

Cardiomyopathies

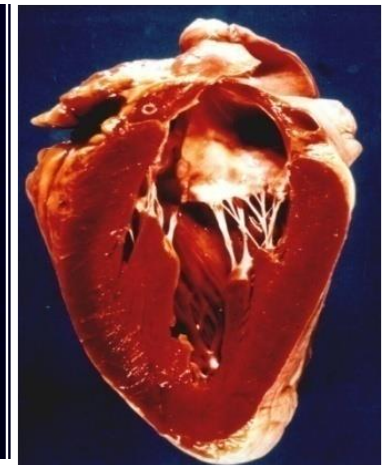
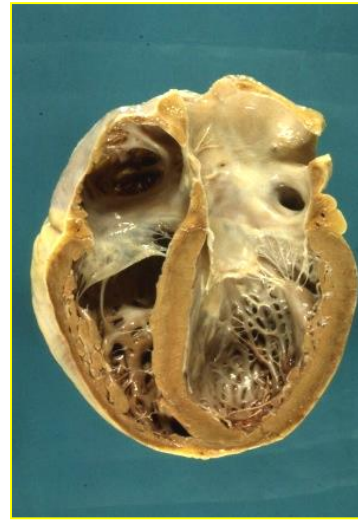
Prevalenza: 1/500 - 1/4000

Storia Naturale

- variabile
- SCC, aritmia, MI, trapianto

Genetica

- Forme "Familiare" 20 - 50%
- AD, AR, XL, matrilineare
- Penetranza correlata all'età



OSPEDALI RIUNITI DI TRIESTE



HEART MUSCLE DISEASE REGISTRY OF TRIESTE (UPDATE – 12/2016)

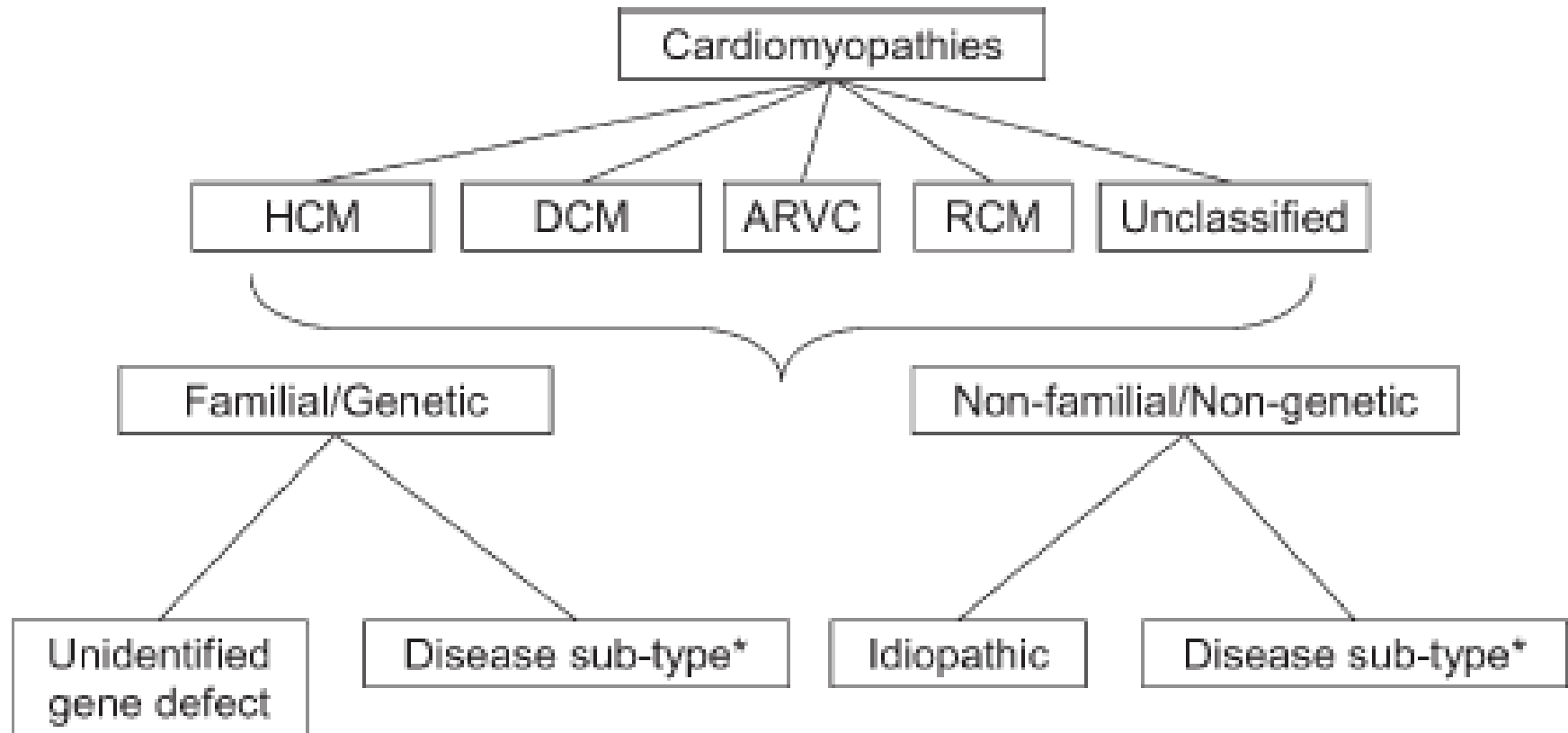
	<i>DCM</i>	HCM	ARVD	MYOC.
N° of pts	1184	304	127	117
Mean age (years)	45±15	46±19	37±16	38±16
Males (%)	70	64	69	70
Follow-up (months)	125±83	79±90	139±115	97±67
Years of enrolment	1978-2016	1983-2016	1976-2016	1981-2016
N° Follow-up (approx.)	> 7500	> 1000	700	500

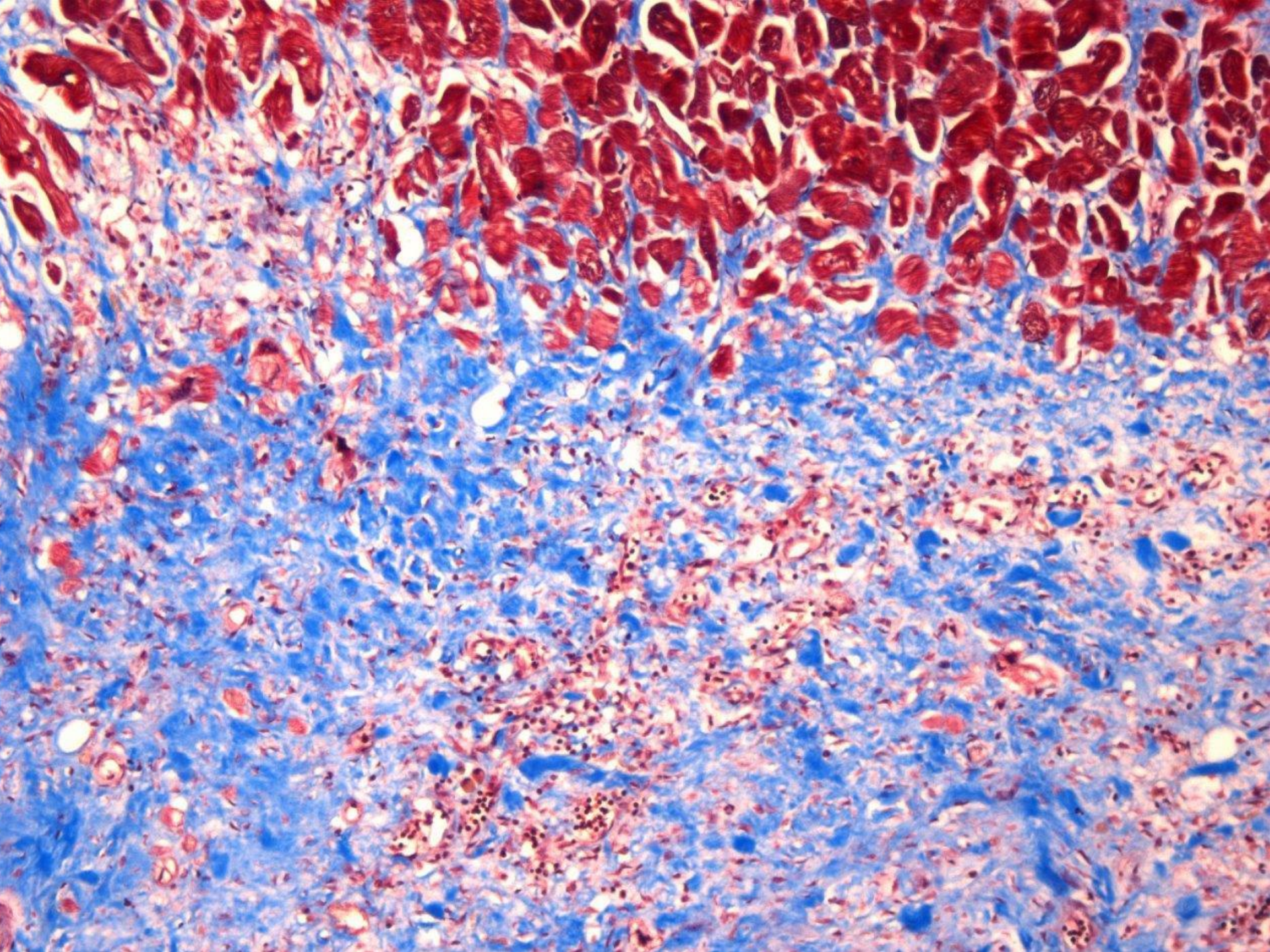


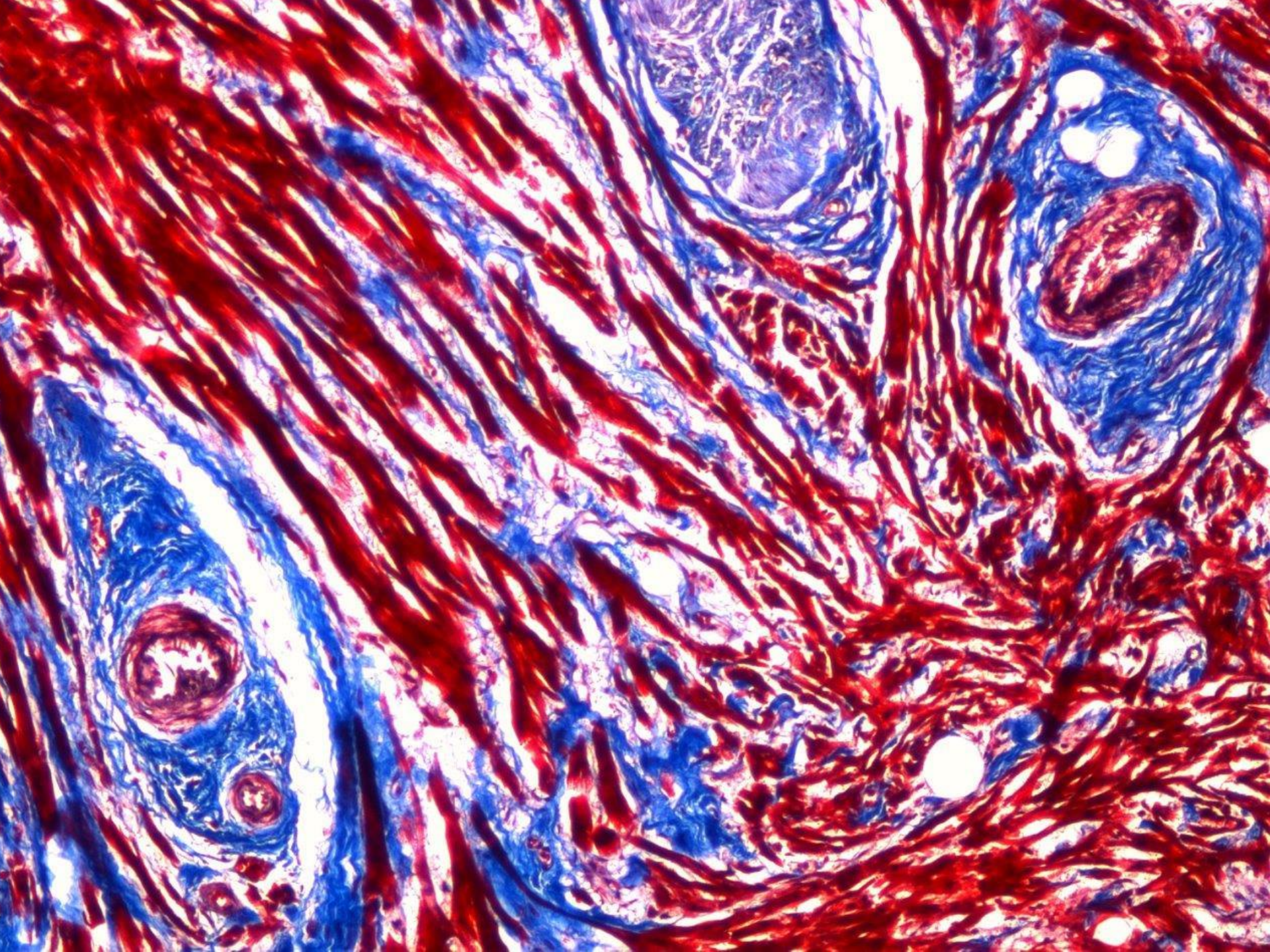
The MOGE(S) Classification of Cardiomyopathy for Clinicians

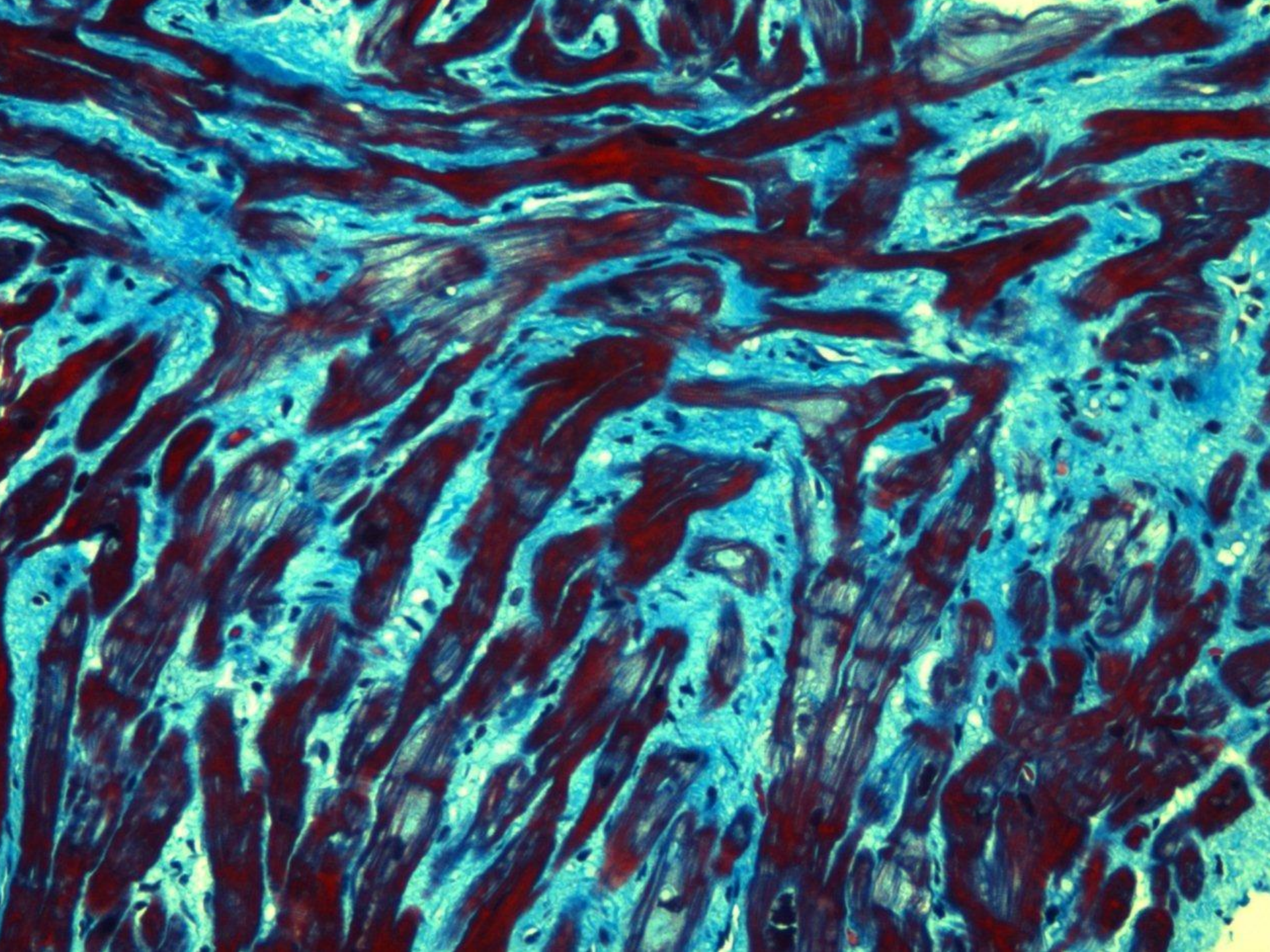
NOTATION	M MORPHO-FUNCTIONAL PHENOTYPE	O ORGAN/SYSTEM INVOLVEMENT	G GENETIC INHERITANCE PATTERN	E ETIOLOGY	S STAGE
CHARACTERISTICS	<p>Proband's cardiomyopathy (CM) diagnosis (DCM, HCM, RCM, ARVC/D, LVNC)</p>	<p>Clinical history and evaluation</p> <ul style="list-style-type: none"> Organ involvement: Extracardiac organs/tissues Multidisciplinary evaluation according per clinical needs or diagnostic hypothesis 	<p>Genetic counseling with pedigree</p> <ul style="list-style-type: none"> Familial <ul style="list-style-type: none"> Inheritance AD, AR XL (R or D) or Matrilineal Non-familial; Phenotypically sporadic <ul style="list-style-type: none"> Informative and non-informative families Consultant non-informed about family history <p>Clinical family screening</p> <ul style="list-style-type: none"> Affected, asymptomatic relative unaware of the disease Relatives with ECG and/or Echo abnormalities Healthy family members with normal ECG and ECHO 	<p>Genetic testing in the proband</p> <ul style="list-style-type: none"> Positive <ul style="list-style-type: none"> Cascade genetic testing in relatives Negative <ul style="list-style-type: none"> New tests novel genes Regular monitoring in relatives 	<p>Functional status ACC/AHA, NYHA</p>
SUBSCRIPT	<p>D Dilated</p> <p>H Hypertrophic</p> <p>R Restrictive</p> <p>R EMF Endomyocardial fibrosis LV=left ventricle RV=right ventricle RLV=biventricular</p> <p>A ARVC M=major m=minor c=category LV= left ventricle RV=right ventricle RLV=biventricular</p> <p>NC LVNC</p> <p>E Early, with type in parentheses</p> <p>NS Nonspecific phenotype</p> <p>NA Information non available</p> <p>O Unaffected*</p>	<p>H Heart LV=left ventricle RV=right ventricle RLV=biventricular</p> <p>M Muscle (skeletal)</p> <p>N Nervous</p> <p>C Cutaneous</p> <p>E Eye, Ocular</p> <p>A Auditory</p> <p>K Kidney</p> <p>G Gastrointestinal</p> <p>Li Liver</p> <p>Lu Lung</p> <p>S Skeletal</p> <p>O Absence of organ/system involvement*, e.g. in family members who are healthy mutation carriers; the mutation is specified in E and inheritance in G</p>	<p>N Family history negative</p> <p>U Family history unknown</p> <p>AD Autosomal dominant</p> <p>AR Autosomal recessive</p> <p>XLD X-linked dominant</p> <p>XLR X-linked recessive</p> <p>XL X-linked</p> <p>M Matrilineal</p> <p>O Family history not investigated*</p> <p>Undet Inheritance still undetermined</p> <p>S Phenotypically Sporadic (apparent or real)</p>	<p>G Genetic cause</p> <p>OC Obligate carrier</p> <p>ONC Obligate non-carrier</p> <p>DN <i>De novo</i></p> <p>Neg Genetic test negative for the known familial mutation</p> <p>N Genetic defect not identified</p> <p>O No genetic test, any reason*</p> <p>G-A-TTR Genetic amyloidosis</p> <p>G-HFE Hemochromatosis</p> <p><i>Non-genetic etiologies:</i></p> <p>M Myocarditis</p> <p>V Viral infection (add the virus identified in affected heart)</p> <p>AI Autoimmune/immune-mediated; suspected (AI-S), proven (AI-P)</p> <p>A Amyloidosis (add type: A-K, A-L, A-SAA)</p> <p>I Infectious, non viral (add the infectious agent)</p> <p>T Toxicity (add cause/drug)</p> <p>Eo Hypereosinophilic heart disease</p> <p>O Other</p>	<p>ACC-AHA stage represented as letter A, B, C, D</p> <p>NA not applicable</p> <p>NU not used</p> <p>followed by NYHA class represented as Roman numeral I, II, III, IV</p>

Classification of the cardiomyopathies: a position statement from the european society of cardiology working group on myocardial and pericardial diseases







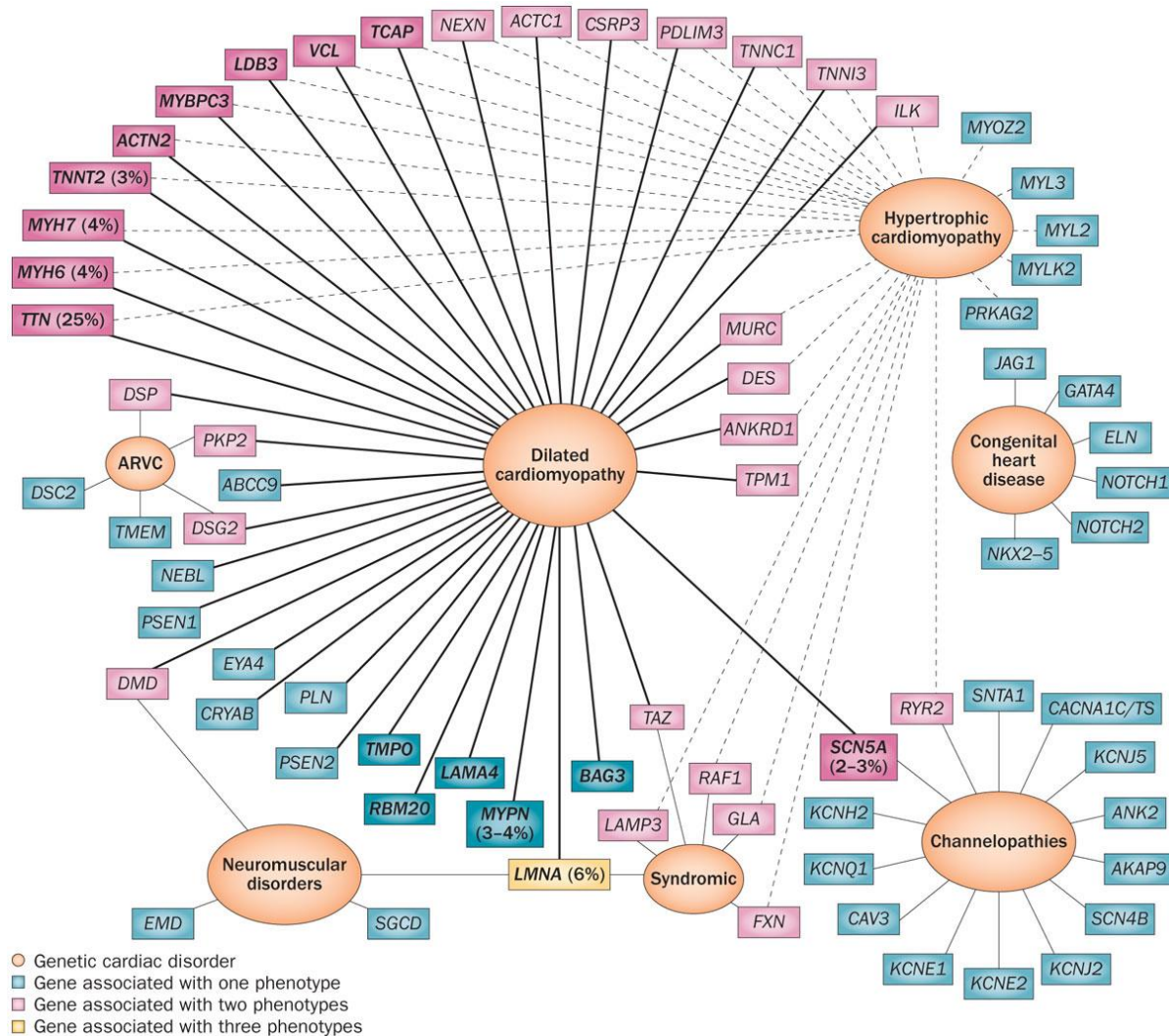




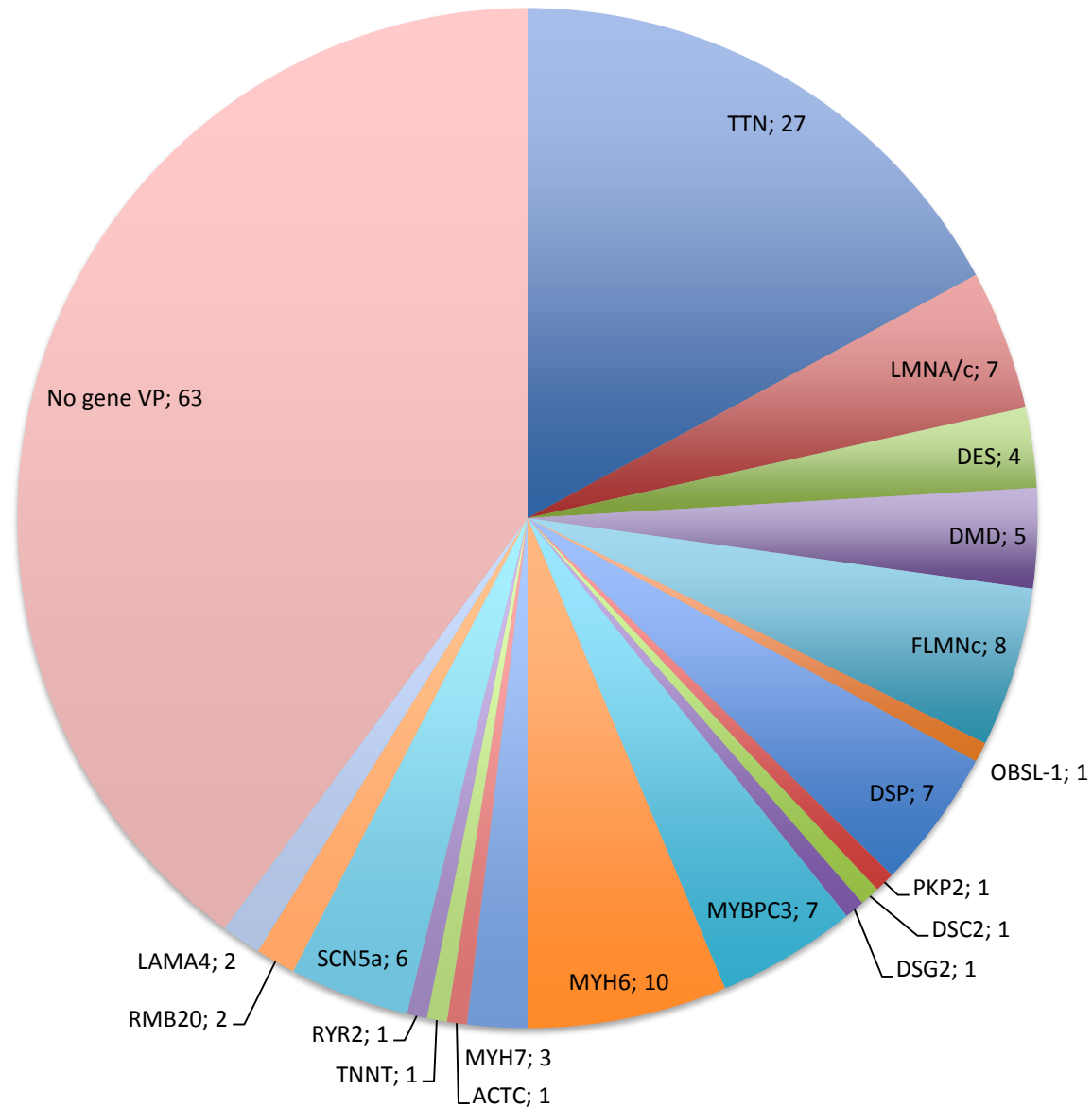
TAKE TWO
GENES
AND CALL
ME IN THE
MORNING.



The Cardiomyopathies Phenome



DCM genes (n 152; solo varianti P o LP)

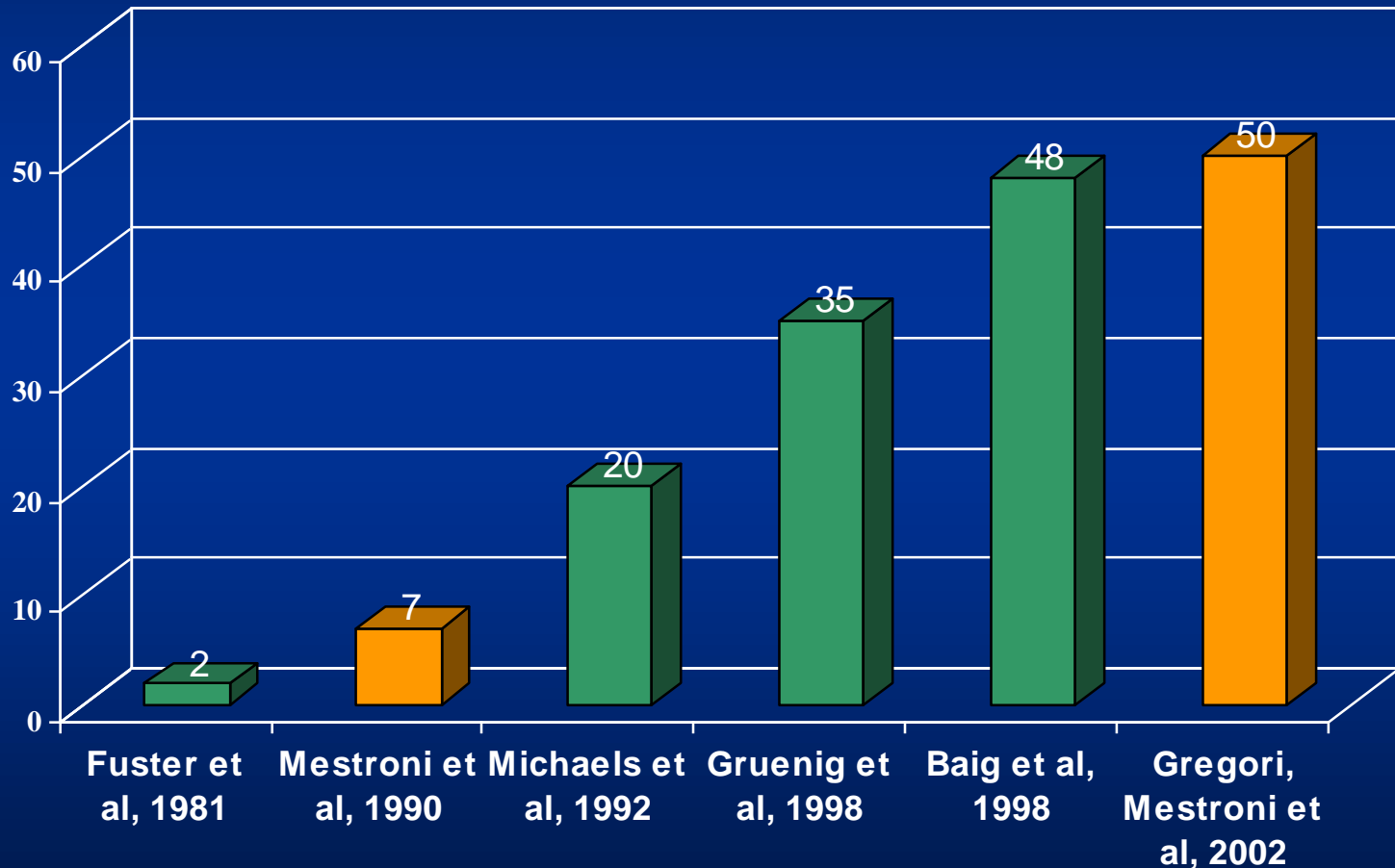


SPECIFIC GENES AVAILABLE FOR SCREENING BASED ON CARDIAC PHENOTYPE

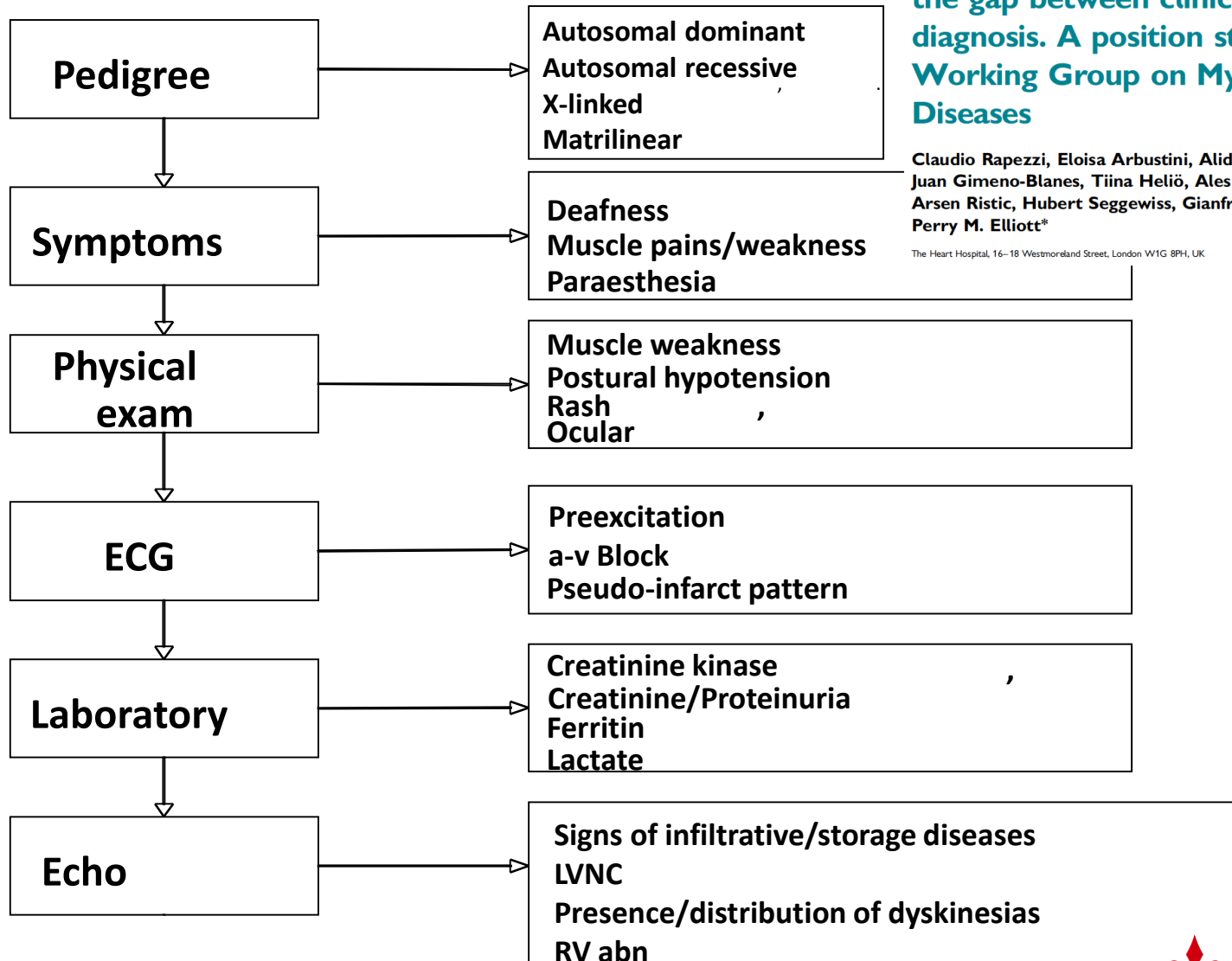
Phenotype	Gene Tests Available	Yield of Positive Results
Hypertrophic (HCM)	MYH7, MYBPC3, TNNT2, TNNI3, TPMI, ACTC, MYL2, MYL3	MYH7, MYBPC3 = 60-80% of mutations, TNNT2 = 10-20%. Genetic cause identifiable in 35-45% overall. If family history is positive, 60-65%
Dilated (DCM)	LMNA, MYH7, TNNT2, SCN5A, DES, MYBPC3, TNNI3, TPMI, ACTC, PLN, LDB3, TAZ	LMNA = 5.5%, MYH7 = 4.2%, TNNT2 = 2.9%. All data from research cohorts
ARVD/C	DSP, PKP2, DSG2, DSC2	DSP = 6-16%, PKP2 = 11-43%, DSG2 = 12-40%
LVNC	Uncertain	Uncertain
Restrictive	Uncertain	Uncertain

Genetic determinants of dilated cardiomyopathy

FDC frequency in DCM



“Red flags approach”

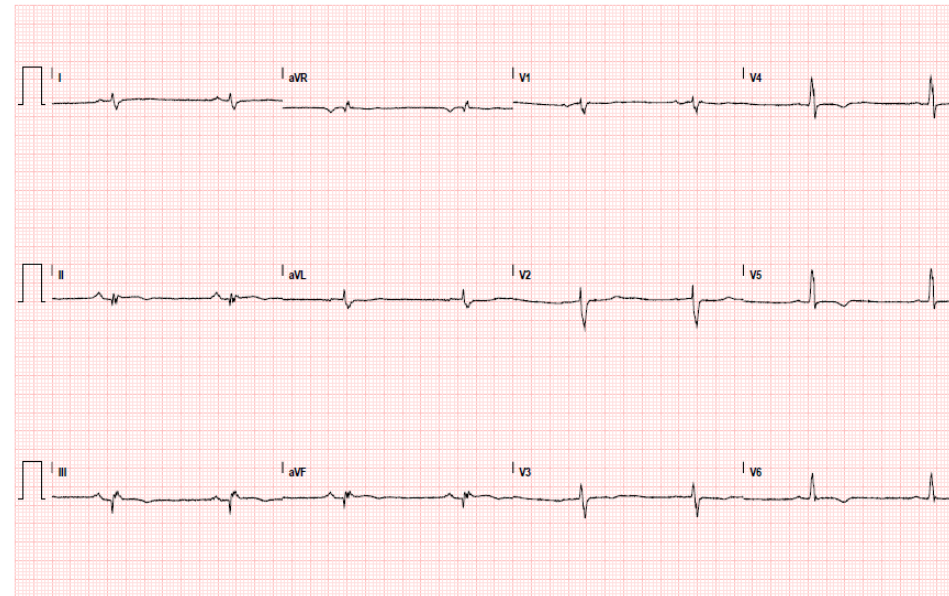
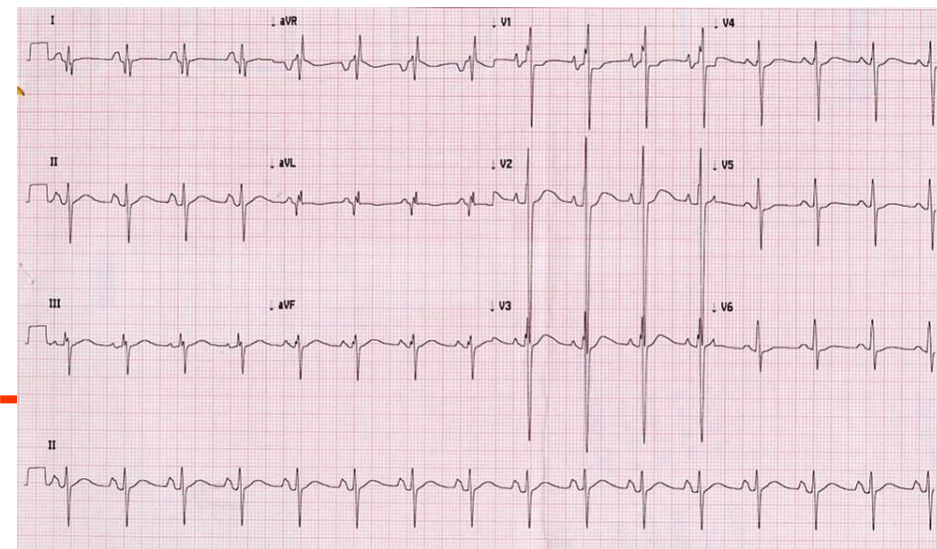
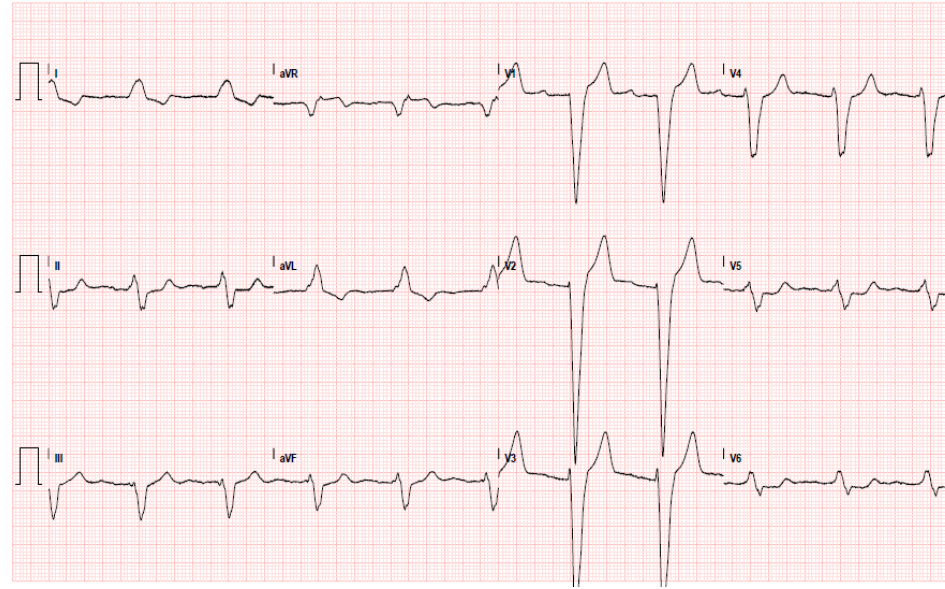
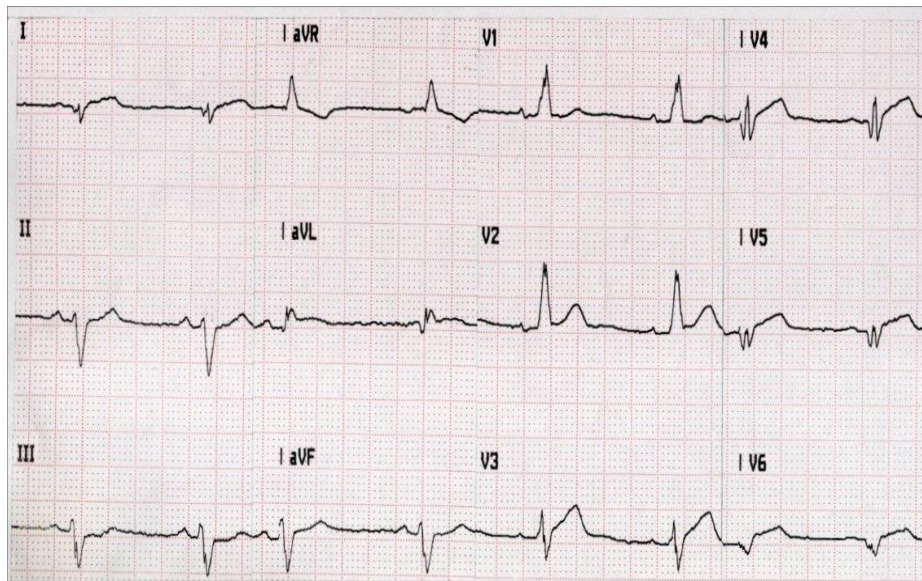


Diagnostic work-up in cardiomyopathies: bridging the gap between clinical phenotypes and final diagnosis. A position statement from the ESC Working Group on Myocardial and Pericardial Diseases

Claudio Rapezzi, Eloisa Arbustini, Alida L. P. Caforio, Philippe Charron, Juan Gimeno-Blanes, Tiina Heliö, Ales Linhart, Jens Mogensen, Yigal Pinto, Arsen Ristic, Hubert Seggewiss, Gianfranco Sinagra, Luigi Tavazzi, and Perry M. Elliott*

The Heart Hospital, 16–18 Westmoreland Street, London W1G 8PH, UK





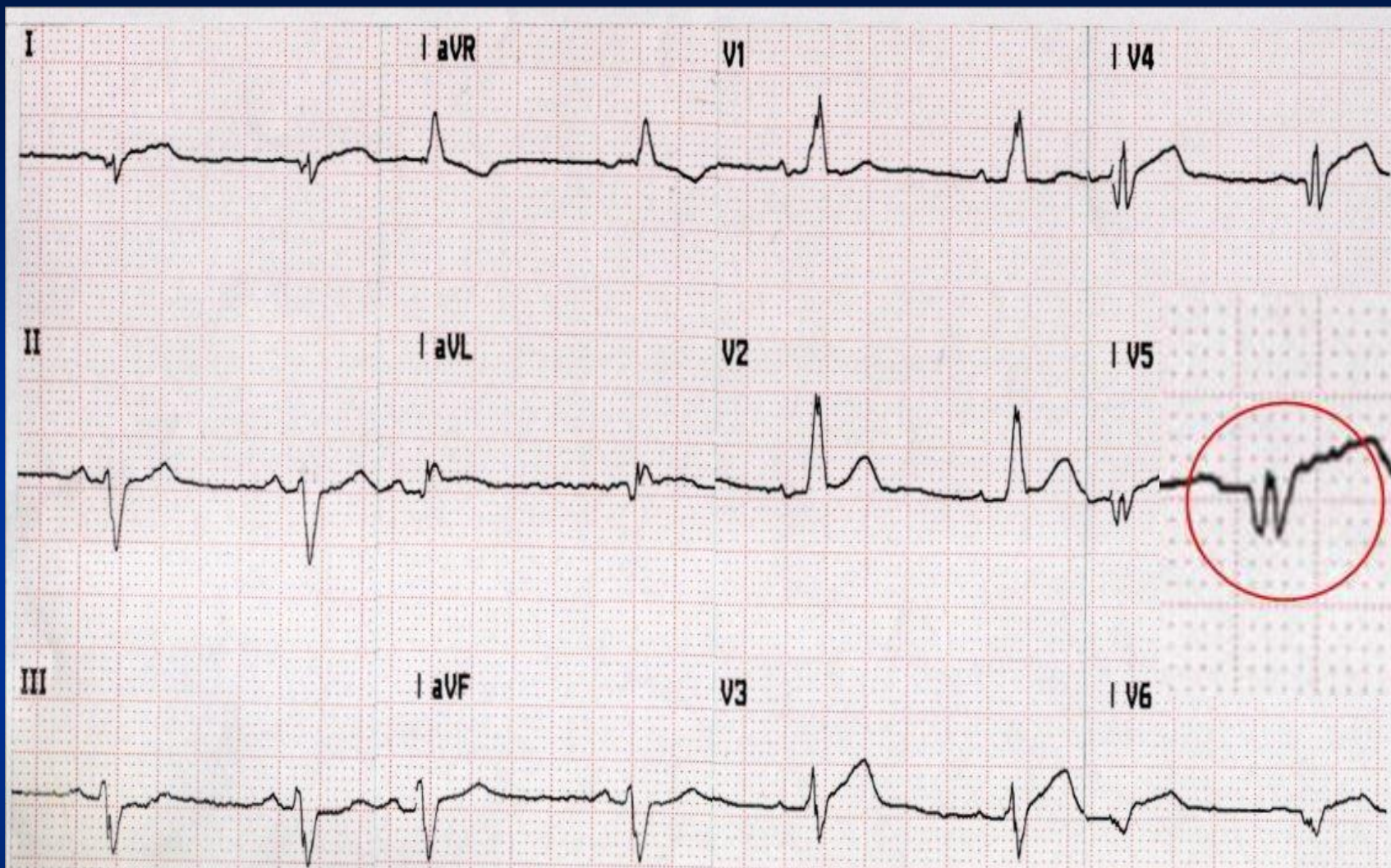


Fig. 5.3 Electrocardiogram of a patient with Becker muscular dystrophy and dilated cardiomyopathy. The electrocardiogram shows sinus bradycardia, P waves suggestive of left atrial enlargement, right bundle branch block, and “necrotic” Q waves in DI, aVL, V4–V6 with prominent R waves in V1–V2 suggestive of lateral and posterior necrosis

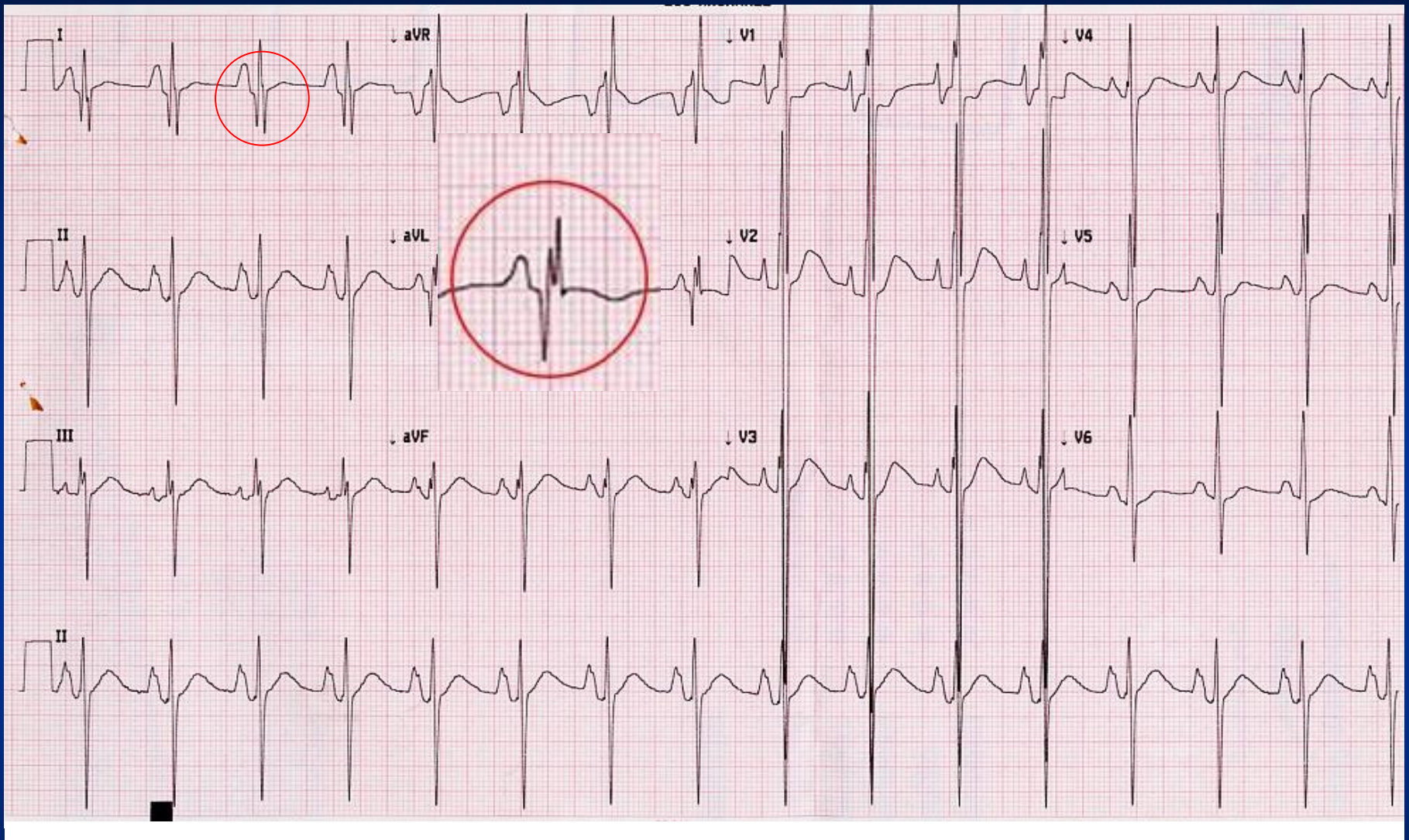
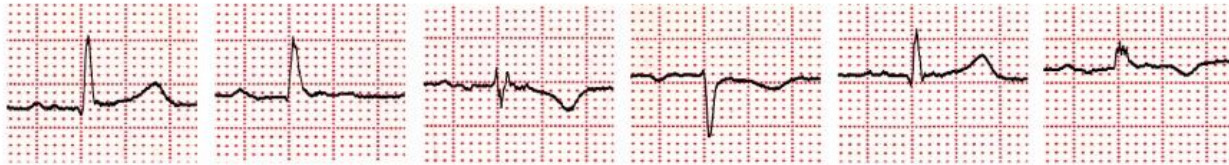


Fig. 5.2 Electrocardiogram of a 40-year-old woman with hypertrophic cardiomyopathy. The electrocardiogram shows sinus rhythm, biatrial dilatation, right ventricular conduction delay and biventricular hypertrophy. Note the high voltage and narrow Q waves in lead I and aVL.



I

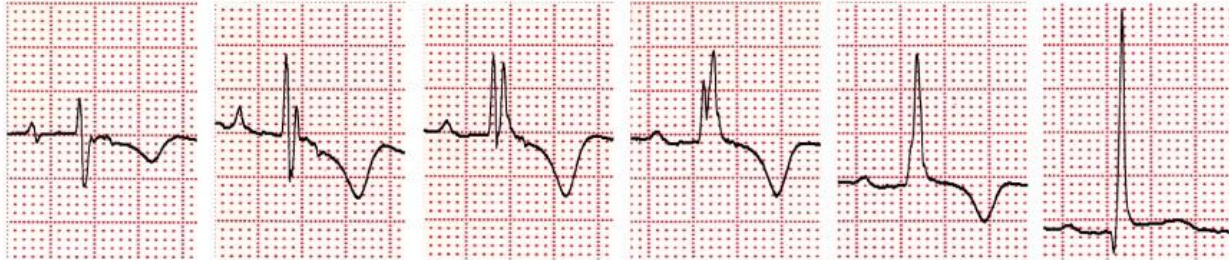
II

III

aVR

aVL

aVF



V1

V2

V3

V4

V5

V6



V1

V2

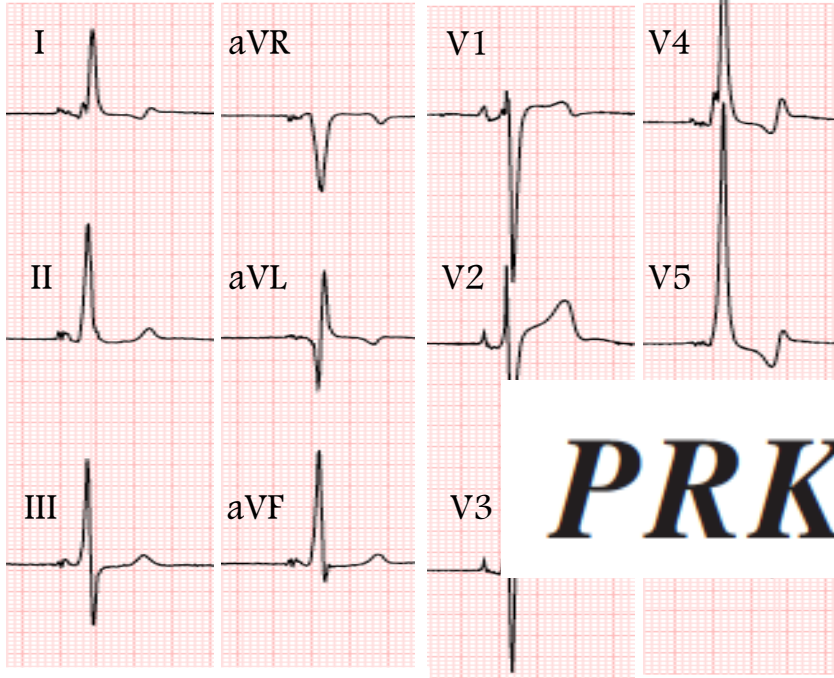
V3



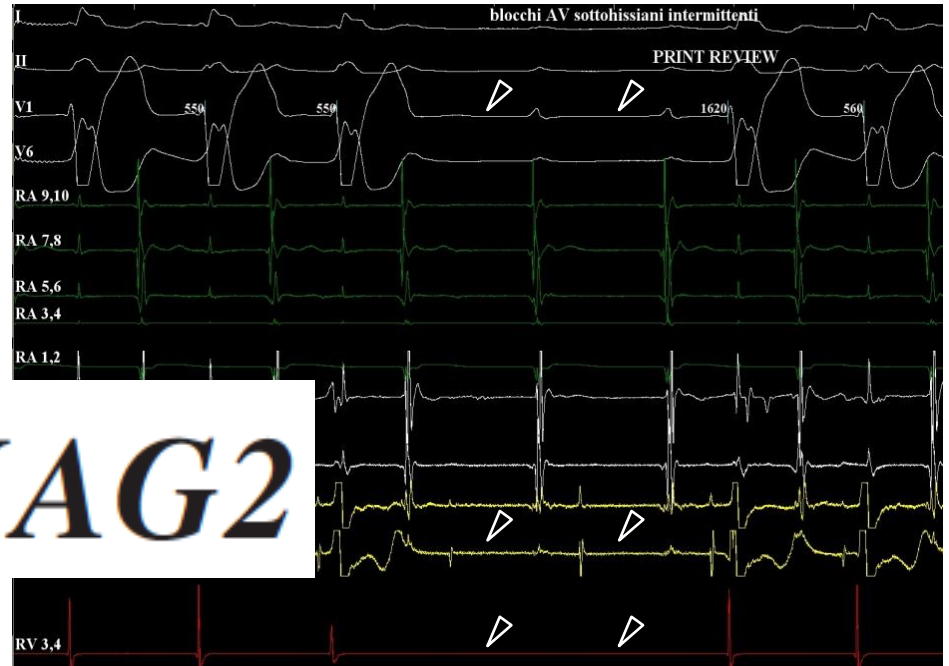
A 17-year-old asymptomatic man.

The father: unexplained left ventricular hypertrophy and received a PM at age 35 for SSS.

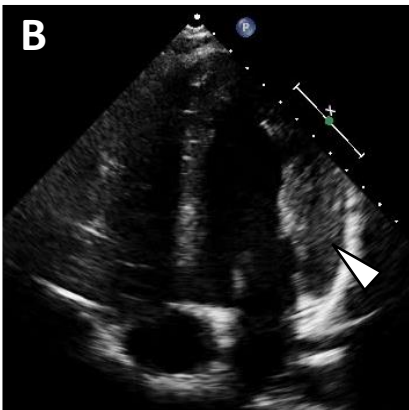
A



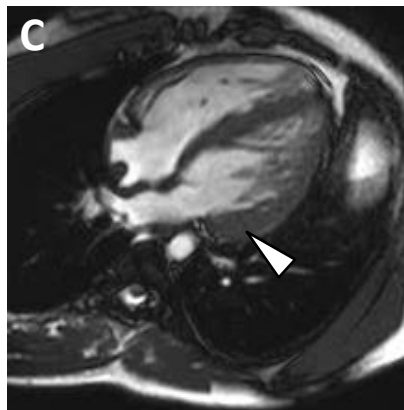
E



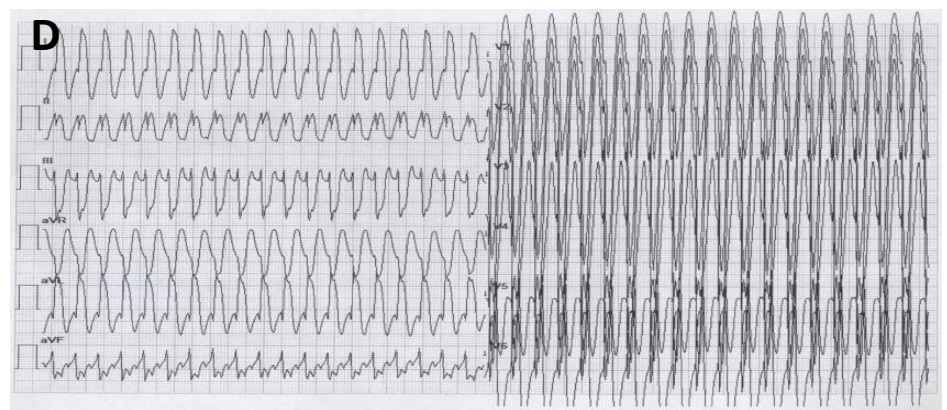
B



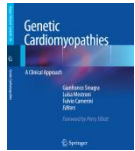
C



D



Cardiomyopathies and Arrhythmias



DCM with initial symptomatology characterized by

- ✓ supraventricular arrhythmias,
- ✓ atrioventricular conduction delay
- ✓ and elevated creatine kinase levels.

LMNA gene mutation should be considered highly likely.

Patients with **DCM** and peculiar phenotype characterized by an arrhythmogenic trait

- ✓ supraventricular arrhythmias
- ✓ atrial fibrillation
- ✓ sick sinus syndrome

→ **SCN5A** gene mutations
(approximately 2% of patients with DCM)

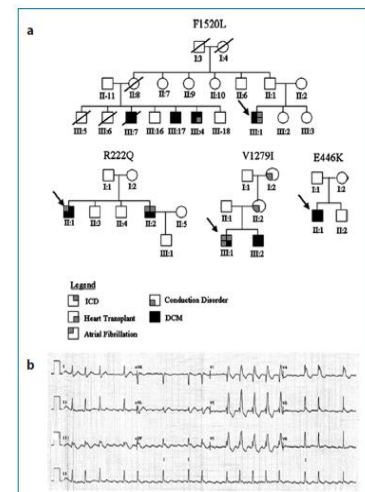


Fig. 4.1 Dilated cardiomyopathy in sodium channel mutations. **a** Pedigrees of patients with dilated cardiomyopathy and *SCN5A* mutations. Generations are denoted by *roman numerals*. *Black arrows* show probands for each pedigree. **b** Early arrhythmia in *SCN5A* mutation carriers. Electrocardiogram of an affected individual, showing atrial fibrillation when the patient had a normal left ventricular ejection fraction (74%). Modified from McNair et al. [22], with permission

CMPD “sindromica”



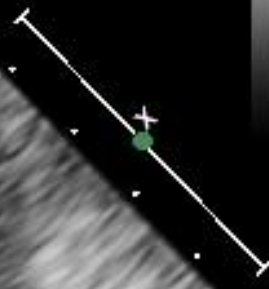
FR 50Hz
15cm

2D
55%
C 60
P Bassa
APen

M3



P



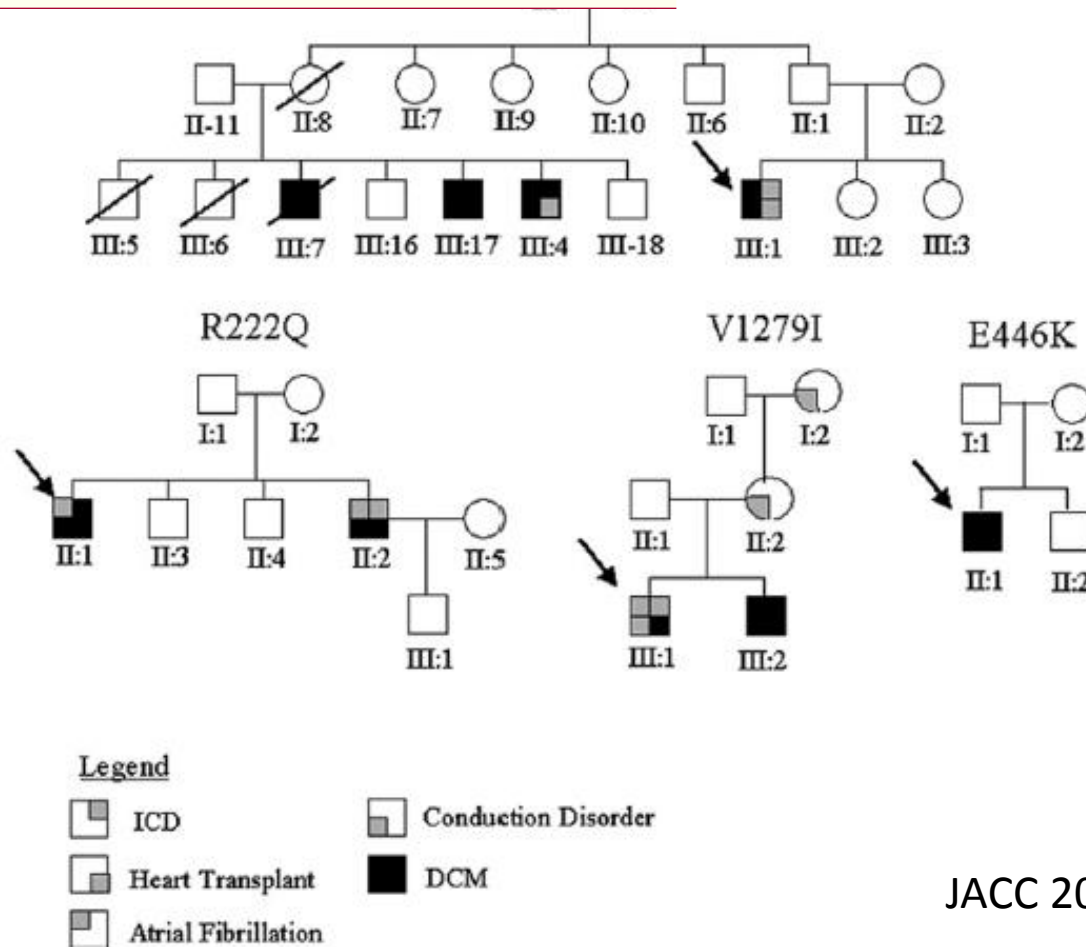
JPEG

67 bpm

SCN5A Mutations Associate With Arrhythmic Dilated Cardiomyopathy and Commonly Localize to the Voltage-Sensing Mechanism

William P. McNair, PhD,* Gianfranco Sinagra, MD,§ Matthew R. G. Taylor, MD, PhD,*† Andrea Di Lenarda, MD,§ Debra A. Ferguson, MS, ANP,* Ernesto E. Salcedo, MD,* Dobromir Slavov, PhD,* Xiao Zhu, BS,* John H. Caldwell, PhD,‡ Luisa Mestroni, MD,*† and the Familial Cardiomyopathy Registry Research Group

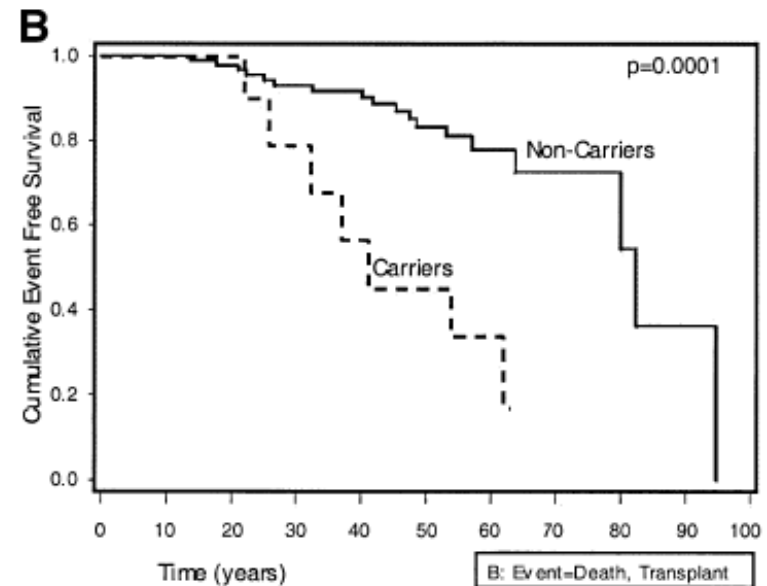
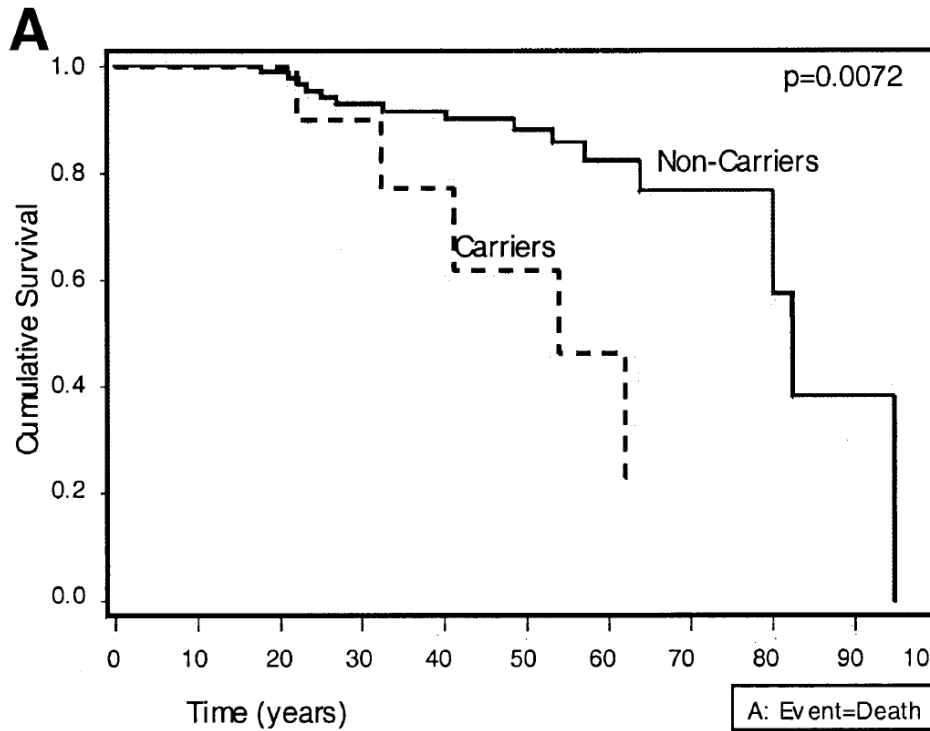
Aurora, Colorado; and Trieste, Italy



Cardiomyopathy

Natural History of Dilated Cardiomyopathy Due to Lamin A/C Gene Mutations

Matthew R. G. Taylor, MD,* Pamela R. Fain, PhD,*†‡ Gianfranco Sinagra, MD, FESC,§
Misi L. Robinson,|| Alastair D. Robertson, PhD,* Elisa Carniel, MD,§ Andrea Di Lenarda, MD, FESC,§
Teresa J. Bohlmeyer, MD,* Debra A. Ferguson, MS,* Gary L. Brodsky, PhD,* Mark M. Boucek, MD,*¶
Jean Lascor, MS,¶ Andrew C. Moss, BA,* Wai-Lun P. Li, BS,† Gary L. Stetler, PhD,†
Francesco Muntoni, MD, FRCPCH,# Michael R. Bristow, MD, PhD, FACC,*
Luisa Mestroni, MD, FACC, FESC,* Familial Dilated Cardiomyopathy Registry Research Group
Denver, Colorado; Trieste, Italy; Omaha, Nebraska; and London, United Kingdom



LMNA mutations in Dilated Cardiomyopathy

Study design:

- multicenter cohort of **269** LMNA mutation carriers

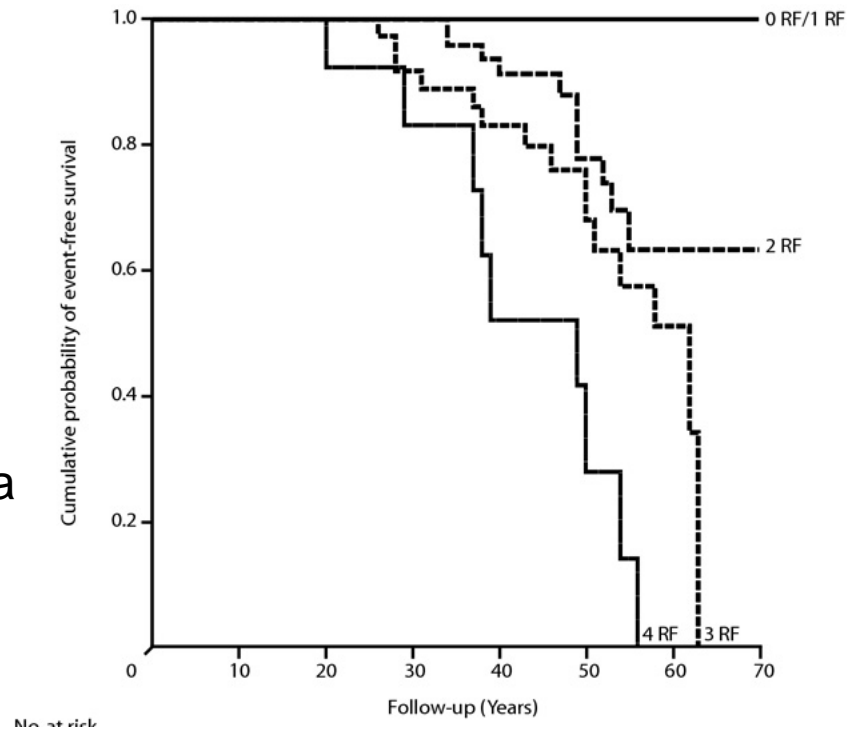
Results:

LMNA carriers with MVA: 18%

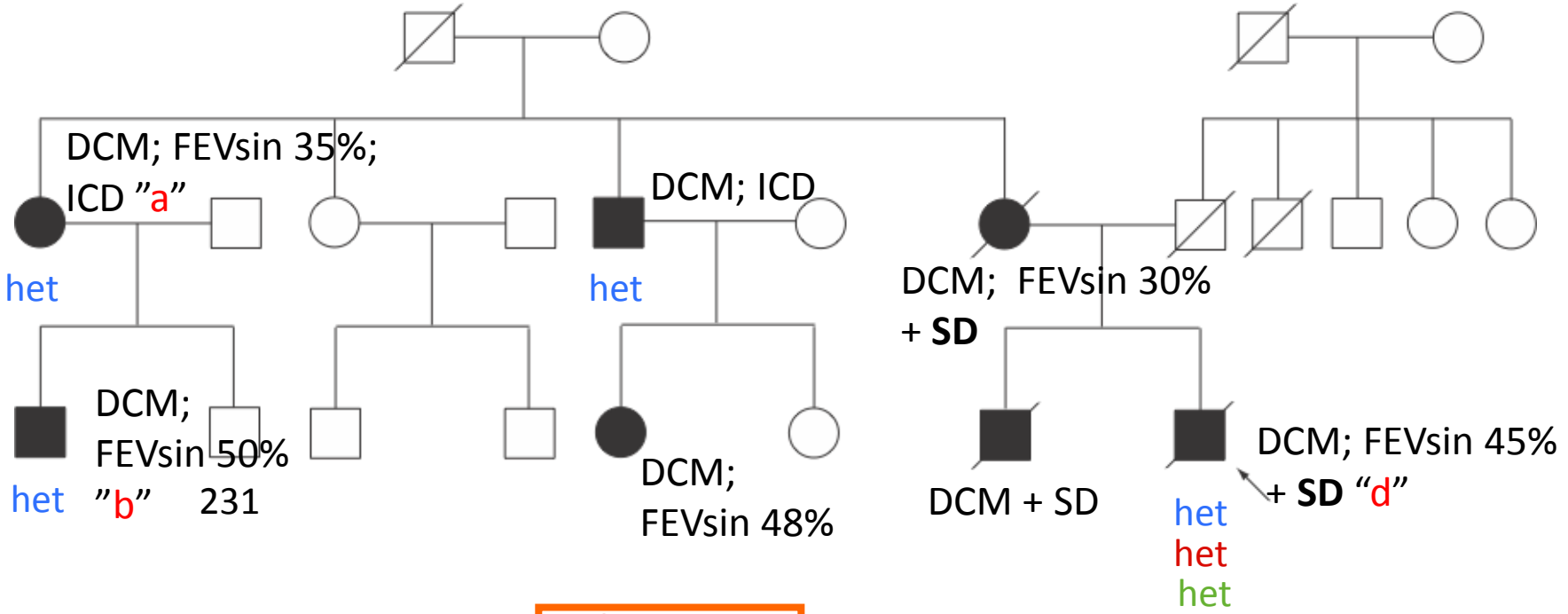
- 11 cardiopulmonary resuscitation
- 25 appropriate ICD treatment
- 12 SD

4 independent Risk Factors, cumulative risk:

- nonsustained ventricular tachycardia
- LVEF < 45%
- Male gender
- Truncating mutations



**FAM#225:
DCM – Sudden death**



FLNC splicing
exon skipping

DSP non syn
Rs200250096

Cav3 non syn
Rs116840776

Arrhythmogenic Phenotype in Dilated Cardiomyopathy: Natural History and Predictors of Life-Threatening Arrhythmias

Anita Spezzacatene, MD; Gianfranco Sinagra, MD; Marco Merlo, MD; Giulia Barbati, PhD; Sharon L. Graw, PhD; Francesca Brun, MD; Dobromir Slavov, PhD; Andrea Di Lenarda, MD; Ernesto E. Salcedo, MD; Jeffrey A. Towbin, MD; Jeffrey E. Saffitz, MD, PhD; Frank I. Marcus, MD; Wojciech Zareba, MD; Matthew R. G. Taylor, MD, PhD; Luisa Mestroni, MD, FACC, FAHA, FESC; on behalf of the Familial Cardiomyopathy Registry

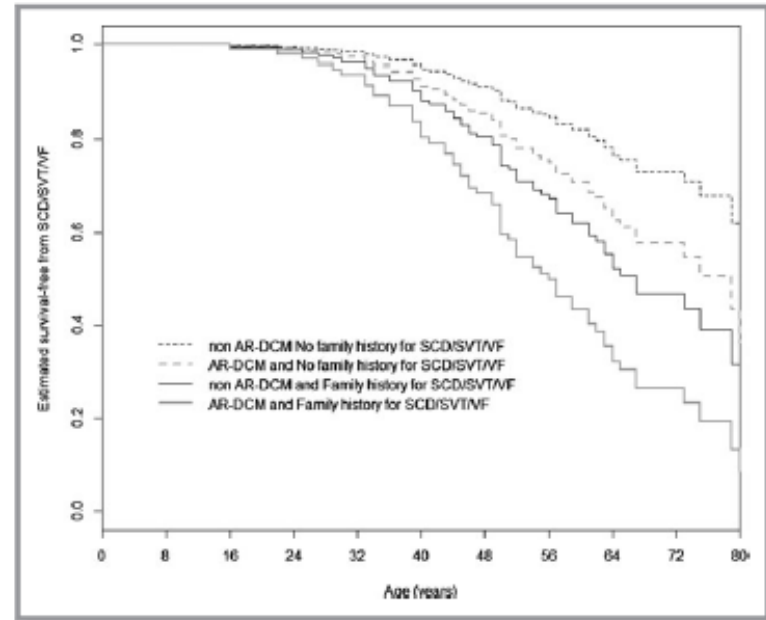
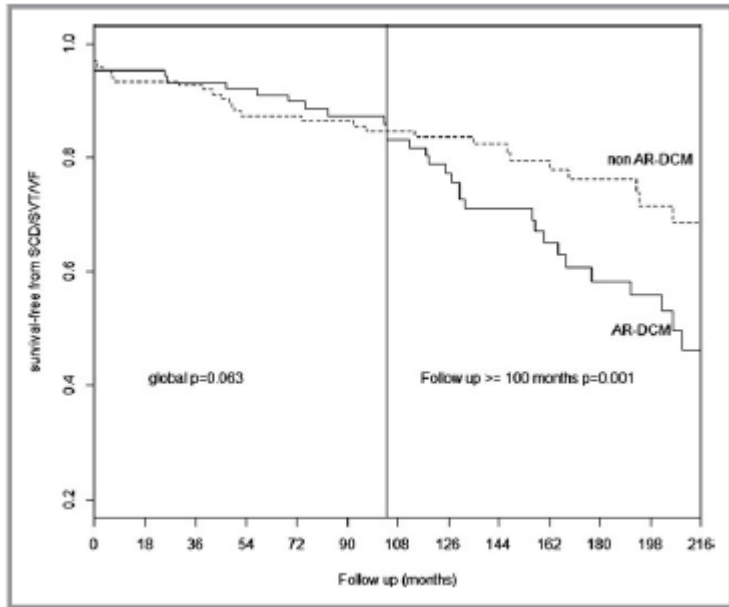


Table 1. Arrhythmic Profile of 109 AR-DCM Patients

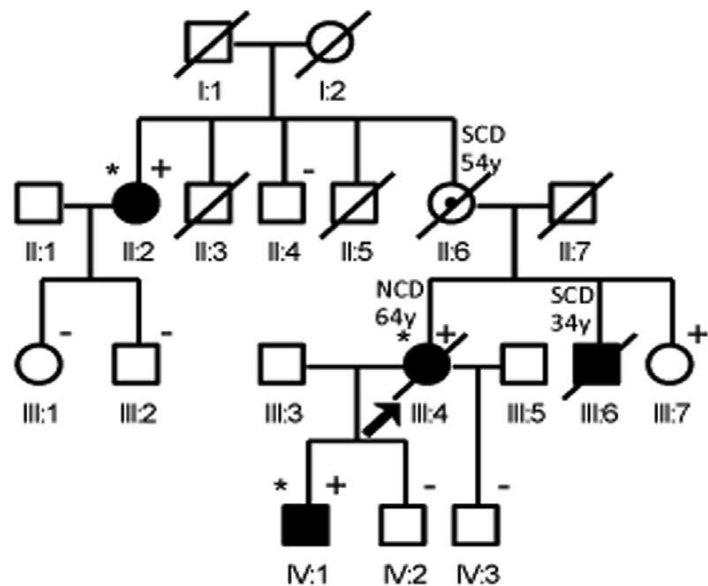
Criteria	AR-DCM Patients, n (%)
NSVT (≥ 5 beats, ≥ 150 bpm)	43 (39.4)
≥ 1000 PVCs/24 h	90 (82.6)
≥ 50 Couplets/24 h	40 (36.7)
Syncope	8 (7.3)

FLNC Gene Splice Mutations Cause Dilated Cardiomyopathy



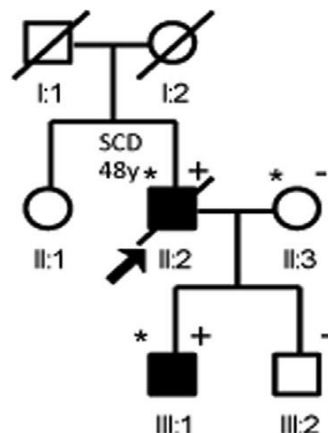
A

Family TSFDC029

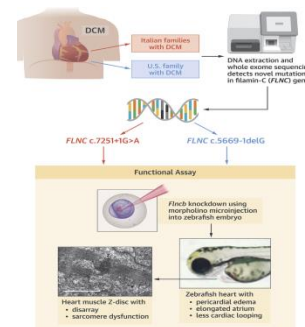
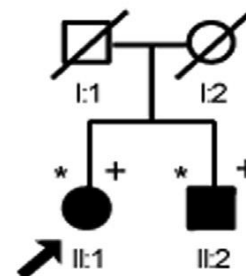


B

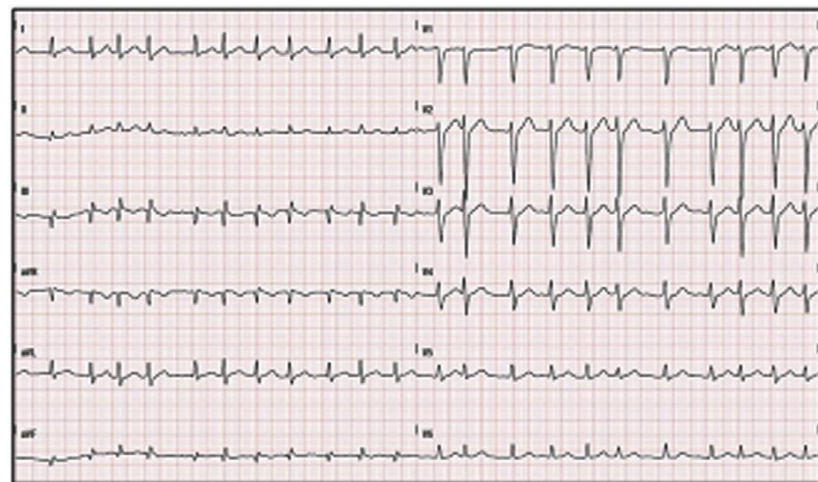
Family TSFDC031



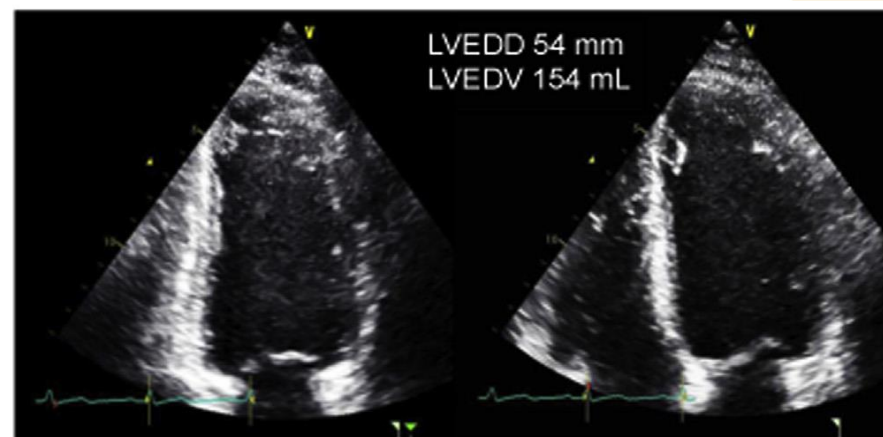
C Family DNFDC057



D



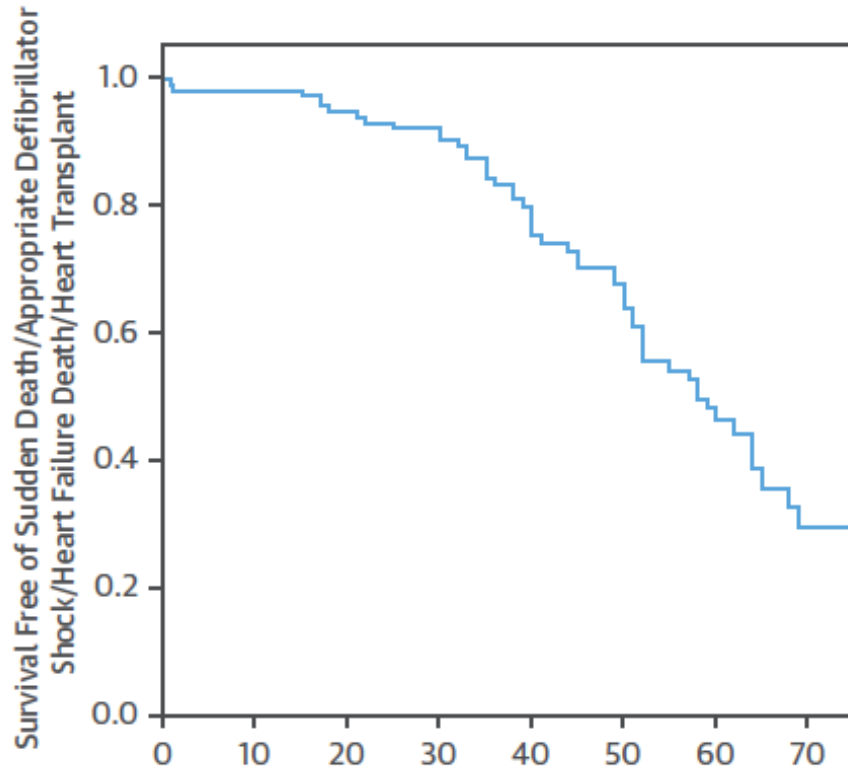
E



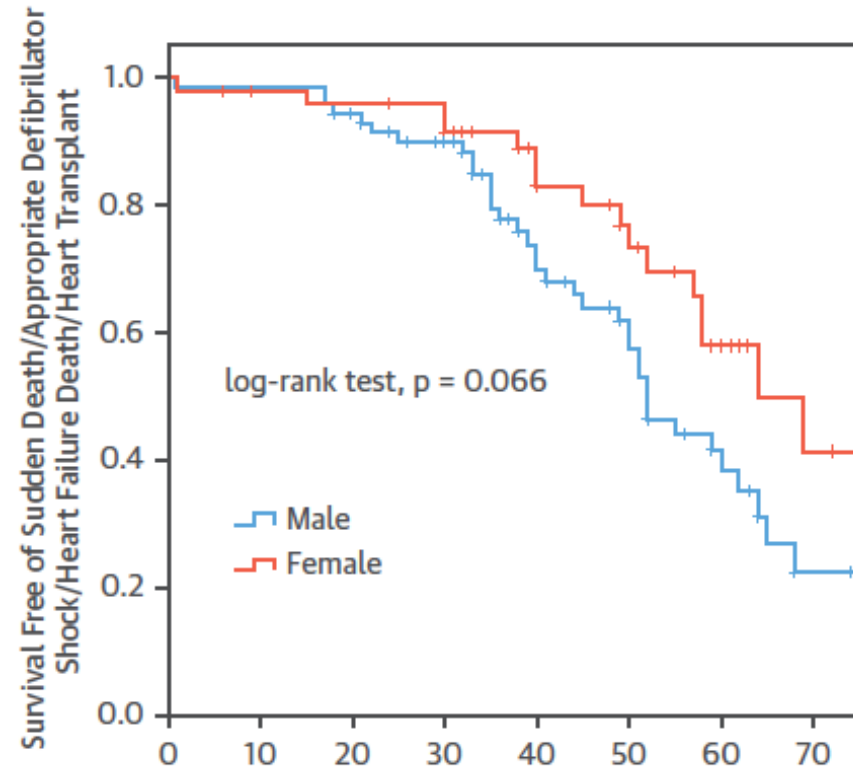
Truncating *FLNC* Mutations Are Associated With High-Risk Dilated and Arrhythmogenic Cardiomyopathies

Major Cardiovascular Events

A



B

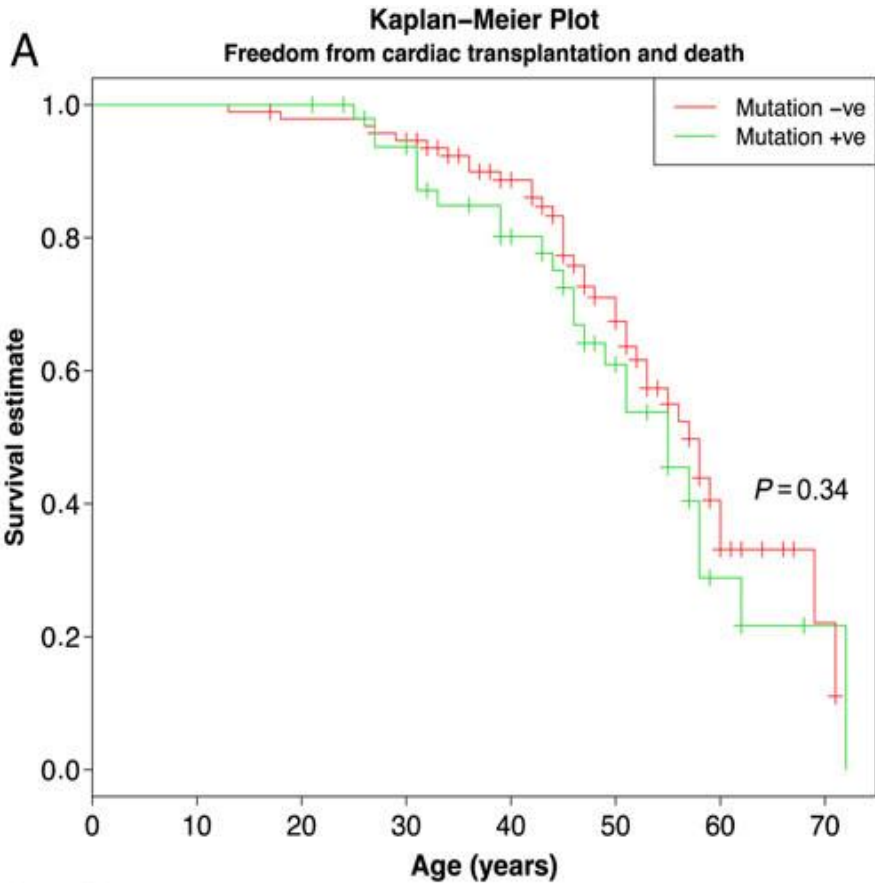


In families with truncating *FLNC* mutations, freedom from sudden death, appropriate defibrillator shock, heart failure death, or heart transplantation in all clinically or genetically affected subjects (A) and discriminated by sex (B) decreased as subjects aged.

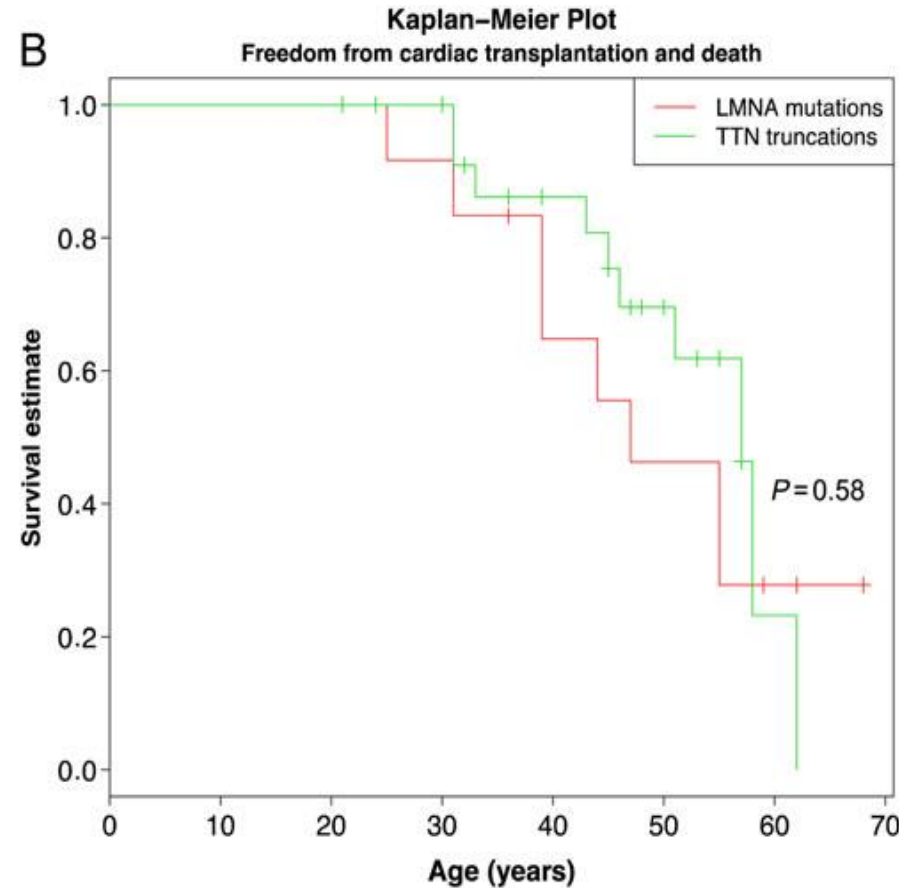
Genetics and genotype–phenotype correlations in Finnish patients with dilated cardiomyopathy



freedom from composite endpoint (HTx and death from cardiac causes)



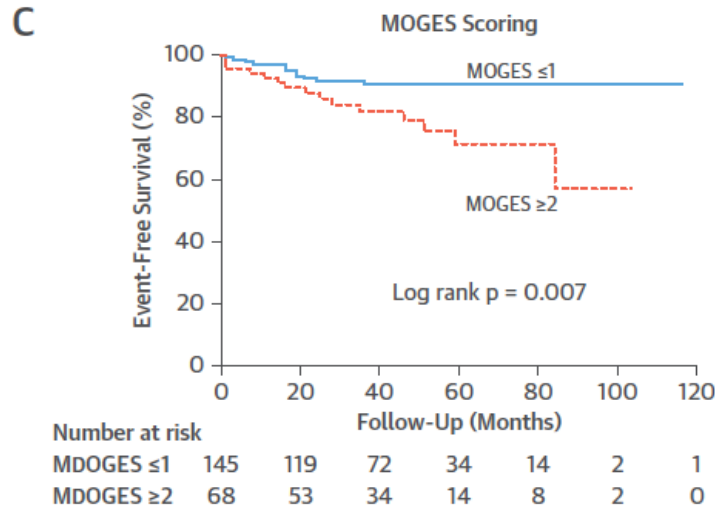
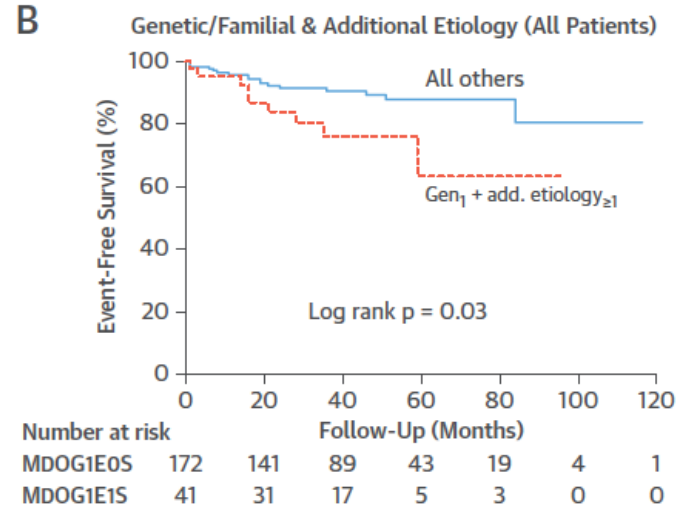
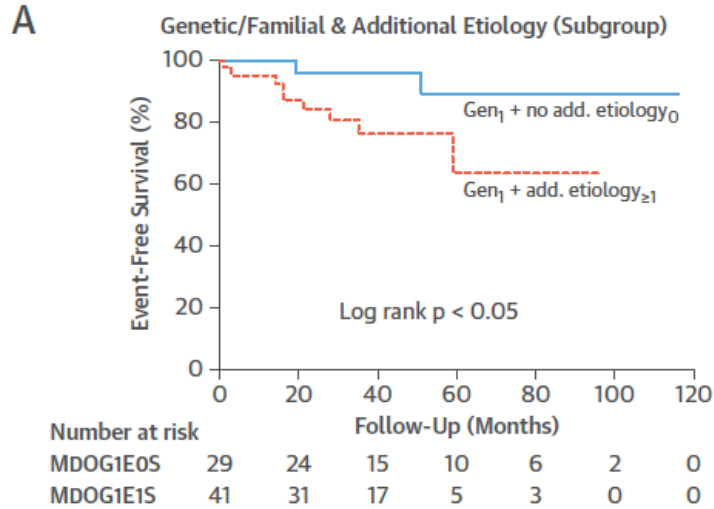
Number at risk								
Mut. -ve	94	94	91	87	70	39	11	2
Mut. +ve	51	51	51	44	33	19	4	1



Number at risk							
LMNA mut.	12	12	12	11	7	5	2
TTN trunc.	25	25	25	23	16	10	1

Prognostic Relevance of Gene-Environment Interactions in Patients With Dilated Cardiomyopathy

Applying the MOGE(S) Classification



2015 ESC Guidelines for the management of patients with ventricular arrhythmias and the prevention of sudden cardiac death

Risk stratification and management of patients with dilated cardiomyopathy

Recommendations	Class ^a	Level ^b	Ref. ^c
An ICD should be considered in patients with DCM and a confirmed disease-causing <i>LMNA</i> mutation and clinical risk factors. ^d	IIa	B	71

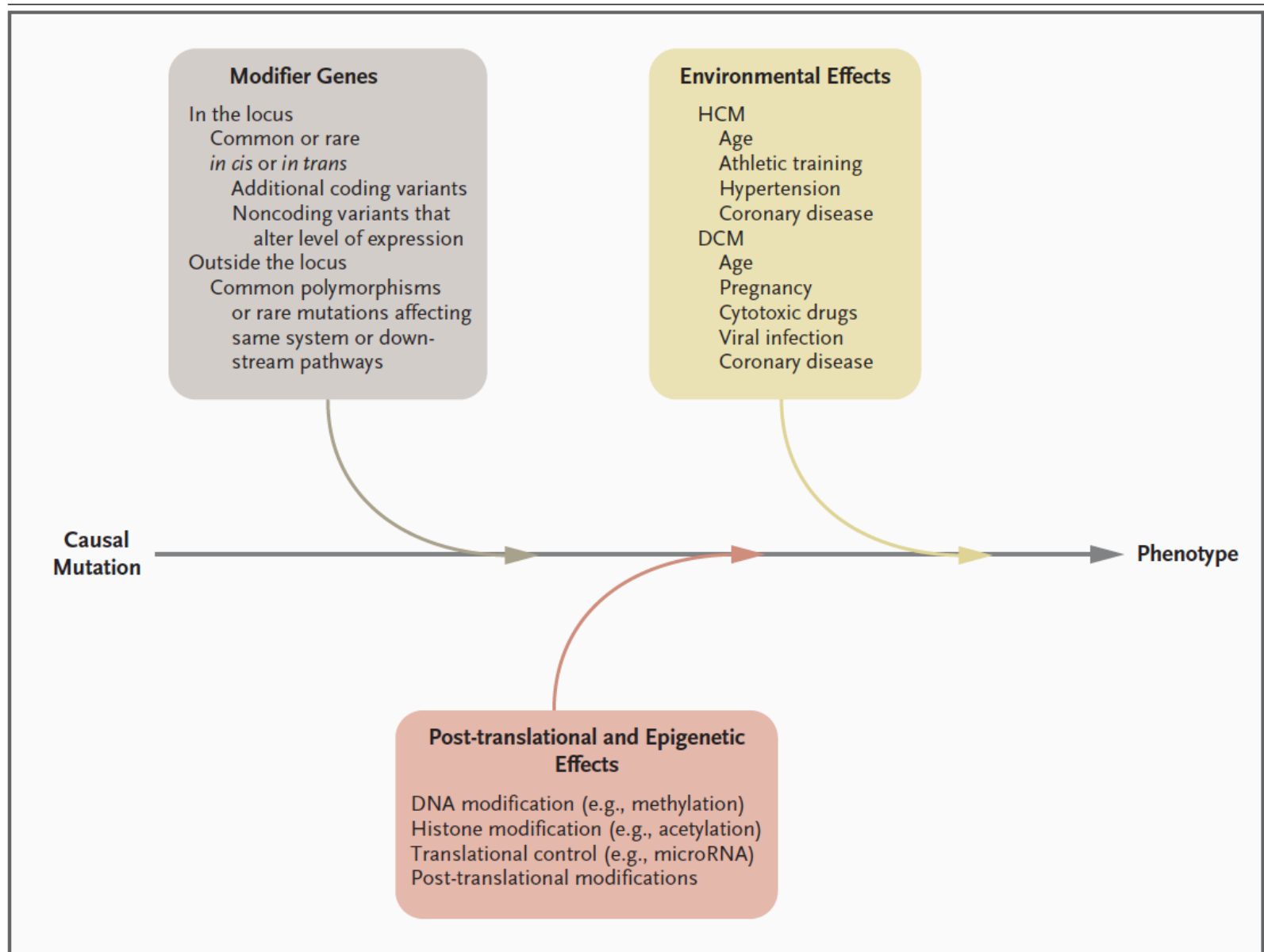


Figure 5. Complexities of the Genotype–Phenotype Relationship in Inherited Cardiomyopathies.

Genetica CMP

- A chi? forme accertatamente familiari per guidare lo screening/idoneità; casi controversi molto selezionati;
- Quando? Nei maggiorenni; casi minorenni molto selezionati;
- Per quale uso? Stratificazione prognostica; in casi selezionati per orientare la tp con device