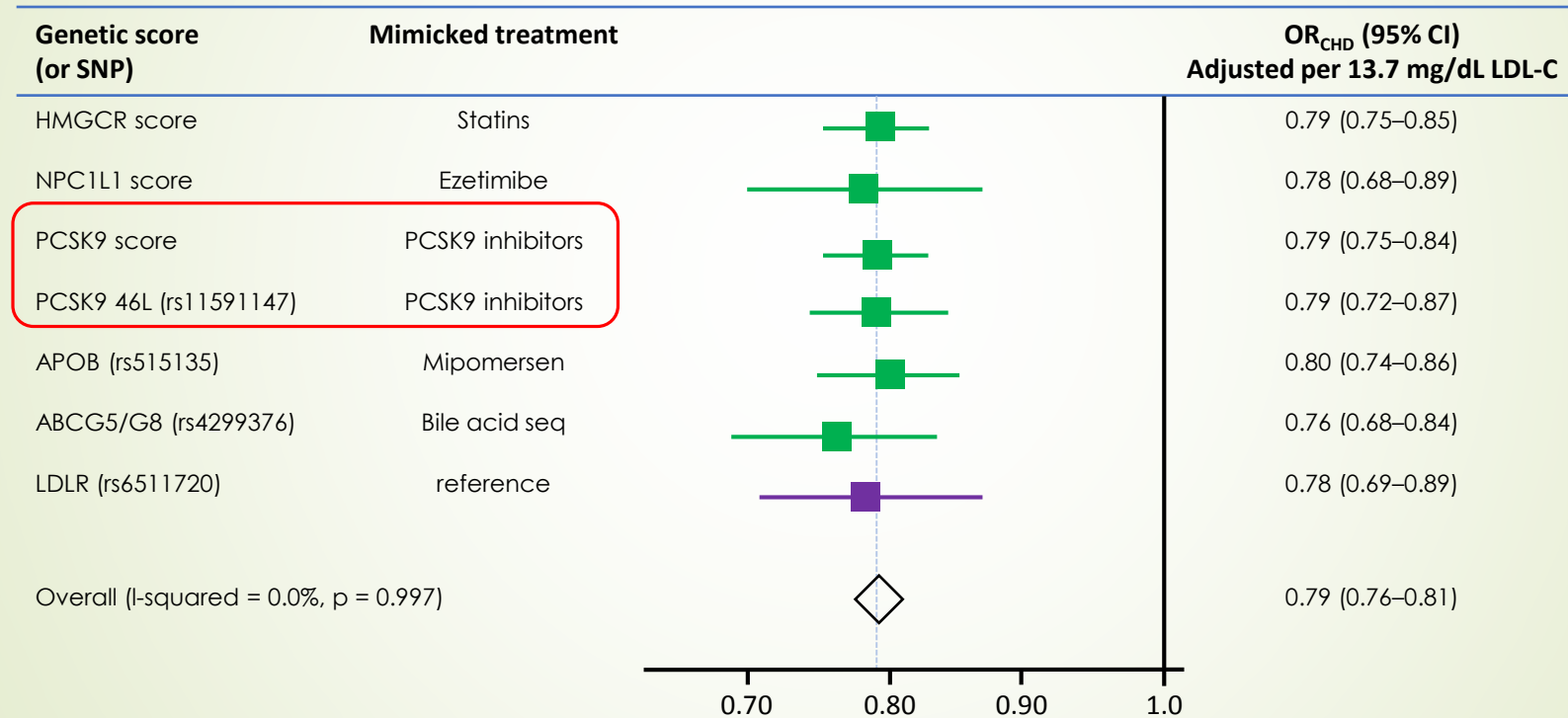
The increasingly steeper slope of the log-linear association with increasing length of follow-up time

implies that LDL-C has both a **causal and cumulative** effect on the risk of CV disease



Exposure to lower LDL-C by mechanism of LDL-C lowering: genetic data

Effect of genetic variants or genetic scores combining multiple variants in the genes that encode for targets of LDL-C-lowering therapies in comparison with the effect of lower LDL-C mediated by variants in the LDL receptor gene



The effect of LDL-C on the risk of cardiovascular events is approximately the same per unit change in LDL-C for any mechanism that lowers LDL-C via up-regulation of the LDL receptor

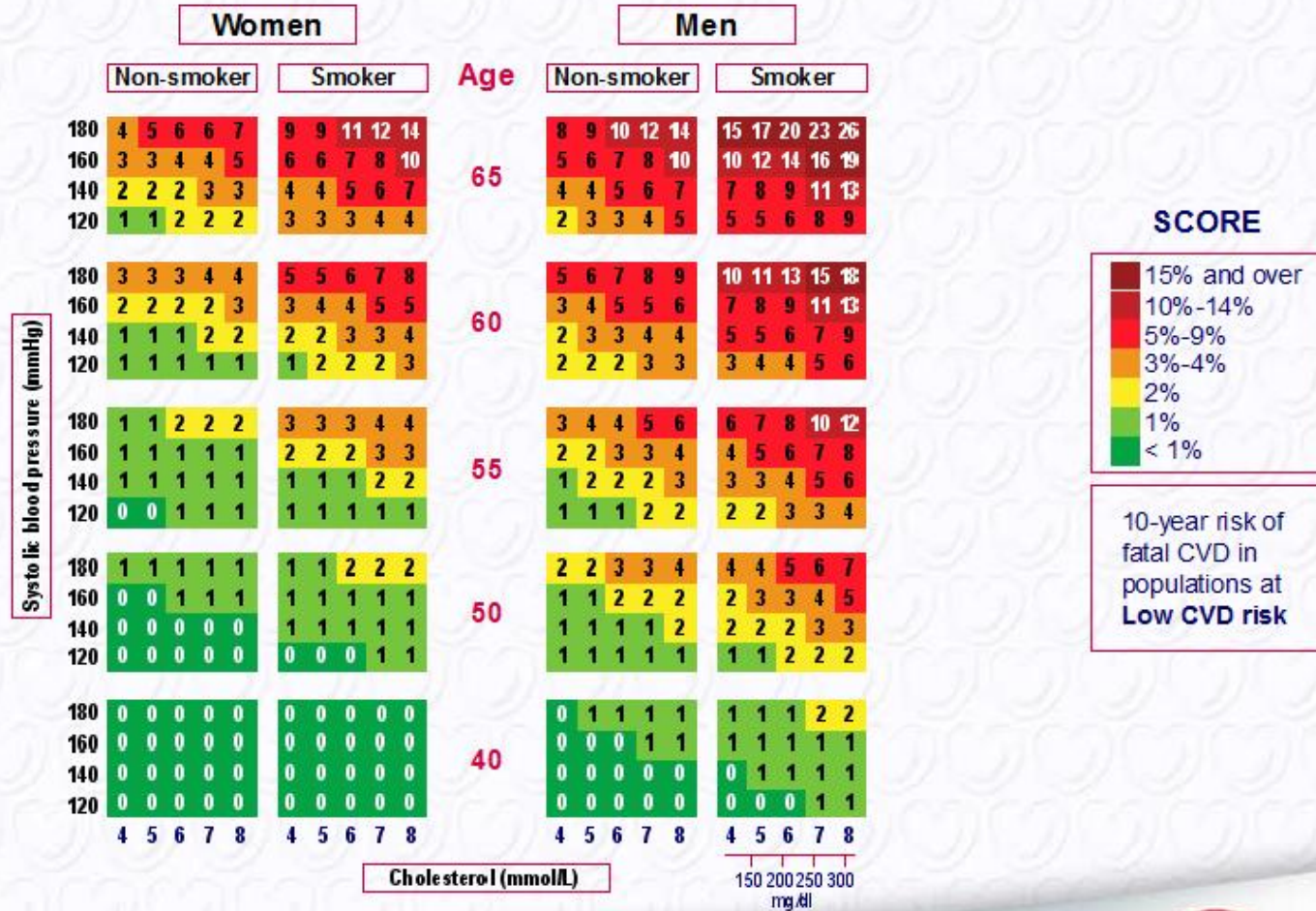
ESC/EAS Guidelines: CV Risk Categories

Very high risk	High risk	Moderate risk	Low risk
<p>Subjects with any of the following:</p> <ul style="list-style-type: none"> • Documented CVD, clinical or unequivocal on imaging • DM with target organ damage such as proteinuria or with a major risk factor (e.g., smoking or dyslipidemia or hypertension) • Severe CKD (GFR < 30 mL/min/1.73 m²) • SCORE ≥ 10% 	<p>Subjects with:</p> <ul style="list-style-type: none"> • Markedly elevated single risk factors, in particular cholesterol > 310 mg/dL (> 8 mmol/L; e.g., in FH) or BP ≥ 180/110 mmHg • Most other people with DM[†] • Moderate CKD (GFR 30–59 mL/min/1.73 m²) • SCORE 5 – < 10% 	<p>SCORE 1–< 5%</p>	<p>SCORE < 1%</p>
<p>Drug treatment frequently required</p>	<p>Lifestyle advice and candidate for drug treatment if LDL-C ≥ 70 mg/dL (1.8 mmol/L)</p>	<p>Offered lifestyle advice to maintain status with option to consider drug treatment if LDL-C above a certain threshold[‡]</p>	

[†]LDL-C ≥ 100 mg/dL (2.6 mmol/L) or ≥ 190 mg/dL (4.9 mmol/L) in moderate- or low-risk patients, respectively (see next slide for further details).

BP = blood pressure; CKD = chronic kidney disease; DM = diabetes mellitus; EAS = European Atherosclerosis Society; ESC = European Society of Cardiology; FH = familial hypercholesterolaemia; GFR = glomerular filtration rate; LDL-C = low-density lipoprotein cholesterol; MI = myocardial infarction; TIA = transient ischemic attack.

SCORE chart: 10 year risk of fatal cardiovascular disease (CVD) in populations at low CVD risk



SCORE

- 15% and over
- 10%-14%
- 5%-9%
- 3%-4%
- 2%
- 1%
- < 1%

10-year risk of fatal CVD in populations at Low CVD risk

European Heart Journal 2011;32 (14):1769–1818
Atherosclerosis 2011 Jul;217(1):3-46

www.escardio.org/guidelines



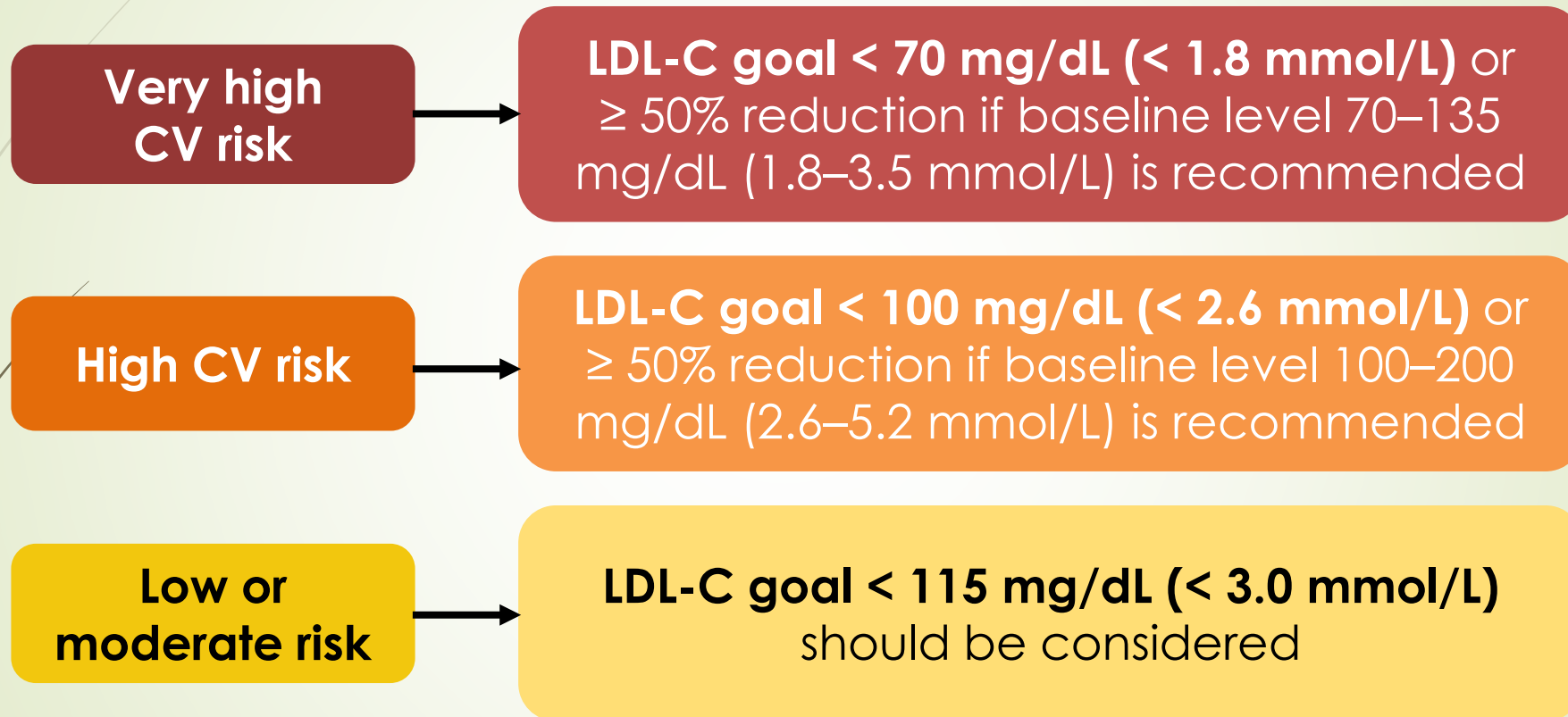
CATEGORIA DI RISCHIO	PUNTEGGIO (SCORE)	CARATTERISTICHE DEI SOGGETTI
Molto alta	≥10%	Soggetti con: <ul style="list-style-type: none"> • malattia CV documentata mediante test invasivi e non invasivi; • precedente infarto del miocardio; • sindrome coronarica acuta; • rivascolarizzazione coronarica; • stroke ischemico; • arteriopatia periferica; • diabete di tipo II, diabete di tipo I con markers di danno d'organo; • patologia renale cronica moderata-severa (FG <60 ml/min/1.73m²).
Alta	≥5% e <10%	Soggetti con: <ul style="list-style-type: none"> • SCORE ≥5% e <10% • singoli fattori di rischio marcatamente elevati come dislipidemie familiari e ipertensione severa.
Moderata	≥1% e <5%	Soggetti con: <ul style="list-style-type: none"> • SCORE ≥1% e <5% Il rischio è ulteriormente influenzato da: <ul style="list-style-type: none"> • storia familiare di patologia coronarica precoce; • obesità addominale; • attività fisica; • Col-HDL, TG, CRP ad alta sensibilità, Lp(a), fibrinogeno, omocisteina, Apo B; • classe sociale.
Bassa	<1%	

CV = cardiovascolare
FG = filtrato glomerulare
Col-HDL = colesterolo a lipoproteine ad alta densità
TG = trigliceridi
CRP = proteina C reattiva
Lp = lipoproteina
Apo = apolipoproteina

Target c-LDL <70 mg/dl

la 1. Categorie di rischio cardiovascolare secondo il punteggio SCORE.

ESC/EAS Guidelines: LDL-C Targets



Guidance on the best treatment strategy for different patient profiles is provided through several example cases. This is based on total CV risk, baseline LDL-C level and current LLT (see next slide for further details).

CV = cardiovascular; EAS = European Atherosclerosis Society; ESC = European Society of Cardiology; LDL-C = low-density lipoprotein cholesterol; LLT = lipid-lowering therapy.

Catapano AL, et al. *Eur Heart J*. 2016;37:2999-3058.



2016 ESC/EAS Guidelines for the Management of Dyslipidaemias

The Task Force for the Management of Dyslipidaemias of the European Society of Cardiology (ESC) and European Atherosclerosis Society (EAS)

Table 5 Intervention strategies as a function of total cardiovascular risk and low-density lipoprotein cholesterol level

Total CV risk (SCORE) %	LDL-C levels				
	<70 mg/dL <1.8 mmol/L	70 to <100 mg/dL 1.8 to <2.6 mmol/L	100 to <155 mg/dL 2.6 to <4.0 mmol/L	155 to <190 mg/dL 4.0 to <4.9 mmol/L	≥190 mg/dL ≥4.9 mmol/L
<1	No lipid intervention	No lipid intervention	No lipid intervention	No lipid intervention	Lifestyle intervention, consider drug if uncontrolled
Class ^a /Level ^b	I/C	I/C	I/C	I/C	IIa/A
≥1 to <5	No lipid intervention	No lipid intervention	Lifestyle intervention, consider drug if uncontrolled	Lifestyle intervention, consider drug if uncontrolled	Lifestyle intervention, consider drug if uncontrolled
Class ^a /Level ^b	I/C	I/C	IIa/A	IIa/A	I/A
≥5 to <10, or high-risk	No lipid intervention	Lifestyle intervention, consider drug if uncontrolled	Lifestyle intervention and concomitant drug intervention	Lifestyle intervention and concomitant drug intervention	Lifestyle intervention and concomitant drug intervention
Class ^a /Level ^b	IIa/A	IIa/A	IIa/A	I/A	I/A
≥10 or very high-risk	Lifestyle intervention, consider drug	Lifestyle intervention and concomitant drug intervention	Lifestyle intervention and concomitant drug intervention	Lifestyle intervention and concomitant drug intervention	Lifestyle intervention and concomitant drug intervention
Class ^a /Level ^b	IIa/A	IIa/A	I/A	I/A	I/A

Linee guida ESC/EAS 2016

Le linee guida congiunte della Società Europea dell'Aterosclerosi e della Società Europea di Cardiologia sulla gestione clinica delle dislipidemie

- **il target fondamentale dell'intervento terapeutico ipolipemizzante e rappresentato dal C-LDL** (raccomandazione di classe I, livello di evidenza A);
- **nei pazienti con rischio cardiovascolare molto elevato, inclusi quelli con SCA, i valori di C-LDL devono essere ridotti e mantenuti al di sotto dei 70 mg/dl.**
- Nell'eventualità un tale obiettivo non risulti raggiungibile, si deve comunque ottenere almeno una riduzione del 50% del C-LDL (raccomandazione di classe I, livello di evidenza A).
- Dove nonostante un trattamento con la massima dose tollerata di statina, non sia possibile raggiungere il target lipidico raccomandato di 70 mg/dl **viene consigliato di aggiungere ezetimibe** alla terapia ipocolesterolemizzante

AACE: ASCVD Risk Categories and LDL-C Treatment Goals

Risk category	Risk factors/10-year risk	Treatment goals		
		LDL-C (mg/dL)	Non-HDL-C (mg/dL)	Apo B (mg/dL)
Extreme risk	<ul style="list-style-type: none"> Progressive ASCVD including unstable angina in patients after achieving an LDL-C < 70 mg/dL Established clinical cardiovascular disease in patients with DM, CKD 3/4, or HeFH History of premature ASCVD (< 55yr male, < 65yr female) 	< 55	< 80	< 70
Very high risk	<ul style="list-style-type: none"> Established or recent hospitalization for ACS, coronary, carotid or peripheral vascular disease, 10-year risk > 20% Diabetes or CKD 3/4 with 1 or more risk factor(s) HeFH 	< 70	< 100	< 80
High risk	<ul style="list-style-type: none"> ≥ 2 risk factors and 10-year risk 10-20% Diabetes or CKD 3/4 with no other risk factors 	< 100	< 130	< 90
Moderate risk	<ul style="list-style-type: none"> ≤ 2 risk factors and 10-year risk < 10% 	< 100	< 130	< 90
Low risk	<ul style="list-style-type: none"> 0 risk factors 	< 130	< 160	NR

*Major independent risk factors are high LDL-C, polycystic ovary syndrome, cigarette smoking, hypertension (blood pressure ≥ 140/90 mm Hg or on hypertensive medication), low HDL-C (< 40 mg/dL), family history of coronary artery disease (in male, first-degree relative younger than 55 years; in female, first-degree relative younger than 65 years), chronic renal disease (CKD) stage 3/4, evidence of coronary artery calcification and age (men ≥ 45; women ≥ 55 years). Subtract 1 risk factor if the person has high HDL-C. †Framingham risk scoring is applied to determine 10-year risk.

AACE = American Association of Clinical Endocrinologists; Apo B = apolipoprotein B; ACS = acute coronary syndrome; ASCVD = atherosclerotic cardiovascular disease; CAD = coronary artery disease; CHD = coronary heart disease; CKD = chronic kidney disease; DM = diabetes mellitus; HDL-C = high-density lipoprotein cholesterol; HeFH = heterozygous familial hypercholesterolemia; LDL-C = low-density lipoprotein cholesterol; NR = not recommended.



Categoria di rischio	Fattori di rischio / RCV stimato a 10 anni	Obiettivi del trattamento		
		LDL-C (mg/dL)	Non-HDL-C (mg/dL)	Apo B (mg/dL)
Estremo	<ul style="list-style-type: none"> - MCV progressiva compresa l'angina instabile in pazienti che hanno raggiunto valori di LDL-C <70 mg/dL - MCV documentata in pazienti con DM, MRC 3/4 o IFE - anamnesi di MCV prematura (<55 negli uomini, < 65 nelle donne) 	<55	<80	<70
Molto alto	<ul style="list-style-type: none"> - SCA documentata o recente ricovero per SCA, vasculopatia carotide o periferica, RCV a 10 anni >20% - DM o MRC 3/4 con un fattore di rischio aggiuntivo - IFE 	<70	<100	<80
Alto	<ul style="list-style-type: none"> - ≥ 2 fattori di rischio e RCV a 10 anni 10-20% - DM o IRC 3/4 senza altri fattori di rischio 	<100	<130	<90
Moderato	<ul style="list-style-type: none"> - ≤ 2 fattori di rischio e RCV a 10 anni <10% 	<100	<130	<90
Basso	<ul style="list-style-type: none"> - assenza di fattori di rischio 	<130	<160	NR

RCV = rischio cardiovascolare

MCV = malattia cardio-vascolare

DM = diabete mellito

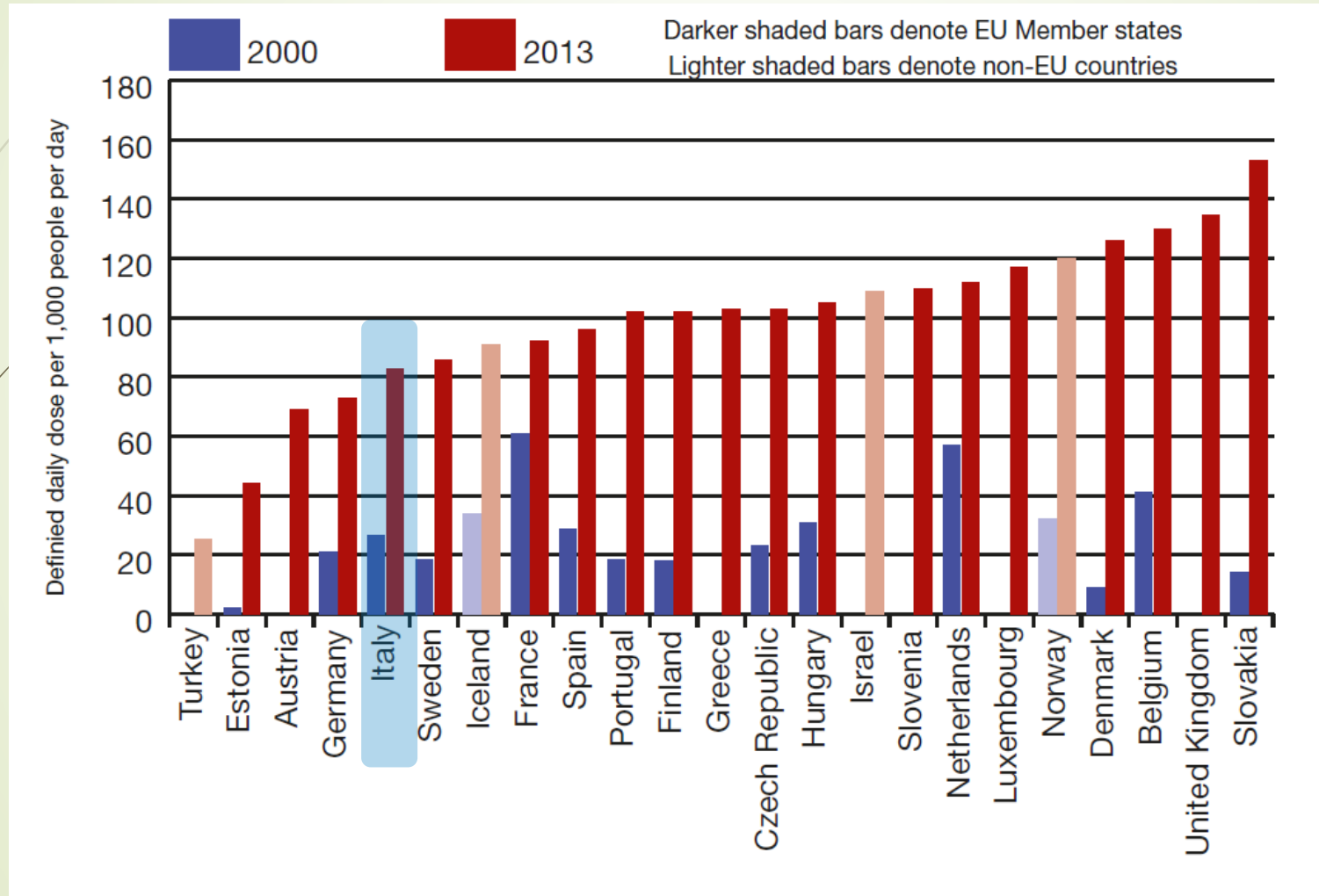
MRC 3/4 = malattia renale cronica stadio 3 o 4

IFE = ipercolesterolemia familiare eterozigote

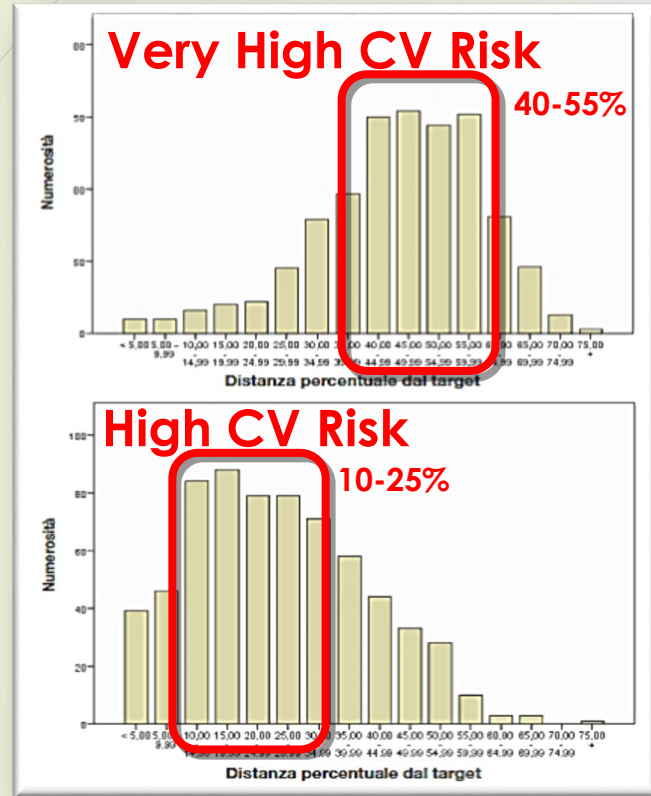
SCA = sindrome coronarica acuta

NR = non raccomandato

Lipid-modifying drug prescriptions, 2000 and 2013, Europe



Terapia Ipolipemizzante in Italia in base ai target di LDL-C, in soggetti a rischio CV alto o molto alto di età tra 40 e 79 anni (n=7,047 milioni di persone*)



5367 persone, età 40-79 anni

**35% a rischio CV alto (15,1%)
o rischio CV molto alto (19,9%)**
area dei soggetti
"non a target"

Sei su 10 pazienti a rischio CV alto o molto alto hanno necessità di statine ad elevata efficacia ad alte dosi (atorvastatina o rosuvastatina ± ezetimibe) per raggiungere il target di LDL-C

LDL target NO
97,4%
85,3%

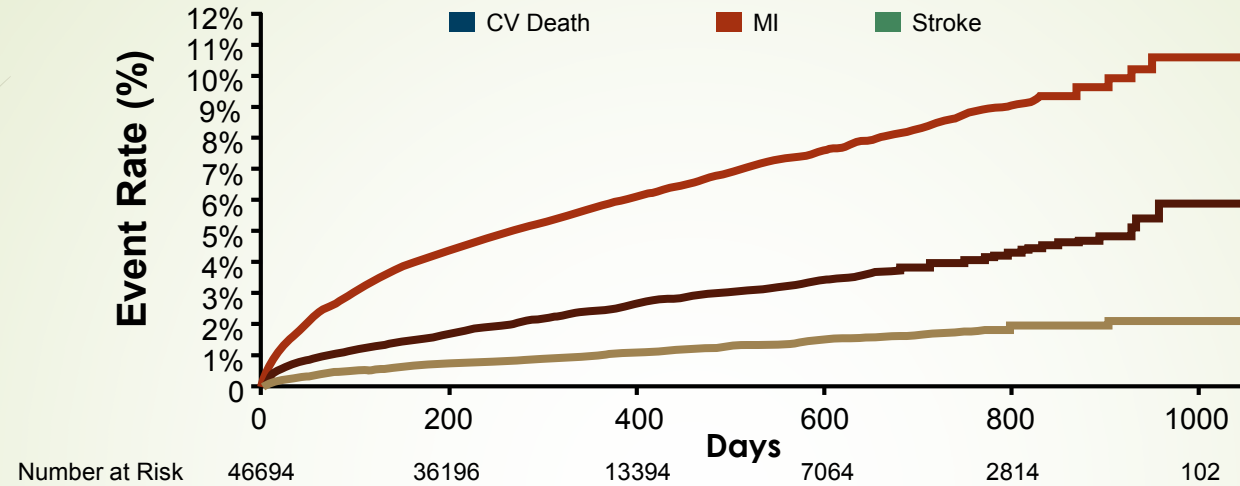
Soggetti a rischio CV molto alto:
Soggetti a rischio CV alto:

2,6%
14,7%

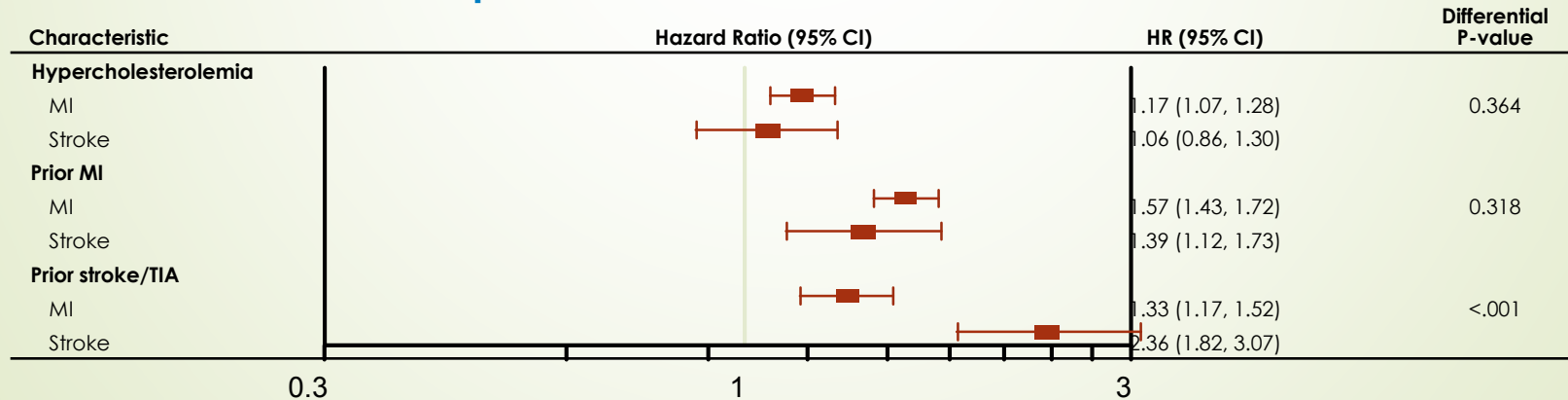
*Estrapolazione dallo studio CHECK
Poli A et al GIA 2015;6:1-12 ; Poli A. et al. NMCD 2012 Apr;22(4):327-36;
Poli A. et al. Pharmacol Res. 2011 Oct;64(4):393-6

Event Rates Significantly Increase After the First Event

First Recurrent CV Event Over Time, by Event Type (Unadjusted)



Risk Profile Comparison of Stroke vs. MI as First Recurrent CV Event



Study population consisted of 46,694 stabilized post-ACS patients without a CV event within the first 7 days after ACS presentation. Post-ACS studies included were PLATO, APPRAISE-2, TRACER, and TRILOGY ACS with a median follow-up: 4.3 years.

Top figure shows the cumulative incidence curves for MI vs. stroke vs. CV death as the first recurrent event.

ACS = acute coronary syndrome; CV = cardiovascular; MI = myocardial infarction; TIA = transitory ischemic attack.

Hess CN, et al. Am Heart J. 2017;187:194-203.

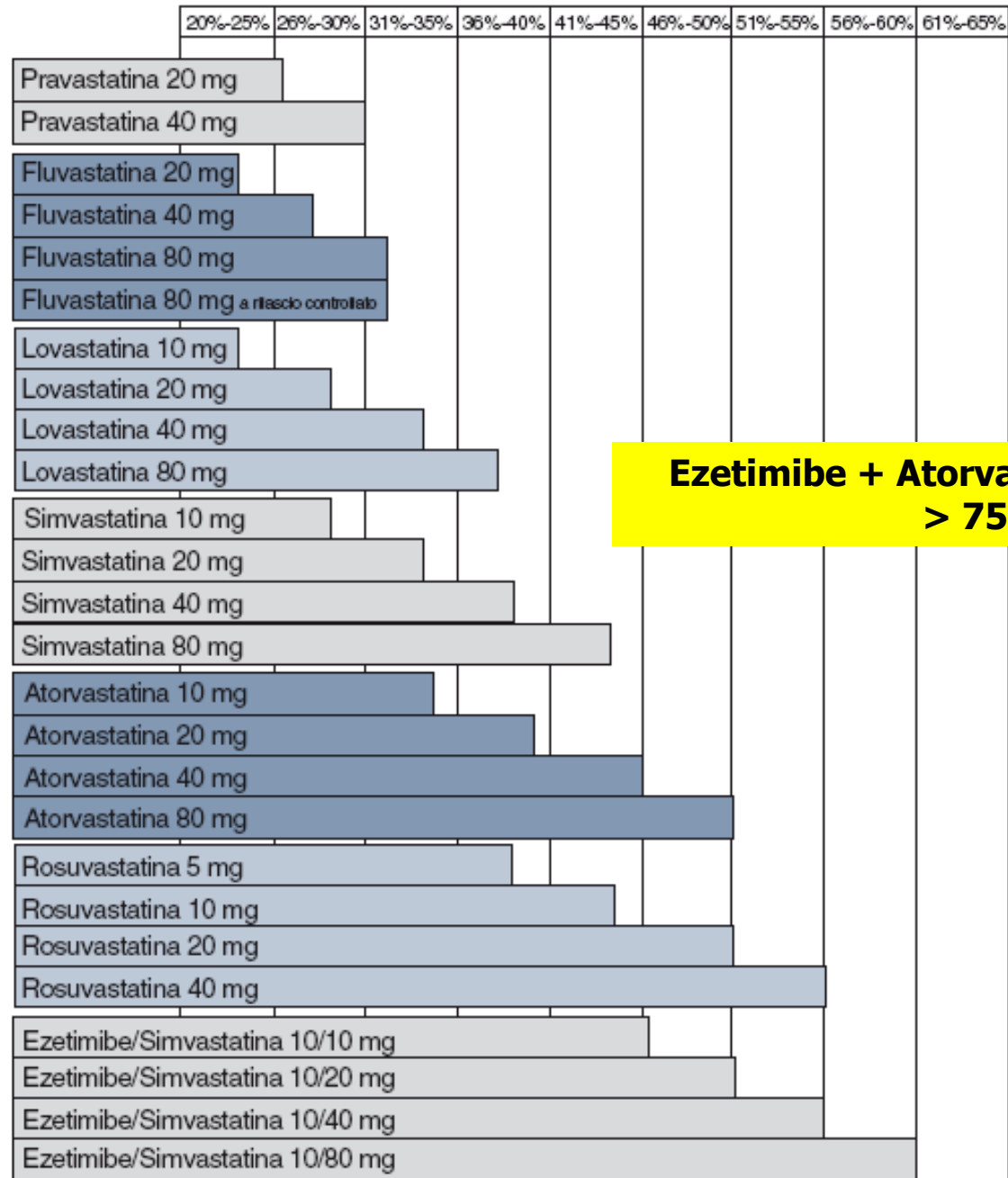
Come scegliere il farmaco adeguato: il concetto della “Distanza dal Target”

DdT :

$$\frac{(\text{LDLc basale} - \text{LDLc target})}{\text{LDLc basale}} \times 100$$

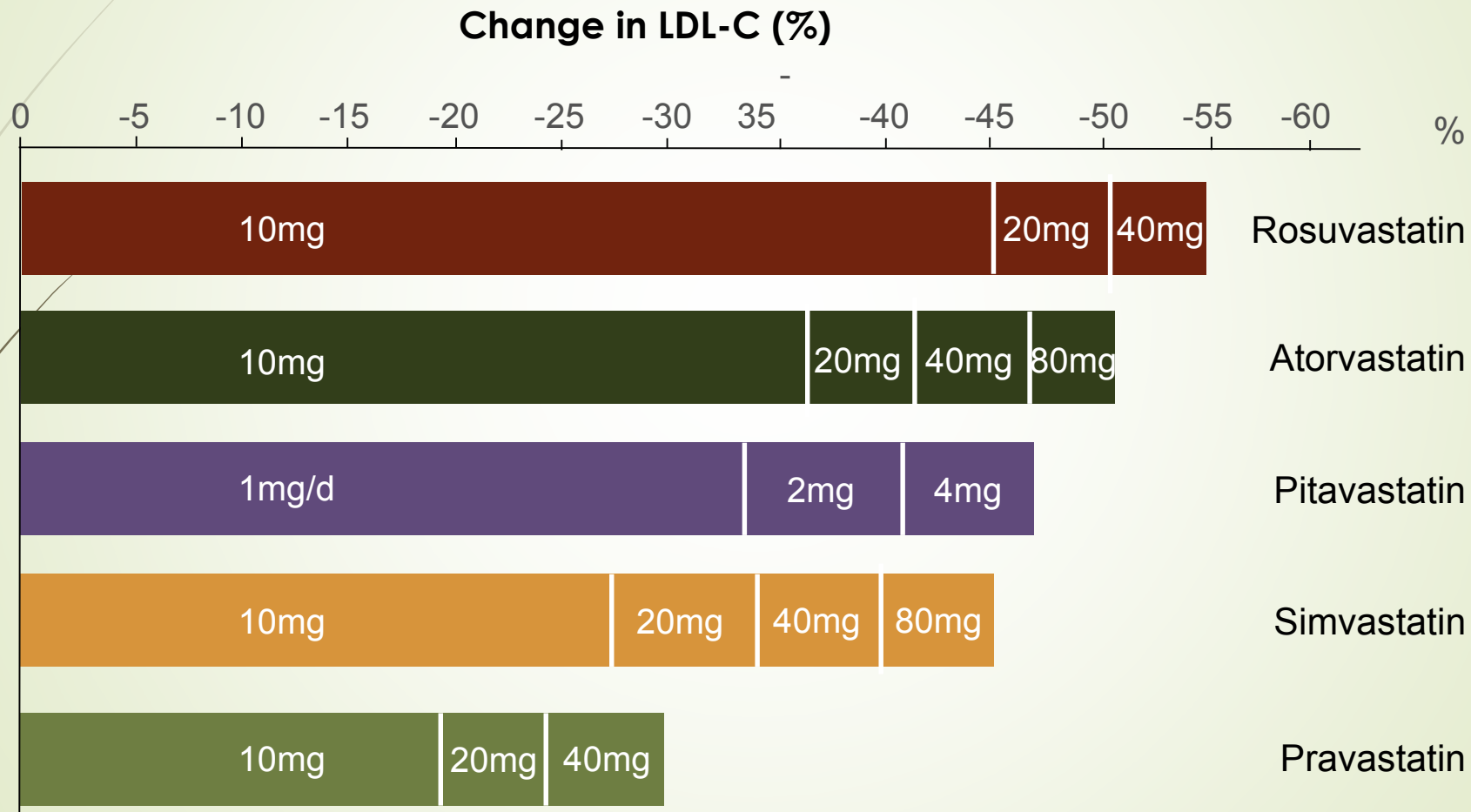
Esempio: LDLc basale 169, LDLc target 100

$$\text{DdT}\% = [(169 - 100) / 169] \times 100 = 41\%$$

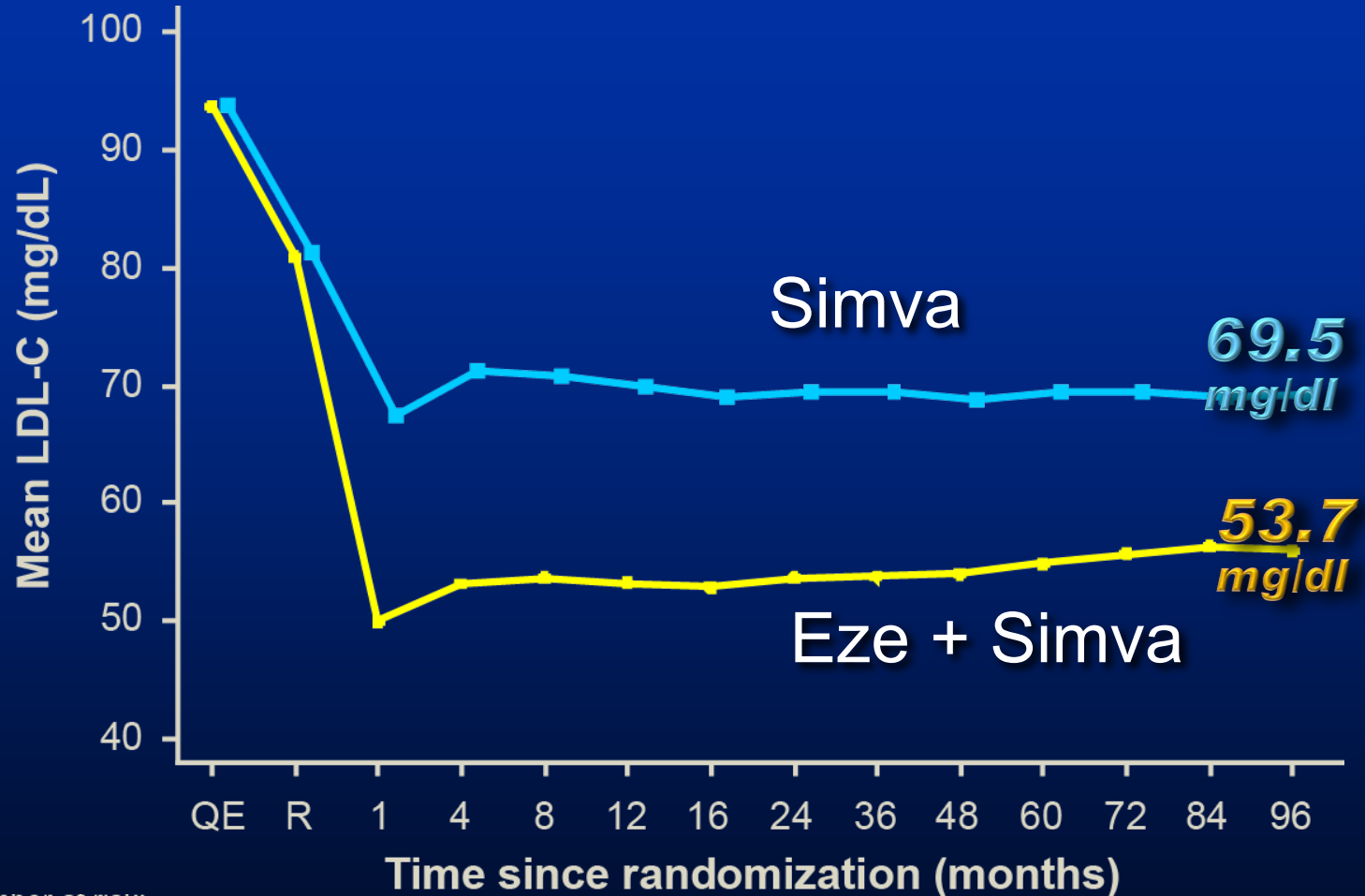


**Ezetimibe + Atorva 80 o Rosuva 40
> 75%**

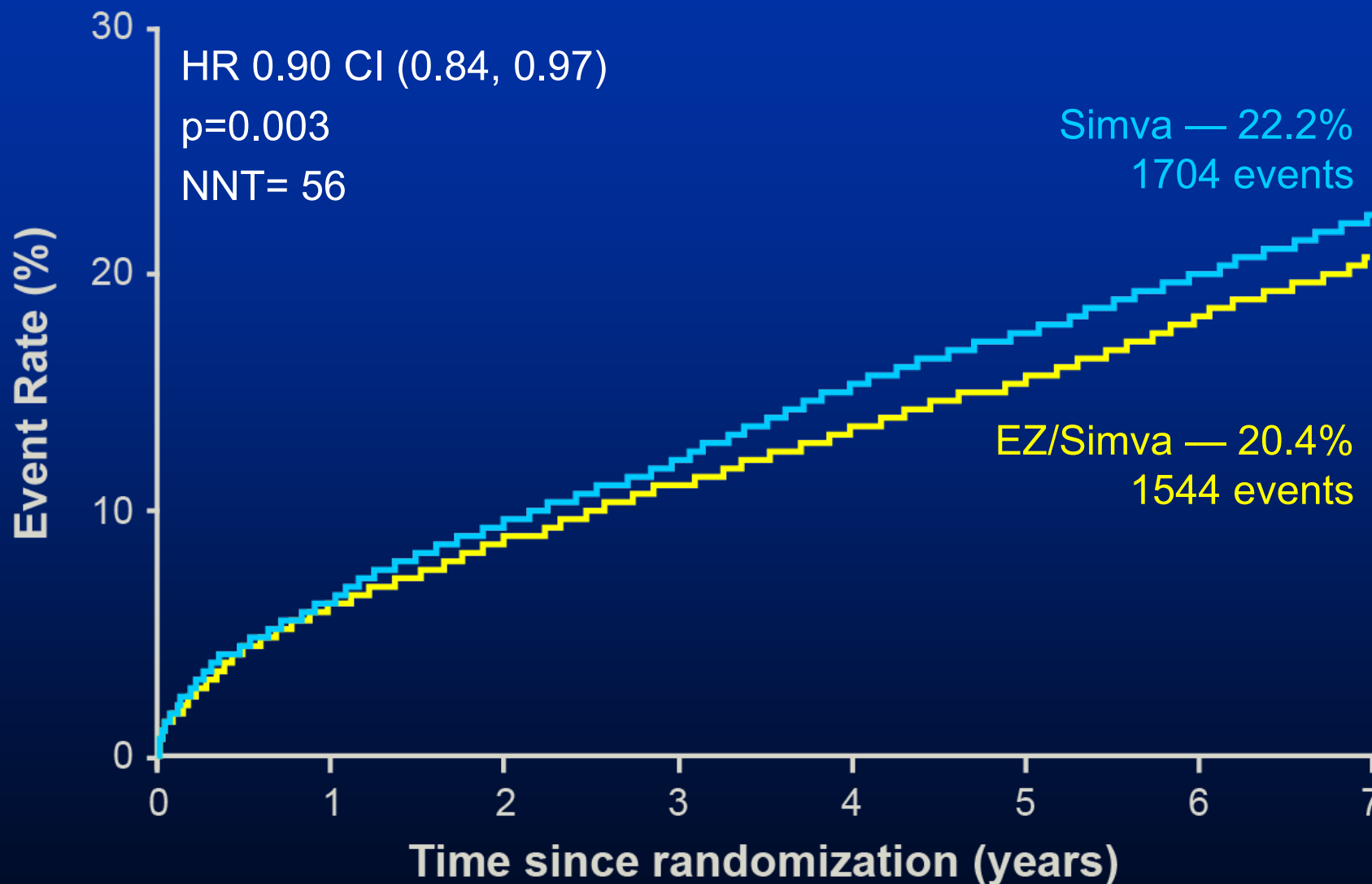
Doubling statin dose achieves ~6% additional LDL-C reduction



LDL-C and Lipid Changes

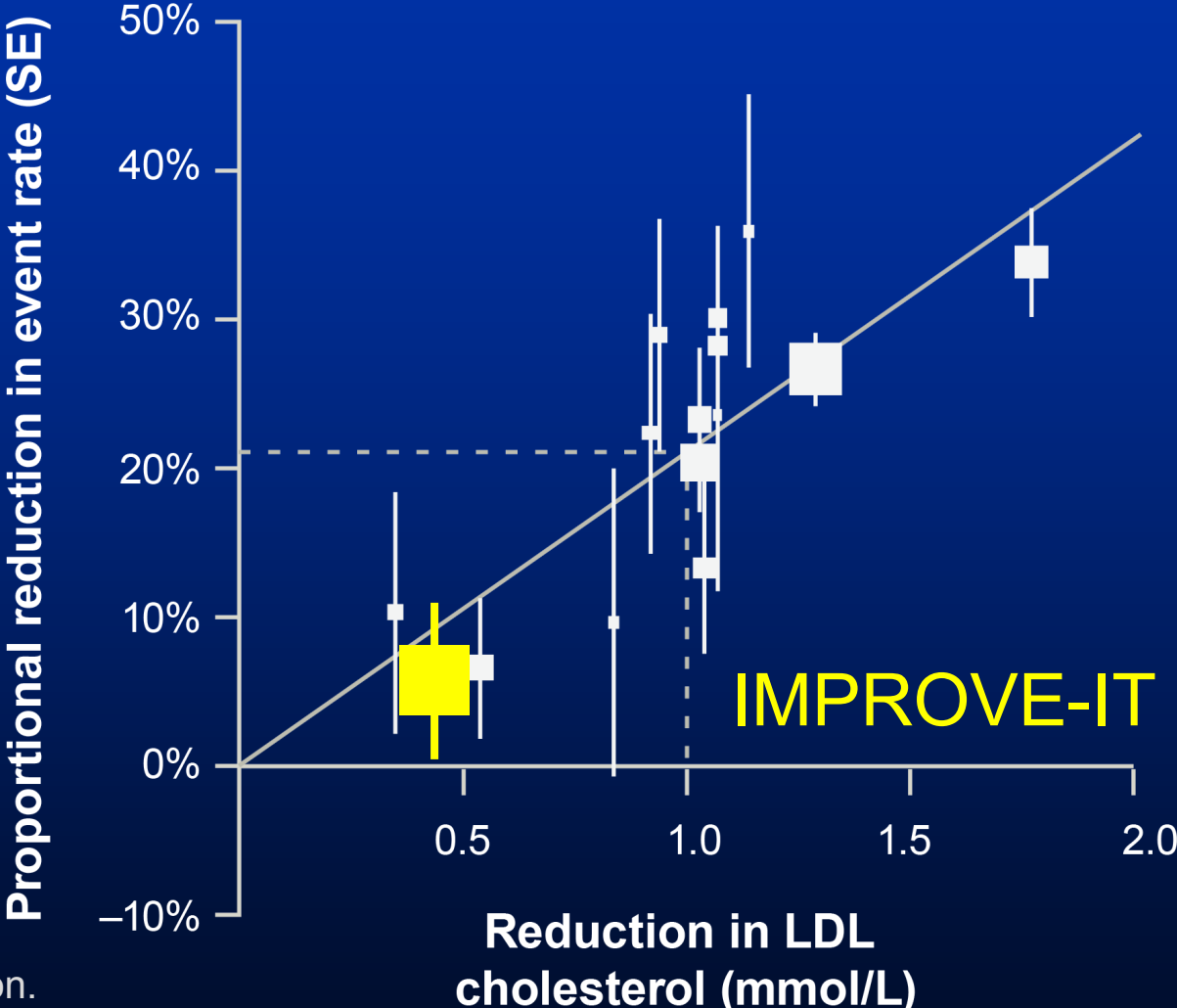


CV Death, Non-fatal MI, or Non-fatal Stroke



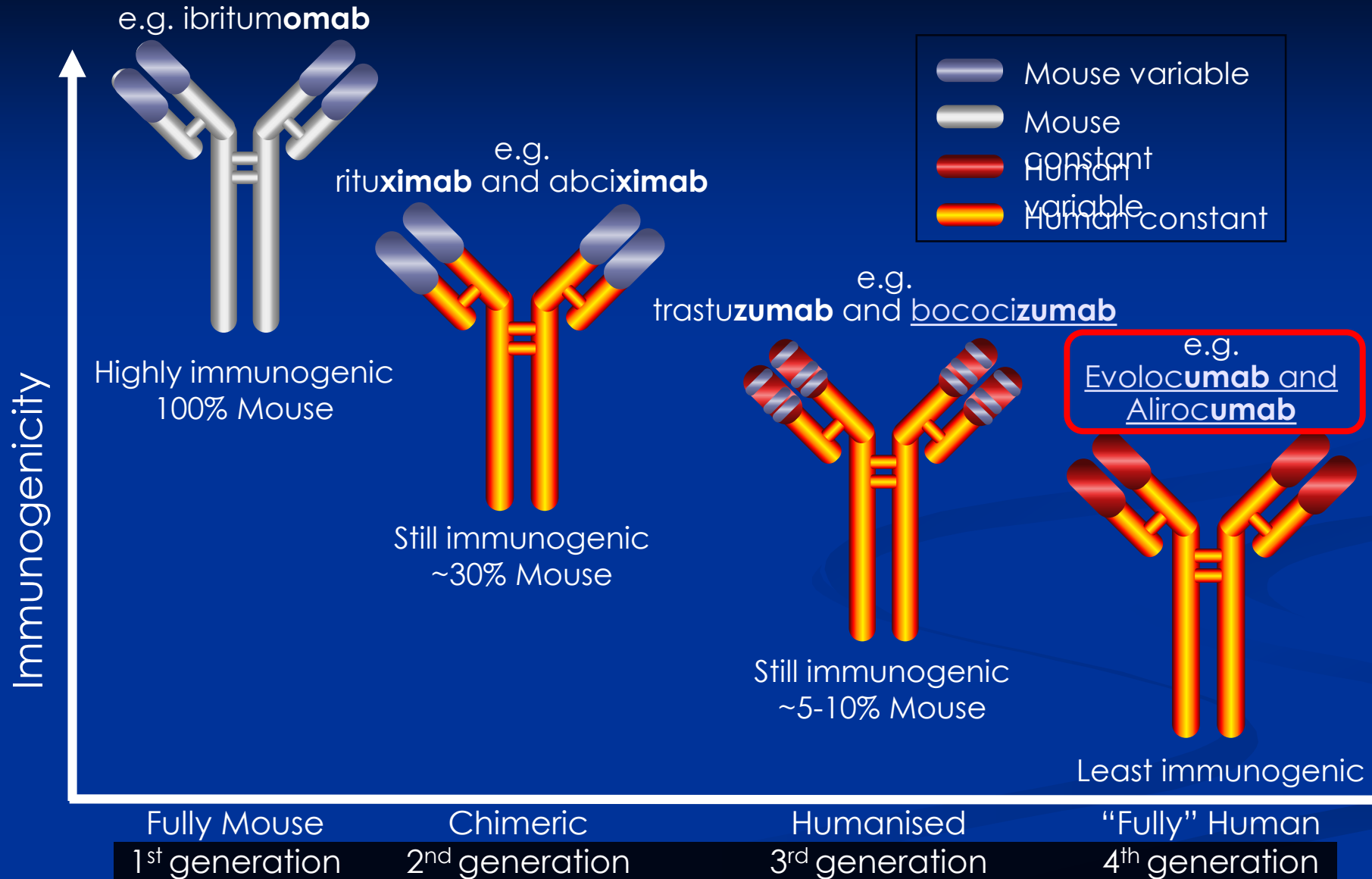
7-year event rates

IMPROVE-IT vs. CTT: Ezetimibe vs. Statin Benefit



CTT Collaboration.
Lancet 2005; 366:1267-78;
Lancet 2010;376:1670-81.

Monoclonal Antibody Evolution



1. Foltz I et al. *Circulation* 2013 Jun 4;127(22):2222-30;

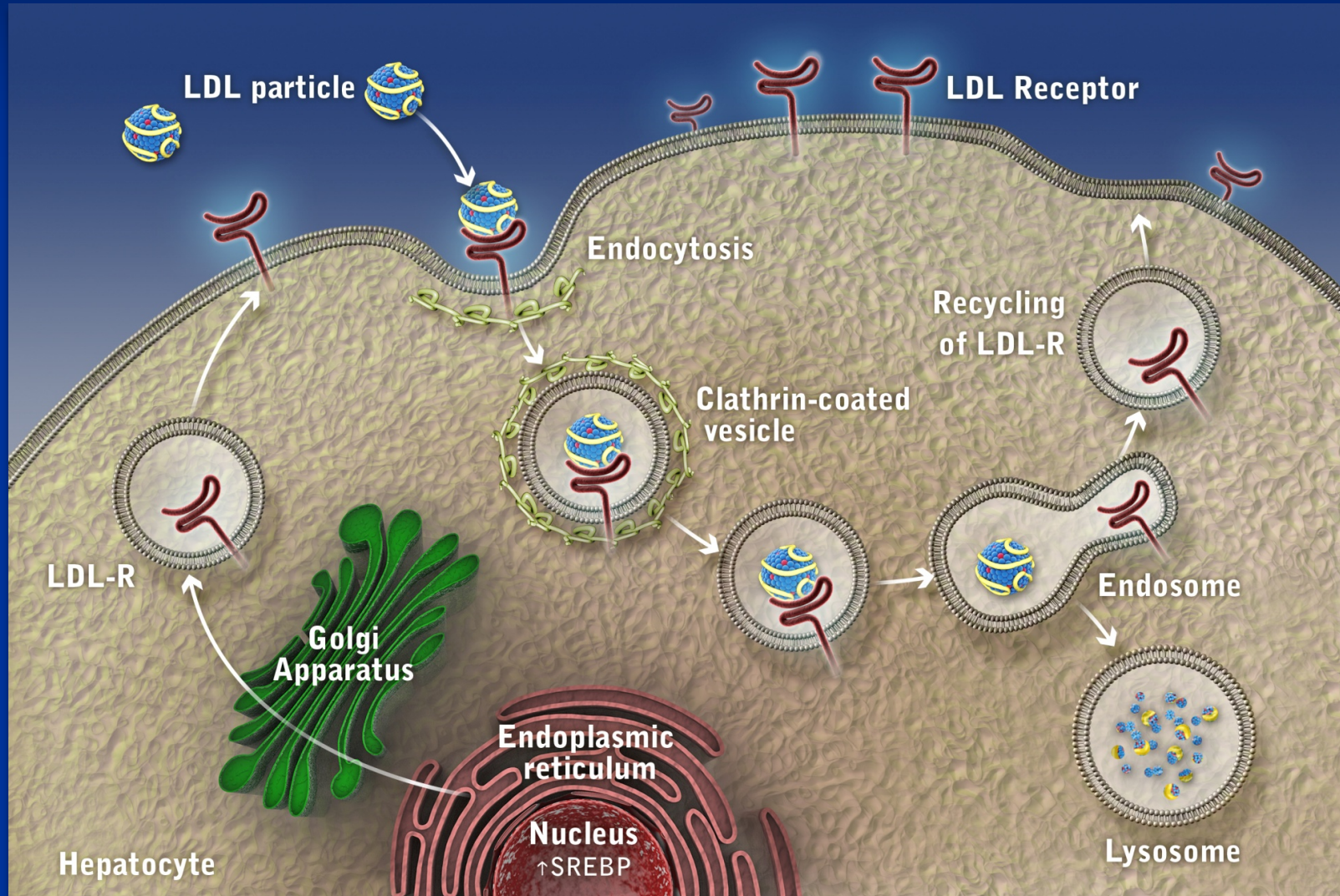
2. Nelson AL et al. *Nature Reviews Drug Discovery* 2010 Oct;9(10):767-74

- Il recettore lega le LDL
- Il complesso recettore-LDL viene internalizzato
- I lisosomi degradano le LDL
- Il recettore ritorna sulla superficie dell'epatocita

Funzione e Ciclo Biologico del Recettore LDL

LDL

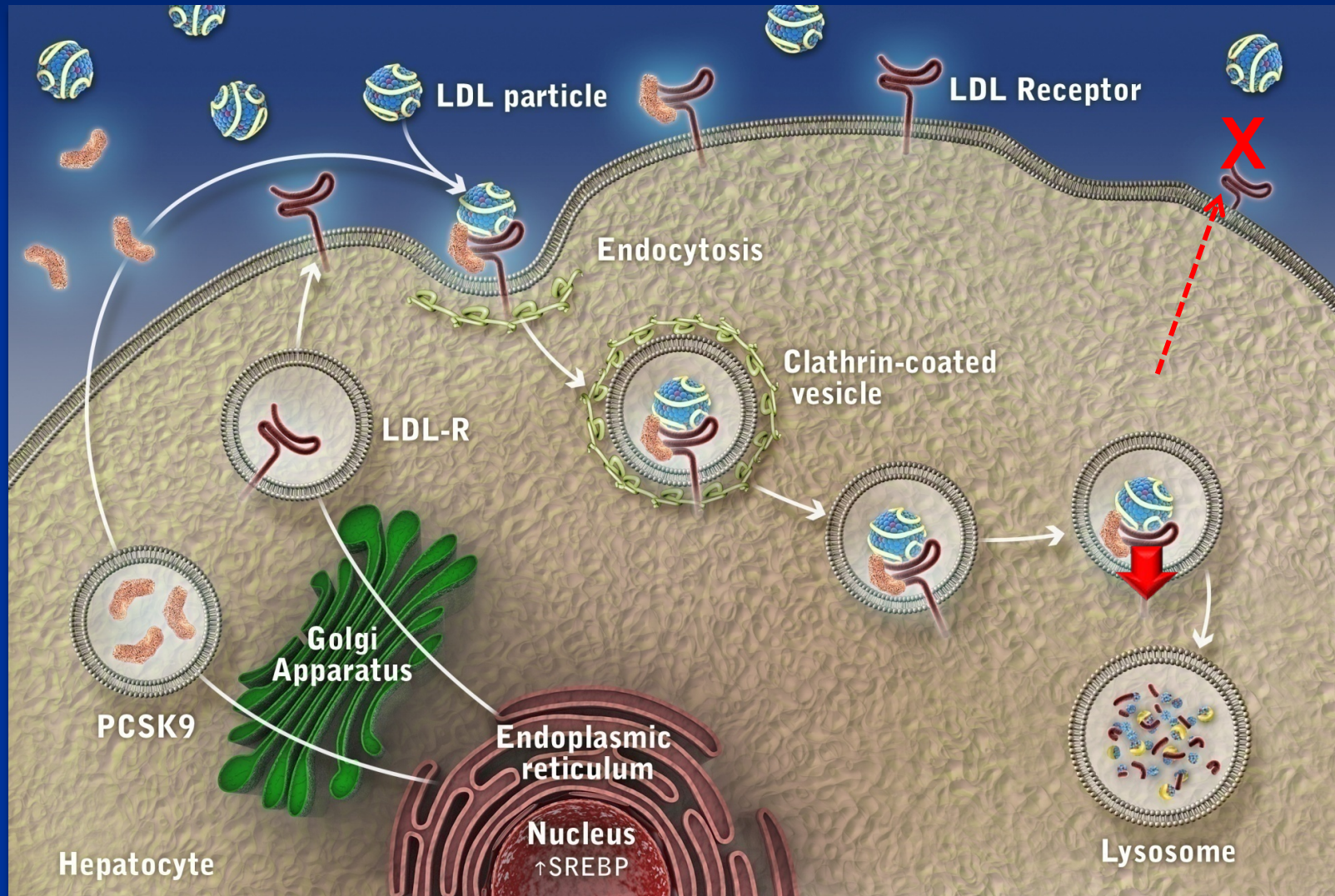
For illustration purposes only



- La presenza di PCSK9 permette la degradazione del recettore nel lisosoma
- Ne consegue un minor numero di recettori disponibili sulla membrana cellulare
- Si riduce la clearance delle LDL con conseguente ipercolesterolemia

Il Ruolo di PCSK9 nella Regolazione dell'Espressione del Recettore per le LDL

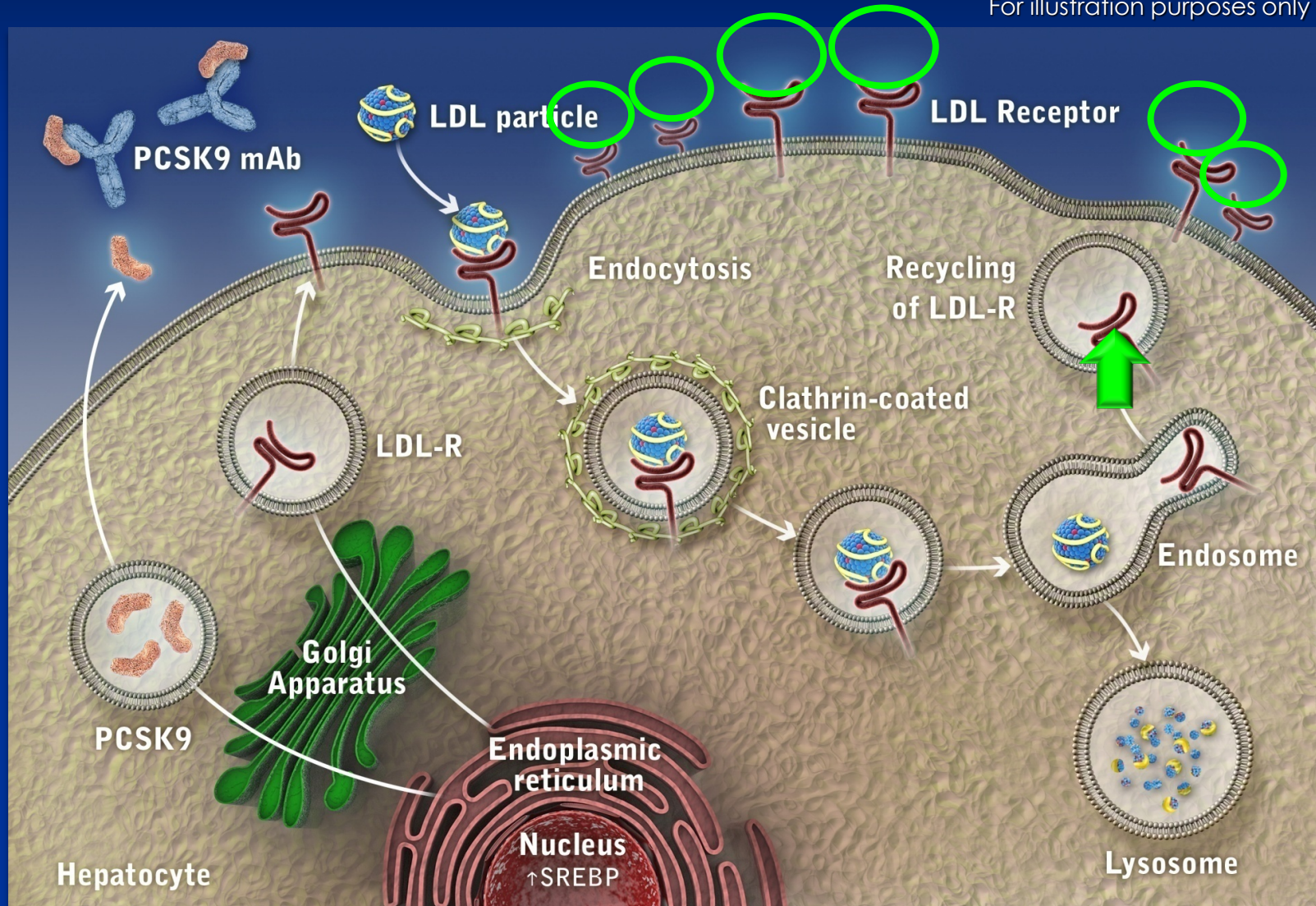
For illustration purposes only



- La inibizione del PCSK9 previene la degradazione lisosomiale del recettore
- Il numero di recettori sulla membrana aumenta
- La clearance delle LDL viene mantenuta

Impatto dell'Anticorpo contro PCSK9 sull'Espressione del Recettore delle LDL

For illustration purposes only



Lo studio FOURIER

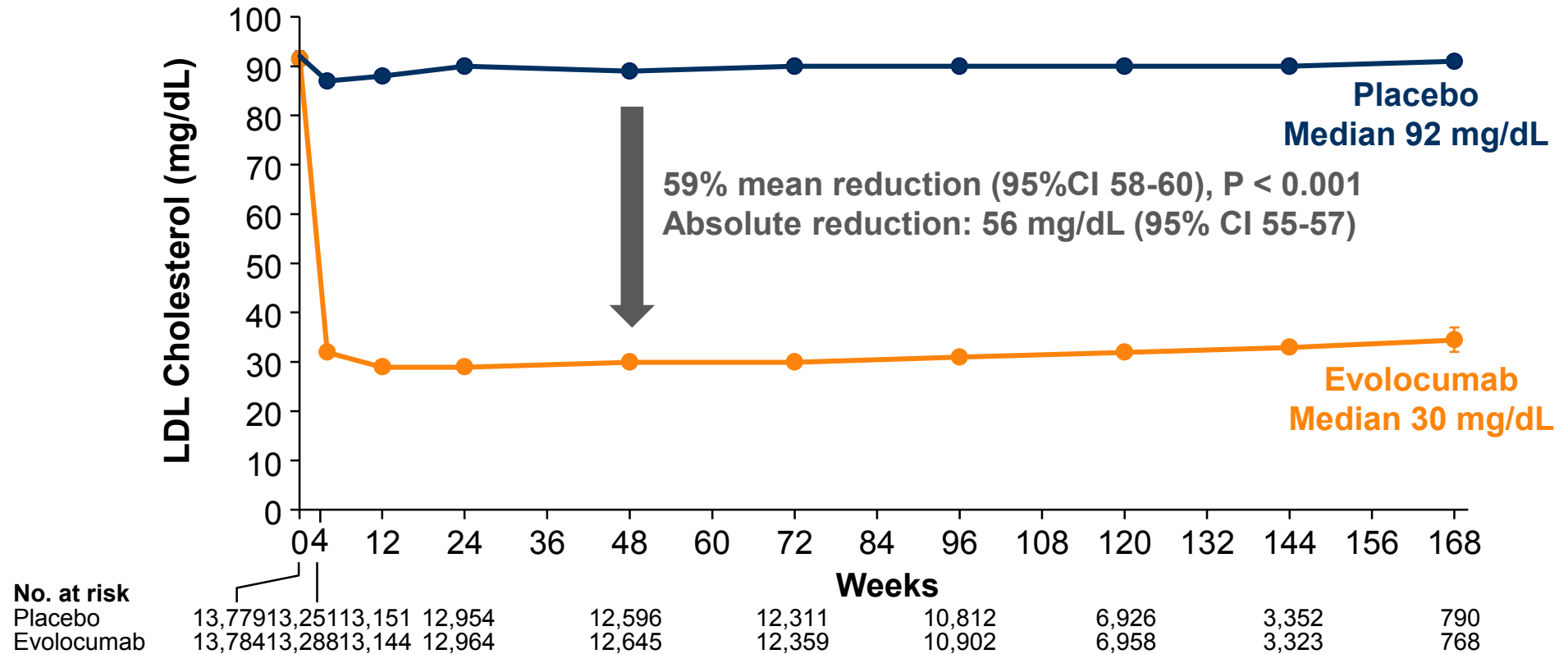


Evolocumab and Clinical Outcomes in Patients with Cardiovascular Disease

Marc S. Sabatine, M.D., M.P.H., Robert P. Giugliano, M.D., Anthony C. Keech, M.D.,
Narimon Honarpour, M.D., Ph.D., Stephen D. Wiviott, M.D., Sabina A. Murphy, M.P.H., Julia F. Kuder, M.A.,
Huei Wang, Ph.D., Thomas Liu, Ph.D., Scott M. Wasserman, M.D., Peter S. Sever, Ph.D., F.R.C.P.,
and Terje R. Pedersen, M.D., for the FOURIER Steering Committee and Investigators*

Further cardiovascular **OU**tcomes **R**esearch with
PCSK9 **I**nhibition in subjects with **E**levated **R**isk

Median LDL-C Levels Over Time: All Patients

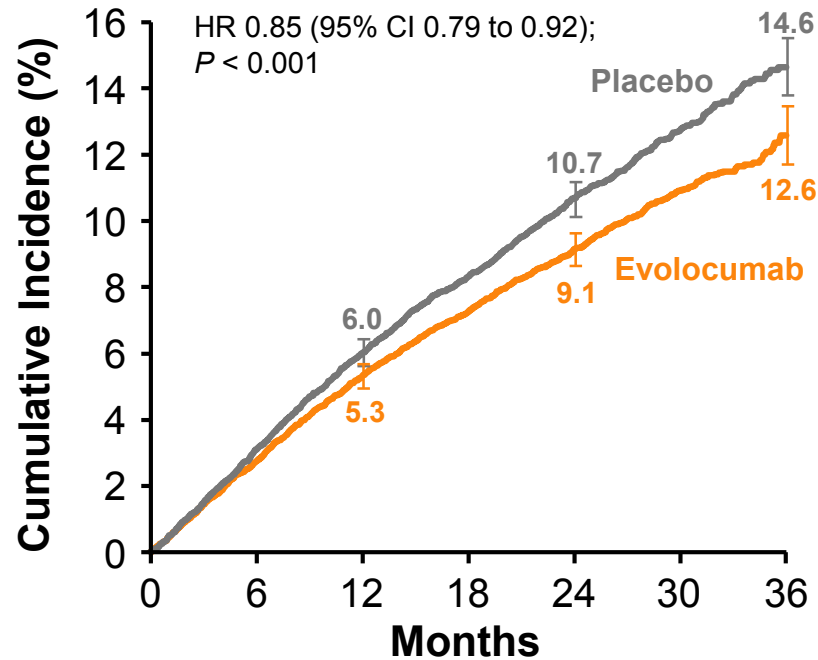


LDL-C was significantly reduced in the evolocumab group (median: 30 mg/dL) including 42% who achieved levels ≤ 25 mg/dL vs $< 0.1\%$ in the placebo group

Data shown are median values with 95% confidence intervals in the two arms; ITT.
 Sabatine MS, et al. *N Engl J Med.* 2017;376:1713-1722.

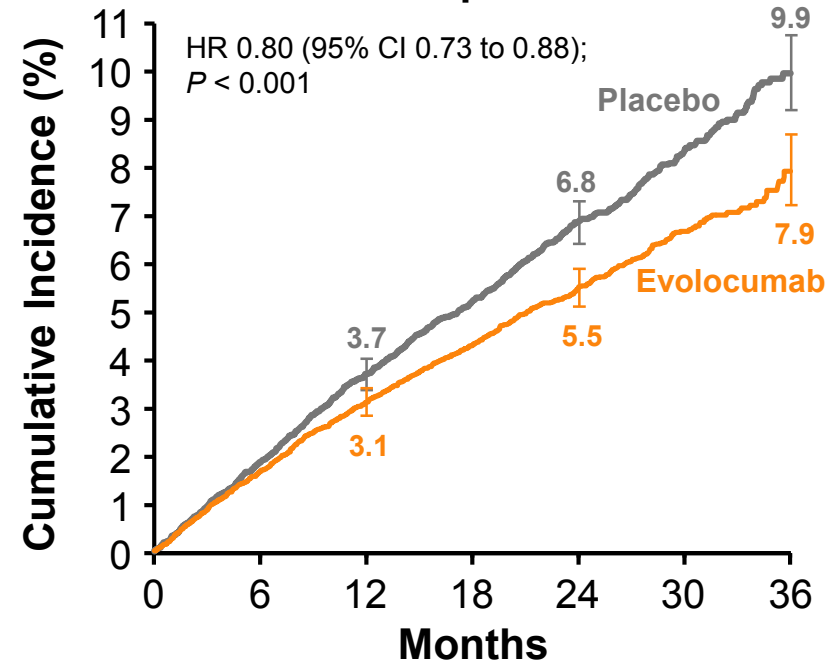
Evolocumab Outcomes Trial: Primary and Key Secondary Endpoints Were Met With Statistical Significance

Composite of CV Death, MI, Stroke, Hospitalization for UA, or Coronary Revascularization
Primary Endpoint



No. at Risk	0	6	12	18	24	30	36
Placebo	13780	13278	12825	11871	7610	3690	686
Evolocumab	13784	13351	12939	12070	7771	3746	689

Composite of CV Death, MI, or Stroke
Key Secondary Composite Endpoint



No. at Risk	0	6	12	18	24	30	36
Placebo	13780	13449	13142	12288	7944	3893	731
Evolocumab	13784	13501	13241	12456	8094	3935	724

CI = confidence interval; CV = cardiovascular; HR = hazard ratio; MI = myocardial infarction; UA = unstable angina.
 Sabatine MS, et al. N Engl J Med. 2017;376:1713-1722.

Primary, Key Secondary, and Other Endpoints

Outcome	Evolocumab (n = 13,784) n (%)	Placebo (n = 13,780) n (%)	HR (95% CI)	P- value ‡
Primary endpoint*	1,344 (9.8)	1,563 (11.3)	0.85 (0.79-0.92)	<0.001
Key secondary endpoint†	816 (5.9)	1,013 (7.4)	0.80 (0.73-0.88)	<0.001
Other endpoints				
CV death	251 (1.8)	240 (1.7)	1.05 (0.88-1.25)	0.62
Death from any cause	444 (3.2)	426 (3.1)	1.04 (0.91-1.19)	0.54
MI	468 (3.4)	639 (4.6)	0.73 (0.65-0.82)	<0.001
Hospitalization for UA	236 (1.7)	239 (1.7)	0.99 (0.82-1.18)	0.89
Stroke	207 (1.5)	262 (1.9)	0.79 (0.66-0.95)	0.01
Coronary revascularization	759 (5.5)	965 (7.0)	0.78 (0.71-0.86)	<0.001
CV Death or Hospitalization for Worsening Heart Failure	402 (2.9)	408 (3.0)	0.98 (0.86-1.13)	0.82
Ischemic stroke or TIA	229 (1.7)	295 (2.1)	0.77 (0.65-0.92)	0.003
CTTC composite endpoint**	1,271 (9.2)	1,512 (11.0)	0.83 (0.77-0.90)	<0.001

The primary endpoint was driven by reductions in MI, stroke, and coronary revascularization

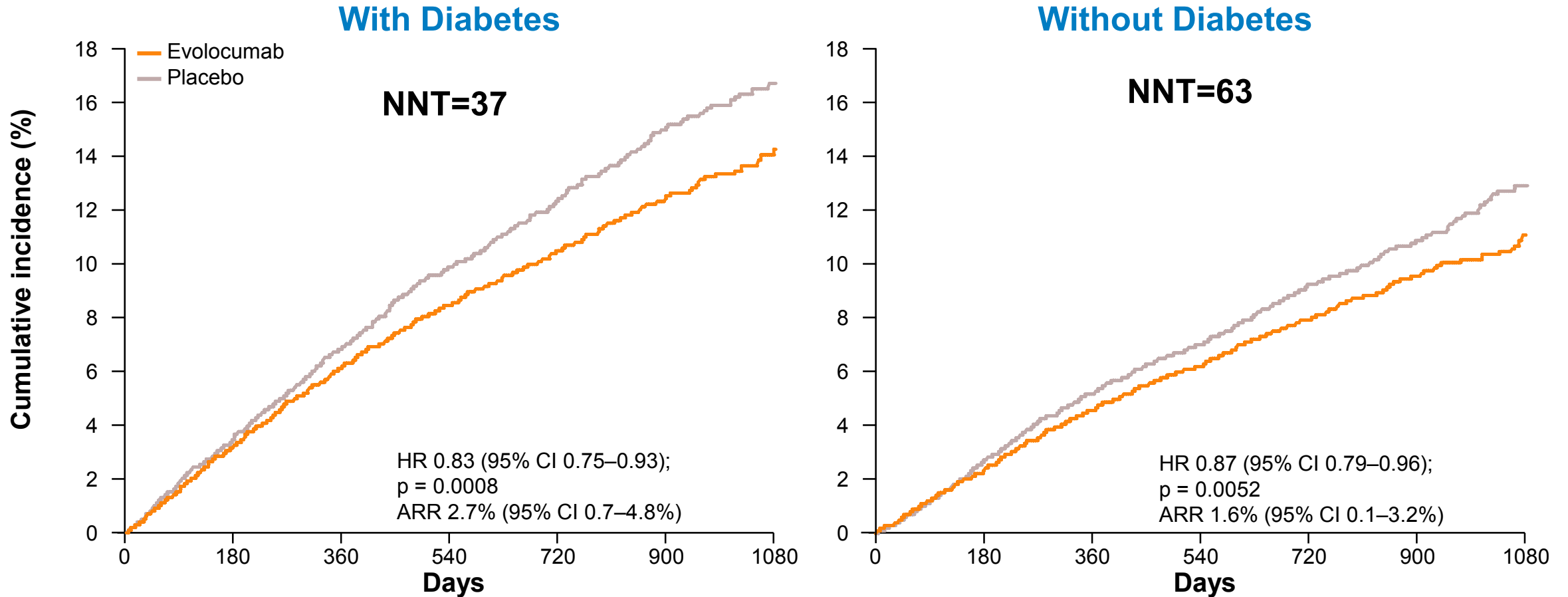
*Time to CV death, myocardial infarction, stroke, hospitalization for unstable angina, or coronary revascularization, whichever occurs first †CV death, myocardial infarction, or stroke, whichever occurs first ‡Given the hierarchical nature of the statistical testing, the P values for the primary and key secondary endpoint should be considered statistically significant, whereas all other P values should be considered nominal.

**CTTC stands for Cholesterol Treatment Trialists Collaboration and the composite endpoint consists of coronary heart death, nonfatal MI, stroke, or coronary revascularization

MI = Myocardial infarction; UA = Unstable angina; TIA = Transient ischemic attack
Sabatine MS, et al. N Engl J Med. 2017;376:1713-1722



Primary Endpoint by Baseline Diabetic Status

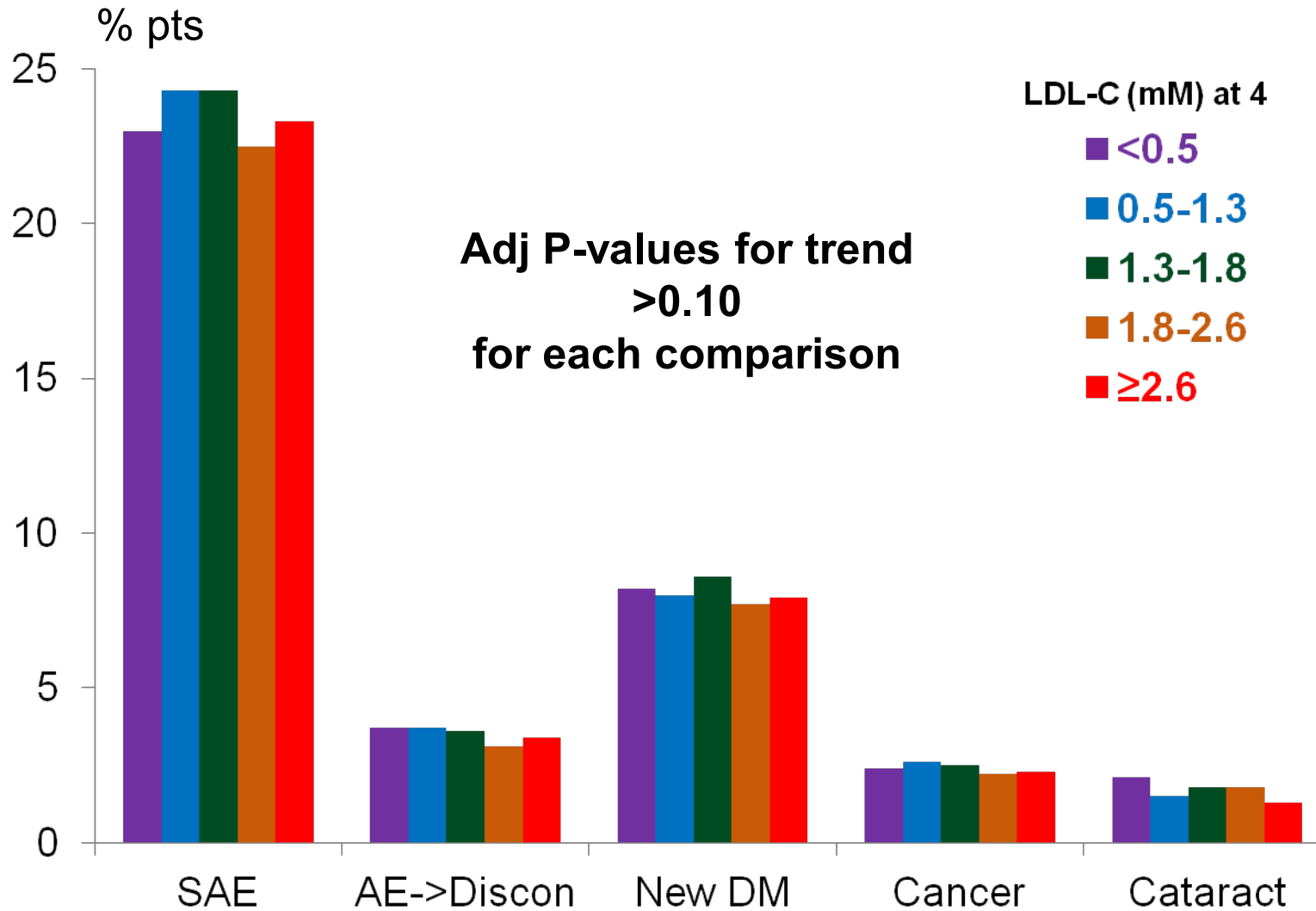


Patients with diabetes treated with evolocumab showed a greater ARR because of their heightened baseline risk than those without diabetes (2.7% vs 1.6%); driven by a larger ARR in coronary revascularization (2.7% vs 1.8%)



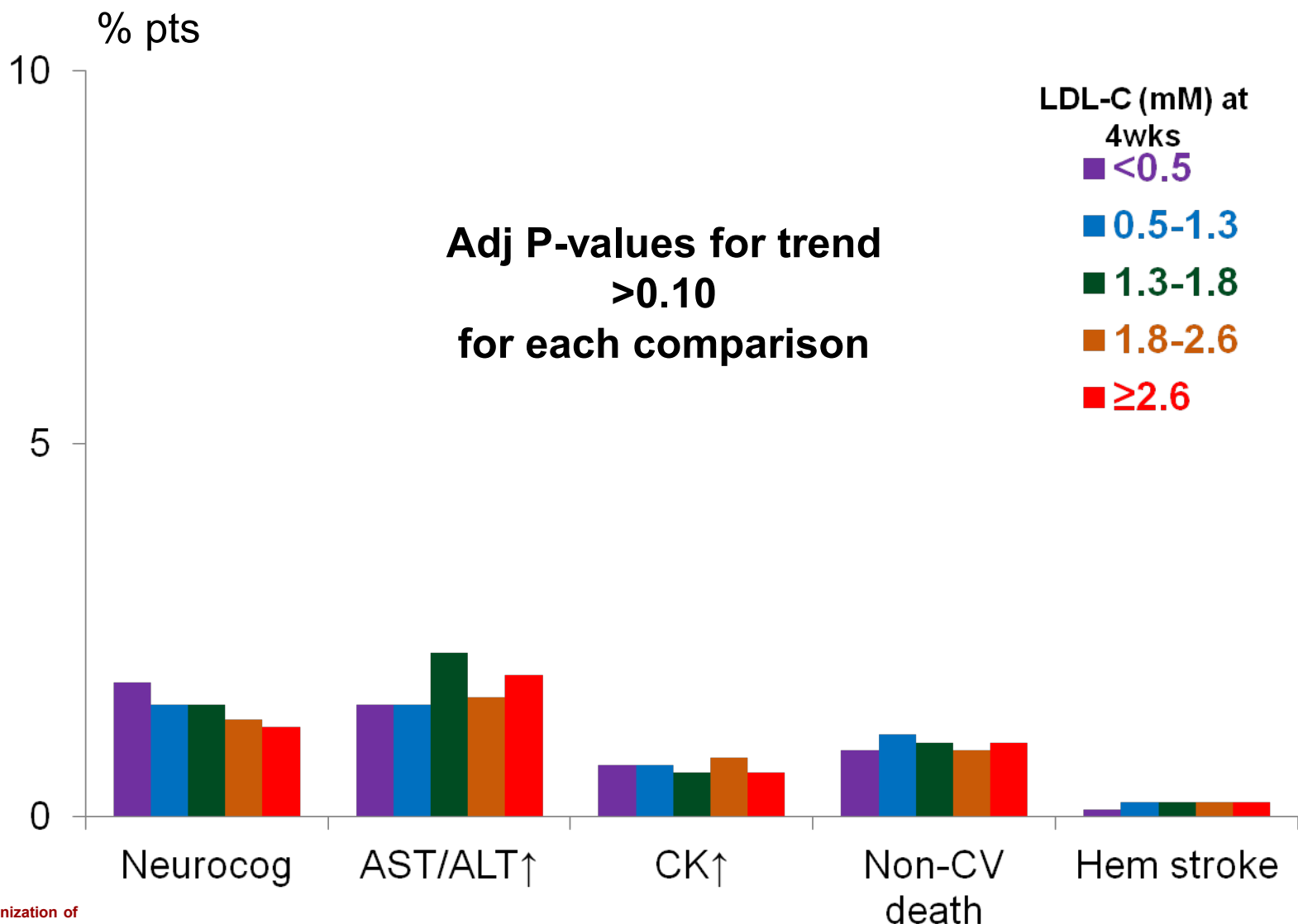


Safety Events - 1





Safety Events - 2



The ODYSSEY OUTCOMES Trial: Topline Results

Alirocumab in Patients After Acute Coronary Syndrome

Gregory G. Schwartz, Michael Szarek, Deepak L. Bhatt, Vera Bittner, Rafael Diaz, Jay Edelberg,
Shaun G. Goodman, Corinne Hanotin, Robert Harrington, J. Wouter Jukema,
Guillaume Lecorps, Angèle Moryusef, Robert Pordy, Matthew Roe, Harvey D. White, Andreas
Zeiber,

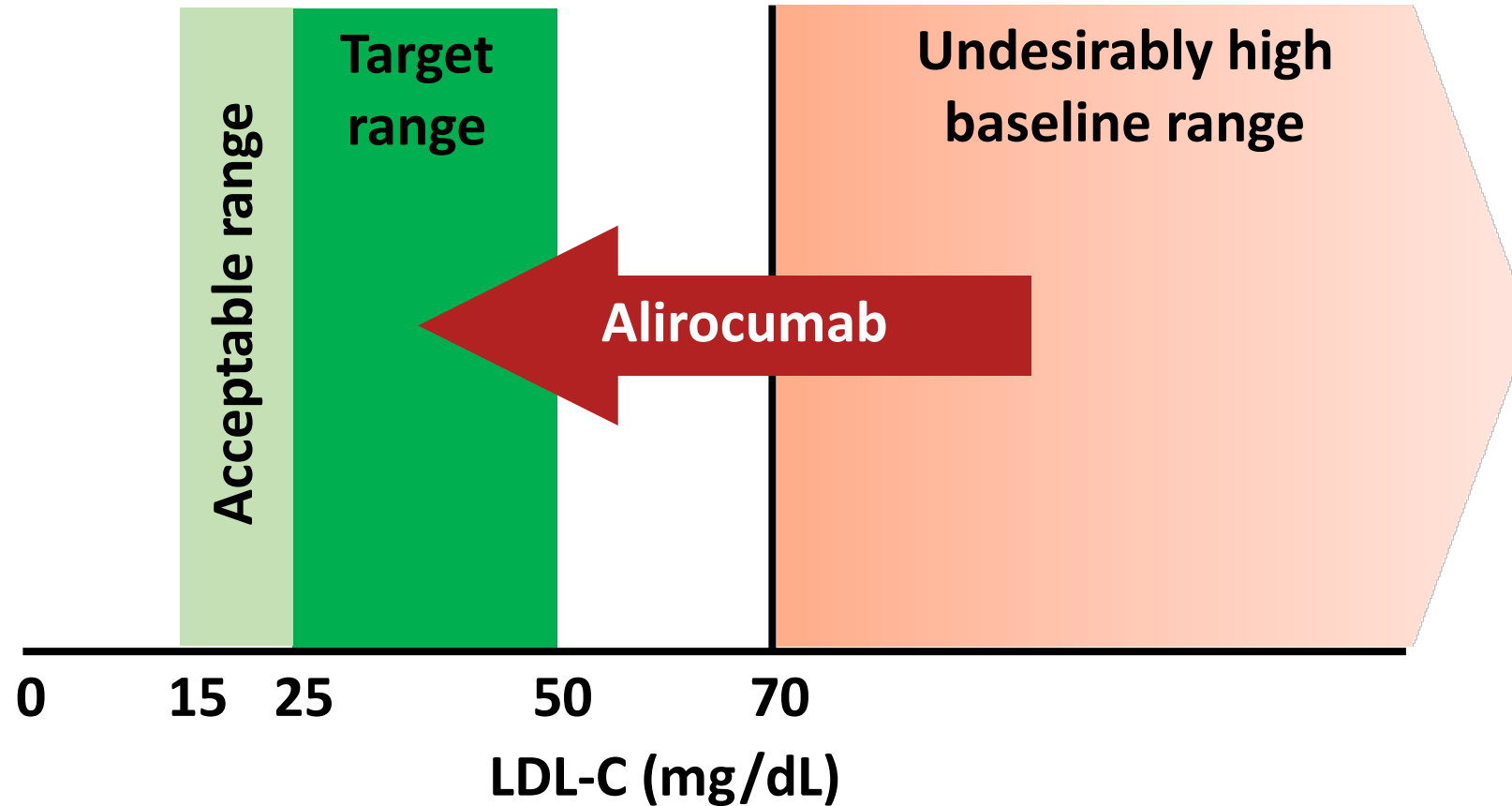
Ph. Gabriel Steg

On behalf of the ODYSSEY OUTCOMES Investigators and Committees

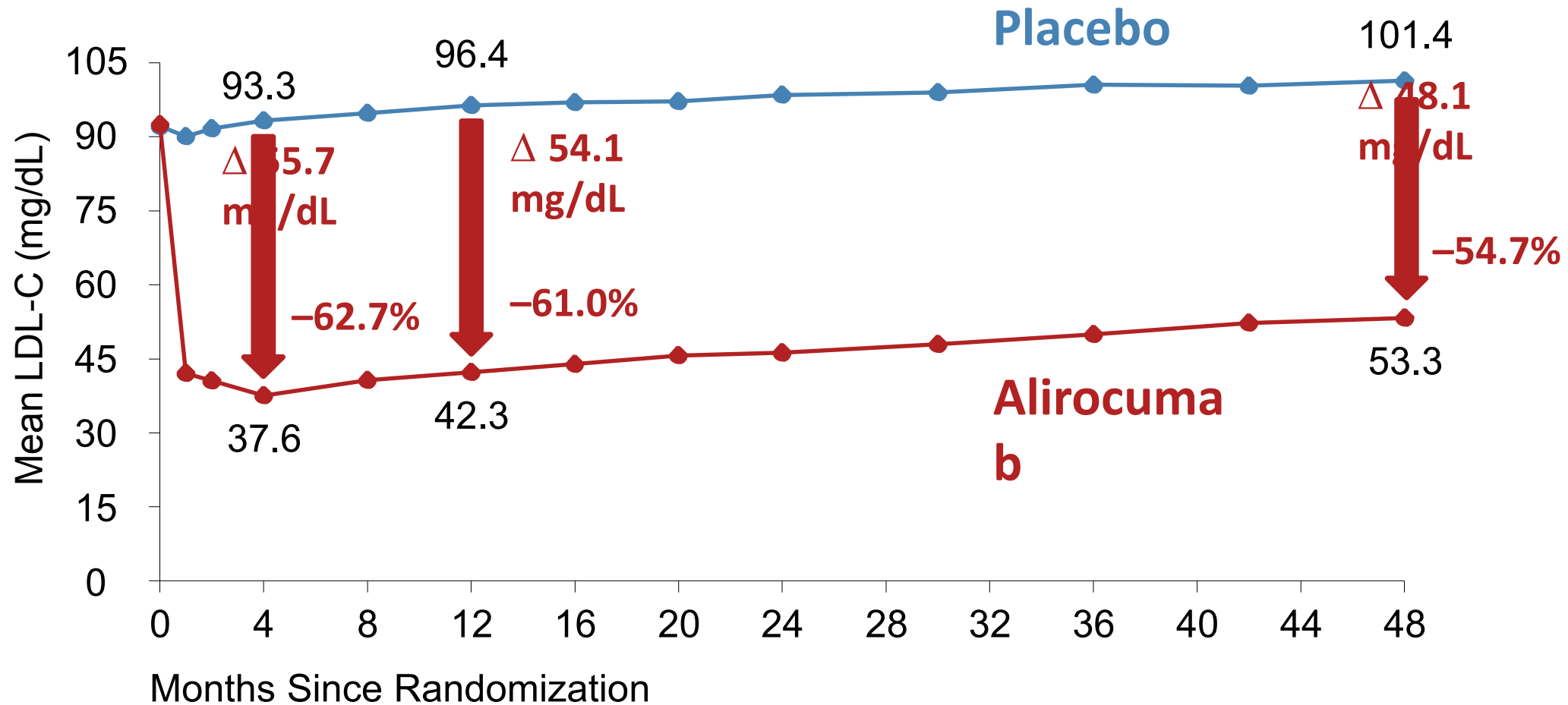
American College of Cardiology – 67th Scientific Sessions March 10, 2018



A Target Range for LDL-C



LDL-C: On-Treatment Analysis

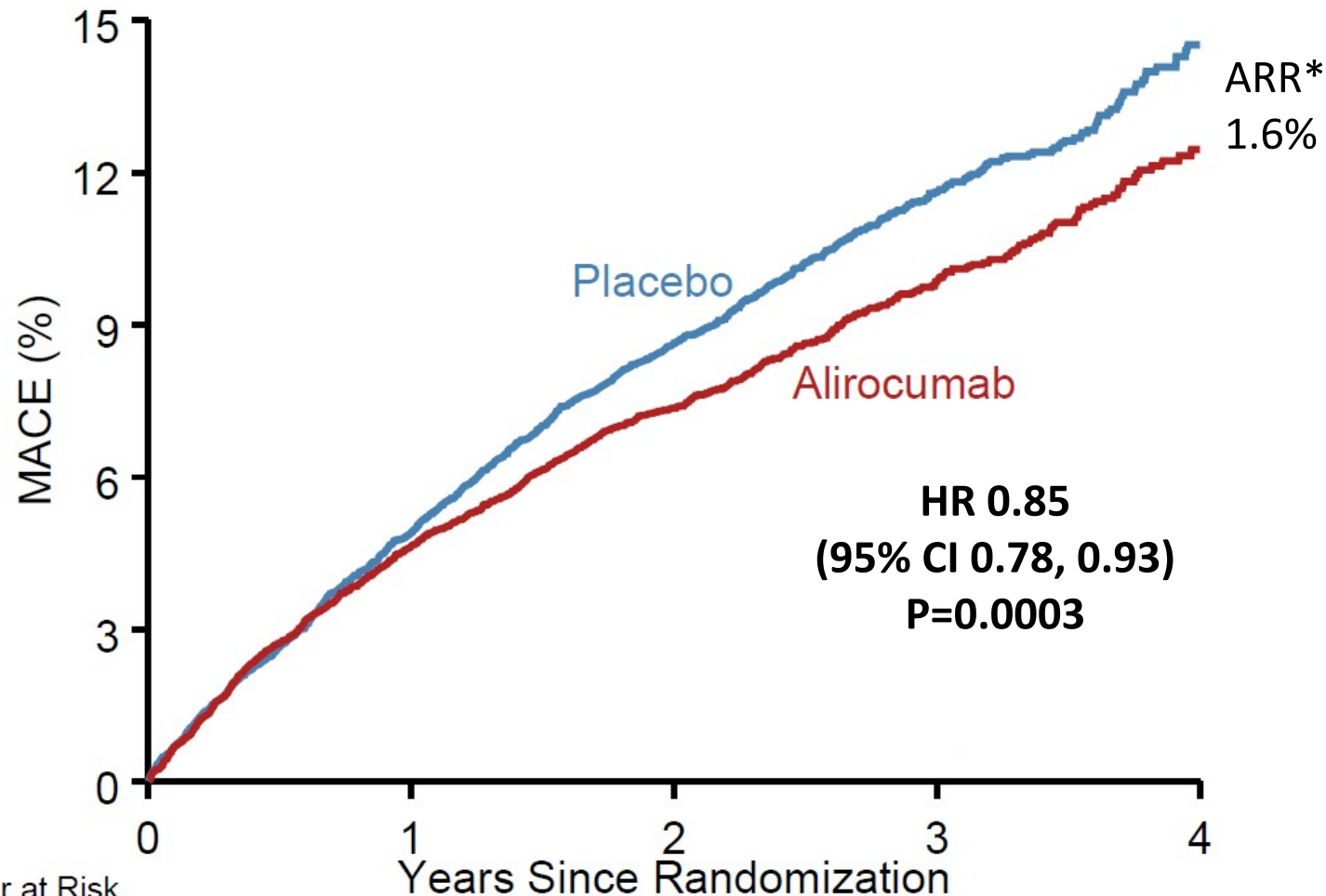


Excludes LDL-C values after premature treatment discontinuation or blinded

Approximately 75% of months of active treatment were at the 75 mg dose

Primary Efficacy Endpoint: MACE

MACE: CHD death, non-fatal MI, ischemic stroke, or unstable angina requiring hospitalization



Number at Risk

Placebo 9462

Alirocumab 9462

8805

8846

8201

8345

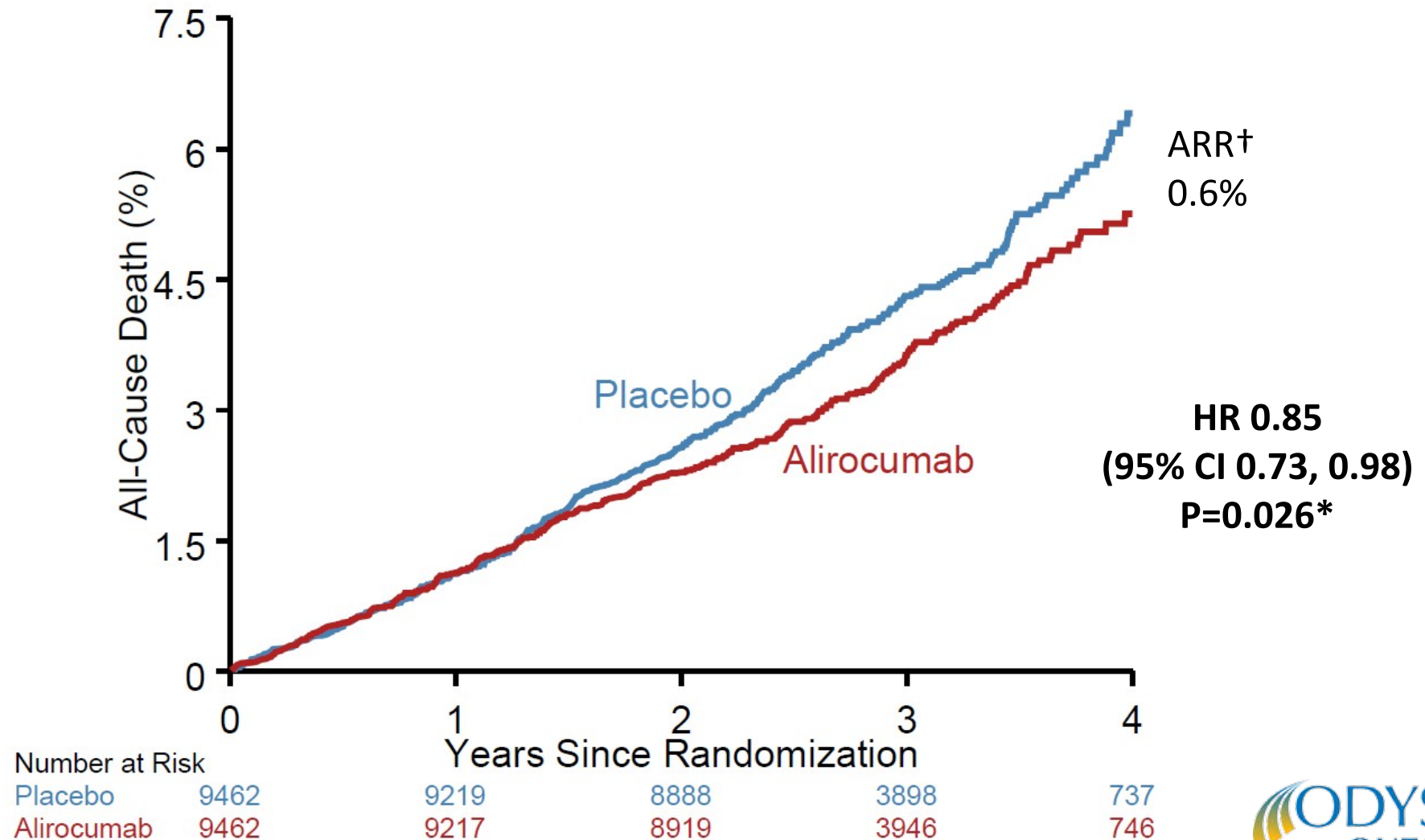
3471

3574

629

653

All-Cause Death



*Nominal P-value based on cumulative

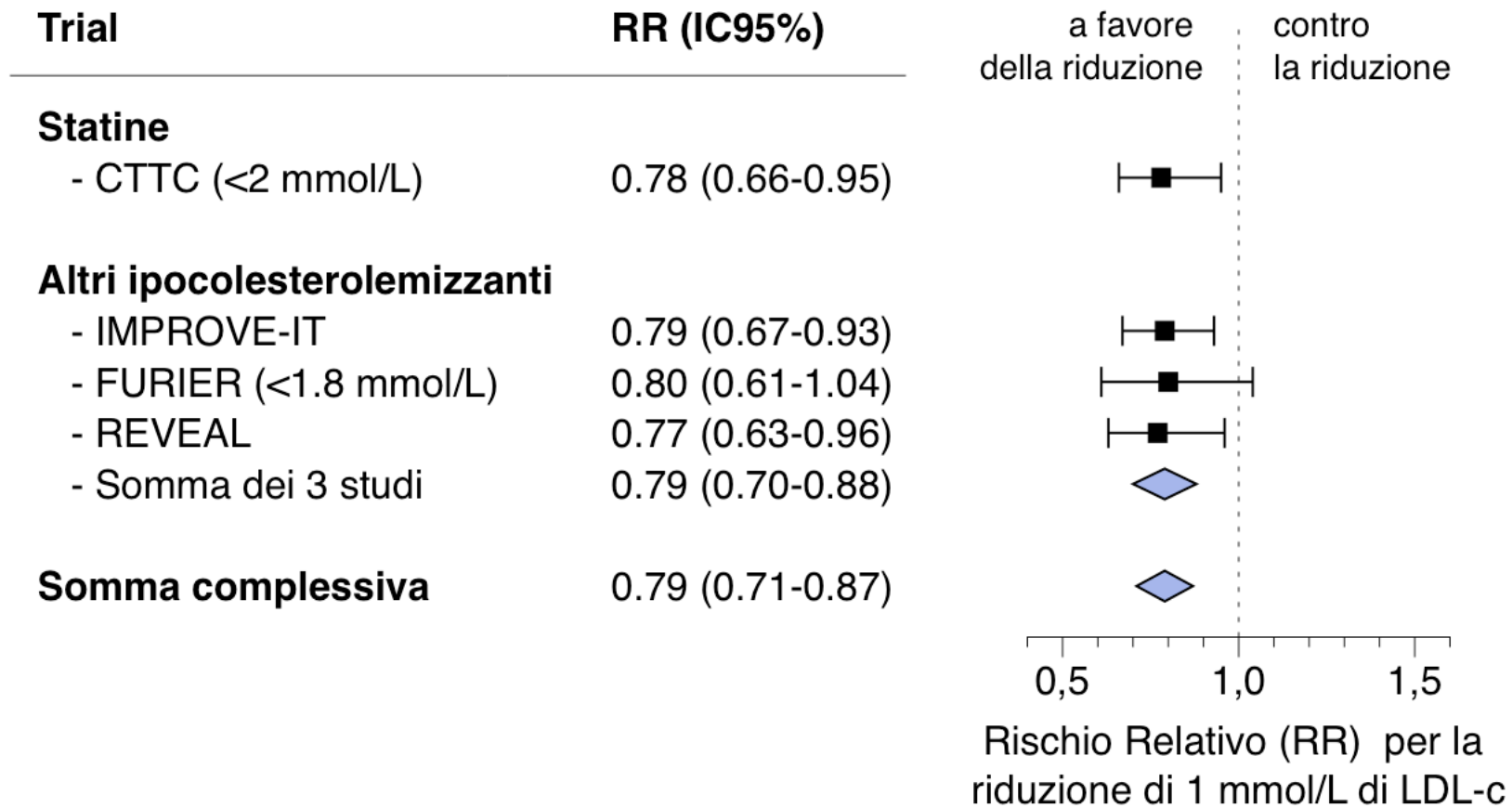
Conclusions

Compared with placebo in patients with recent ACS, alirocumab 75 or 150 mg subcutaneous Q2W targeting LDL-C levels 25–50 mg/dL, and allowing levels as low as 15 mg/dL:

- 1.Reduced MACE, MI, and ischemic stroke
- 2.Was associated with a lower rate of all-cause death
- 3.Was safe and well-tolerated over the duration of the trial

Clinical Perspective

- In this nearly 19,000-patient placebo-controlled trial, including many patients treated for ≥ 3 years, there was no safety signal with alirocumab other than injection site reactions
- Among patients with ACS and baseline LDL-C ≥ 100 mg/dL, alirocumab reduced MACE by 24% (ARR 3.4%) and all-cause death by 29% (ARR 1.7%) compared with placebo
 - These are the patients who may benefit most from treatment



August 1, 2018

Efficacy and Safety of Further Lowering of Low-Density Lipoprotein Cholesterol in Patients Starting With Very Low Levels A Meta-analysis

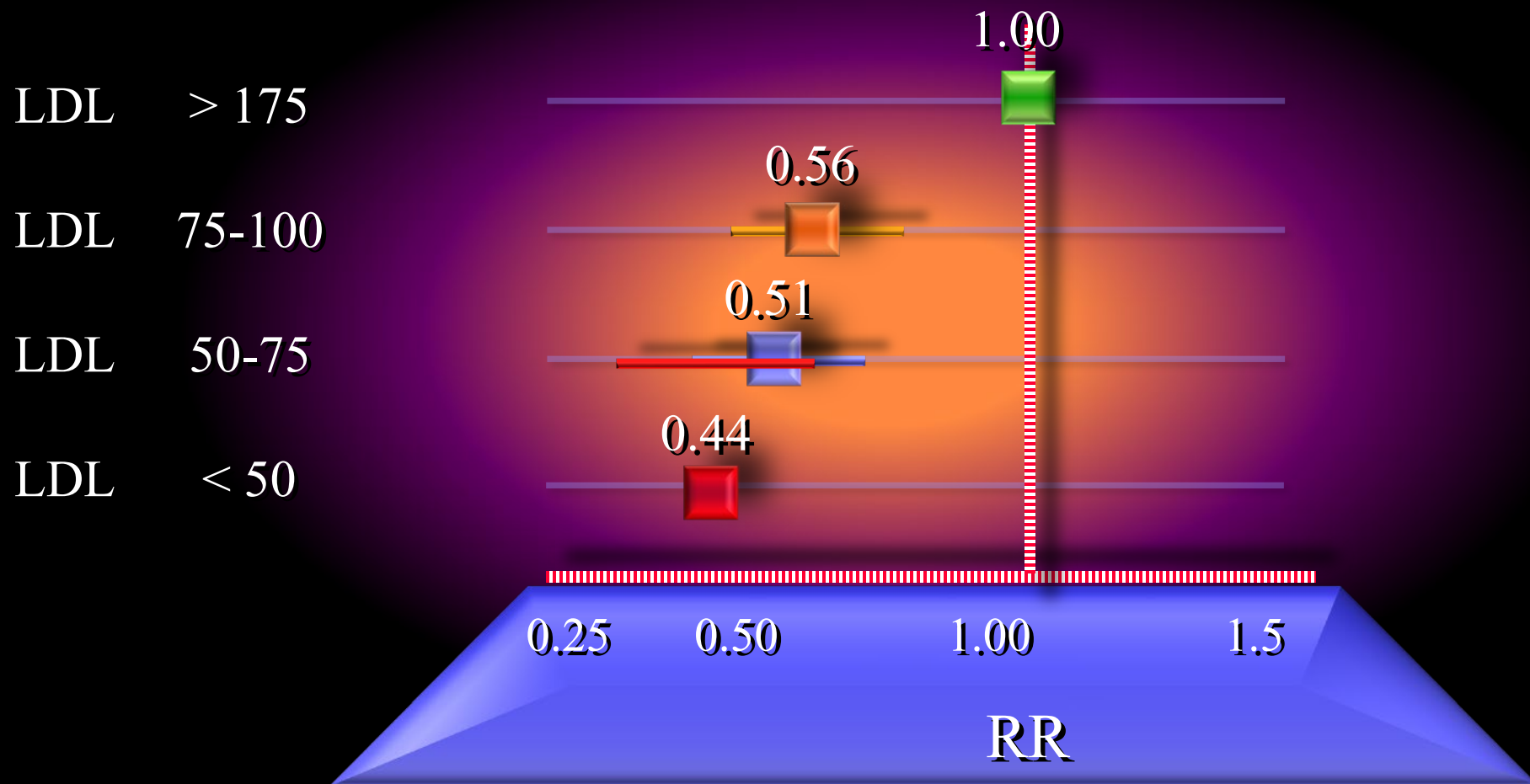
[Marc S. Sabatine, MD, MPH^{1,2}](#); [Stephen D. Wiviott, MD¹](#); [KyungAh Im, PhD¹](#); et al
[Sabina A. Murphy, MPH¹](#); [Robert P. Giugliano, MD, SM¹](#)

Author Affiliations

JAMA Cardiol. Published online August 1, 2018. doi:10.1001/jamacardio.2018.2258

LDL molto basse e rischio di eventi cardiaci

(Boekholdt, JACC 2014)



Il profilo del paziente eleggibile alla terapia con PCSK9-i

Indicazioni autorizzate e rimborsate SSN (decisione CTS):

- in **PREVENZIONE PRIMARIA** in pazienti di età ≥ 18 e ≤ 80 aa con ipercolesterolemia familiare eterozigote e livelli di **LDL-C ≥ 130 mg/dL** nonostante terapia da almeno 6 mesi con statina ad alta potenza alla massima dose tollerata + ezetimibe oppure con dimostrata intolleranza alle statine
- in **PREVENZIONE SECONDARIA** in pazienti di età ≥ 18 e ≤ 80 aa con ipercolesterolemia familiare eterozigote o ipercolesterolemia non familiare o dislipidemia mista e livelli di **LDL-C ≥ 100 mg/dL** nonostante terapia da almeno 6 mesi con statina ad alta potenza alla massima dose tollerata + ezetimibe oppure con dimostrata intolleranza alle statine.

Patients' Reported Causes of Statin Therapy Discontinuation

INTOLLERANZA ALLE STATINE

FENOMENO DI DIFFICILE DEFINIZIONE E IDENTIFICAZIONE NELLA POPOLAZIONE, CARATTERIZZATO DALLA PERCEZIONE DI SINTOMI PREVALENTEMENTE MIALGICI CHE DI FATTO IMPEDISCONO L'ASSUNZIONE DELLA STATINA O IL RAGGIUNGIMENTO DELLA DOSE OTTIMALE PER IL CONTROLLO ADEGUATO DELLA COLESTEROLEMIA

- No documented major adverse reaction

Colivicchi F, et al. *Stroke* 2007; 38:2652-2657

The GAUSS-3 Trial

Goal Achievement after Utilizing an anti-PCSK9
antibody in Statins Intolerant Subjects-3

Steven E. Nissen MD MACC*

Erik Stroes MD PhD

*Disclosure

Study Sponsor: Amgen

Consulting: Many pharmaceutical companies

Clinical Trials: Amgen, AstraZeneca, Cerenis, Eli Lilly, Novartis, Novo Nordisk, The Medicines Company, Orexigen, Takeda, and Pfizer.



Study Design: Two Double-Blind Phases

Phase
A

511 patients enrolled at 53 centers with a history of intolerance to multiple statins due to muscle-related adverse effects.

10 weeks

Atorvastatin 20 mg

Placebo

10 weeks

Atorvastatin 20 mg

Placebo



Phase
B

Patients proceeded to Phase B only if they had *intolerable* muscle symptoms on atorvastatin, but not placebo, or CK $\geq 10 \times$ ULN during prior statin treatment

24 weeks

2
Monthly SC evolocumab 420 mg

1
Daily oral ezetimibe 10 mg

Phase A: Study Drug Discontinuation Events

<i>Intolerable Muscle Symptoms</i>	N = 491
On atorvastatin, but not placebo	209 (42.6%)*
On placebo, but not atorvastatin	130 (26.5%)
On both placebo and atorvastatin	48 (9.8%)
No symptoms on either treatment	85 (17.3%)
<i>Did not complete Phase A</i>	<i>20/511</i>
Bypassed Phase A due to CK elevation $\geq 10 \times$ ULN	19 (3.9%)*

**218 of these 228 eligible patients proceeded to Phase B*

CONCLUSIONI (1)

- I pazienti vanno valutati e trattati secondo il loro rischio cv
- I pazienti a rischio molto alto vanno trattati «aggressivamente» per raggiungere il target consigliato
- Il raggiungimento del target non è un punto di arrivo, ma il risultato va mantenuto nel tempo

CONCLUSIONI (2)

- Le terapie oggi a disposizione ci permettono di raggiungere obiettivi fino a pochi anni fa impensabili
- Seppur nelle limitazioni imposte dagli enti regolatori, è indispensabile conoscere queste formidabili armi terapeutiche da utilizzare nei pazienti elegibili