#### **Breast Journal Club**

# PLATINUM-BASED NEOADJUVANT CHEMOTHERAPY IN TRIPLE NEGATIVE BREAST CANCER: A SYSTEMATIC REVIEW AND METAANALYSIS

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# **Study Background**

- Triple-negative breast cancer (TNBC) accounts for approximately 10-20% of all breast tumors <sup>1</sup>.
- Although TNBC is characterized by aggressive behavior, it is particularly sensitive to cytotoxic chemotherapy (the so called "triple negative paradox")<sup>2</sup>.
- In the neoadjuvant setting, TNBC patients have higher response rates to standard chemotherapy as compared to women affected by hormone receptor-positive breast cancer.

# **Study Background**

- The achievement of pathological complete response (pCR) in TNBC has a strong prognostic value <sup>1,2</sup>.
- For this reason, neoadjuvant chemotherapy is considered the preferred approach for TNBC patients, also in the earlier stage <sup>3</sup>.
- The role of platinum-based neoadjuvant chemotherapy in TNBC is highly controversial and its use is not endorsed by current guidelines.
- To provide up to date evidence on this controversial topic, we conducted a systematic review and meta-analysis aiming to better elucidate the role of platinum-based neoadjuvant chemotherapy in TNBC patients.

### **Study Design**

- Quantitative synthesis of randomized trials evaluating the activity, efficacy and safety of platinum-based (experimental arm) versus platinum-free (control arm) neoadjuvant chemotherapy in TNBC patients.
- The work was done and reported according to the PRISMA guidelines for reporting of systematic reviews.
- A literature search using PubMed, Embase and the Cochrane Library was performed with no date restriction up to October 30<sup>th</sup>, 2017; abstracts presented at ASCO, SABCS and ESMO meetings were also searched.

## **Eligibility Criteria**

#### Inclusion criteria:

- a) phase II or III randomized controlled trials (RCTs);
- b) RCTs including TNBC patients who received platinum-based neoadjuvant chemotherapy in the experimental arm and platinum-free neoadjuvant chemotherapy in the control arm;
- c) studies with available information on pCR rates in the experimental and control arms to estimate the odds ratio (OR) and 95% confidence intervals (CI).

#### Exclusion criteria:

- a) non-randomized controlled trials on this topic;
- b) RCTs investigating platinum-based neoadjuvant chemotherapy in patients with breast cancer subtypes other than TNBC;
- c) ongoing studies with results not presented or published at the time of the literature search.

### **Study Objectives and Endpoints**

 Primary objective: to compare the activity of platinum-based versus platinum-free neoadjuvant chemotherapy in TNBC patients in term of pCR (i.e. ypT0/is pN0).

Four additional analysis were performed, including:

- (i) all the RCTs irrespective of the chemotherapy backbone;
- (ii) only RCTs in which the same neoadjuvant chemotherapy backbone (with or without a platinum agent) was administered in both treatment arms;
- (iii) only RCTs that used the same standard neoadjuvant chemotherapy regimen of weekly paclitaxel (with or without a platinum agent) followed by anthracycline plus cyclophosphamide in both treatment arms.
- (iv) a further analysis was performed to assess the benefit of the addition of platinum to a neoadjuvant chemotherapy according to germline *BRCA* mutational status.

## **Study Objectives and Endpoints**

#### Secondary objectives:

- a) to compare event-free survival (EFS) and overall survival (OS) between the two study arms;
- b) to compare the grade 3 and 4 adverse events (AEs, i.e. neutropenia, anemia, thrombocytopenia and neuropathy)

#### **Statistical Considerations**

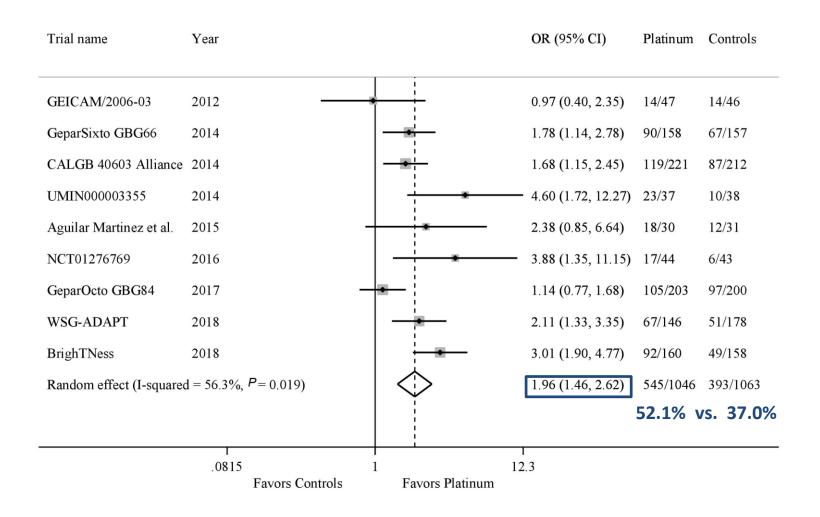
- ORs and 95% CI were calculated for pCR and grade 3-4 AEs.
- Hazard ratios (HRs) and 95% CI were calculated in terms of EFS and OS.
- In presence of significant heterogeneity among the trials, the method of Der Simonian and Laird using random effect model was performed.
- A visual inspection of the funnel plot and the Harbord's asymmetry test were used to assess the likelihood of publication bias.

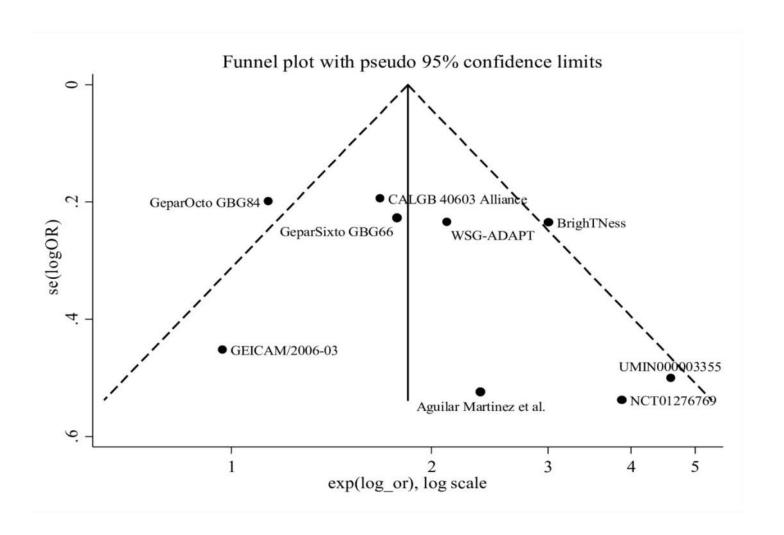
1328 identified and screened records 1176 excluded IDENTIFICATION SCREENING N=216 duplicates (n=1328 in MEDLINE, Web of Knowledge, ESMO, ASCO and SABCS N=960 title/abstract not relevant for the websites) present meta-analysis 140 full textarticle excluded N=34 review/meta-analysis ELEGIBILITY 152 identified for possible records on the neoadjuvant treatment N=83 observational studies with platinum agents in TNBC patients N=9 prospective non randomized trials N=9 other reasons N=3 excluded (no data for TNBC) N=2 no results available 12 records eligible for the present meta-analysis INCLUDED N=3 updated after prior publications 9 different studies eligible for the present meta-analysis

#### **Characteristics of the studies**

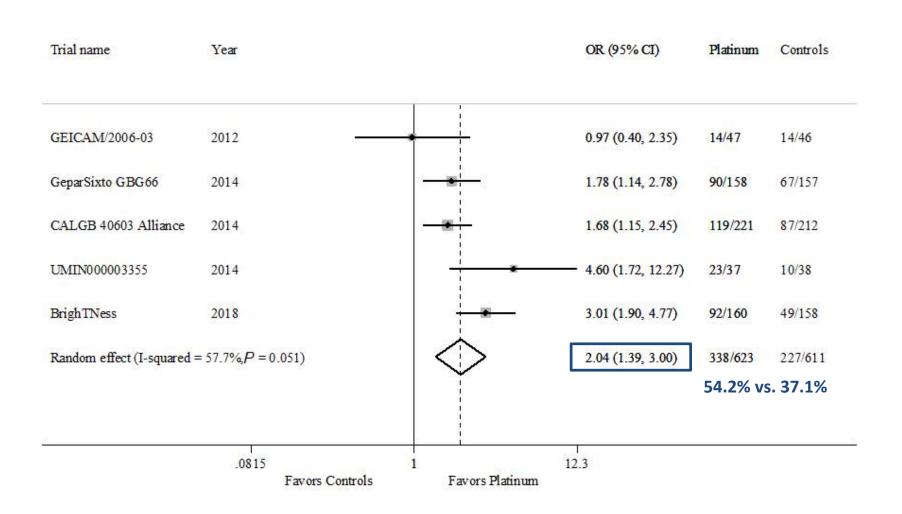
Study	Study design	Treatment arms	TNBC patients, N
GEICAM/2006-03	Phase II	EC-DCb	47
		EC-D	46
GeparSixto GBG66	Phase II	P + Dox + Bev + Cb	158
		P + Dox + Bev	157
CALGB 40603 Alliance	Phase II	P + Cb ±Bev → ddAC	221
		P± Bev → ddAC	212
UMIN00003355	Phase II	PCb → CEF	37
		P → CEF	38
Aguilar Martinez	Phase II	$Cis + P \rightarrow Cis + Dox$	30
		$P \rightarrow FAC$	31
NCT01276769	Phase II	PCb	44
		EP	43
GeparOcto GBG84	Phase III	PDoxCb	203
		ddEPC	200
WSG-ADAPT	Phase II	Nab-P + Cb	146
		Nab-P + Gem	178
BrighTNess	Phase III	P+Cb → AC	160
		P → AC	158

# Results: pCR in all the studies

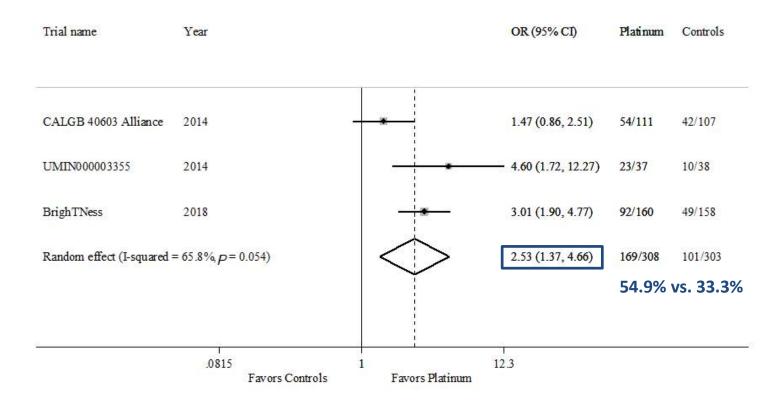


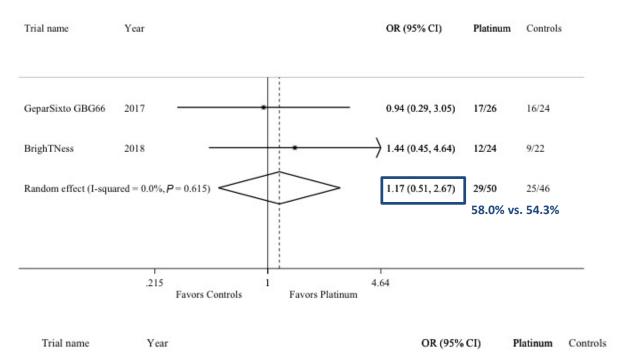


#### RCTs with the same CT backbone

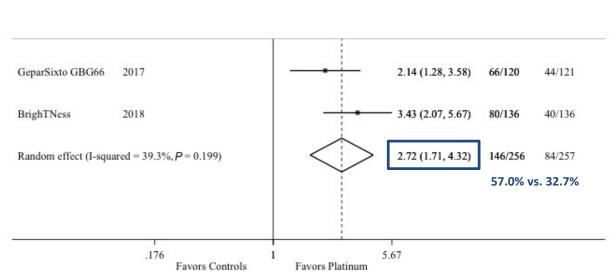


#### RCTs with the same standard anthracyclineand taxane-based CT





# **BRCA**-mutated patients

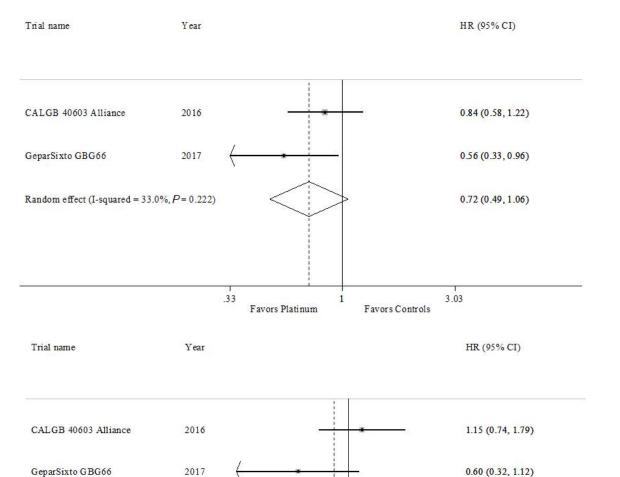


# **BRCA**-negative patients

0.86 (0.46, 1.63)

3.13

Favors Controls



Random effect (I-squared = 63.9%, P= 0.096)

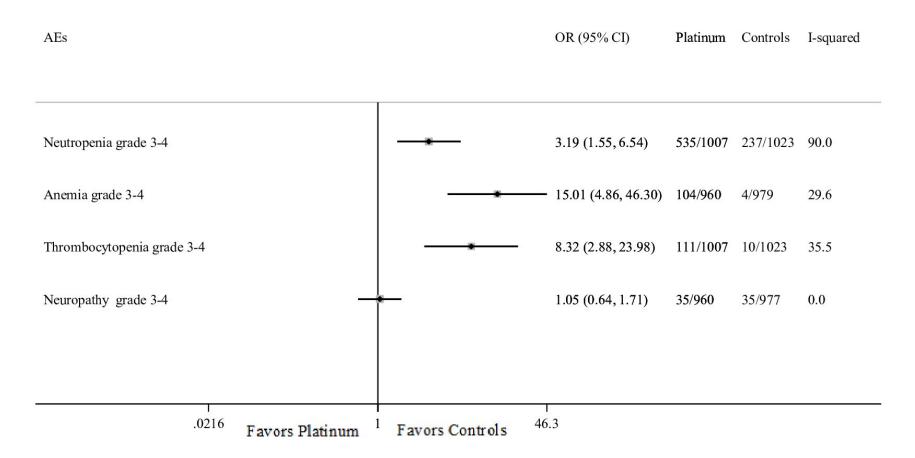
.32

Favors Platinum

#### **Event-free survival**

#### **Overall survival**

# Results: Safety profile overview



#### **Conclusions**

- Our meta-analysis showed that platinum-based neoadjuvant chemotherapy was associated with significant increased pCR rates in TNBC patients at the cost of higher risk of hematological toxicities.
- The addition of platinum agents to standard anthracycline-taxane-based neoadjuvant chemotherapy may be considered an option in unselected TNBC patients.



#### REVIEW

Platinum-based neoadjuvant chemotherapy in triple-negative breast cancer: a systematic review and meta-analysis

F. Poggio<sup>1,2</sup>, M. Bruzzone<sup>3</sup>, M. Ceppi<sup>3</sup>, N. F. Pondé<sup>1</sup>, G. La Valle<sup>4</sup>, L. Del Mastro<sup>5,6</sup>, E. de Azambuja<sup>1</sup> & M. Lambertini<sup>1,7\*</sup>

Nelle donne con carcinoma mammario TRIPLO NEGATIVO (recettori ormonali negativi ed HER2negativo) candidate a ricevere chemioterapia primaria/neoadiuvante, è raccomandabile l'aggiunta del platino ad uno schema standard con antracicline e taxani rispetto alla sola chemioterapia a base di antracicline e taxani?

Qualità Globale delle evidenze GRADE	Raccomandazione clinica	Forza della raccomandazione clinica
Moderata	Nelle donne con carcinoma mammario triplo negativo (recettori ormonali negativi ed HER2 negativo) candidate a ricevere chemioterapia primaria/neoadiuvante, l'aggiunta del platino ad uno schema standard con antracicline e taxani può essere preso in considerazione.	Positiva debole